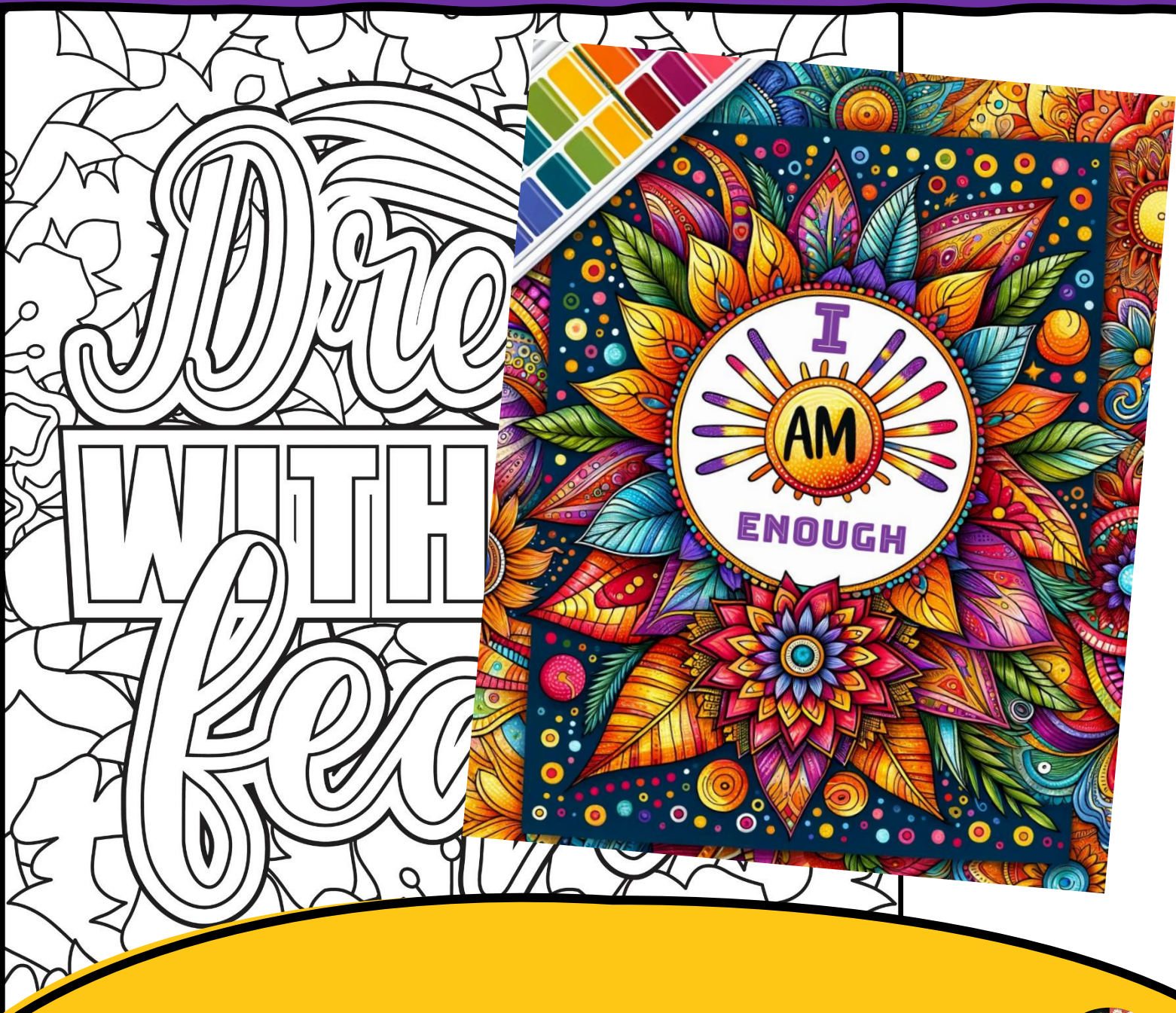
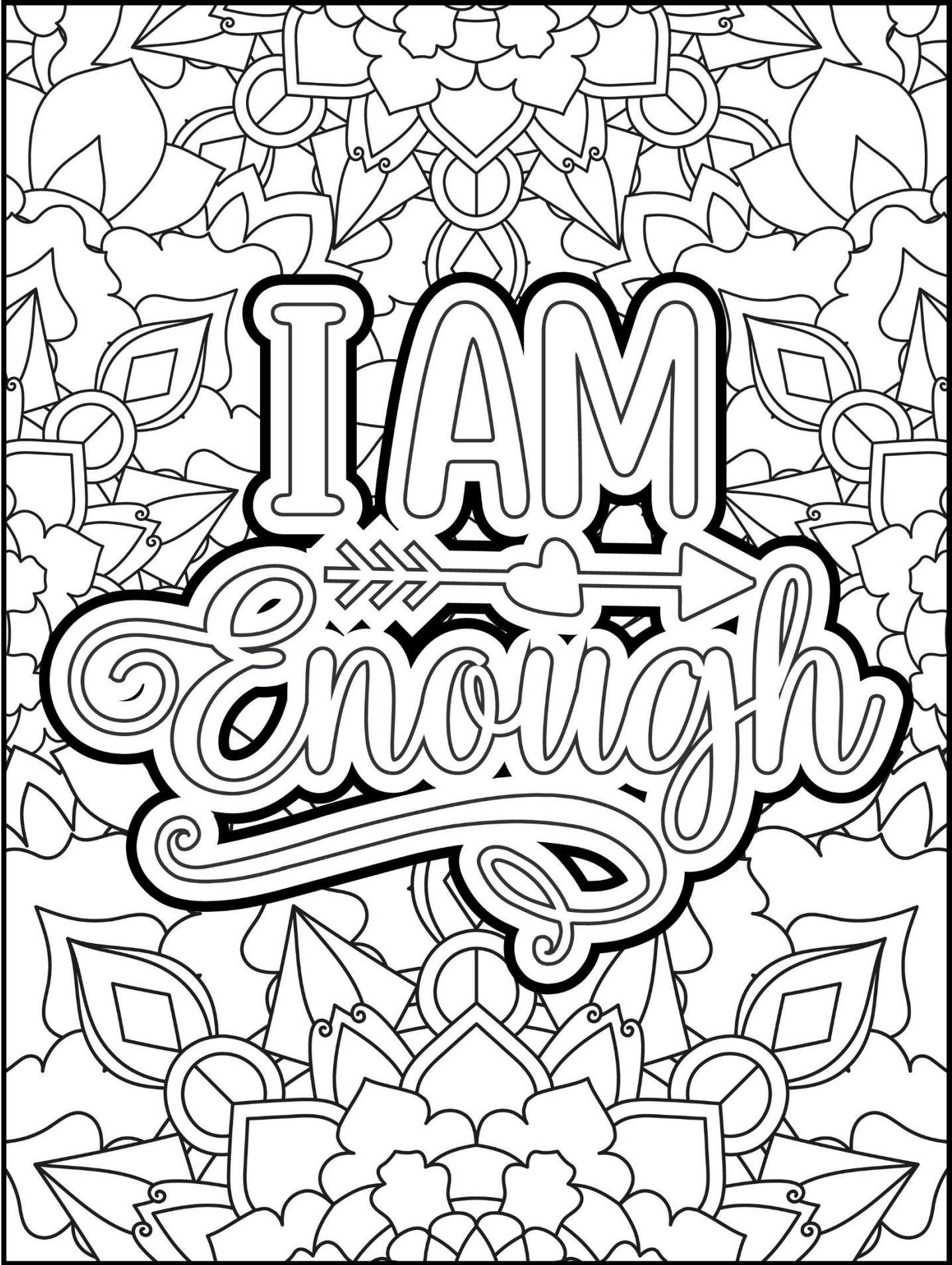


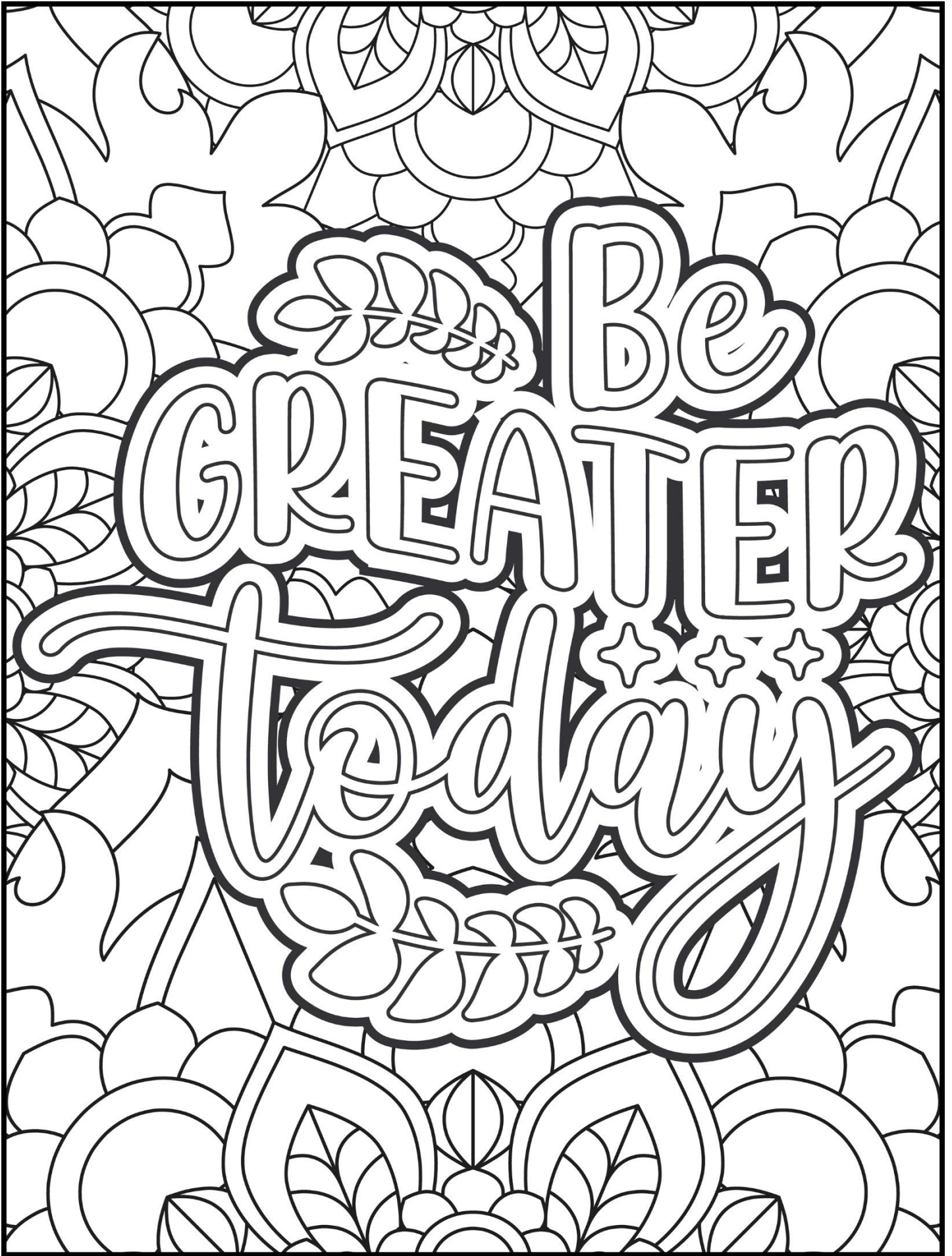
34 Positive Affirmation & Motivational Coloring Sheets



