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We encourage you to utilize this template to email or text your black friends if you are of a different race. If you use the template as is, edit the highlighted areas.

Email Subject: Important Check-In/ Thinking of You

Dear [REDACTED],

How are you?

I know the last few weeks have been difficult due to the death of George Floyd, systemic injustices, and police brutality. I also recognize that these are issues you and your family, unfortunately, have to experience and navigate every day of your lives.

I have been thinking about you, and I need to tell you, I value you. I also believe black lives matter.

I am here for you if you want to talk. Please don't feel like you need to respond; I imagine you are exhausted.

Warm regards,

[First Name, Last Name]

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- If you utilize this resource and it is beneficial to you, please let us know!
 - Go to ifollowtheleader.com for additional diversity, equity, and inclusion/ leadership resources, including the DEI checklist, actionable steps to help you on your personal/professional DEI journey, #CELEBRATEDEI profiles and more.

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