

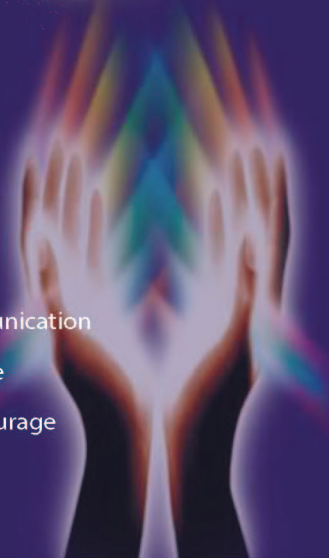
Over the years I have had the honor to study vibrational therapies with some of the finest energy healers and teachers in the world. I have learned that each spirit, each soul, each situation is quite unique. What one modality or therapy works for one does not necessarily work for another. I honor your individuality by combining and applying my abilities and gifts to be an open channel for your highest good in this space, in this moment, at this present time. Energy always flows first to where it is needed the most!

Vibrational therapies are a wholistic approach to wellness that work with ALL the energy bodies: physical, emotional, mental, and spiritual for any energy being including humans or pets.

There are many benefits of vibrational therapies that include

(but are not limited to):

- Pain relief
- Increases circulation
- Removes energy blocks
- Stress relief
- Relaxation
- Increases mental acuity and clarity
- Detox of the body, mind and soul
- Increases energy
- Increases stamina
- Better sleep
- Brings balance
- Opens creative channels
- Relieves headaches
- Promotes spirit of truth and increases effective communication
- Move through transitional periods with ease and grace
- Promotes overall sense of well being, strength, and courage
- Overall healthier body
- Activates body's own innate healing ability"



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