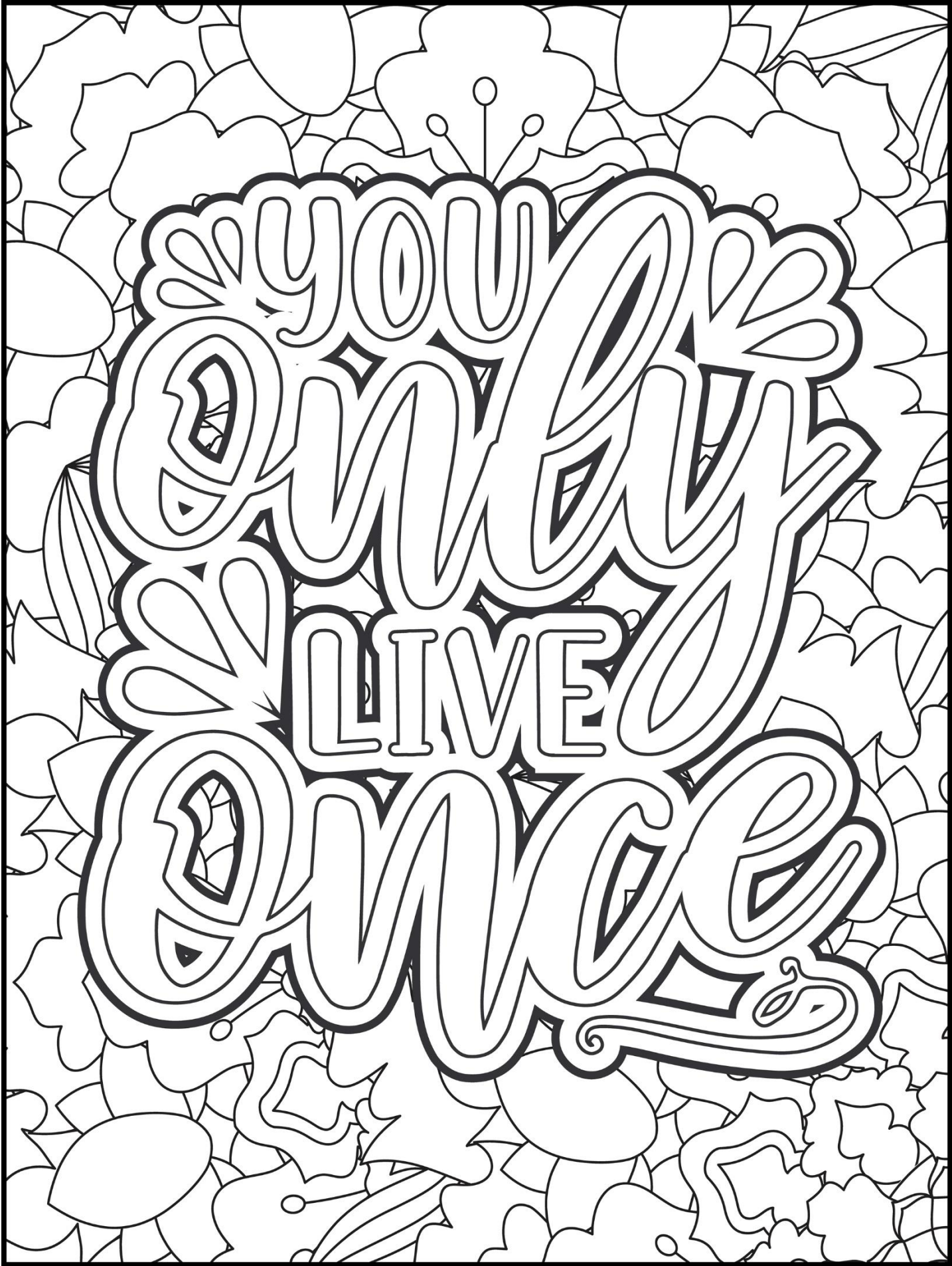
www.AnxietyHelpBox.com

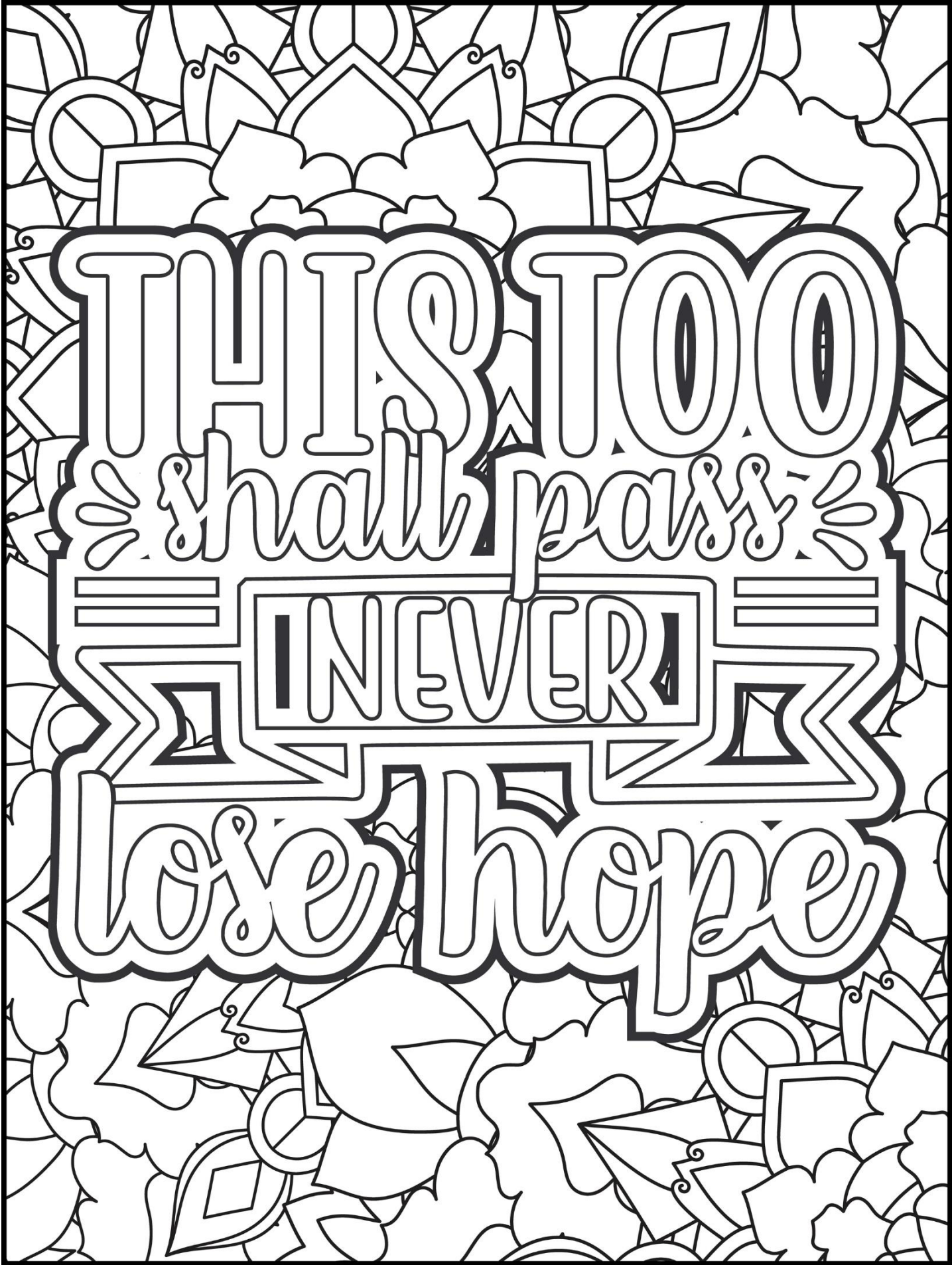






Be
GREATER
Today





THIS TOO

SHALL PASS

