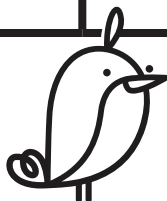


KINDNESS BINGO

Treated myself to a massage	Left a surprise gift for a friend	Wrote a positive note to myself for inspiration	Took myself on a date	Invited someone who was eating alone to join me
Welcomed a newcomer to join my group	Used reusable water bottles	Decided to say, 'yes' when someone was expecting a 'no'	Stayed in my pajamas all day to read or watch my favorite movies	Gave money to a person in need
Cleaned up a hiking trail	Made a personalized music playlist for a friend	FREE SPACE	Sent flowers to someone who needed cheering up	Offered a tissue to a person that needed it
Held open an elevator door	Surprised a friend with a note of appreciation	Baked treats for a neighbor	Offered my phone to a stranger to make a needed call	Unexpectedly replaced something that was broken
Shoveled snow from my neighbor's driveway	Did someone else's chores	Bought a meal for someone that did not have their wallet	Shopped locally instead of at a big box store	Watered my neighbor's plants



**RANDOM ACTS OF KINDNESS
FOUNDATION**