

Activity Calendar

Thursday 1	Friday 2	Monday 5	Tuesday 6	Wednesday 7
<u>Craft Project:</u> <u>Paper Popsicle</u> <u>Bean bag toss</u>	<u>Coffee current</u> <u>Events: 10:00am</u> <u>Journal Club: 1:00pm</u>	<u>Social Programming:</u> <u>Journal Club:10:30am</u> Board Games	<u>Self care:</u> <u>Hand Massage:</u> <u>10:00am</u> <u>Hygiene Club: 1:00pm</u>	<u>Outing:</u> State Fair: 9:30am
Thursday 8	Friday 9	Monday 12	Tuesday 13	Wednesday 14
<u>Music Bingo: 10:00am</u> <u>Exercise: 1:00pm</u> <u>Fit& Stretch/Fitness</u>	<u>Social Programming:</u> Resident counsel meeting 10:00am/Journal club <u>Money counting Group</u>	<u>Self care:</u> <u>Hand massage:</u> <u>Journal Club</u> Face shaving	<u>Craft Project:</u> <u>Stain Glass painting</u> <u>EXERCISE:</u> <u>Sit and be fit 1:00pm</u>	<u>Outing:</u> <u>Lunch in the park 11:00am</u> Webster Park/Bag Lunches Journal Club
Thursday 15	Friday 16	Monday 19	Tuesday 20	Wednesday 21
<u>EXERCISE:</u> Sit and be fit: 9:30 <u>Craft Project: 11:00am</u> <u>Paper bag Muppets</u>	<u>Selfcare:</u> <u>Manicure Hand massage</u> <u>Exercise:</u> <u>Nature Walk 1:00pm</u>	<u>Craft Project:</u> <u>Hygiene project</u> <u>Journal Club</u>	<u>Outing:</u> <u>\$5 dollar movie</u> <u>Lion King</u>	<u>Social Programming:</u> <u>Journal Club</u> <u>Out side Games</u> <u>Music @ dance: 1:00pm</u>
Thursday 22	Friday 23	Monday 26	Tuesday 27	Wednesday 28
<u>Craft Project:</u> <u>Beading</u> <u>Music and Movement:</u> <u>1:00pm</u>	<u>Social Programming:</u> <u>Journal Club:10:30am</u> <u>Nature walk: 1:00pm</u>	<u>Music:</u> <u>Karoke Day</u> <u>Music Therapy: 1:00pm</u>	<u>Exercise:</u> Nature walk: 9:30am <u>Social Skills:</u> Basic living skills group: 11:00am/1pm	<u>Resident choice:</u> <u>Journal Club</u> <u>Self care:</u> Hand Massage
Thursday 29	Friday 30			
<u>Resident meeting</u>	<u>Outing/car auto show</u>			

13735 West Capital Drive
Brookfield, WI 53005
262-505-6200 Main
262-505-6287 Fax
cofstaff@outlook.com



Welcome! All new participants starting with Circle of Friends!

Upcoming events for the residents at Circle of Friend Day Program for August:

We have something to offer all participants who attend the program. Summertime fun is here. Participants and staff will be engaged in various activities during the month of August. We will be bringing in August with Zesty vibes, our first outing we will be going to **STATE FAIR**. Circle of Friends staff and participants will have a picnic at Webster park. We will also engage in a hygiene project and stain glass painting. We will continue to do our nature walks, outside games such as bean bag toss, badminton, volleyball, and outside lunches.

Our newest activity with participants will be karaoke day. The clients continue to enjoy the self-care activities such as aromatherapy hand massages, face shaving, and manicures. The program participants love the self-care activities. We try to offer a variety of goal-orientated activities and opportunities that promote independence. Individuals choose to participate in activities and community outings based on personal abilities and interest. We will continue to engage participants in outside activities and fun in the sun. We will have our resident council meeting on August 9, 2019, to receive more feedback and fun ideas from our participants.

Inspiration quote:

Believe you can, and you are halfway there.

Please make sure you send extra clothing and underclothing for participants.

Programming Hours:

- 8:00am to 5:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.

Reminders:

- ✓ Please make sure the participants, are dressed appropriately for the weather.

Currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

WWW.CIRCLEOFFRIENDSADS.COM

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August 2019

Participants have the opportunity to participate in the following outings this month. Please circle all the outings you will be participating in:

Participants Name: _____

Outing	Date / Time	Cost	Yes	No
Outing/State Fair	8/7/19 9:30am-1pm	\$20.00		
Outing/Lunch/ Picnic in the park/Webster park	8/14/19/ 11:00am	\$0		
Outing/\$5 Dollar movie	8/20/19/ 10:30 am	\$5.00		
Outing/Car Auto Show	8/30/19/10: 30 am	\$10.00		

Please return completed outing participation form by 8/3/19

Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you