I NEVER

LOSE HOPE



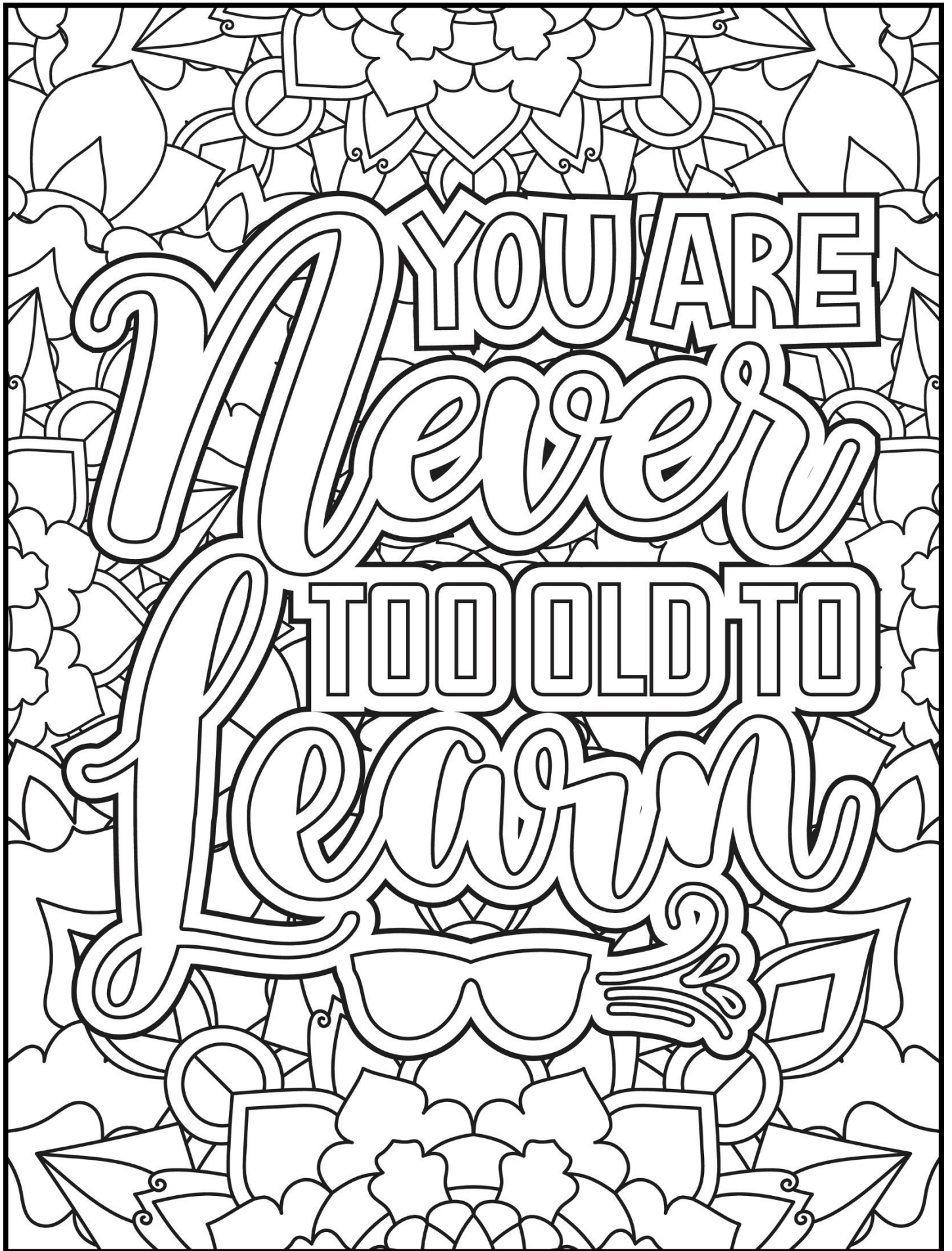
HARD TIMES

is like

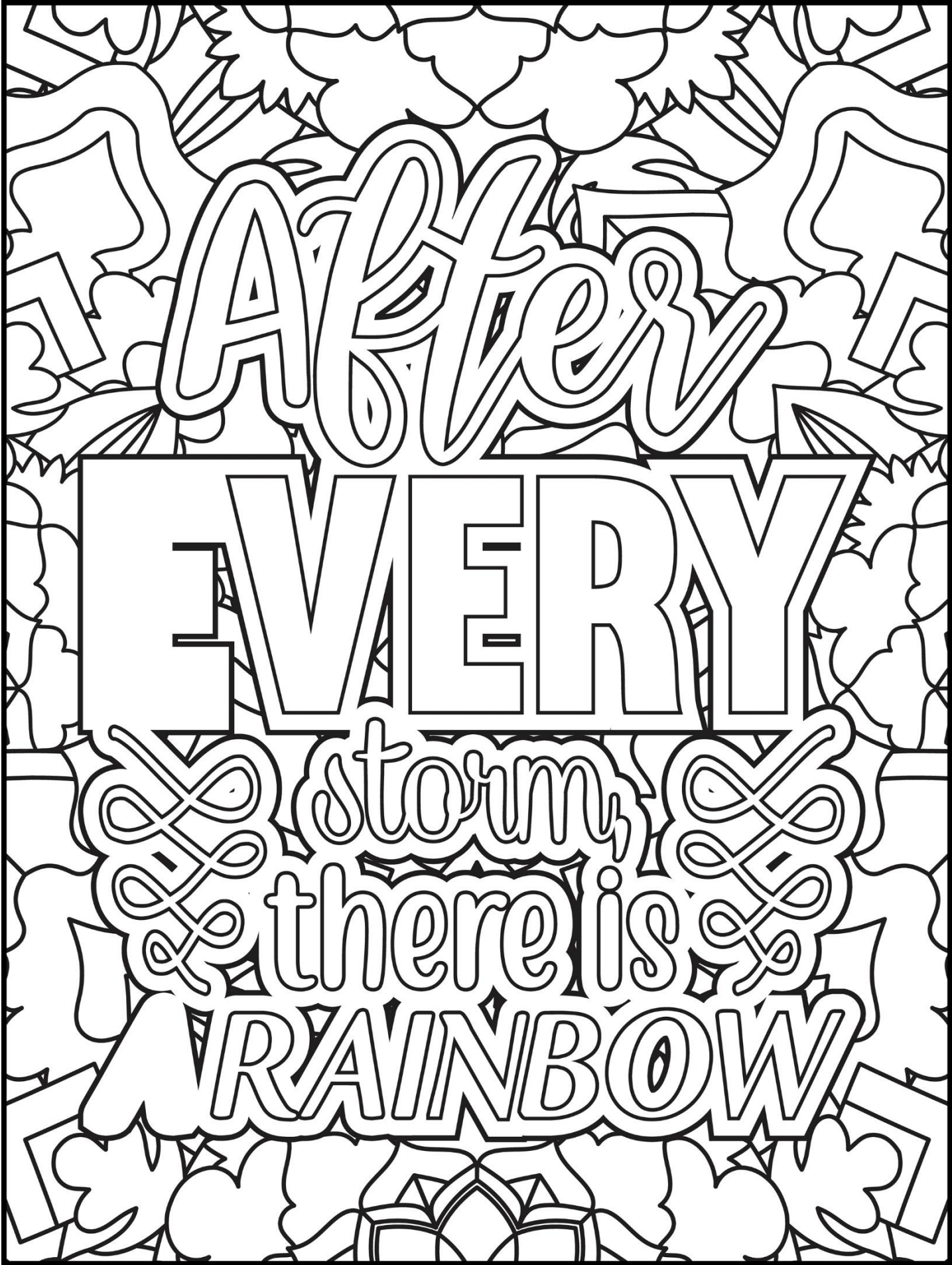
THINGS

make us

STRONGER





