

Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<u>Labor day picnic</u> <u>Create your own sipper cups/ Happy Labor day</u> <u>Journal club: 10:00am</u>	<u>Social Programming:</u> Resident council meeting Money counting Group	<u>Craft Project:</u> Create A Wristband@ 1:00pm Journal Club@ 10:00am Expressions	<u>Self care:</u> <u>Hand Massage:</u> 10:00am <u>Hygiene Club: 1:00pm</u>	<u>Music:</u> Karaoke Day Journal Club@ 10:00am <u>Expressions</u> <u>Music Therapy: 1:00pm</u>
Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
<u>Music Bingo</u> <u>Exercise: 1:00pm</u> Journal Club@ 10:00am Expressions	<u>Coffee current</u> <u>Events: 10:00am</u> <u>Money group: 1:00pm</u> <u>Computer Skills</u>	<u>Outing:</u> Milwaukee County Zoo Journal Club:9am	<u>Movie Day:</u> Daddy Daycare <u>Music:</u> Karaoke: 1:00pm	<u>Craft Project:</u> Paper Plate Sunflower <u>EXERCISE:</u> Journal@ 10:00am <u>Sit and be fit@ 1:00pm</u>
Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
<u>Selfcare:</u> Manicure Hand massage <u>Exercise:</u> <u>Nature Walk 1:00pm</u>	<u>Craft Project:</u> <u>Beading@ 10:00am</u> <u>Music and Movement:</u> <u>1:00pm</u>	<u>Outing:</u> <u>Bowling</u> Journal Club:9:00am	<u>Craft Project:</u> <u>Create Your Favorite</u> <u>Fruit/Vegetable</u> <u>Outdoor Exercise@</u> <u>1:00pm</u>	<u>Social Programming:</u> Journal Club@ 10:00am <u>Expressions</u> Musical dance: 1:00pm
Monday	Tuesday	Wednesday	Thursday	Friday
23	24	25	26	27
<u>Craft Project:</u> <u>Paper Plate Caterpillar</u> <u>Music and Movement@</u> <u>1:00pm</u> Journal@ 10:00am <u>Expressions</u>	<u>Social:</u> Money Counting Group@1:00pm Charades <u>Bingo@ 10:00am</u>	<u>Music:</u> Karaoke Day <u>Music Therapy: 1:00pm</u> <u>Journal@ 10:00am</u> <u>Expressions</u>	<u>Exercise:</u> Nature walk: 9:30am <u>Social Skills:</u> Basic living skills group: 11:00am/1pm	<u>Resident choice:</u> Journal Club@ 10:00am <u>Expressions</u> <u>Self care:</u> Hand Massage@ 1:00pm
Monday				
30				
Selfcare Manicure Hand massage@ 10:00am				

13735 West Capital Drive
Brookfield, WI 53005
262-505-6200 Main
262-505-6287 Fax
cofstaff@outlook.com

September 2019



Welcome! All new participants starting with Circle of Friends!
Welcome all new staff starting with the Circle of Friends!



Upcoming events for the residents at the Circle of Friend for September:

As summer is collapsing into autumn, our participants and staff will be engaging in various activities during September. We will be bringing in September with harvest vibes. Participants will be engaging in a “make your own sipper cup” project to bring in the Labor Day holiday. Our 1st outing, we will be going to [the Milwaukee County Zoo](#). Circle of Friend’s staff and participants will also have an outing to Bowlero bowling lanes. Participants will be doing a favorite fruit/ vegetable project and a caterpillar project. We will continue to do our nature walks. Staff and participants will continue outside games such as bing bag toss, badminton, volleyball, and outside lunches.

We will continue to relax our clients by doing aromatherapy hand massages, face shaving, and manicures. The program participants love the self-care activities. Circle of Friends offers a variety of goal-orientated activities and opportunities that promote independence. Individuals choose to participate in activities and community outings based on personal abilities and interest. We have something to offer all participants who attend the program. Autumn fun is here. Circle of Friend staff and participants will continue doing outside fun in the sun picnics. We will have our resident council meeting on September 3, 2019, to receive more fun ideas from our participants.

Inspiration quote:

Hold fast to dreams, for if dreams die,
Life is a broken-winged bird, That cannot fly.

Please make sure you send extra clothing and underclothing for participants.

Programming Hours:

- 8:00am to 5:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.

Reminders:

- ✓ Please make sure the participants, are dressed appropriate for the weather.

WWW.CIRCLEOFFRIENDSADS.COM

Currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

13735 West Capital Drive
Brookfield, WI 53005
262-505-6200 Main

262-505-6287 Fax
cofstaff@outlook.com



CIRCLE of FRIENDS
ADULT DAY SERVICES

September 2019

Participants have the opportunity to participate in the following outings this month. Please circle all the outings you will be participating in:

Participants Name: _____

Outing	Date / Time	Cost	Yes	No
Labor Day Picnic	9/2/19 9:30 am-1pm	\$0.00		
Milwaukee County Zoo	9/11/19 11:00 am	\$10.00		
Bowlero Bowling	9/18/19 10:30 am	\$		
Jimmy John/ lunch	9//19/19 11:00 am	\$10.00		

Please return completed outing participation form by 9/3/19

Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you