

KINDNESS BINGO

Shoveled snow from my neighbor's driveway	Unexpectedly replaced something that was broken	Paid a toll for the car behind me	Used reusable water bottles	Stayed in my pajamas all day to read or watch my favorite movies
Put a surprise note in my child's or partner's lunch	Made a personalized music playlist for a friend	Decided to say, 'yes' when someone was expecting a 'no'	Held open an elevator door	Put stray grocery carts where they belong
Gave a lottery ticket to a stranger	Watered my neighbor's plants	FREE SPACE	Smiled at a stranger	Cleaned up a mess that wasn't mine
Wrote a positive note to myself for inspiration	Treated myself to a massage	Took myself on a date	Shopped locally instead of at a big box store	Wrote a thank you note for the mail delivery person
Cleaned up a hiking trail	Cooked a meal for someone just returning from the hospital	Kept a gratitude journal	Offered my phone to a stranger to make a needed call	Invited someone who was eating alone to join me

**RANDOM ACTS OF KINDNESS
FOUNDATION**

www.randomactsofkindness.org



CARD 12