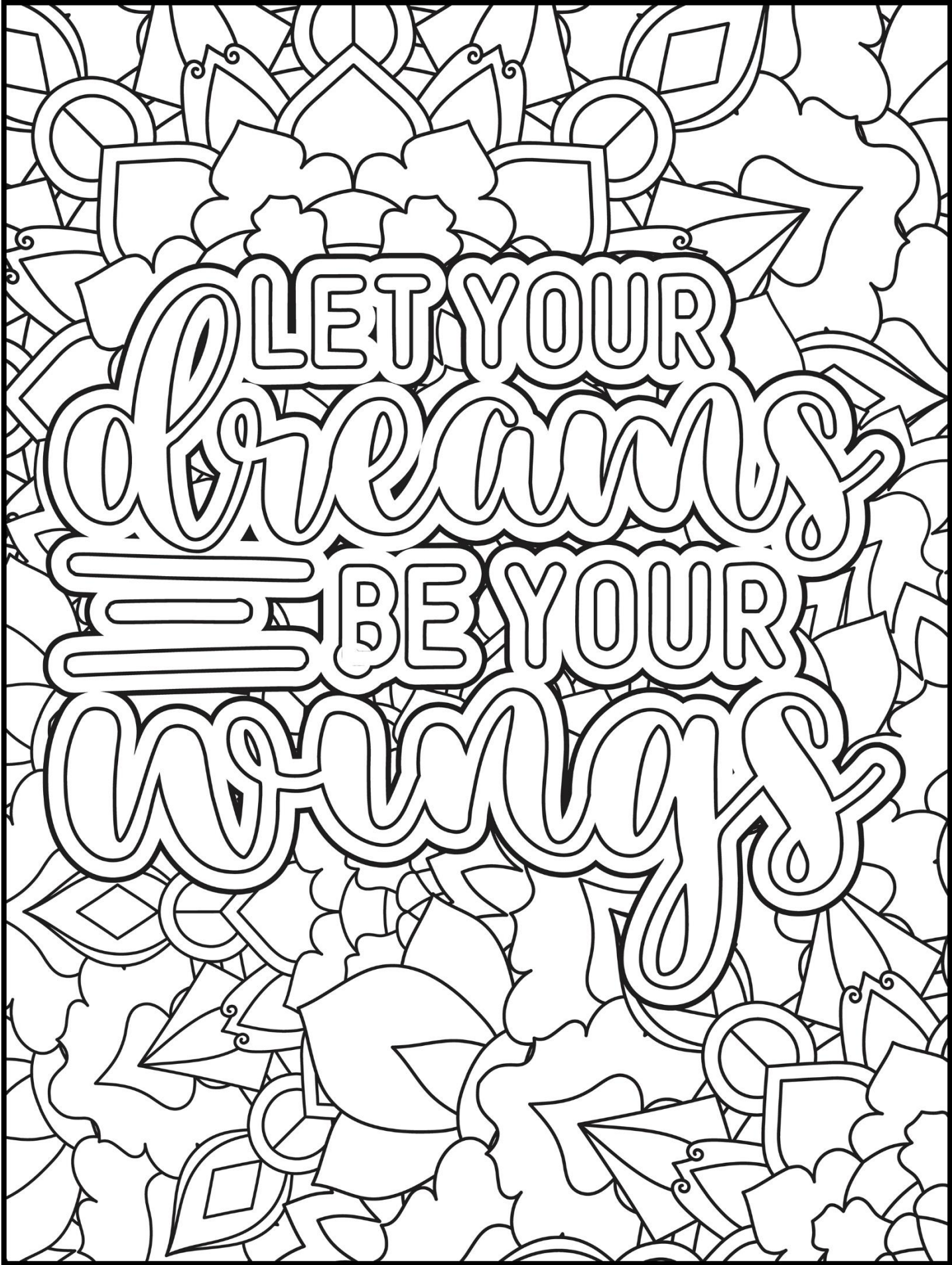


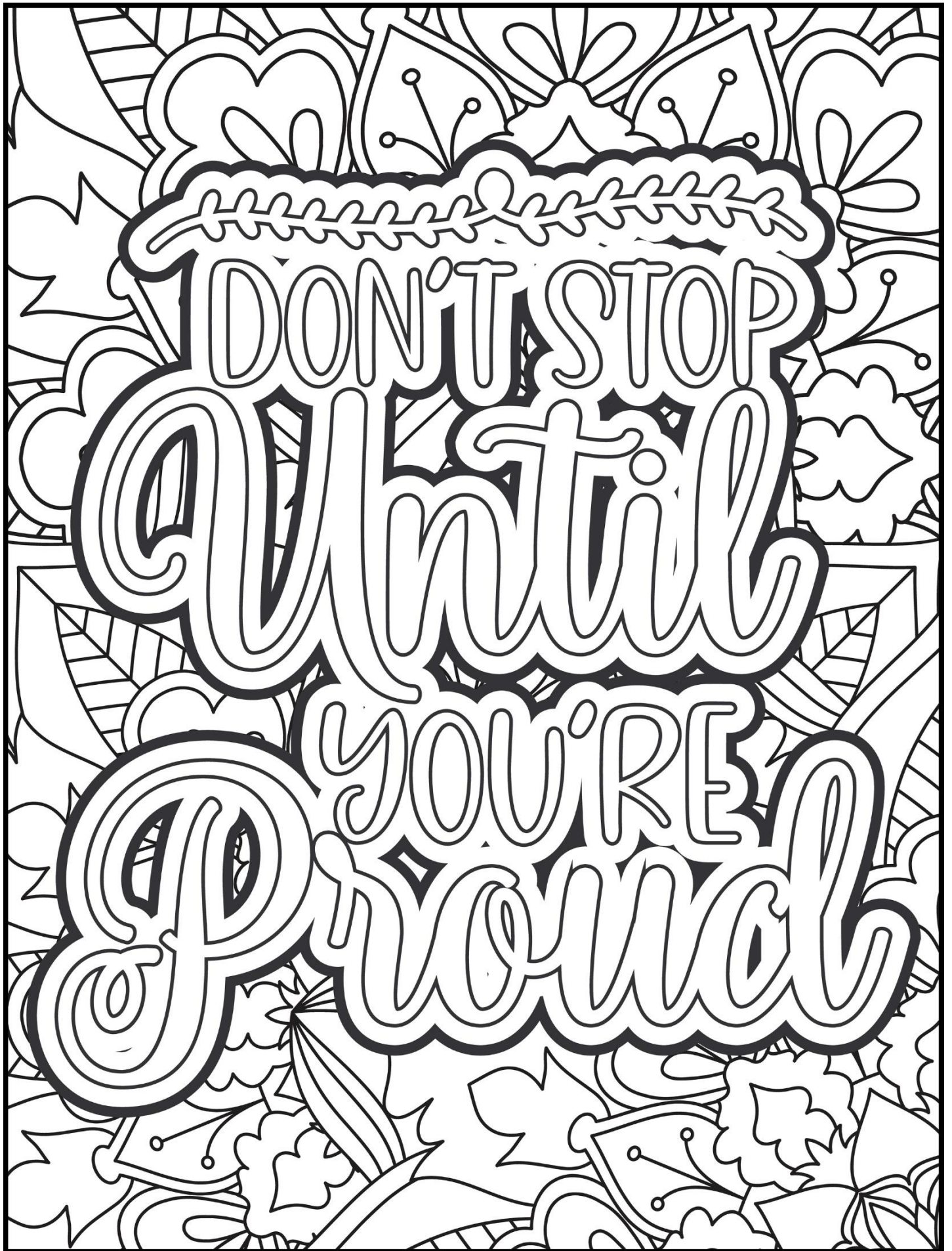
After

EVERY

& storm,
& there is

RAINBOW



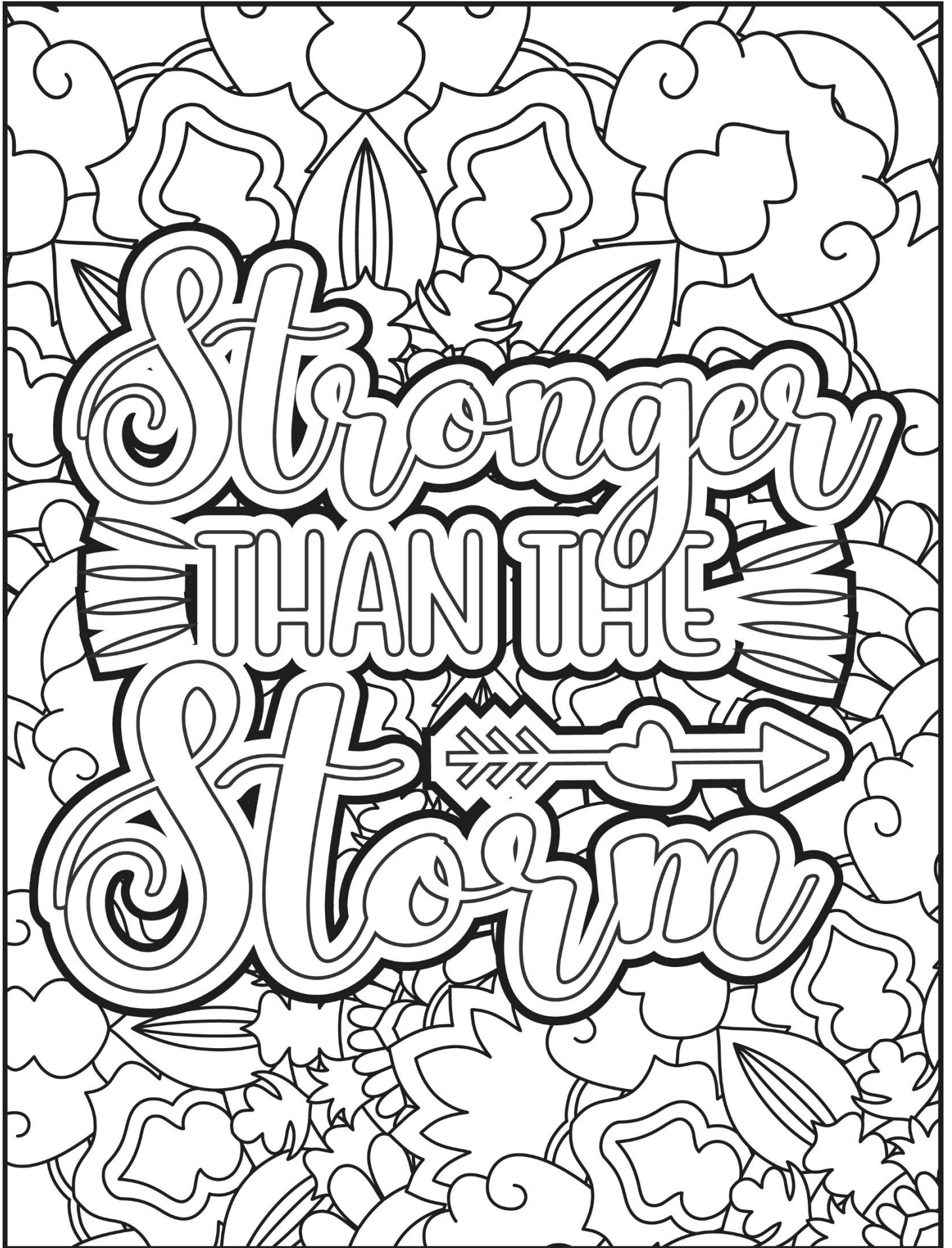


