

Activity Calendar

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<u>Craft Project:</u> <u>Making Kites:10:30</u>	<u>Coffee current</u> <u>Events: 10:00am</u> <u>Table Trivia: 1:00pm</u>	<u>Outing:</u> Nature walk and lunch At Lake Front: 11:00am	<u>Self care:</u> Manicure:10:30am Hand massage: 1:00pm	<u>Social programming:</u> Bingo: 10:00am Journal club: 11:00am Hygiene Club: 1:00pm
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
<u>Music Bingo: 10:00am</u> <u>Exercise: 1:00pm</u> <u>Fit& Stretch/Fitness</u>	<u>Social Programming:</u> Table Talk: 10:00am <u>Simon said 1:00PM</u>	<u>Outing:</u> <u>Lunch outing /Old</u> <u>country buffet</u> Card Game: 1:00pm	<u>Craft Project:</u> <u>Rock painting:</u> <u>EXERCISE:</u> <u>Sit and be fit 1:00pm</u>	<u>Social Programming:</u> <u>movie 12:00pm</u> <u>Board Game:</u> Resident choice: 1:00pm
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
<u>EXERCISE:</u> Sit and be fit: 9:30 <u>Craft Project: 11:00am</u> <u>Table Talk: 1:00pm</u>	<u>Outing:</u> <u>\$5 dollar Movie</u> <u>Exercise:</u> <u>Nature Walk 1:00pm</u>	<u>Craft activity:</u> <u>Making colored pop</u> <u>Corn Balls</u>	<u>Self care:</u> Manicure, Nail care:10:00am Adult coloring: 1:00pm	<u>Social Programming:</u> <u>First day of summer</u> <u>Out side picnic 12noon</u> <u>Music @ dance: 1:00pm</u>
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
<u>Craft Project: 10:00am</u> <u>Making wind chimes:</u> <u>Music and Movement:</u> <u>1:00pm</u>	<u>Resident council</u> <u>meeting: 11:00am</u> Clients input on outing and activities	<u>Outing:</u> <u>Giving to the homeless:</u> <u>Summerfest outing:</u> <u>Music Therapy: 1:00pm</u>	<u>Exercise:</u> Nature walk: 9:30am <u>Social Skills:</u> Basic living skills group: 11:00am/1pm	<u>Resident choice:</u> <u>Self care:</u> Hand Massage
Monday July/1	Tuesday	Wednesday	Thursday	Friday

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June 2019



Welcome! All new participants starting with Circle of Friends!
Welcome! All new staff starting with the Circle of Friends!

Upcoming events for the residents at the Circle of Friend for June:

Participants and staff will be engaged in various activities during the month of June. We will be bringing in June with summer vibes. For our first outing, we will be doing a nature walk and lunch at the lake. Circle Of Friends staff and participants will have a lunch outing at the Old Country Buffet. Participants will also engage in contributing to the food drive, hosted by the Hunger Task Force, at Summerfest, Participants will be making their own personal kites to fly at the lake. We will be doing a Tuesday \$5dollar movie outing. Staff and participants will be doing outside lunches and activities as the weather permits.

Circle of Friends participants will be painting their own rocks to set in the window. We will continue to relax our clients by doing aromatherapy hand massages, face shaving, and manicures. The program participants love the self-care activities. Circle of Friends offers a variety of goal orientated activities and opportunities that promote independence. Individuals choose to participate in activities and community outings based on personal abilities and interest. We have something to offer all participants who attend the program. More summertime fun will be approaching, Circle Of Friends staff also look forward to having picnics outside.

Inspiration quote:

The pessimist sees

Difficulty in every opportunity

The optimist sees opportunity

In every difficulty.

Summer

Please make sure you send extra clothing and underclothing for participants.

Programming Hours:

- 8:00am to 5:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.

Reminders:

- ✓ Please make sure the participants, are dressed appropriate for the weather.

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Currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

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CIRCLE of FRIENDS
ADULT DAY SERVICES

June 2019

Participants have the opportunity to participate in the following outings this month. Please circle all the outings you will be participating in:

Participants Name: _____

Outing	Date / Time	Cost	Yes	No
Nature walk/Lunch@ lakefront	6/5/19 11:00am	\$0		
Lunch outing/ Old country buffet	6/12/19/ 11:30 am	\$10.00		
Movie outing/\$5	6/18/19/ 10:30 am	\$5.00		
Summer fest/ free admission	6/26/19/ 11:30am	\$10.00		

Please return completed outing participation form by 6/4/19

Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you