


Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<u>Craft Project:</u> <u>Patriot wreathes</u> <u>Outside game:</u> <u>Bean bag toss</u>	<u>Coffee current</u> <u>Events: 10:00am</u> <u>Group dis cussion:</u> <u>1:00pm</u>	<u>Outing:</u> <u>4TH OF JULY PICNIC:</u> 11:00am-3:00pm	<u>4TH OF JULY</u>  Patriot chimes	<u>Social programming:</u> Bingo: 10:00am Journal club: 11:00am Hygiene Club: 1:00pm
Monday	Tuesday	Wednesday	Thursday	Friday
8	9	10	11	12
<u>Music Bingo: 10:00am</u> <u>Exercise: 1:00pm</u> <u>Fit& Stretch/Fitness</u>	<u>Social Programming:</u> Summer discussion: 10:00am <u>Simon said 1:00PM</u>	<u>Self care:</u> <u>Hand massage</u> Face shaving	<u>Craft Project:</u> <u>Patriot door initial</u> <u>EXERCISE:</u> <u>Sit and be fit 1:00pm</u>	<u>Outing:</u> <u>Bastille days: 11:00am</u> Bag lunches <u>Board Game:</u> Resident choice: 1:00pm
Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
<u>EXERCISE:</u> Sit and be fit: 9:30 <u>Craft Project: 11:00am</u> <u>Paper bag Muppets</u>	<u>Outing: shopping</u> <u>Dollar store/Goodwill</u> <u>Exercise:</u> <u>Nature Walk 1:00pm</u>	<u>Craft activity:</u> <u>Paper bag KITES:10am</u> <u>Out side flying</u> <u>Kites:1pm</u>	<u>Self care:</u> Manicure, Nail care:10:00am Adult coloring: 1:00pm	<u>Social Programming:</u> <u>Out side Games</u> <u>Music @ dance: 1:00pm</u>
Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
<u>Craft Project: 10:00am</u> <u>Personal coffee cups</u> <u>Music and Movement:</u> <u>1:00pm</u>	<u>Resident council</u> <u>meeting: 11:00am</u> Clients input on outing and activities	<u>Outing:</u> <u>Shake Shack 11:00am</u> <u>Music Therapy: 1:00pm</u>	<u>Exercise:</u> Nature walk: 9:30am <u>Social Skills:</u> Basic living skills group: 11:00am/1pm	<u>Resident choice:</u> <u>Outside Tic Tac toe</u> <u>Self care:</u> Hand Massage
Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31		
<u>Resident meeting</u>	<u>Outside games</u>	<u>Muppet show/12:30pm</u>		

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July 2019

Happy July 4th



CIRCLE of FRIENDS
ADULT DAY SERVICES

Welcome! All new participants starting with Circle of Friends!

Upcoming events for the residents at the Circle of Friend for July:

Participants and staff will be engaged in various activities during July. We will be bringing in July with summer vibes. Our 1st outing we will be doing a **4TH OF JULY PICNIC** for participants and staff. Circle Of Friends staff and participants will have a lunch outing at the Shake Shack. Participants will also engage in making patriot flag mason jars. Participants will be making their own personal patriot wind chimes. We will be making our own personal patriot name initial. Staff and participants will be doing some outside games such as Bing bag toss, badminton, volleyball, and outside lunches.

Circle Of Friends **participants will be creating their own Muppets for the Circle Of Friends Muppet show**. We will continue to relax our clients by doing aromatherapy hand massages, face shaving, and manicures. The program participants love the self-care activities. Circle Of Friends offers a variety of goal orientated activities and opportunities that promote independence. Individuals choose to participate in activities and community outings based on personal abilities and interest. We have something to offer all participants who attend the program. More summertime fun will be approaching, Circle of Friends staff and participants will be doing outside fun in the sun picnics.

Inspiration quote:

“We may encounter many defeats
But we must not be defeated.”

Please make sure you send extra clothing and underclothing for participants.

Programming Hours:

- 8:00am to 5:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.

Reminders:

- ✓ Please make sure the participants, are dressed appropriately for the weather.



Currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

WWW.CIRCLEOFFRIENDSADS.COM

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July 2019

Participants have the opportunity to Participants in the following outings this month. Please circle all the outings you will be participating in:

Participants Name: _____

Outing	Date / Time	Cost	Yes	No
Outing/4 th of July picnic	7/3/19 11:00-3pm	\$0		
Outing/Bastille Days	7/12/19/ 11:00am	\$10.00		
Shopping Outing/Dollar tree \$5	7/16/19/ 10:30 am	\$5.00		
Lunch outing/ Shake Shack	7/22/19/11: 30 am	\$10.00		

Please return completed outing participation form by 7/2/19

Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you