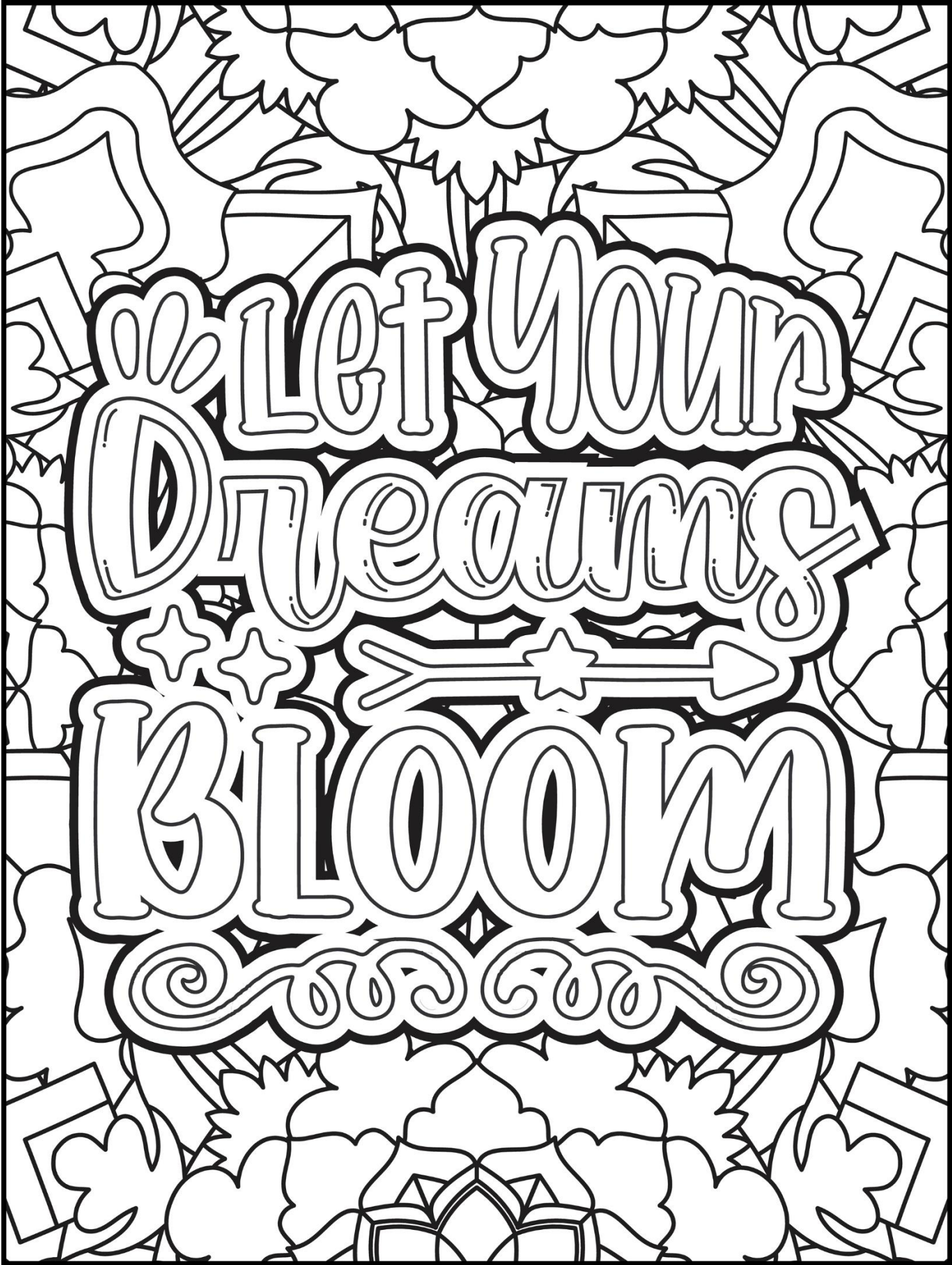
DON'T STOP

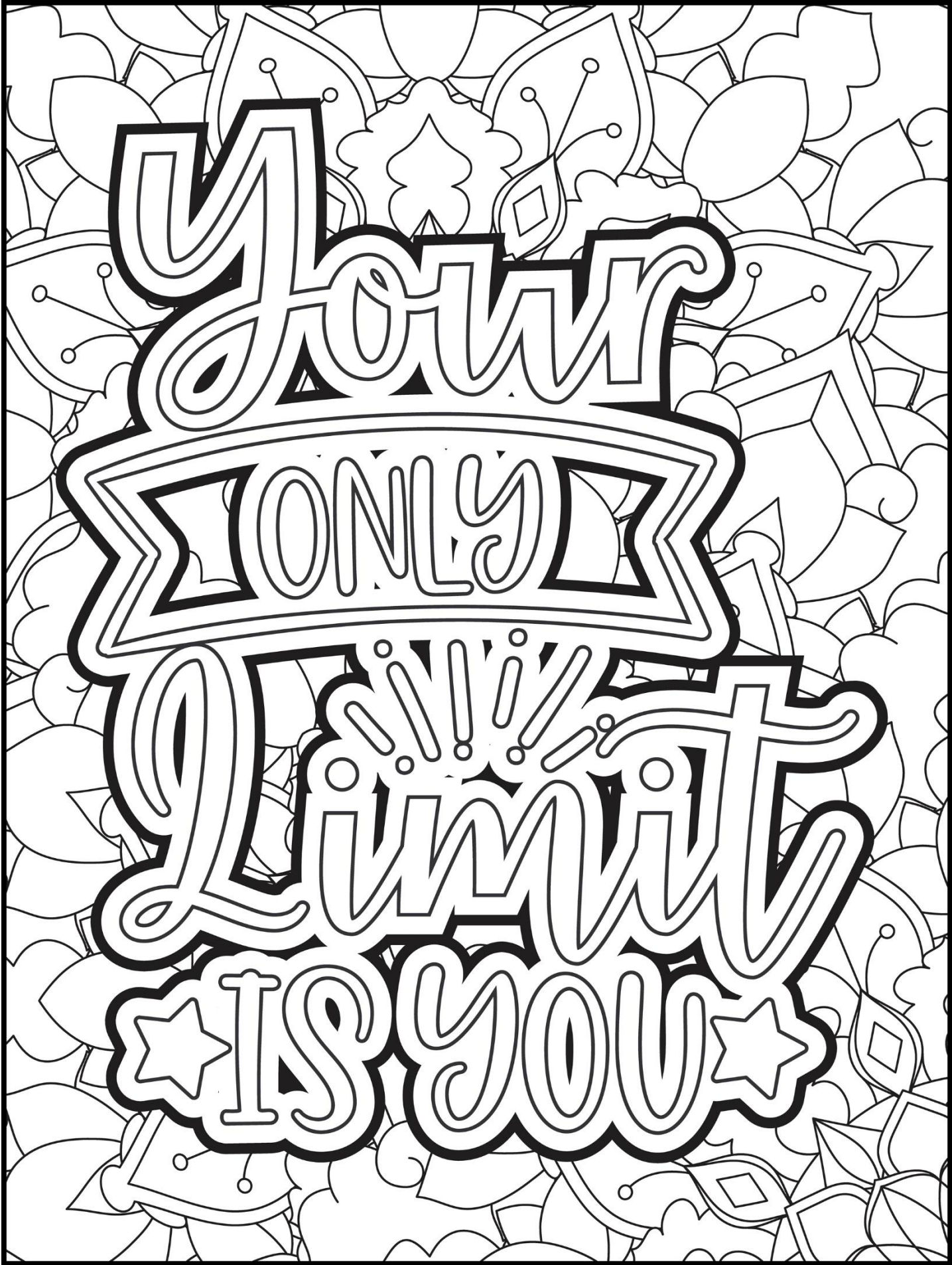
@ Until

YOU'RE

Proud







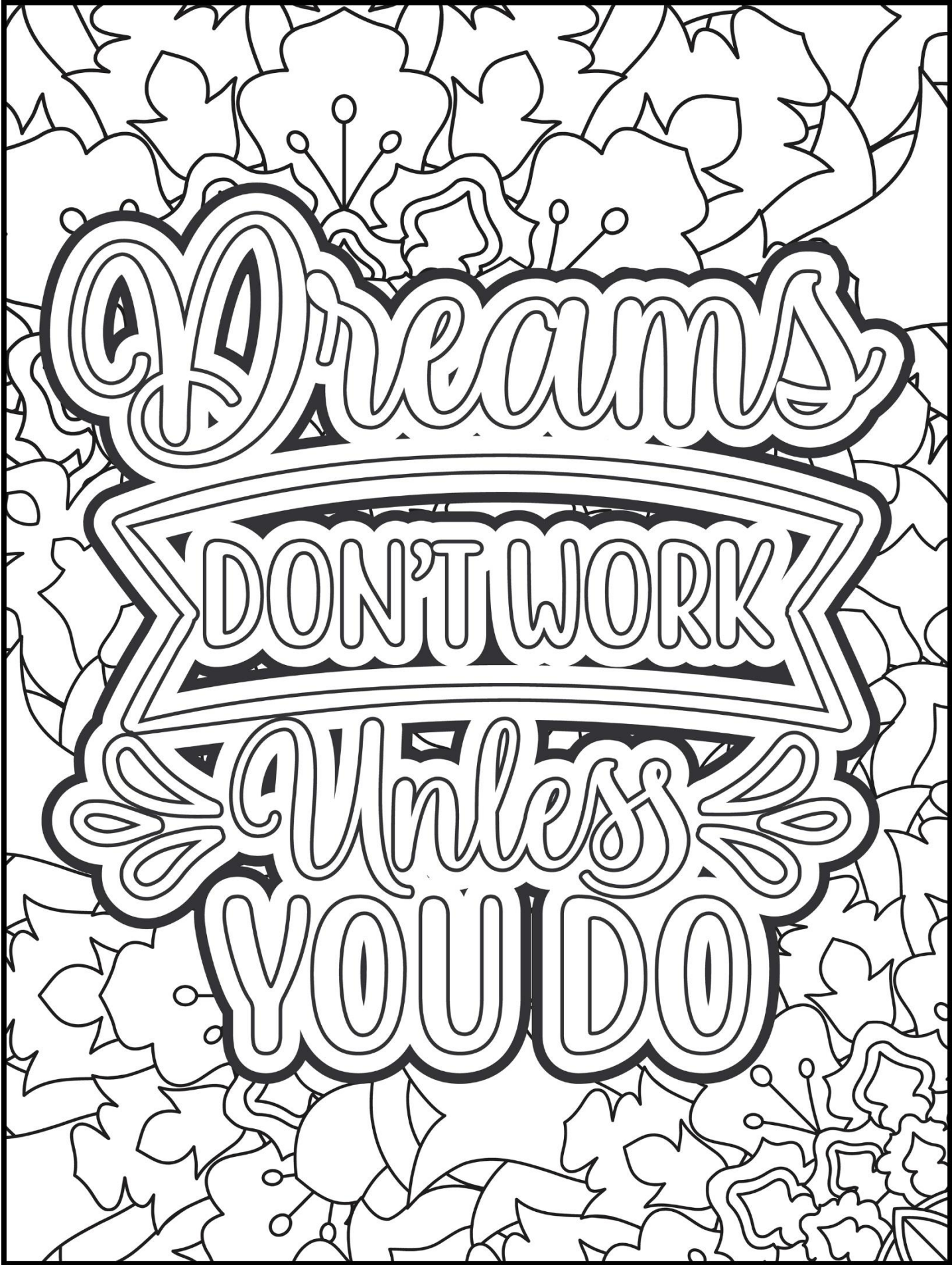
