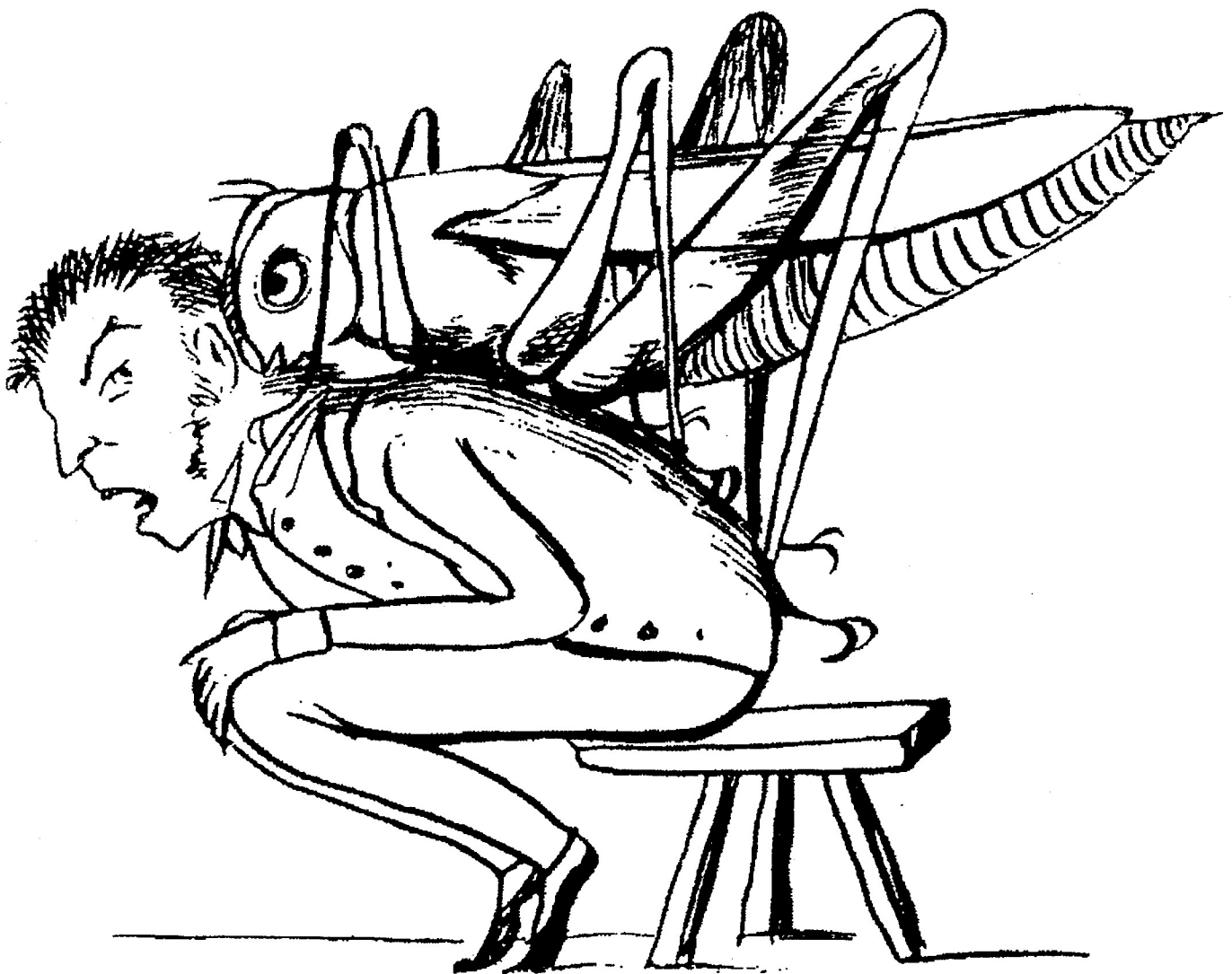


# GARY NOLAND

## Three Penitential Exercises

*for piano*

Op. 78



Freeland Publications

FP109

# Gary Noland

## Three Penitential Exercises *for piano*

**Op. 78**

Copyright © 2005 by Gary Noland / Seventh Species Publications  
First Edition: September, 2005 • All Rights Reserved • **BMI**

**Freeland Publications**

13080 Princeton Court, Lake Oswego OR 97035, USA  
(503) 635-1216 • [species7th@centurylink.net](mailto:species7th@centurylink.net) • [www.garynolandcomposer.com](http://www.garynolandcomposer.com)

# Three Penitential Exercises for Piano

## 1. Sackcloth & Ashes

Austere

by Gary Noland, Op. 78, No. 1

♩ = ca. 42

The musical score is presented in three systems, each with a grand staff (treble and bass clefs). The key signature is one flat (B-flat major or D minor). The first system begins with a piano (*p*) dynamic and includes markings for *cresc.* and *mf*. The second system also features *cresc.* and *mf* markings. The third system includes *dim.* and *poco rit.* markings. The piece concludes with a final piano (*p*) dynamic. The score is marked with 'Red.' in the bass line of each measure, likely indicating a recording reference.

Copyright © 2005 by Gary Noland

First Edition: September, 2005

All Rights Reserved

BMI

# 2. Hair Shirt

by Gary Noland, Op. 78, No. 2

**Humorless**

♩ = ca. 72

*p*  
*espr.*

*poco cresc.*

*mf*

*poco dim.*

*mp*

*poco dim.*

*p*

*mp*

*dim.*

*pp*



First system of a piano score. The right hand (RH) features a melodic line with slurs and accents, starting with a forte (*f*) dynamic and transitioning to mezzo-piano (*mp*) with a *cresc. poco a poco* instruction. The left hand provides a harmonic accompaniment. The system concludes with a *Rit.* (ritardando) marking.

Second system of the piano score. The right hand is explicitly labeled (R.H.) and continues the melodic development. Dynamics include *f* and *mp*. The left hand accompaniment is consistent. A *Rit.* marking is present at the end of the system.

Third system of the piano score. It begins with a *Rit.* marking. The right hand features a *p* (piano) dynamic and a *cresc.* instruction. The system ends with a double bar line and the time signature 6/16. A *rit.* marking is also present below the system.

Fourth system of the piano score, marked **Adagio**. It begins with a *rit.* marking and a *6/16* time signature. The right hand features a *ff* (fortissimo) dynamic. The system concludes with a double bar line and a *Rit.* marking.

**With machismo**  
*ritardando poco a poco* - - - -

**Adagio**

