**Goals & Desires Worksheet** as of 8/21/2020

**Guidelines:**

1. You start with a three year dream, pictures put on a vision board – or on your refrigerator.
2. The plan to reach your dream is best done in 3 month increments, and consists of Desires and Goals. Goals and Desires should be for planning 90 days from now.
3. A Goal: That which you alone can accomplish and is in your control.
4. A Desire: That which is out of your control and depends on someone helping you accomplish it.
5. Remember: A Desire has to do with outward success (results) and a Goal has to do with inner excellence (discipline).
6. You work for a Goal; you pray for a Desire.
7. A Goal is predictable and can be scheduled; a Desire is unpredictable.
8. A goal has to do with activities; a Desire has to do with results of the activity.
9. List **three** Goals and **three** Desires and start with Desires first.

**Goals Desires**

Priority 1. **Personal Development**  (weight loss, reading program, exercise, etc.)

1. 1.

2. 2.

3. 3.

Priority 2. **Relationships**  (family members, friends, colleagues, etc.)

1. 1.

2. 2.

3. 3.

Priority 3. **Work** (telephoning, other communication, preparation, sponsoring, PV, customers, etc.)

1. 1.

2. 2.

3. 3.

**Serenity Prayer: “God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference”.**