No
Lower

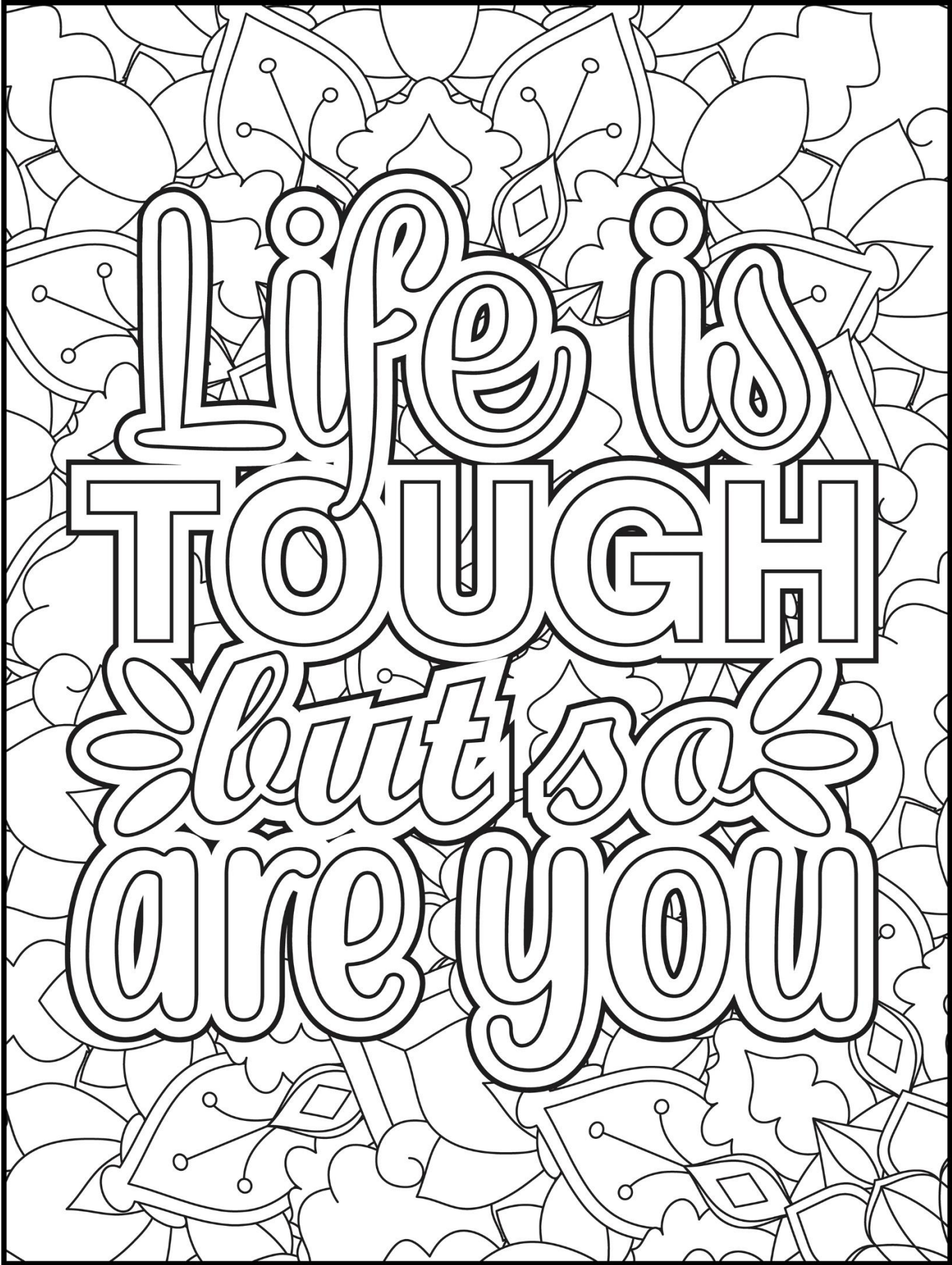
LIMIT

is You

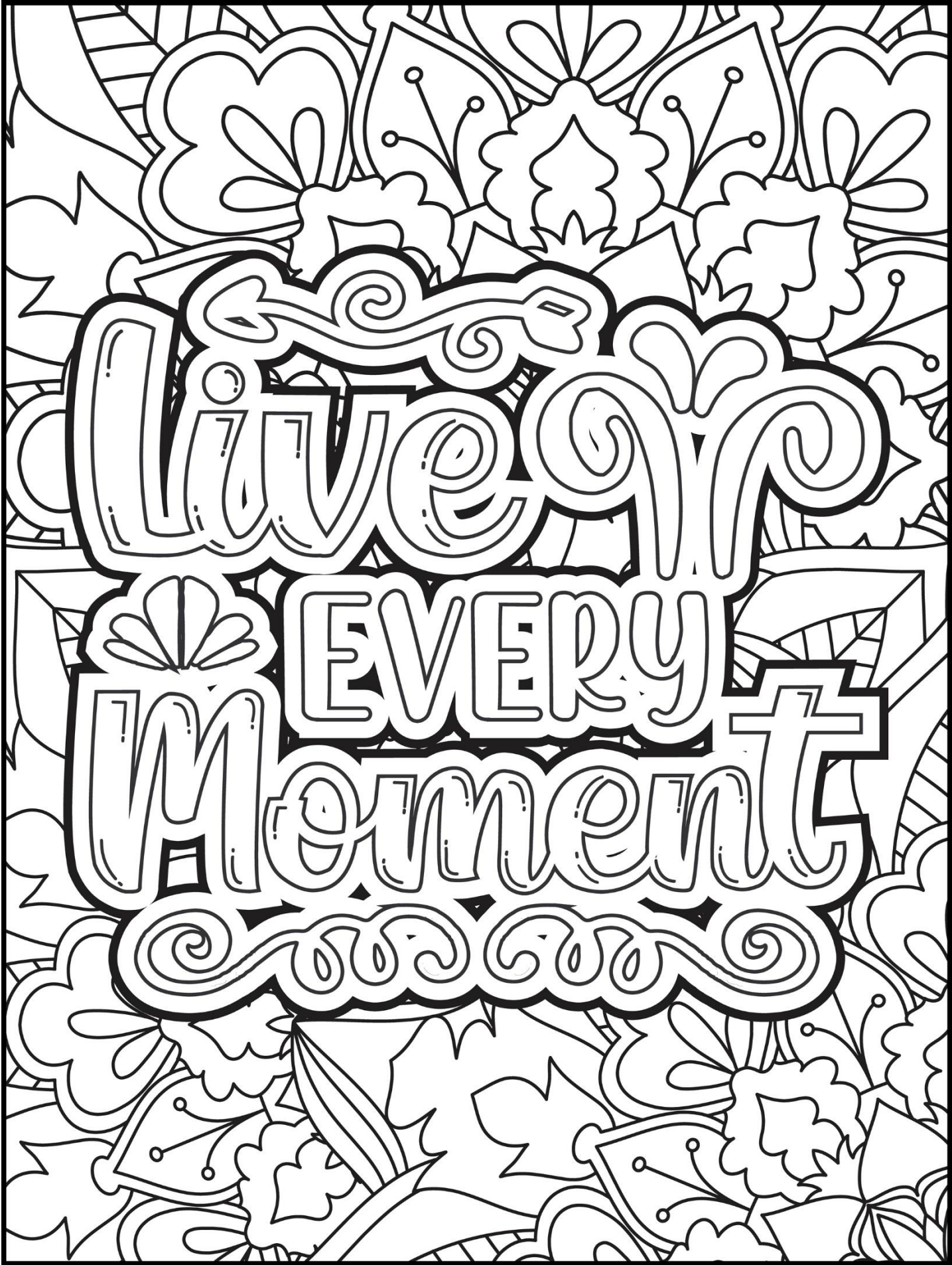


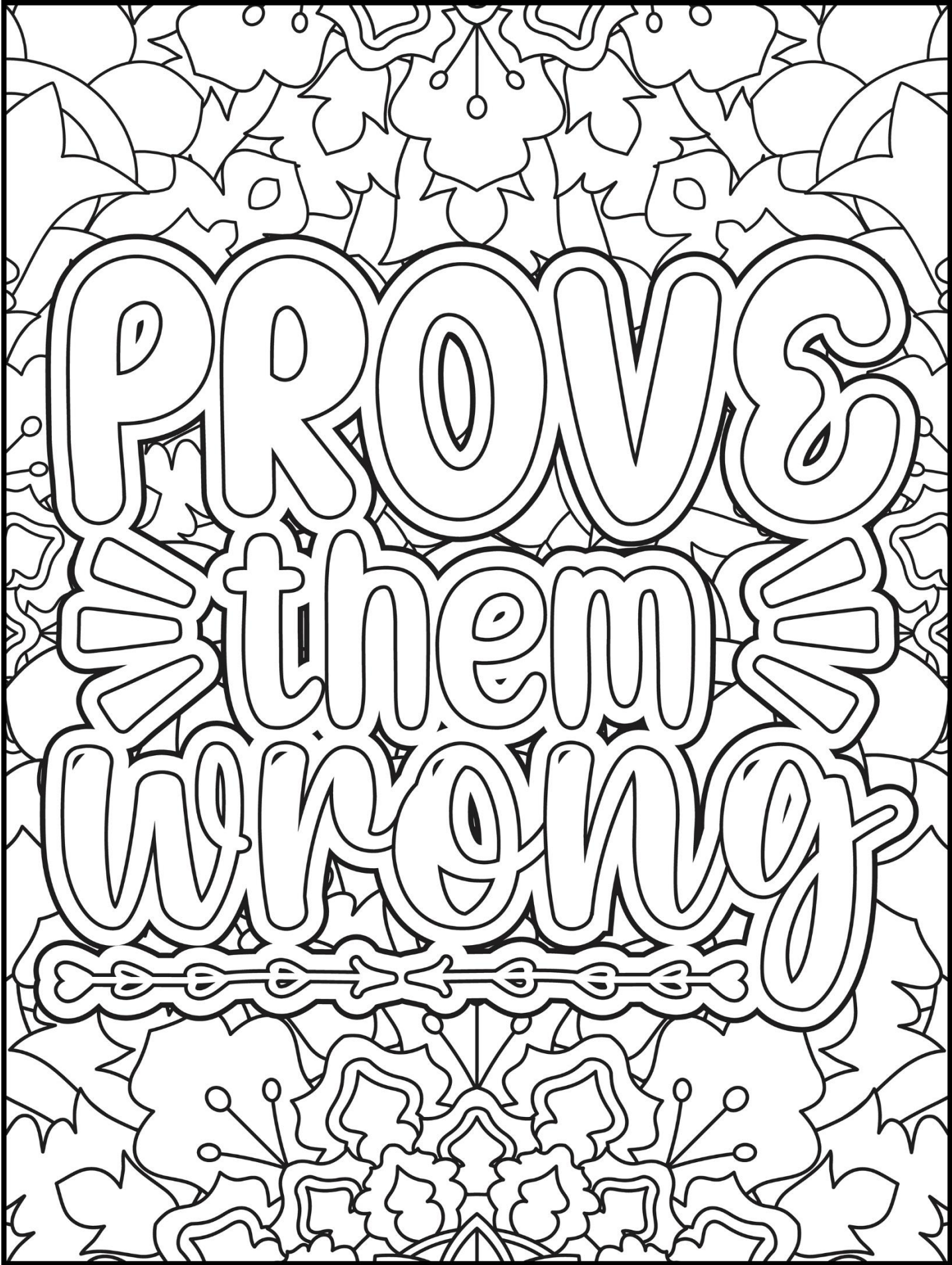
