



## Welcome! Circle of Friends Participants!

This month, we will be doing many different exciting activities at our new location for the month of April, COF will be doing different activities. The participants will be making bunnies and dying eggs with staff assistance. COF will be doing many Easter activities. COF will be having participants plant flowers for Earth Day. Participants will be having an egg hunt. COF will be picking one participant to help Ms. Dorothea to bake pink velvet cupcakes and do other cooking projects with the participants. COF will also be playing Easter Bingo and winning prizes. Cof open house will be on 4/15/25.

COF will be doing a split lunch 1st lunch will be at 11:30 am, 2nd Lunch will be @12noon. COF staff will be doing groups during lunch, switching over each lunch hour. Staff will be doing daily routine groups, learning life skill groups, etc. As you can see, staff have planned very different creative activities for the month of April. COF. We will continue to enjoy indoor and outdoor activities. COF will always accept input from the participants. Thank you.

For participants that ride the route through Circle of Friends, drivers CAN NOT leave participants on the van unattended.

Please send your clients out when the van arrives. If your client Is wheelchair accessible, please have them at the door. Ready to come out.

We will continue to relax our clients by offering hand massages and manicures with aromatherapy. Participants love self-care activities. They will also enjoy air hockey, pool games, fools' balls, and ping-pong.

At the program. Circle of Friends offers a variety of goal-orientated activities and opportunities that promise independence. Individuals choose to participate in activities.

The decision to close the Circle of Friends due to inclement weather will be based on information received from a variety of sources; the national weather service; the city of Milwaukee's Supervisor in charge of snow emergencies, the fire department, and for reports of weather and travel conditions throughout Milwaukee, and others as required.

When MILWAUKEE PUBLIC SCHOOL is closed due to inclement weather Circle of Friends will be closed



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date		1	2	3	4
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1pm	Journal Craft/game challenge.	Journal craft Open Group	Journal Board Game Chall	Journal Board games Expression Group	Meditation Craft project. Game challenge.
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor I- spy	Outdoor jog	Outdoor dance	Outdoor Singing	Outdoor sing along
Afternoon	Outdoor walk	Outdoor I- spy	Outdoor games	Outdoor exercise	Outdoor walk
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	7	8	9	10	11
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1pm	Expressions card/craft. Bingo Craft	Journal Hand massage/Nail polish Karaoke Bingo	Meditation Fashion/show Puzzle challenge. Bingo	Expression Outside Games	Journal Board Game Challenge
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Sensory Activity	Sightseeing in the community	Outdoor dance	Outdoor art	Walk to park
Afternoon	Outdoor Walk	Outdoor Exercise Park	Outdoor art	Outdoor Sensory Activity	Outdoor Expressions
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	14	15	16	17	18
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1pm	Meditation Karaoke Musical chairs Craft bingo	Journal Beauty Day/ hand massage Floor Tic tac toe	Meditation craft. Show/tell Easter sip paint	Expressions Spades Game Ch2/ 14/25allenge	Journal Expression Board game challenge. Easter Casino Bingo, party

	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Nature Walk	Outdoor Exercise k@ park	Outdoor stretch	Outdoor Walk	Outdoor Exercise
Afternoon	Outdoor art chalk	Outdoor Music & Movement	Walk to Goodwill	Outdoor Sensory Activity y	Outdoor jog
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	21	22	23	24	25
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9 am - 1pm	Journal craft Musical Chairs	Expressions Dart game challenge Floor tic tac toe	Expressions Bingo Outing	Meditation Skip-Bo, Craft Volleyball/ outing	Journal Open activity. Bingo Birthday celebration
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Rotating groups from 9 am - 1pm	Expression Exercise	Journal Spades. Movie day W/popcorn	Exercise Meditation Men/women group	Exercise Meditation Manicures / Nails	EXERCISE Meditation Board games
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Expressions	Outdoor Nature Walk	Outdoor walk	Outdoor walk	Outdoor walk
Afternoon	Outdoor walk to Hobby Lobby	Outdoor Games	Community Walk	Outside exercise	Outside exercise
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	26	27	28	29	30
	Community Activity/Bake Sell sofa	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Expressions	Outdoor Nature Walk	Outdoor walk	Outdoor walk	Outdoor walk
Afternoon	Outdoor walk to Hobby Lobby	Outdoor Games	Community Walk	Outside exercise	Bingo
	OPEN ACTIVITY	SOCIAL group	ART PROJECT		games

\*Please also look at our information board for additional community resources, activities, events, and neighborhood businesses \*Participants can work with staff of their choice and with whom they feel comfortable. This request must be made to Ms. Cher so we can plan accordingly. Circle Of Friends activities are inclusive to all participants. Participants with and without disabilities have the option to participate in all programs.

