



🎉Welcome! All new participants starting with Circle of Friends!🎉

Participants will be starting the new month with an outing to the Labor Day fest for the Holiday. We will be doing a tie dye craft project dying t-shirts. Participants can later wear the tie-dye shirts at the end of the month at our “summer carnival. We will be doing a sensory sand bottle craft. Participants will be doing a bird house craft project. After they’re completed, the bird houses will go outside in the program’s backyard will bird food for the birds to enjoy. Participants will be doing a current events project. We will be talking with one another about the different things happening worldwide and creating a visual board about it. Each group will then present their board to one another, explaining what they choose to work on. We will be doing a project creating fall flowers. Participants will also be creating edible caramel apples that they can enjoy for a snack. We will be creating fall Sunflowers for a craft project. Participants will be going on a lunch outing to MACS.

To close out the month, we will celebrate each participant's birthday in September with a sweet treat & Birthday Song. We will also be having an “end of the summer carnival.” Participants will enjoy music, food, and games at the carnival.

For participants that ride the route through Circle of Friends, drivers CAN NOT leave participants on the van unattended. Please send your clients out when the van arrives. If your client is wheelchair accessible, please have them at the door ready to come out.

We will continue to relax our clients by doing hand massages and manicures with aromatherapy. The program participants love the self-care activities. The participants will also enjoy air hockey, pool games, foosball, and ping pong at the program. Circle of Friends offers a variety of goal-orientated activities and opportunities that promote independence. Individuals choose to participate in activities.

IMPORTANT UPDATE:

Community activities will be very limited until the Covid virus has subsided. We will continue to monitor the spread of the virus and its impact on our program.

Visitors inside the program are limited to case managers, guardians, and direct support staff due to concerns regarding the spread of covid virus. If you have any questions or concerns, please call Mrs. Monnie-Norton at 414-721-1526.

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	29	30	31	1	2
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm				Journal Spades Karaoke	Expressions Tie dye shirts craft I-spy
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning					Community walk
Afternoon				Outdoor exercise	Outdoor walk
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	5	6	7	8	9
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm	Journal Blackjack 21 Bingo	Expressions Sensory Sand bottle Step class	Journal Meditation Beading	Expressions Tunk Board game challenge	Journal Simon Says Bird house craft
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Labor day fest	Outdoor Exercise @ the park	Outdoor jog	Outdoor sing a long	Outside walk
Afternoon	Outdoor Walk	Outdoor Music & Movement	Outdoor Neighborhood Walk	Outdoor Sensory Activity	Outdoor Expressions
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	12	13	14	15	16
	Activity	Activity	Activity	Activity	Activity
Rotating groups from 9am-1pm	Journal Meditation Current event project	Expressions Dance Club Karaoke	Journal Fall flowers craft Tic tac toe	Expressions Spades Outdoor games	Journal Bingo Charades
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor Nature walk	Outdoor Exercise @ park	Outdoor Simon says	Outdoor	Outdoor Exercise
Afternoon	Outdoor chalk	Outdoor Music & Movement	Walk to Ross	Outdoor Sensory Activity	Outdoor frisbee
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19	20	21	22	23
	Activity	Activity	Activity	Activity	Activity

Rotating groups from 9am-1 pm	Expressions Music art therapy Caramel Apple crafts	Journal Music Therapy I Spy	Expressions Sunflower craft Connect 4	Journal Meditation Coloring pages	Expressions Karaoke Birthday celebration
	Community Activity	Community Activity	Community Activity	Community Activity	Community Activity
Morning	Outdoor meditation @ Park	Outdoor walk	MACS lunch outing	Outdoor exercise	Outdoor
Afternoon	Outdoor Art	Ride To Dollar Tree	Outdoor Neighborhood Walk	Walk to Burlington	Outdoor Gross Motor Activity
Day	Monday	Tuesday	Wednesday		
Date	26	29	30		

	Activity	Activity	Activity		
Rotating groups from 9 am-1 pm	Journal Exercise Expressive art	Expression Movie day Hot potato	Journal Meditation End of the summer Carnival		
	Community Activity	Community Activity	Community Activity		
Morning	Outdoor Expressions	Outdoor stretching	Outdoor stepping		
Afternoon	outdoor Walk to Target	Outdoor nature walks	Ride to kohls		

*Please also look at our information board for additional community resources, activities, events, and neighborhood businesses

*Participants can work with the staff of their choice and whom they feel comfortable with. This request must be made to Ms. Cher so we can plan accordingly.

Circle Of Friends activities are inclusive to all participants. Participants with and without disabilities have the option to participate in all programs

Community Events You Can Attend 2022



Labor fest
Henry Maier Festival
200 N. Harbor Dr.
September 5, 2022

Milk Fest
2496 S. Wentworth Ave.
Milwaukee, WI. 53207
September 11, 2022

A Taste of Ireland
Turner hall ballroom
1040 Vel R. Phillips Ave.
Milwaukee, WI.
September 22, 2022

Harvest fair logo
Wisconsin statefair park
640 S. 84th St.
West allis, WI.



CIRCLE of FRIENDS
ADULT DAY SERVICES

Programming Hours:

- 8:00am to 4:00pm
- Monday -Friday

Please give the center a call if the participant is not attending.
WWW.CIRCLEOFFRIENDSADS.COM

13735 West Capital Drive
Brookfield, WI 53005
262-505-6200
coffstaff@outlook.com

We are currently accepting new participants. If you are interested in learning more about our program or joining the fun, please contact Ms. Cher @ 262-505-6200.