Begin Each
DAY With A
grateful
heart





Life is
TOUGH
but's all
are you

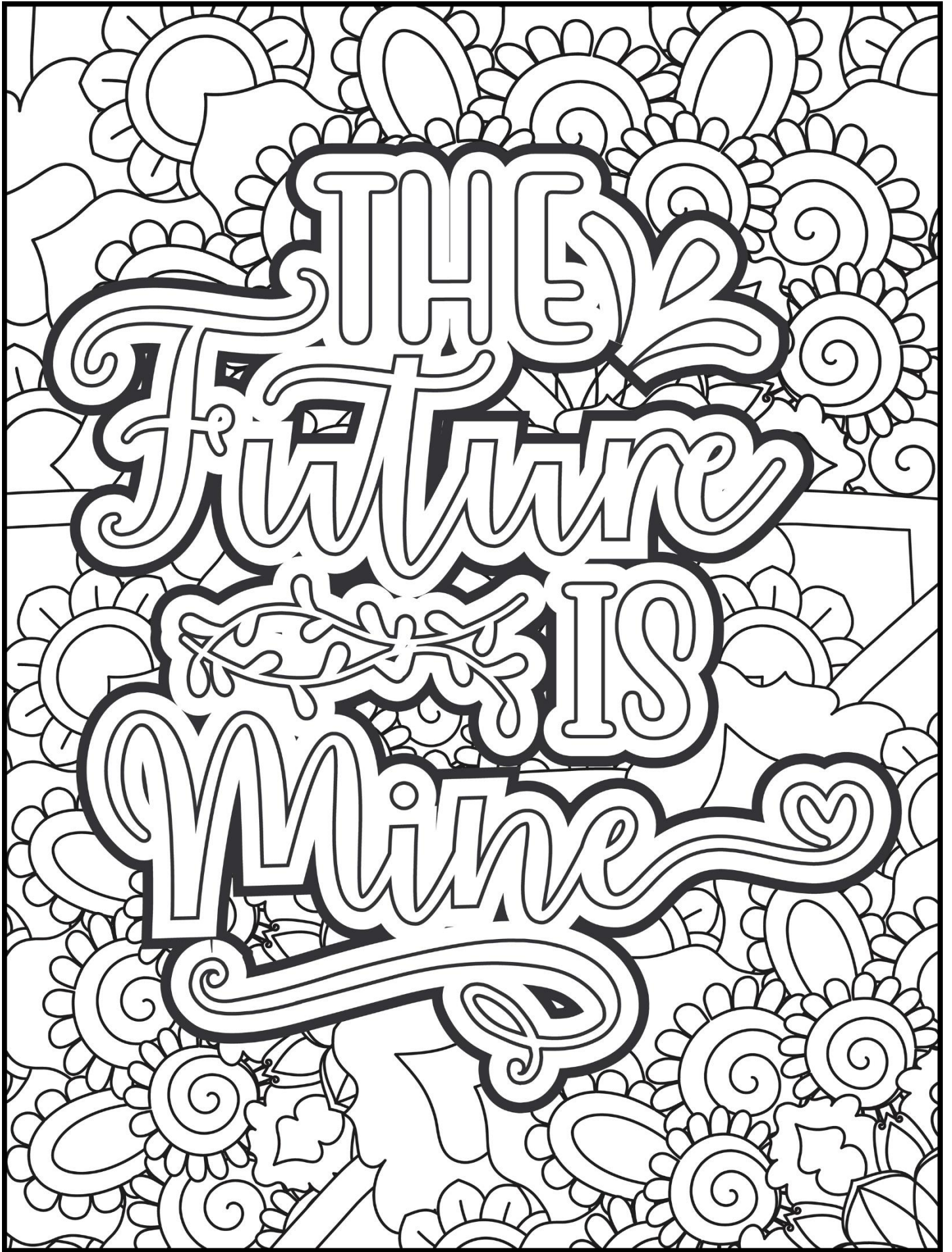


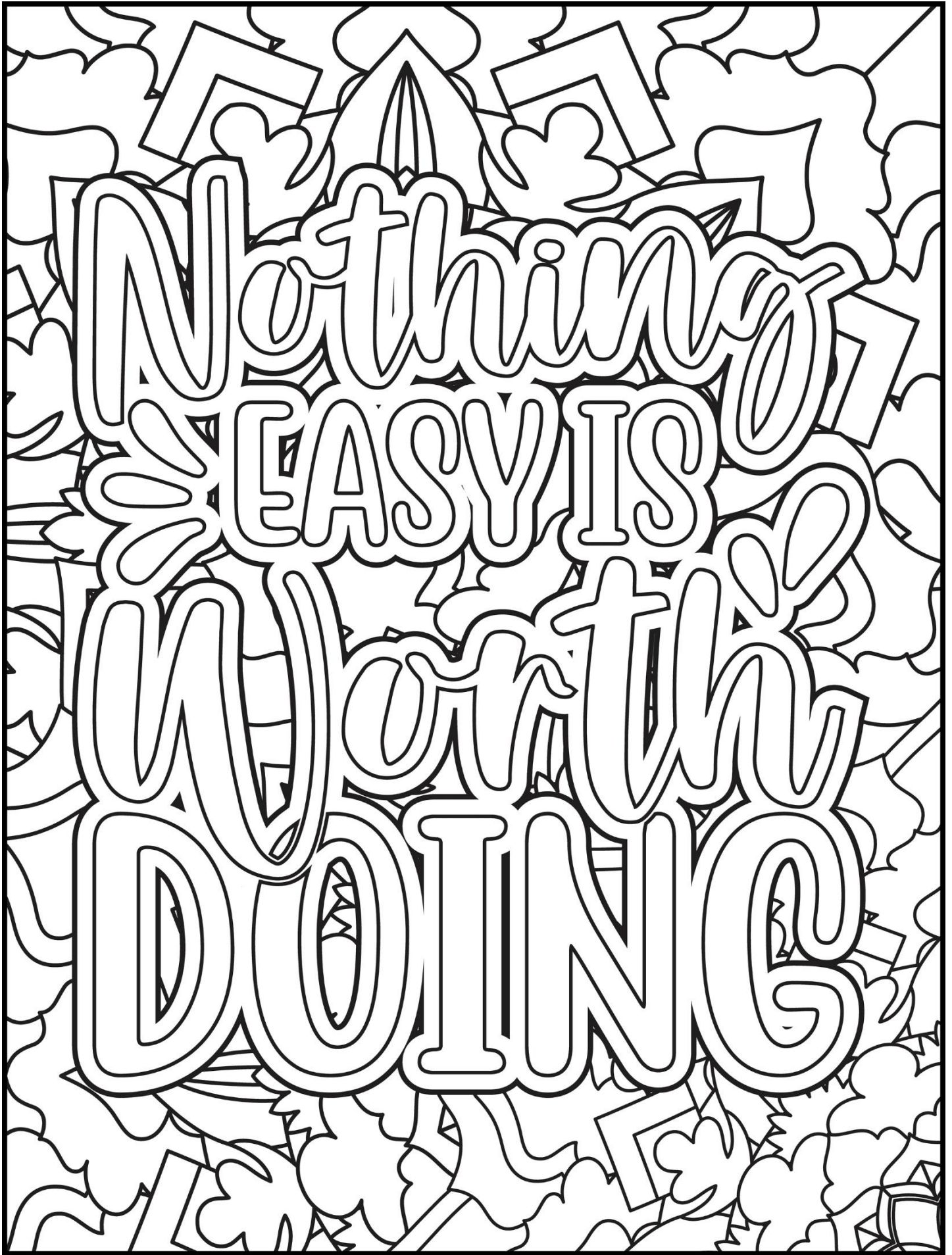


