

CRISIS PLAN

These are the crisis services that are available in my community

Crisis Resource 1 _____

Phone: _____ Cell phone: _____

Crisis Resource 2 _____

Phone: _____ Cell phone: _____

Crisis Resource 3 _____

Phone: _____ Cell phone: _____

Crisis Resource 4 _____

Phone: _____ Cell phone: _____

We will call crisis services or go to the hospital when emergency intervention is needed for the following symptoms or behaviors

1. _____

2. _____

3. _____

We will call 911 when law enforcement or urgent medical care is needed for the following dangerous behaviors or situations

1. _____

2. _____

3. _____