



Circle of Friends will be closed on Thursday, February 26, 2026 & Friday, February 27, 2026. Staff will be participating in training sessions. I appreciate your understanding.

In February, we will be hosting a variety of exciting activities to keep our clients engaged. COF will start February by having participants make Valentine's Day crafts. The participants will be baking Valentine cookies and making love potion drinks with staff assistance. COF will be taking the participants to Golden Corral this month. COF will be having a Valentine's Day party on February 13, 2026, and Spirit Week Feb. 9th-13th. COF will also play Valentine's Bingo and win prizes. We will also hold our monthly Birthday Celebration Party on February 20, 2026, combined with Black History heritage potluck and some Black History crafts.

We have brought in a licensed therapist to do art therapy with clients every other Tuesday and Thursday. We are excited about the therapeutic art services Mrs. Lianna will engage clients in. We'll also maintain routine groups, life skills sessions, and other activities. We will continue to pamper our clients by offering hand massages and aromatherapy manicures. Participants love self-care activities. As you can see, the staff have planned a variety of creative activities for the month of February. We will continue to enjoy indoor and outdoor activities. COF will always accept input from the participants. Circle of Friends offers a variety of goal-oriented activities and opportunities that promise independence. Individuals choose to participate in activities.

We are currently accepting new participants. If you want to learn more about our program or join the fun, please get in touch with Ms. Cher at 414-935-2580. We accept the following funding sources: private pay, Community Care, My Choice, IRIS, and Anthem Blue Cross.

Participants who ride the route through Circle of Friends, please be informed that drivers CANNOT leave participants in the van unattended. Please send your clients out to the van and hand your client off to the driver. Please have all clients dressed and ready to leave out the door to be picked up for the program by 7:45 am.

The decision to close the Circle of Friends due to inclement weather will be based on information received from a variety of sources: the national weather service; the city of Milwaukee's Supervisor in charge of snow emergencies, the fire department; and for reports of weather and travel conditions throughout Milwaukee, and others as required. When MILWAUKEE PUBLIC SCHOOL is closed due to inclement weather, Circle of Friends will be closed.

Thank you.



Love Expression Spirit Week.

February 9th to 13th

Monday, February 9th, Pajama Day (wear your favorite pajamas).

Tuesday, February 10th, Red, White, and Pink Day (wear your favorite Valentine's Day colors).

Wednesday, February 11th, Crazy Sock Day (wear your loudest, craziest socks.)

Thursday, February 12th: Valentine Headgear Day

Participants are encouraged to wear headgear, such as headbands or hats, to the program.

Friday, February 13th, It's Valentine's! (Wear **Red** if you're taken, **Yellow** if it's complicated, and **Green** if you're single.)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	2	3	4	5	6
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Journal Craft/game challenge.	Journal craft Art Group	Journal Board Game Chall Walmart/outing	Journal Board games ART Group	Meditation Craft project. Game challenge.
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor I- spy	Outdoor jog	Outdoor walk	Outdoor Singing	Outdoor sing along
Afternoon	Outdoor walk	Outdoor I- spy	Outdoor games	Outdoor exercise	Outdoor walk
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	9	10	11	12	13
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Expressions card/craft. Bingo	Journal Hand massage/Nail polish	Meditation Puzzle challenge. Bingo	Expression Outside Games	Journal Board Game Challenge Valentines Day Party Valentine baking cookies.
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Sensory Activity	Sightseeing in the community	Outdoor walk	Outdoor art	Walk to park
Afternoon	Outdoor Walk	Outdoor Exercise Park	Outdoor art	Outdoor Sensory Activity	Outdoor Expressions
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	16	17	18	19	20
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Meditation Karaoke Musical chairs Craft Spirit week	Journal Beauty Day/ hand massage Floor Tic tac toe Spirit week Art Group	Meditation craft Show/tell Spirit week Golden Carrol	Expressions Spades Game Ch2/14/25allenge Spirit week Art Group	Journal Expression Christmas Dinner Birthday Celebration Spirit week

	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Nature Walk	Outdoor Exercise k@ park	Outdoor stretch	Culvers Outing	Outdoor Exercise
Afternoon	Outdoor art chalk	Outdoor Music & Movement	Game Challenge	Outdoor Sensory Activity y	Outdoor jog
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19	20	21	22	23
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Journal craft Musical Chairs	Expressions Dart game challenge Floor tic tac toe Art Group	Expressions Bingo Walk around the block	Journal Board games Expression Group Art group	Journal Crafts exercise
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Rotating groups from 9 am - 1 pm	Expression Exercise	Journal Spades. Movie day W/popcorn	Exercise Meditation Men/women group	Exercise Meditation Manicures /Nails	EXERCISE Meditation Board games
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Expressions	Outdoor Nature Walk	Outdoor walk	Outdoor walk	Outdoor walk
Afternoon	Outdoor walk to Hobby Lobby	Outdoor Games	Community Walk	Outside exercise	Outside exercise
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	23	24	25	26	27
	Community Activity/Bake Sell sofa	Community Activity Art Group	Community Activity	Community Activity Art Group	Community Activity
Morning	Outdoor Expressions	Outdoor Nature Walk	Outdoor walk	Outdoor walk	Outdoor walk
Afternoon	Outdoor walk to Hobby Lobby	Outdoor Games	Community Walk	Outside exercise	Bingo
					Birthday Celebration Party

*Please also look at our information board for additional community resources, activities, events, and neighborhood businesses *Participants can work with staff of their choice and with whom they feel comfortable. This request must be made to Ms. Cher so we can plan accordingly. Circle Of Friends activities are inclusive to all participants. Participants with and without disabilities have the option to participate in all programs.

