Coming to Mallorca

## The Relational Dojo

Connection. Depth. Authenticity.



## April 8 | 6-8 PM |€25 Soller, Mallorca

Come and experience connection. depth and authenticity. Reserve your tickets by emailing: CONNECT @ DAPHNE-VANRUN.COM

## The Relational Dojo

Are you tired of surface-level connections? Do you crave a deeper sense of belonging? Are you puzzled by why you feel sometimes deeply connected when you are by yourself or in nature, but not when you are with others?

The Relational Dojo is here to support you finding more truth-filled connection in your community life. Bring a community to life that fosters emotional intimacy, invites more play, encourages more depth, and celebrates authenticity.

The Relational Dojo is both a sacred space and a training ground. Through exercises underlying the modality of Relational Awareness\* we explore what is most true to us, what it is like to communicate this, widen our perspectives and our ability to receive and stay open to others.

You might just leave this session with more trust in yourself, in the wisdom of the present moment and in the power of community, feeling more alive, curious or something else....!



About the Facilitator

The Relational Dojo is a concept of Daphne van Run. At the heart of her ever-changing life lies a big passion for societal change and truthful living. She has over a decade of experience with facilitating Relational Awareness through running Authentic Relating Games Nights, Circling Soirees, Circling workshops and Women's Circles, as well as bringing this into organisational life through coaching, group facilitation and next-level leadership training. Her website <u>www.daphne-vanrun.com</u>.

\*Relational Awareness is based on numerous relational practices. Daphne's particular angle on Relational Awareness has been heavily informed by 13+ years of practice in Circling and Authentic Relating, trainings with Circling Europe, the School of Consent, the Deep Democracy Institute, and the trials and tribulations of the ultimate school called Life.

## Bookings information

Monday 8th April 6-8pm

Secure your spot at The Relational Dojo for €25. To reserve your spot, email connect@daphnevanrun.com.

The event will take place in a private setting in the heart of Soller. The location details will be provided to you once payment is confirmed.

