



Welcome! All new participants starting with Circle of Friends!



Welcome Autumn

This month, we will be creating many Halloween crafts. Participants will be bringing in the Fall season with a Halloween paper chain craft project. We will also be creating Halloween hand puppets and the participants will be doing a puppet show for the program. Participants will be going on a lunch outing to Red Robin. We will be creating Halloween tissue paper pumpkins. Participants will be making spooky jars which can be filled with any items of participants choice. We will be decorating Halloween themed marshmallows that participants can enjoy for snack time. Participants will be creating an Autumn wreath that will be decorative around the program. We will be making DIY paper candy corn. Participants will be making cotton ball themed ghosts. Participants will create turkeys to prepare for the Thanksgiving holiday. We will be coloring holiday coloring sheets to bring in the holiday season. Participants will be having a Halloween party where they can wear their favorite Halloween costumes, enjoy food & snacks, games and bougie to their favorite hit songs. We will also be celebrating the participants birthday for the month of October with a sweet treat and birthday song. We will be doing an expressive art project. Participants will have the ability to paint what they envision about when they hear the word "Thanksgiving."

For participants that ride the route through Circle of Friends, drivers CAN NOT leave participants on the van unattended. Please send your clients out when the van arrives. If your client is wheelchair accessible, please have them at the door ready to come out.

We will continue to relax our clients by doing hand massages and manicures with aromatherapy. The program participants love the self-care activities. The participants will also enjoy air hockey, pool games, fools' ball, and ping pong at the program. Circle of Friends offers a variety of goal-orientated activities and opportunities that promote independence. Individuals choose to participate in activities.

IMPORTANT UPDATE:

Community activities will be very limited until the Covid virus has subsided. We will continue to monitor the spread of the virus and its impact on our program.

Visitors inside the program are limited to case managers, guardians, and direct support staff due to concerns regarding the spread of covid virus. If you have any questions or concerns, please call Mrs. Monnie-Norton at 414-721-1526.

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	3	4	5	6	7
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm	Expressions Uno Manicures	Journal Bingo Karaoke	Expressions Tunk Halloween paper chain	Journal Beading I-Spy	Expressions Halloween Hand puppets crafts Charades
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Nature walk	Outdoor walk to McDonald's	Red Robin	Walk to park	Outdoor Art
Afternoon	Outdoor walk	Outdoor I-spy	Outdoor games	Outdoor exercise	Outdoor walk
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	10	11	12	13	14
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm	Journal Blackjack 21 Bingo	Expressions Tissue paper Pumpkin Dance class	Journal Meditation Beading	Expressions Tunk Spooky jars	Journal Simon Says Sing-a-long
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor I-spy	Outdoor Exercise @ the park	Outdoor jog	Outdoor sing a long	Outside walk
Afternoon	Outdoor Walk	Outdoor Music & Movement	Outdoor Neighborhood Walk	Outdoor Sensory Activity	Outdoor Expressions
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	17	18	19	20	21
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm	Journal Meditation Halloween Marshmallow's	Expressions Dance Club Karaoke	Journal Autumn Wreath Craft Tic tac toe	Expressions Spades Outdoor games	Journal Bingo DIY candy corn
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Nature walk	Outdoor Exercise @ park	Outdoor Simon says	Lindners Pumpkin Farm	Outdoor Exercise
Afternoon	Outdoor chalk	Outdoor Music & Movement	Walk to Goodwill	Outdoor Sensory Activity	Outdoor walk to Metro Market
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	24	25	26	27	28
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm	Expressions Music art therapy Cotton ball ghosts craft	Journal Music Therapy I Spy	Expressions DIY turkeys Connect 4	Journal Meditation Holiday Coloring pages	Expressions Karaoke Halloween Party
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity

Morning	Outdoor meditation @Park	Outdoor walk	Outdoor exercise	Outdoor Art therapy	Halloween party/ birthday celebration
Afternoon	Community walk	Ride To Dollar Tree	Outdoor Neighborhood Walk	Walk to Ross	Outdoor Gross Motor Activity
Day	Monday				
Date	31				

	Activity				
Rotating groups from 9am-1pm	Journal Exercise Thanksgiving Expressive art				
	Community Activity				
Morning	Outdoor Expressions				
Afternoon	outdoor Walk to Hobby Lobby				

*Please also look at our information board for additional community resources, activities, events, and neighborhood businesses

*Participants can work with staff of their choice and whom they feel comfortable with. This request must be made to Ms. Cher so we can plan accordingly.

Circle Of Friends activities are inclusive to all participants. Participants with and without disabilities have the option to participate in all programs



Milwaukee Tacos & Margs Crawl
Saturday 2pm-8pm
1110 N. Doctor M.L.K. Jr. Dr,
Milwaukee, WI.

Milwaukee Comedy Festival
Oct.2-Oct. 9
Shank Hall
1434 N. Farewell

Joe's K' Ranch
Oct. 9 2022
1pm-4pm
4840 S. Whitnall ave.
Cudahy, WI.

Romeo & Juliet
Uihlein Hall
2:30pm-4:30pm
929 N. Water St.
Milwaukee, WI.