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Date	2	3	4	5	6
Lunch	Meatballs with w/gravy over white rice w/ slice of bread, juice, water, milk	Grilled cheese. Sandwich Chips, Apple sauce Juice, water, milk	Chicken, Tender, fries Juice, water milk	Fish Sticks Corn Juice, water, milk	Sandwiches, ham, turkey chips Juice, milk, or water
Snack	yogurt	Pie/cakes	Applesauce	Cookies	Pudding
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Applesauce	Animal crackers	Pudding	Fruit	Jell-O
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	9	10	11	12	13
Lunch	Chicken patty Chips Juice, water, or milk	Hotdog chips Veggies Juice, milk, or water	Fish Sticks Macaroni Fruit Juice, water, or milk	Chicken Alfredo Fruit Juice, water, or milk	Create your subs Chips Hot coco Juice, water, or Milk, Valentine Cookies
Snack	Brownies	Cookies	Graham Crackers	Pudding	Pop tart
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bar	Jell-O	pie	Fruit	Cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	16	17	18	19	20
Lunch	Turkey Sandwich & Chips, fruit Juice, milk, or water	Pizza, rolls Chips Juice, milk, or water	Chili Cheese Fries Fruit cup Juice, water, or milk	Walking Tacos Fruit Fruit cup Juice, milk, or	Black History Heritage potluck, Juice water, or milk
Snack	Oatmeal Pie	Fruit cup	Jell-o	Fruit	Fudge Cookies
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Grilled Cheese Sandwich	Turkey/ham sandwich

Alternate Snack	Granola Bars	Chocolate bar	Swiss rolls	Chocolate bar	Sugar cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	23	24	25	26	27
Lunch	Spaghetti w/ meat Juice, milk, or water	Tacos w/ Corn Spanish Rice Juice, milk, or Water	Hot dogs chips Juice, milk, or water	Grilled Cheese, tomato soup Juice, water or milk	Chicken Alfredo, Garlic bread, Juice, Milk or water
Snack	Applesauce	Pop tart	Cookies	Oatmeal pie	Apple sauce
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Pop tart	Granola Bar	Swiss Roll	Zebra Cake	Fruit
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date					
Lunch	Turkey sandwich, Chips Juice, milk, water	Hamburgers Fries Juice, milk water	Tuna/melt Chips, Juice, milk Water	Hot dogs Pork beans Juice, milk, water	Pizza/ Day Chips, Juice Water
snack	Cookie	pudding	Jell-O	Apple pie	Nutty Bars
Alternate Meal	Ham/cheese	Turkey/sandwich	Turkey/ham	Turkey/Ham	P&J sandwich
Alternate/snack	Cup/cake	Oatmeal/pie	Jello	yogurt	Fruit Cups

Control Of Money

Participants are welcome to bring their funds to the program. They are responsible for their funds. Participants have free access to their money while on outings and within the program.

The program manager will lock up any funds at the participant's or guardian's request. The manager will also keep a log of deposits and withdrawals and request the participant or guardian to sign off on transactions.

- ❖ The program manager must make changes to the programming services, accommodation, or schedule if participants or team members request. If a team meeting is required to implement changes, the program manager will coordinate and schedule a meeting. You can stop by, call 414-935-2580, or email the program manager at cher@morethanahome.net
- ❖ **All activities are optional, and there is an alternative list of activities for participants.**
- ❖ Participants can select who they choose to interact with during inside and outside activities for as long as they want.
- ❖ **A list of alternatives to group activities is posted on the information board for participants (computer, puzzles, games, coloring sheets, books, magazines, etc).**
- ❖ A monthly participants council meeting will be held to collect feedback on activity planning and field trip suggestions.

Accessible Public Transportation

Contact Transit Plus in the following ways.
EMAIL – tpcomments@mcts.org
711 (TRS)

Milwaukee County Bus automated bus formation outline. Please dial 414-344-6711

Yellow Cab Company 414-271-1800

MCTS Transit Plus Staff Monday through Friday from 8:00 a.m. to 4:30 p.m. General Information: 414-343-1700

Circle Of Friends Transportation

- ✓ COF can transport program participants to and from the program. Contact the Program Manager for details.
- ✓ COF provides transportation to program participants for community outings.
- ✓ COF provides transportation to program participants in case of an emergency while attending the program.

Visitors Policy

Circle of Friends welcomes visitors to the center. We have an open-door policy.

Program Hours

- 8:00 am – 4:00 pm / Monday – Friday
- Please give us a call if the participant is not attending.
- www.circleoffriendsads.com
- 5412 W Burleigh, Milwaukee, WI 53210 414-935-2580
- cher@morethanahome.net

Community Outings

- All clients have the choice to participate in community outings.
- All clients have the right to decline to participate in community outings.
- Please circle all the things you will be participating in:

Participants Name: _____

Activity	Date / Time	Cost	Yes	No
Walmart	2/ 4/2026	\$ 15.00		
Valentine's Day Party	2/13/2026	\$ 0		
Golden Corral	2/18/2026	\$20.00		
Black History Heritage Potluck and Birthday celebration	2/20/2026	\$0		

We would love for you to provide us with feedback.

What are some of your interests? Please let us know.

Concerns/ Suggestions:

Staff and Participant Shout Outs:

I will not be attending the program on this day:

Please

If you have any questions or concerns, please get in touch with Mrs. Cher at 414-935-2580

Thank you! RETURN completed the outing participation form by 2/3/2026.