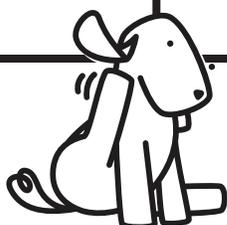


KINDNESS BINGO

Wrote a positive note to myself for inspiration	Put stray grocery carts where they belong	Shopped locally instead of at a big box store	Cooked a meal for someone just returning from the hospital	Sent flowers to someone who needed cheering up
Shoveled snow from my neighbor's driveway	Welcomed a newcomer to join my group	Kept a gratitude journal	Cleaned up a mess that wasn't mine	Offered my phone to a stranger to make a needed call
Watered my neighbor's plants	Wrote a thank you note for the mail delivery person	FREE SPACE	Held open an elevator door	Offered a tissue to a person that needed it
Took myself on a date	Bought a meal for someone that did not have their wallet	Smiled at a stranger	Surprised a friend with a note of appreciation	Decided to say, 'yes' when someone was expecting a 'no'
Gave a lottery ticket to a stranger	Stayed in my pajamas all day to read or watch my favorite movies	Invited someone who was eating alone to join me	Left a surprise gift for a friend	Gave money to a person in need



**RANDOM ACTS OF KINDNESS
FOUNDATION**