Circle of Friends Adult Day Program

Month: May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
29/April	30/April	1	2	3
<u>Craft Project:</u> <u>Spring flowers 10:30am</u>	<u>Coffee current</u> <u>Events: 10:00am</u> <u>Table Trivia: 1:00pm</u>	<u>Self-Care:</u> Manicure: 10:00am 1:00pm Balloon Volleyball	<u>Outing:</u> Milwaukee Public Museum: 10:30am	Social programming: Bingo: 10:00am Journal club: 11:00am Hygiene Club: 1:00pm
Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Music Bingo: 10:00am Exercise: 1:00pm Fit& Stretch/Fitness	Social Programming: Table Talk: 10:00am Complete the catch phrase 1:00PM	Outing: Five Below/Shopping Card Game: 1:00pm	Craft Project: Candle Making: EXERCISE: Sit and be fit 1:00pm	Social Programming: Friendship club/movie 12:00pm Board Game: Resident choice: 1:00pm
Monday	Tuesday	Wednesday	Thursday	Friday
13	14	15	16	17
EXERCISE: Sit and be fit: 9:30 Craft Project: 11:00am Table Talk: 1:00pm	<u>Craft Project:</u> 3D Lady Bugs <u>Exercise:</u> <u>Nature Walk 1:00pm</u>	<u>Outing:</u> <u>Ice cream outing/ Dairy</u> <u>Queen</u>	<u>Self care:</u> Manicure, Nail care:10:00am Adult coloring: 1:00pm	<u>Social Programming:</u> <u>Pizza Party/ Resident</u> <u>choice.</u> Music @ dance: 1:00pm
Monday	Tuesday	Wednesday	Thursday	Friday
20	21	22	23	24
Craft Project: 10:00am Bird Feeders: Music and Movement: 1:00pm	Resident council meeting: 11:00am Clients input on outing and activities	Shut the box game Scrabble Board Game Music Therapy: 1:00pm	Exercise: Nature walk: 9:30am Social Skills: Basic living skills group: 11:00am/1pm	Resident choice: Lunch/ Pizza party Self-care: Face Shaving
Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	31

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May 2019



Welcome! All new participants starting with Circle of Friends! Welcome, all new staff starting with the Circle of Friends!

Upcoming events for the residents at the Circle of Friend for May:

Participants and staff will be engaged in various activities during May. We will be bringing in May with spring vibes our 1st activity we will be going to the Milwaukee Public Museum. Circle Of Friends staff and participants will be going to Five below to do some shopping (participants request). We will be celebrating Memorial Day making USA flags. Participants will also engage in various arts and crafts activities. They will be making their own personal bird feeders to put outside and hang on the trees. May lunch outing will be Dairy Queen; we also will have an ice cream social all in one trip. We will be doing more outside activities as the weather permits.

Circle of Friends Participants will be making their own Crayola candles. We will continue to relax our clients by doing aromatherapy hand massages, face shaving, and manicures. The program participants love the self-care activities. Circle of Friends offers a variety of goal orientated activities and opportunities that promote independence. Individuals choose to participate in activities and community outings based on personal abilities and interest. We have something to offer all participants who attend the program. More summertime fun will be approaching, Circle Of Friends staff also look forward to having picnics outside.

Inspiration quote: Have a vision be Demanding!!

Reminders:

✓ Please make sure the participants, are dressed appropriately for the weather.



Currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

Spring

Please make sure you send extra clothing and underclothing for participants.

Programming Hours:

- 8:00am to 5:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.

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Participants have the opportunity to participate in the following outings this month. Please circle all the outings you will be participating in:

Participants Name: _____

Outing	Date / Time	Cost	Yes	No
Milwaukee Public Museum	√ 5/2/19	\$0		
	✓ 10:30am			
Five Below/Shopping	✓ 5/8/19	\$5.00		
	✓ 10: 30 pm			
Dairy Queen/ Ice Cream Social	✓ 5/15/19	\$5.00		
	✓ 12:00 pm			
Pizza Party	√ 5/24/19	\$0		
	✓ 12:00 pm			

Please return completed outing participation form by 5/2/19

Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you