We are currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

Visitors Policy	Accessible Public Transportation
<p data-bbox="99 275 786 323">Control Of Money</p> <ul style="list-style-type: none"> <li data-bbox="159 331 769 506">✓ Participants are welcome to bring their funds to the program. Participants will be responsible for their funds. Participants are able to have free access to their money while on outings and within the program. <li data-bbox="159 520 769 688">✓ The program manager will lock up any funds, per the request of the participant or participant guardian. The program manager will keep a log of deposits and withdrawals and request the participant or guardian sign off on transactions. 	<p data-bbox="786 275 1528 338">Contact Transit Plus following ways.</p> <p data-bbox="786 344 1528 407">EMAIL – tpcomments@mcts.org 711 (TRS)</p> <p data-bbox="786 443 1528 541">Milwaukee County Bus automated bus information hotline. Please dial: 414-344-6711</p> <p data-bbox="786 611 1528 674">Yellow Cab Company 414-271-1800</p> <p data-bbox="786 680 1528 772">MCTS Transit Plus Staff Monday through Friday from 8:00 a.m. to 4:30 p.m. in any of the CALL – General Information: 414-343-1700 (Voice) or</p>
	Circle Of Friends Transportation
<p data-bbox="256 905 272 926">o</p> <ul style="list-style-type: none"> <li data-bbox="159 934 769 1234">✓ The program manager must make any changes to the programming services, accommodations, or schedule if requested by participants or team members. If a team meeting is required to implement changes, the program manager will coordinate and schedule a meeting. You can stop, call 262-505-6200, or email the program manager at cofstaff@outlook.com. <li data-bbox="159 1262 769 1325">✓ All activities are optional, and an alternative list of activities for participants. <li data-bbox="159 1346 769 1451">✓ Participants can select who they choose to interact with during inside and outside activities for as long as they want. <li data-bbox="159 1472 769 1598">✓ A list of alternatives to group activities is posted on the information board for participants (computer, puzzles, games, coloring sheets, books, magazines, etc.....). <li data-bbox="159 1619 769 1717">✓ A monthly participants council meeting will be held to collect feedback on activity planning and field trip suggestions. 	<ul style="list-style-type: none"> <li data-bbox="802 905 1516 968">✓ COF is able to transport program participants to and from the program. Contact Program Manager for details. <li data-bbox="802 974 1516 1037">✓ COF provides transportation to program participants to community outings <li data-bbox="802 1058 1516 1121">✓ COF provides transportation to program participants in case of an emergency while attending the program

Community Outings

- All clients have the choice to participate in community outings.
- All clients have the right to decline to participate in community outings.
- Please circle all the things you will be participating in:

Participants Name: _____

Activity	Date / Time	Cost	Yes	No
Red Robin	10/5/22	\$15.00		
Lindners Pumpkin Farm	10/20/22	\$6.00		
Halloween Party/Birthday celebration	10/28/22	\$0.00		

We would love for you to provide us feedback.
What are some of your interests, please let us know?
Concerns/ Suggestions:
Staff and/ or Participant Shout Outs:
I will not be attending program on this day:

Please
Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you! RETURN completed outing participation form by 5/6/22

September Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Date	3	4	5	6	7
Lunch	Beef Stew W/ Rice Applesauce Juice, water, or milk	Hamburger helper w/ bread Juice, water, or milk	Chicken Alfredo, Butter bread Juice, milk, or water	DIY loaded potatoes, w/ meat & veggies Juice, water or milk	Turkey Sandwich chips Veggies Juice, milk, or water
Snack	Nutty Butter Bars	Pie/cakes	Applesauce	Fruit	Jell-O
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Brownies	Animal crackers	pie	Cookies	pudding
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	10	11	12	13	14
	Homemade Pizza Fruit cup Juice, water, or milk	Chicken Nuggets w/ Fries Juice, water, or milk	Pancakes w/ Sausages & Fruit Juice, water, or milk	Grilled Pb & J Sandwich fruit cup Juice, water, or milk	Pizza Casserole Butter Bread Juice, milk, or water
Snack	Applesauce	Cookies	Graham Crackers	Pudding	Pop tart
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bar	Jell-O	Pudding	Fruit	Cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	17	18	19	20	21
Lunch	Tuna casserole w/ broccoli Fruit cup Juice, milk, or water	Pizza rolls Veggies Juice, milk, or water	Pancakes w/ Sausages & Fruit Juice, water, or milk	Nachos w/ meat Juice, water, or milk	Spaghetti w/ meat Juice, milk, or water
Snack	Oatmeal Pie	Fruit cup	Jell-o	Fruit	Fudge Cookies
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Grilled Cheese sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bars	Chocolate bar	Swiss rolls	Chocolate bar	Sugar cookies
Day	Wednesday	Thursday	Friday	Monday	Tuesday
Date	24	25	26	27	28

Lunch	Peanut butter & jelly sandwich Chips Juice, water, or milk	Tacos w/ Corn Spanish Rice Juice, milk, or water	Ham or Turkey sandwich Chips Juice, milk, or water	Meatballs W/ Mashed potatoes fruit Juice, water, or milk	Chicken stir fry w/ veggies Fruit Juice, water or milk
Snack	Applesauce	Pop tart	Cookies	Oatmeal pie	Apple sauce
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Pop tart	Granola Bar	Swiss Roll	Zebra Cake	Fruit
Date	August				
	31				
Lunch	Pork beans w/ hotdogs Fruit Juice, water, or milk				
snack	Applesauce				
Alternate Meal	Ham/turkey Sandwich				
Alternate/snack	pudding				

Participants can determine their own pace, food sequence, how food is served, can refuse food, and choose to dine alone or with individual(s) of choice.

Staff will meet this request by engaging in conversations with participants before or during dining to assure everyone is comfortable.



CIRCLE of FRIENDS
ADULT DAY SERVICES

Programming Hours:

- 8:00am to 4:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.

WWW.CIRCLEOFFRIENDSADS.COM

13735 West Capital Drive
Brookfield, WI 53005
262-505-6200
coffstaff@outlook.com