



Welcome! Circle of Friends

In January, we will be hosting a variety of exciting activities to keep our clients engaged. COF will be Open on **Thursday, January 1st, for the holiday**. COF will kick off January with our participants doing Winter crafts and making their own pizza. We will be taking the participants to McDonald this month. COF will engage participants in various creative activities. COF will also play New Year's Bingo and win prizes. COF will also hold its monthly Birthday Celebration Party on January 30, 2025.

We have brought in a licensed therapist to do art therapy with clients every other Tuesday and Thursday. We are excited about the therapeutic art services Mrs. Ianna will engage clients in. Furthermore, we will maintain our schedule of daily routine groups, life skills learning groups, and We will continue to relax our clients by offering hand massages and manicures with aromatherapy. Participants love self-care activities. They will also enjoy air hockey, pool games, fools' balls, and ping-pong. As you can see, the staff have planned a variety of creative activities for the month of January. We will continue to enjoy indoor and outdoor activities. COF will always accept input from the participants. Circle of Friends offers a variety of goal-oriented activities and opportunities that promise independence. Individuals choose to participate in activities.

Thank you.

Participants who ride the route through Circle of Friends, drivers CANNOT leave participants in the van unattended.

Please send your clients out to the van and hand your client off to the driver. Please have all clients dressed and ready to leave out the door to be picked up for the program by 7:45 am.

The decision to close the Circle of Friends due to inclement weather will be based on information received from a variety of sources: the national weather service; the city of Milwaukee's Supervisor in charge of snow emergencies, the fire department; and for reports of weather and travel conditions throughout Milwaukee, and others as required. When MILWAUKEE PUBLIC SCHOOL is closed due to inclement weather, Circle of Friends will be close.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date				1	2
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Journal Craft/game challenge.	Journal craft Open Group	Journal Board Game Chall OUTING	Journal Board games Expression Group	Meditation Craft project. Game challenge.
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor I- spy	Outdoor jog	Outdoor walk	Outdoor Singing	Outdoor sing along
Afternoon	Outdoor walk	Outdoor I- spy	Outdoor games	Outdoor exercise	Outdoor walk
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	5	6	7	8	9
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Expressions card/craft. Bingo Baking Xmas cookies	Journal Hand massage/Nail polish Art group	Meditation Puzzle challenge. Bingo McDonalds outing	Expression Outside Games Art Group	Journal Board Game Challenge
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Sensory Activity	Sightseeing in the community	Outdoor walk	Outdoor art	Walk to park
Afternoon	Outdoor Walk	Outdoor Exercise Park	Outdoor art	Outdoor Sensory Activity	Outdoor Expressions
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	12	13	14	15	16
	Activity	Activity	Activity	Activity	Activity

Rotating groups from 9 am - 1 pm	Meditation Karaoke Musical chairs Craft Spirit week	Journal Beauty Day/ hand massage Floor Tic tac toe Spirit week	Meditation craft Show/tell Spirit week	Expressions Spades Game Ch2/14/25allenge Spirit week	Journal Expression Christmas Dinner Birthday Celebration Spirit week
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Nature Walk	Outdoor Exercise k@ park	Outdoor stretch	Culvers Outing	Outdoor Exercise
Afternoon	Outdoor art chalk	Outdoor Music & Movement	Game Challenge	Outdoor Sensory Activity y	Outdoor jog
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19	20	21	22	23
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1 pm	Journal craft Musical Chairs	Expressions Dart game challenge Floor tic tac toe Art Group	Expressions Bingo 3rd street market hall outing	Journal Board games Expression Group Art group	Journal Crafts exercise
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Rotating groups from 9 am - 1 pm	Expression Exercise	Journal Spades. Movie day W/popcorn	Exercise Meditation Men/women group Star Bucks outing	Exercise Meditation Manicures /Nails	EXERCISE Meditation Board games
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Expressions	Outdoor Nature Walk	Outdoor walk	Outdoor walk	Outdoor walk
Afternoon	Outdoor walk to Hobby Lobby	Outdoor Games	Community Walk	Outside exercise	Outside exercise
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	26	27	28	29	30
	Community Activity	Community Activity	Community Activity/outing	Community Activity	Community Activity
Morning	Outdoor Expressions	Outdoor Nature Walk	Outdoor walk	Outdoor walk	Outdoor walk
Afternoon	Outdoor walk to Hobby Lobby	Outdoor Games	Community Walk	Outside exercise	Bingo
					Birthday Celebration Party

*Please also look at our information board for additional community resources, activities, events, and neighborhood businesses *Participants can work with staff of their choice and with whom they feel comfortable. This request must be made to Ms. Cher so we can plan accordingly. Circle Of Friends activities are inclusive to all participants. Participants with and without disabilities have the option to participate in all programs.

We are currently accepting new participants. If you want to learn more about our program or join the fun, please get in touch with Ms. Cher @ 262-505-6200. 414-935-2580