We are currently accepting new participants. If you want to learn more about our program or join the fun, please get in touch with Ms. Cher @ 262-505-6200. 414-935-2580

Visitors Policy	Accessible Public Transportation				
<ul> <li>✓ Participants are welcome to bring their funds to the program. They are responsible for their funds.         Participants have free access to their money while on outings and within the program.     </li> <li>The program manager will lock up any funds at the participant's or guardian's request. The manager will also keep a log of deposits and withdrawals and request the participant or guardian sign off on transactions.</li> </ul>	Contact Transit Plus in the following ways.  EMAIL – tpcomments@mcts.org 711 (TRS)  Milwaukee County Bus automated bus information hotline.  Please dial 414-344-6711  Yellow Cab Company 414-271-1800  MCTS Transit Plus Staff Monday through Friday from 8:00 a.m. to 4:30 p.m. in any of the CALL – General Information: 414-343-1700 (Voice) or				
	Circle Of Friends Transportation				
The program manager must make any changes to the programming services, accommodations, or schedule if participants or team member's request. If a team meeting is required to implement changes, the program manager will coordinate and schedule a meeting. You can stop by, call 414-935-2580, or email the program manager at cofstaff@outlook.com.  All activities are optional, and an alternative list of activities for participants.  Participants can select who they choose to interact  with during inside and outside activities for as long as they want.  A list of alternatives to group activities is posted on the information board for participants (computer, puzzles, games, coloring sheets, books, magazines, etc).  A monthly participants council meeting will be held to collect feedback on activity planning and field trip suggestions.	<ul> <li>✓ COF can transport program participants to and from the program. Contact the Program Manager for details.</li> <li>✓ COF provides transportation to program participants for community outings.</li> <li>✓ COF provides transportation to program participants in case of an emergency while attending the program.</li> </ul>				

## Community Outings

- All clients have the choice to participate in community outings.
- All clients have the right to decline to participate in community outings.
- Please circle all the things you will be participating in:

Participants Name:

Activity	Date / Time	Cost	Yes	No
Barns Noble/Book Store	4/9/2025 & 4/10/2025	\$20.00		
Cof Open House	4/15/2025	\$0		
Cof/ Easter Casino bingo party	4/18/2025	\$0		
Cousin / Lunch Outing	4/23/2025/4/24	\$12.00		

We would love for you to provide us with feedback.
What are some of your interests? Please let us know.
Concerns/ Suggestions:
Staff and Participant Shout Outs:
I will not be attending the program on this day:

## Please

If you have any questions or concerns, please get in touch with Mrs. Cher 414-935-2580

Thank you! RETURN completed the outing participation form by 4/7/2025.

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Date		1	2	3	4
Lunch	Meatballs w/gravy over white rice w/ slice of bread juice, water, milk	Grill cheese. Sandwich Chips, Apple sauce Juice, water, milk	Chicken, Tender, fries Juice, water milk	Fish Sticks Corn Juice, water, milk	Sandwiches, ham turkey chips Juice, milk, or water
Snack	yogurt	Pie/cakes	Applesauce	Cookies	Pudding
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Applesauce	Animal crackers	Pudding	Fruit	Jell-O
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	7	8	9	10	11
	Chicken patty Chips Juice, water, or milk	Hotdog chips Veggies Juice, milk, or water	Fish Sticks Macaroni Fruit Juice, water, or milk	Loaded Bake potato Fruit Juice, water, or milk	Pizza, Fries Juice, water, milk
Snack	Brownies	Cookies	Graham Crackers	Pudding	Pop tart
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bar	Jell-O	pie	Fruit	Cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	14	15	16	17	18
Lunch	Corn beef Sandwich & Chips, fruit Juice, milk, or water	Pizza, rolls Chips Juice, milk, or water	Chili Cheese Fries Fruit cup Juice, water, or milk	Walking Tacos Fruit Fruit cup Juice, milk, or	Pizza Party Juice, water, or milk
Snack	Oatmeal Pie	Fruit cup	Jell-o	Fruit	Fudge Cookies

Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Grilled Cheese Sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bars	Chocolate bar	Swiss rolls	Chocolate bar	Sugar cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	21	22	23	24	25
Lunch	Spaghetti w/ meat Juice, milk, or water	Tacos w/ Corn Spanish Rice Juice, milk, or water	Hot dogs chips Juice, milk, or water	Ham cheese Sandwich Juice, milk, water	Birthday celebration
Snack	Applesauce	Pop tart	Cookies	Oatmeal pie	Apple sauce
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Pop tart	Granola Bar	Swiss Roll	Zebra Cake	Fruit
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	28	29	30		
Lunch	Chicken Alfredo, Chips Juice, milk, water	Hamburgers Fries Juice, milk water	Tuna/melt Chips, Juice, milk Water	Hot dogs Pork beans Juice, milk, water	Sandwiches Chips, Juice Water
snack	Cookie	pudding	Jell-O	Apple pie	Nutty Bars
Alternate Meal	Ham/cheese	Turkey/sandwich	Turkey/ham	Turkey/Ham	P&J sandwich
Alternate/snack	Cup/cake	Oatmeal/pie	Jello	yogurt	Fruit Cups

Participants can determine their own pace, food sequence, and how food is served. They can also refuse food and choose to dine alone or with an individual(s) of their choice.

Staff will meet this request by conversing with participants before or during lunch to ensure everyone is comfortable.

## **Program Hours**

- 8:00 am 4:00 pm / Monday Friday
- Please give us a call if the participant is not attending.
- www.circleoffriendsads.com
- 5412 W Burleigh, Milwaukee, WI 53210 414-935-2580
- cher@morethanahome.net