



FAMILY LAW BOOK RECOMMENDATIONS

Custody & Co-Parenting During/After Divorce/Separation

- Overcoming the Alienation Crisis: 33 Coparenting Solutions by John Moran, Ph.D. & Shawn McCall
- The Truth about Children and Divorce by Robert Emery – *Teenagers given more autonomy*
- A Parent's Guide to Understanding the Effects of Conflict and Divorce by Joan H. McWilliams.
- Overcoming Parent-Child Contact Problems by Abigail M. Judge & Robin M. Deutsch - *Alienation*
- Holding Tight/Letting Go: Raising Healthy Kids in Anxious Times by Benjamin D. Garber, Ph.D.
- Parenting after Divorce by Philip M. Stahl, Ph.D. – *Resolving Conflicts*
- Joint Custody with a Jerk by Julie Ross & Judy Corcoran – *Uncooperative Parent*
- High Conflict Custody Battle by Amy J.L. Baker, Ph.D. & Paul R. Fine, LCSW - *Alienation*
- Overcoming the Co-parenting Trap: Essential Skills when a Child Resists a Parent by John A. Moran, Ph.D.. - *Alienation*
- How to Talk to Your Children about Divorce by Jill Jones-Soderman, MSW & Allison Quattrocchi
- Don't Alienate the Kids by Bill Eddy, LCSW - *Alienation*
- Co-Parenting after Divorce by Debra K. Carter – *Court Procedure & Conflict Resolution*
- BIFF for Co-Parent Communication: Your Guide to Difficult Texts, Emails, and Social Media by Bill Eddy, LCSW, Annette Burns, & Kevin Chafin – *Communication*

Dealing with Difficult People and Mental Illness

- Stop Walking on Eggshells by Randy Kreger – *Borderline Personality*
- High Conflict People in Legal Disputes by Bill Eddy, LCSW
- It's All Your Fault: Managing People who Blame Others for Everything by Bill Eddy, LCSW
- The Sociopath NEXT Door by Martha Stout, Ph.D.
- Divorce Poison by Richard Warshak
- The 5 Types of People Who Can Ruin Your Life by Bill Eddy, LCSW
- The Family Law Professional's Field Guide to High-Conflict Litigation: Dynamics, Not Diagnoses By Benjamin Garber & Dana Prescott – *For legal professionals (ABA publication)*
- Mending Fences: A Collaborative, Cognitive Behavioral Reunification Protocol Serving the Best Interests of the Post-Divorce, Polarized Child by Benjamin Garber

Handling Divorce

- Crazy Time: Surviving Divorce and Building a New Life by Abigail Trafford
- The Wiser Divorce by Angela Hallier
- The Good Divorce by Constance Ahrons, Ph.D.
- Splitting: Protecting Yourself while Divorcing by Bill Eddy, LCSW
- FOR KIDS: Dinosaurs Divorce: A Guide for Changing Families by Marc Brown – *Ages 4 to 6*
- FOR KIDS: Two Homes by Claire Masurel – *Ages 2 to 5*
- FOR KIDS: What in the World Do You Do When Your Parents Divorce? By Kate Winchester - *Ages 7 to 12*

Preparing for Court, Custody Evaluations, and Mediation

- Getting to Yes: Negotiating Agreement Without Giving In by Roger Fisher – *Mediation*
- Getting Past No: Negotiating in Difficult Situations by William Ury - *Mediation*
- Custody Evaluation Preparation by Launi J. Sheldon

General Parenting or Relationship Books

- The Four Agreements by Don Miguel Ruiz
- Parenting with Love & Logic by Foster Cline & Jim Fay
- The Whole Brainchild by Daniel J. Siegel & Tina Payne Bryson
- The 5 Love Languages by Gary Chapman