Visitors Policy	Accessible Public Transportation
<p data-bbox="337 201 540 233" style="text-align: center;">Control Of Money</p> <ul style="list-style-type: none"> <li data-bbox="159 285 776 422">✓ Participants are welcome to bring their funds to the program. They are responsible for their funds. Participants have free access to their money while on outings and within the program. <li data-bbox="159 443 776 590">✓ The program manager will lock up any funds at the participant's or guardian's request. The manager will also keep a log of deposits and withdrawals and request the participant or guardian sign off on transactions. 	<p data-bbox="786 222 1149 348">Contact Transit Plus in the following ways. EMAIL – tpcomments@mcts.org 711 (TRS)</p> <p data-bbox="786 380 1198 474">Milwaukee County Bus automated bus information hotline. Please dial 414-344-6711</p> <p data-bbox="786 548 1479 705">Yellow Cab Company 414-271-1800 MCTS Transit Plus Staff Monday through Friday from 8:00 a.m. to 4:30 p.m. in any of the CALL – General Information: 414-343-1700 (Voice) or</p>
	Circle Of Friends Transportation
<p data-bbox="256 846 272 867" style="text-align: center;">o</p> <ul style="list-style-type: none"> <li data-bbox="159 884 776 1136">✓ The program manager must make changes to the programming services, accommodation, or schedule if participants or team member’s request. If a team meeting is required to implement changes, the program manager will coordinate and schedule a meeting. You can stop by, call 414-935-2580, or email the program manager at cofstaff@outlook.com. <li data-bbox="159 1167 776 1230">✓ All activities are optional, and an alternative list of activities for participants. <li data-bbox="159 1251 776 1356">✓ Participants can select who they choose to interact with during inside and outside activities for as long as they want. <li data-bbox="159 1367 776 1472">✓ A list of alternatives to group activities is posted on the information board for participants (computer, puzzles, games, coloring sheets, books, magazines, etc.....). <li data-bbox="159 1493 776 1587">✓ A monthly participants council meeting will be held to collect feedback on activity planning and field trip suggestions. 	<ul style="list-style-type: none"> <li data-bbox="800 846 1529 909">✓ COF can transport program participants to and from the program. Contact the Program Manager for details. <li data-bbox="800 930 1529 993">✓ COF provides transportation to program participants for community outings. <li data-bbox="800 1014 1529 1077">✓ COF provides transportation to program participants in case of an emergency while attending the program.

Community Outings

- All clients have the choice to participate in community outings.
- All clients have the right to decline to participate in community outings.
- Please circle all the things you will be participating in:

Participants Name: _____

Activity	Date / Time	Cost	Yes	No
McDonalds	1/ 7/2026	\$ 12.00		
3rd Steet Market Hall Reschedule Outing.	1/21/2026	\$ 10.00		
Star Bucks outing/coffee	1/28/2026	\$0		
Birthday celebration	1/30/2026			

We would love for you to provide us with feedback.

What are some of your interests? Please let us know.

Concerns/ Suggestions:

Staff and Participant Shout Outs:

I will not be attending the program on this day:

Please

If you have any questions or concerns, please get in touch with Mrs. Cher 414-935-2580

Thank you! RETURN completed the outing participation form by 1/6/2026.

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Date				1	2
Lunch	Meatballs w/gravy over white rice w/ slice of bread juice, water, milk	Grill cheese. Sandwich Chips, Apple sauce Juice, water, milk	Chicken, Tender, fries Juice, water milk	Fish Sticks Corn Juice, water, milk	Sandwiches, ham turkey chips Juice, milk, or water
Snack	yogurt	Pie/cakes	Applesauce	Cookies	Pudding
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Applesauce	Animal crackers	Pudding	Fruit	Jell-O
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	5	6	7	8	9
	Chicken patty Chips Juice, water, or milk	Hotdog chips Veggies Juice, milk, or water	Fish Sticks Macaroni Fruit Juice, water, or milk	Chicken Alfredo Fruit Juice, water, or milk	Pizza, Fries Hot coco Juice, water, or milk
Snack	Brownies	Cookies	Graham Crackers	Pudding	Pop tart
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bar	Jell-O	pie	Fruit	Cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	12	13	14	15	16
Lunch	Turkey Sandwich & Chips, fruit Juice, milk, or water	Pizza, rolls Chips Juice, milk, or water	Chili Cheese Fries Fruit cup Juice, water, or milk	Walking Tacos Fruit Fruit cup Juice, milk, or	Making their own Pizza, Fries, Juice, water, or milk
Snack	Oatmeal Pie	Fruit cup	Jell-o	Fruit	Fudge Cookies

Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Grilled Cheese Sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bars	Chocolate bar	Swiss rolls	Chocolate bar	Sugar cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19	20	21	22	23
Lunch	Spaghetti w/ meat Juice, milk, or water	Tacos w/ Corn Spanish Rice Juice, milk, or water	Hot dogs chips Juice, milk, or water	Grilled Cheese, tomato soup Juice, water or milk	pizza, Garlic bread, Juice, Milk or water
Snack	Applesauce	Pop tart	Cookies	Oatmeal pie	Apple sauce
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Pop tart	Granola Bar	Swiss Roll	Zebra Cake	Fruit
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	26	27	28	29	30
Lunch	Turkey sandwich, Chips Juice, milk, water	Hamburgers Fries Juice, milk water	Tuna/melt Chips, Juice, milk Water	Hot dogs Pork beans Juice, milk, water	Pizza/ Day Chips, Juice Water
snack	Cookie	pudding	Jell-O	Apple pie	Nutty Bars
Alternate Meal	Ham/cheese	Turkey/sandwich	Turkey/ham	Turkey/Ham	P&J sandwich
Alternate/snack	Cup/cake	Oatmeal/pie	Jello	yogurt	Fruit Cups

Participants can determine their own pace, food sequence, and how food is served. They can also refuse food and choose to dine alone or with an individual(s) of their choice.

Staff will meet this request by conversing with participants before or during lunch to ensure everyone is comfortable.

Program Hours

- 8:00 am – 4:00 pm / Monday – Friday
- Please give us a call if the participant is not attending.
- www.circleoffriendsads.com
- 5412 W Burleigh, Milwaukee, WI 53210 414-935-2580
- cher@morethanahome.net