Visitors Policy	Accessible Public Transportation
<ul style="list-style-type: none"> ✓ COF has an Open-Door Policy. We welcome friends, family, and community visitors to our program. ✓ Participants can have visitors of their choosing at any time while attending the program. ✓ Participants can request privacy during the visit. COF conference room is available for all private visits. 	<p>Contact Transit Plus Let us know if we can be of assistance. You can contact MCTS Transit Plus Staff Monday through Friday from 8:00 a.m. to 4:30 p.m. in any of the following ways. EMAIL - tpcomments@mcts.org CALL - General Information: 414-343-1700 (Voice) or 711 (TRS)</p> <p>Milwaukee County Bus Many questions can be answered by calling our 24/7 automated bus information hotline. Please dial: 414-344-6711</p>
Control Of Money	<p>Yellow Cab Company 414-271-1800</p>
<ul style="list-style-type: none"> ✓ Participants are welcome to bring their funds to the program. Participants will be responsible for their funds. Participants are able to have free access to their money while on outings and within the program. ✓ The program manager will lock up any funds, per the request of the participant or participant guardian. The program manager will keep a log of deposits and withdrawals and request the participant or guardian sign off on transactions. 	
	Circle Of Friends Transportation
<ul style="list-style-type: none"> ○ ✓ The program manager must make any changes to the programming services, accommodations, or schedule if requested by participants or team members. If a team meeting is required to implement changes, the program manager will coordinate and schedule a meeting. You can stop, call 262-505-6200, or email the program manager at cofstaff@outlook.com. ✓ All activities are optional, and an alternative list of activities for participants. ✓ Participants can select who they choose to interact with during inside and outside activities for as long as they want. ✓ A list of alternatives to group activities is posted on the information board for participants (computer, puzzles, games, coloring sheets, books, magazines, etc.....). ✓ A monthly participants council meeting will be held to collect feedback on activity planning and field trip suggestions. 	<ul style="list-style-type: none"> ✓ COF is able to transport program participants to and from the program. Contact Program Manager for details. ✓ COF provides transportation to program participants to community outings ✓ COF provides transportation to program participants in case of an emergency while attending the program

Community Outings

- All clients have the choice to participate in community outings.
- All clients have the right to decline to participate in community outings.
- Please circle all the things you will be participating in:

Participants Name: _____

Activity	Date / Time	Cost	Yes	No
Labor Day fest	September 5, 2022	\$0.00		
MACS lunch outing	September 21, 2022	\$15.00		
Birthday Celebration	September 23,2022	\$0.00		
End of the Summer Carnival	September 30,2022	\$0.00		

We would love for you to provide us feedback.
What are some of your interests, please let us know?
Concerns/ Suggestions:
Staff and/or Participant Shout Outs:
I will not be attending program on this day:

Please
Any questions or concerns, please contact Ms. Cher @ 262-505-6200.

Thank you! RETURN completed outing participation form by 5/6/22

August Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Date	8/29	8/30	8/31	1	2
Lunch				Cheesy quesadillas w/ Spanish rice Corn Juice, water, or milk	Chicken Alfredo, Butter bread Juice, milk, or water
Snack				Fruit	Pop tart
Alternate Meal				Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack				pie	pudding
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	5	6	7	8	9
Lunch	Homemade Pizza Fruit cup Juice, water, or milk	Loaded potatoes W/ broccoli Juice, water, or milk	Hamburger helper w/ bread Juice, water, or milk	Sandwich's chips Veggies Juice, milk, or water	Spaghetti w/ meat Juice, milk, or water
Snack	Applesauce	Cookies	Nutty Butter Bars	Pudding	Jell-O
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Cookies	Jell-O	Granola Bar	Fruit	Pop tart
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	12	13	14	15	16
Lunch	Meatballs W/ Mashed potatoes fruit Juice, water, or milk	Chicken w/ scallop potatoes Veggies Chips Juice, milk, or water	Pancakes w/ Sausages & Fruit Juice, water, or milk	Loaded mac n' cheese w/ chicken Veggies Juice, water, or milk	Pizza rolls, Bread & Veggies Juice, milk, or water
Snack	Oatmeal Pie	Fruit cup	Jell-o	Fruit	Fudge Cookies
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Grilled Cheese sandwich	Turkey/ham sandwich
Alternate Snack	Granola Bars	Chocolate bar	Swiss rolls	Chocolate bar	Sugar cookies
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	19	20	21	22	23
Lunch	Peanut butter & jelly sandwich Chips Juice, water, or milk	Tacos w/ Corn Spanish Rice Juice, milk, or water	Fried rice Eggrolls Veggies Juice, milk or water	Chicken Alfredo, Butter bread Juice, milk, or water	Grilled cheese w/ tomato soup Fruit Juice, water, or milk
Snack	Applesauce		Cookies	Oatmeal pie	Apple sauce
Alternate Meal	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich	Turkey/ham sandwich
Alternate Snack	Pop tart	Granola Bar	Swiss Roll	Zebra Cake	Fruit
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	26	27	28	29	30

Lunch	Meat balls gravy w/ rice veggies	Turkey/ham sandwich Juice, milk, or water	Pizza casserole Veggies Juice, milk, or water	Grilled pb&j sandwich Juice, milk, or water	Sausage Pancakes Fruit Juice, milk or water
snack	Applesauce	Zebra cake	Cookies	Pudding	Granola bar
Alternate Meal	Ham/turkey Sandwich	Ham/turkey Sandwich	Ham/turkey Sandwich	Ham/turkey Sandwich	Ham/turkey Sandwich
Alternate/snack	pudding	Chips			

Participants can determine their own pace, food sequence, how food is served, can refuse food, and choose to dine alone or with individual(s) of choice.

Staff will meet this request by engaging in conversations with participants before or during dining to assure everyone is comfortable.