



Cozy Cable Caplette

By: Shawna Coyle & Tiffany Hall

Materials:

Yarn: 4 skeins Malabrigo Rasta (super bulky weight)

Needles:

US 19 (15mm) for body

US 17 (12mm) for collar

Cable needle

Notions: Tapestry needle for grafting, stitch markers

Gauge: Approx 2.5 sts = 1 in on US 19 needles in stockinette stitch

Finished Measurements: Should be sufficient to wrap around the shoulders and meet comfortably at chest level in front

Cable Pattern

6-Stitch Cable (C6F - Cable 6 Front): Slip 3 stitches to cable needle and hold in front, knit 3, knit 3 from cable needle

Video Tutorial: "How to Knit a C6F Cable"

URL: <https://www.allfreeknitting.com/video-basics/How-to-Knit-the-Cable-Stitch>

Main Body Instructions

Cast On

Using provisional cast-on method with US 19 needles, cast on 24 stitches.

Body Pattern

Row 1 (RS): K3, P1, K6, P1, K2, P1, K6, P1, K4

Row 2 (WS): P4, K1, P6, K1, P2, K1, P6, K1, P3

Rows 3-8: Repeat Rows 1-2

Row 9 (Cable Row - RS): K3, P1, C6F, P1, K2, P1, C6F, P1, K4

Row 10 (WS): P4, K1, P6, K1, P2, K1, P6, K1, P3

Repeat Rows 1-10 for pattern, with cable crosses every 8 rows.

Length

Continue in pattern until piece measures long enough to wrap comfortably around your shoulders and across your chest (typically 45-55 inches, but try it on as you go).

Finishing the Tube

Remove provisional cast-on carefully, placing live stitches on needle.

With right sides together, graft the cast-on edge to the bind-off edge using grafting method.

You now have a large tube

Collar Instructions**Pickup Round:**

Using US 17 needles and with right side facing:

- Pick up 3 stitches, skip 1 stitch around the neck opening
- Place marker for beginning of round
- Count total stitches (should be divisible by 6 for the ribbing patterns)

Collar Progression**Section 1:** K3P3 Ribbing (3 inches)

- Work in K3, P3 ribbing for 3 inches

If stitch count doesn't divide evenly by 6, adjust by increasing or decreasing a few stitches in first round

Section 2: K2P3 Ribbing (2 inches)

Decrease Round: *K2tog, K1, P3; repeat from * around

- Continue in K2, P3 ribbing for 2 inches

Section 3: K2P2 Ribbing (desired length)

Decrease Round: *K2, P2tog, P1; repeat from * around

- Continue in K2, P2 ribbing until collar reaches desired length.

Bind Off

Bind off very loosely in ribbing pattern, or use a stretchy bind-off method.

Notes

- The provisional cast-on allows for a seamless join when grafting
- Try the piece on periodically to check length - you want it to drape nicely over your shoulders
- The graduated collar ribbing (K3P3 → K2P3 → K2P2) creates a beautiful tapered effect
- Bind off the collar very loosely to maintain stretch
- Block lightly if desired, but Malabrigo Rasta has lovely natural drape

Variations

- For a longer capelette, simply knit more repeats before grafting
- Adjust collar length to preference - some prefer a shorter, more fitted collar
- The cable pattern can be modified - try different cable widths or crossing frequencies

