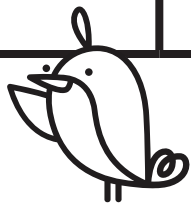


KINDNESS BINGO

Shopped locally instead of at a big box store	Welcomed a newcomer to join my group	Invited someone who was eating alone to join me	Cleaned up a mess that wasn't mine	Wrote a thank you note for the mail delivery person
Offered a tissue to a person that needed it	Kept a gratitude journal	Unexpectedly replaced something that was broken	Took myself on a date	Used reusable water bottles
Shoveled snow from my neighbor's driveway	Paid a toll for the car behind me	FREE SPACE	Surprised a friend with a note of appreciation	Put a surprise note in my child's or partner's lunch
Bought a meal for someone that did not have their wallet	Picked up litter	Put stray grocery carts where they belong	Smiled at a stranger	Sent flowers to someone who needed cheering up
Decided to say, 'yes' when someone was expecting a 'no'	Left a surprise gift for a friend	Cleaned up a hiking trail	Gave a lottery ticket to a stranger	Wrote a positive note to myself for inspiration



**RANDOM ACTS OF KINDNESS
FOUNDATION**