

# KINDNESS BINGO

Made a personalized music playlist for a friend	Wrote a thank you note for the mail delivery person	Unexpectedly replaced something that was broken	Did someone else's chores	Cooked a meal for someone just returning from the hospital
Treated myself to a massage	Gave money to a person in need	Held open an elevator door	Sent flowers to someone who needed cheering up	Baked treats for a neighbor
Welcomed a newcomer to join my group	Invited someone who was eating alone to join me	<b>FREE SPACE</b>	Took myself on a date	Wrote a positive note to myself for inspiration
Paid a toll for the car behind me	Surprised a friend with a note of appreciation	Decided to say, 'yes' when someone was expecting a 'no'	Picked up litter	Put a surprise note in my child's or partner's lunch
Bought a meal for someone that did not have their wallet	Put stray grocery carts where they belong	Cleaned up a mess that wasn't mine	Shoveled snow from my neighbor's driveway	Stayed in my pajamas all day to read or watch my favorite movies

**RANDOM ACTS OF KINDNESS  
FOUNDATION**