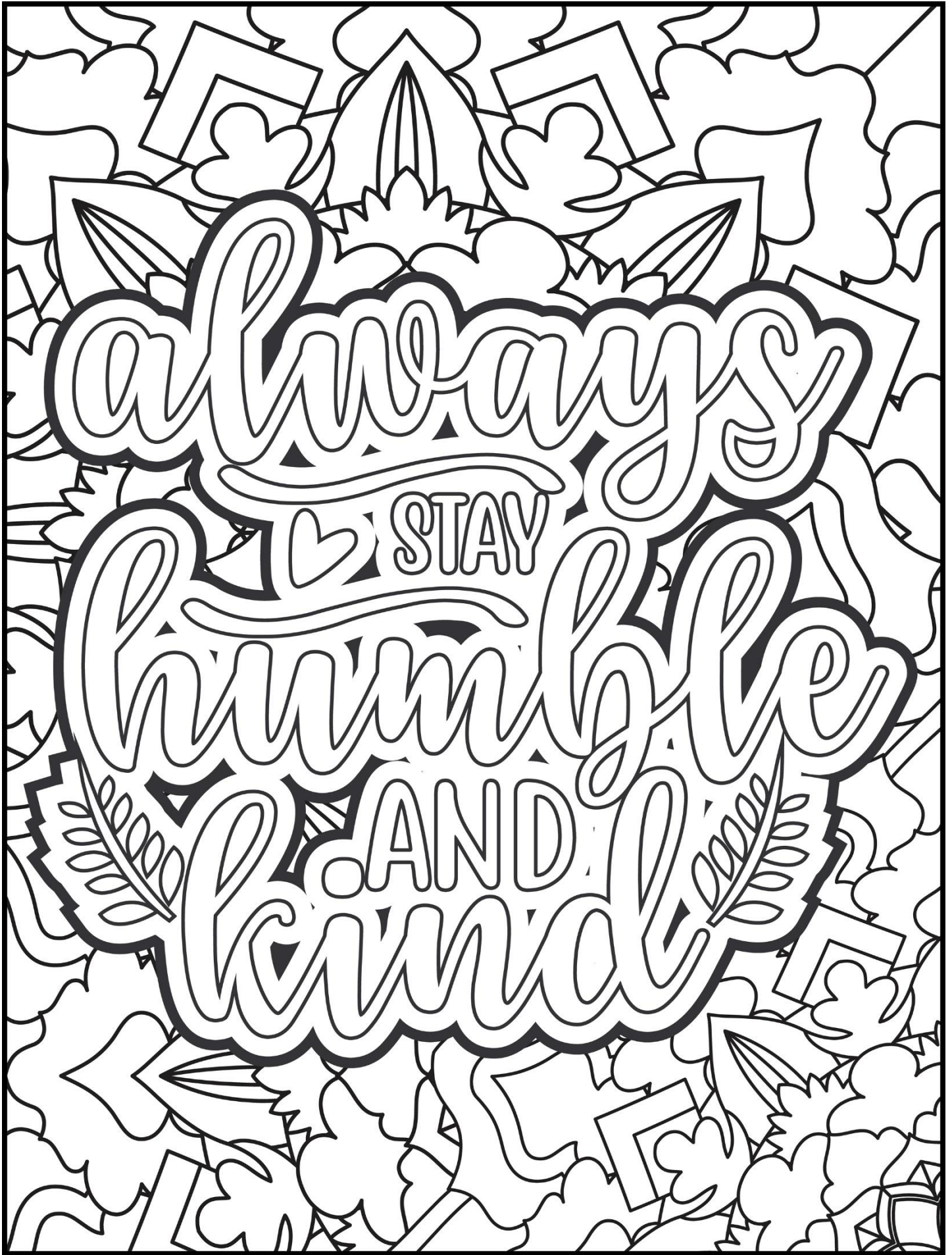


ALWAYS
STAY
Humble
and Kind









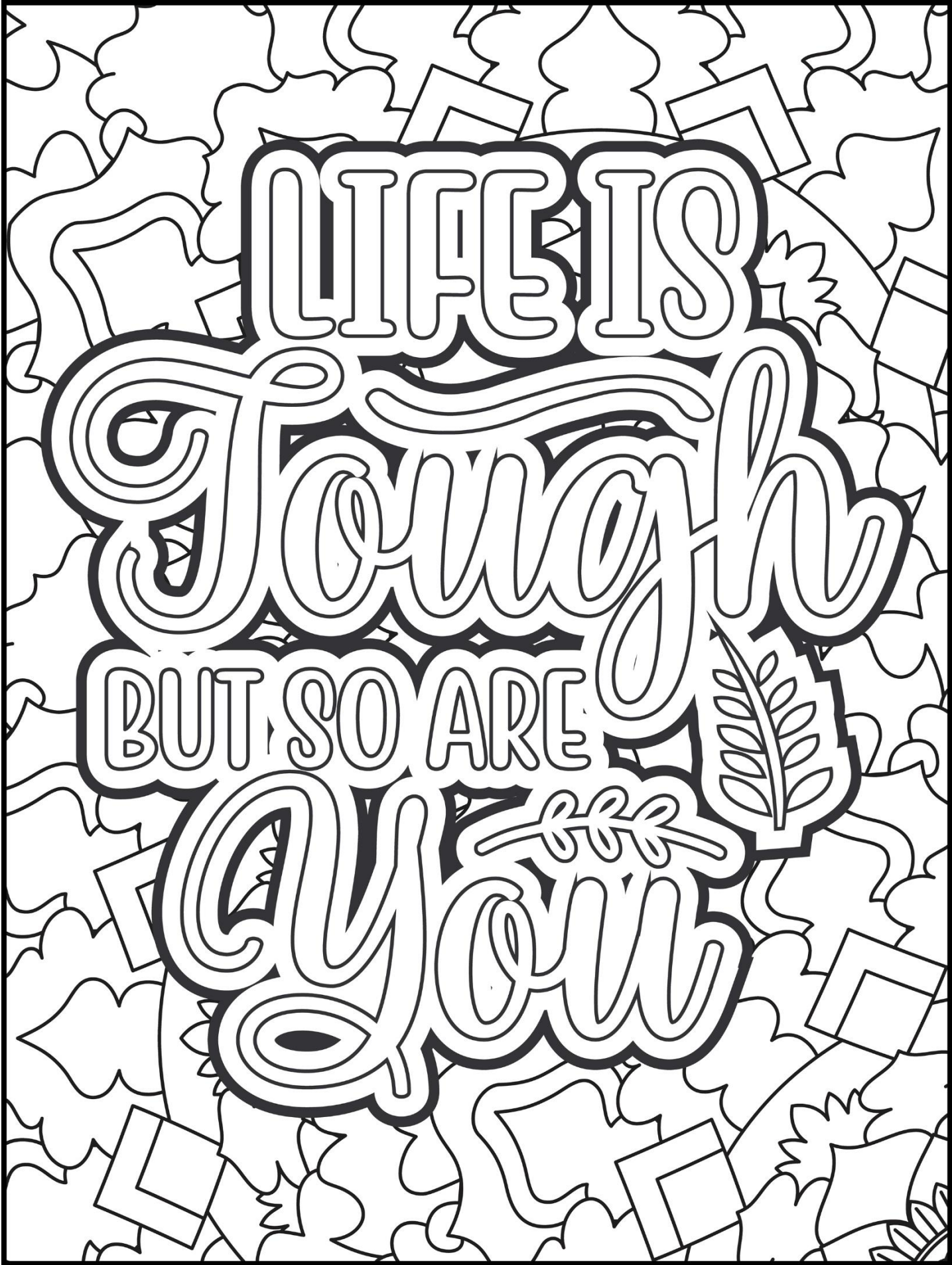


GIVE

YOURSELF

PERMISSION

TO TEST

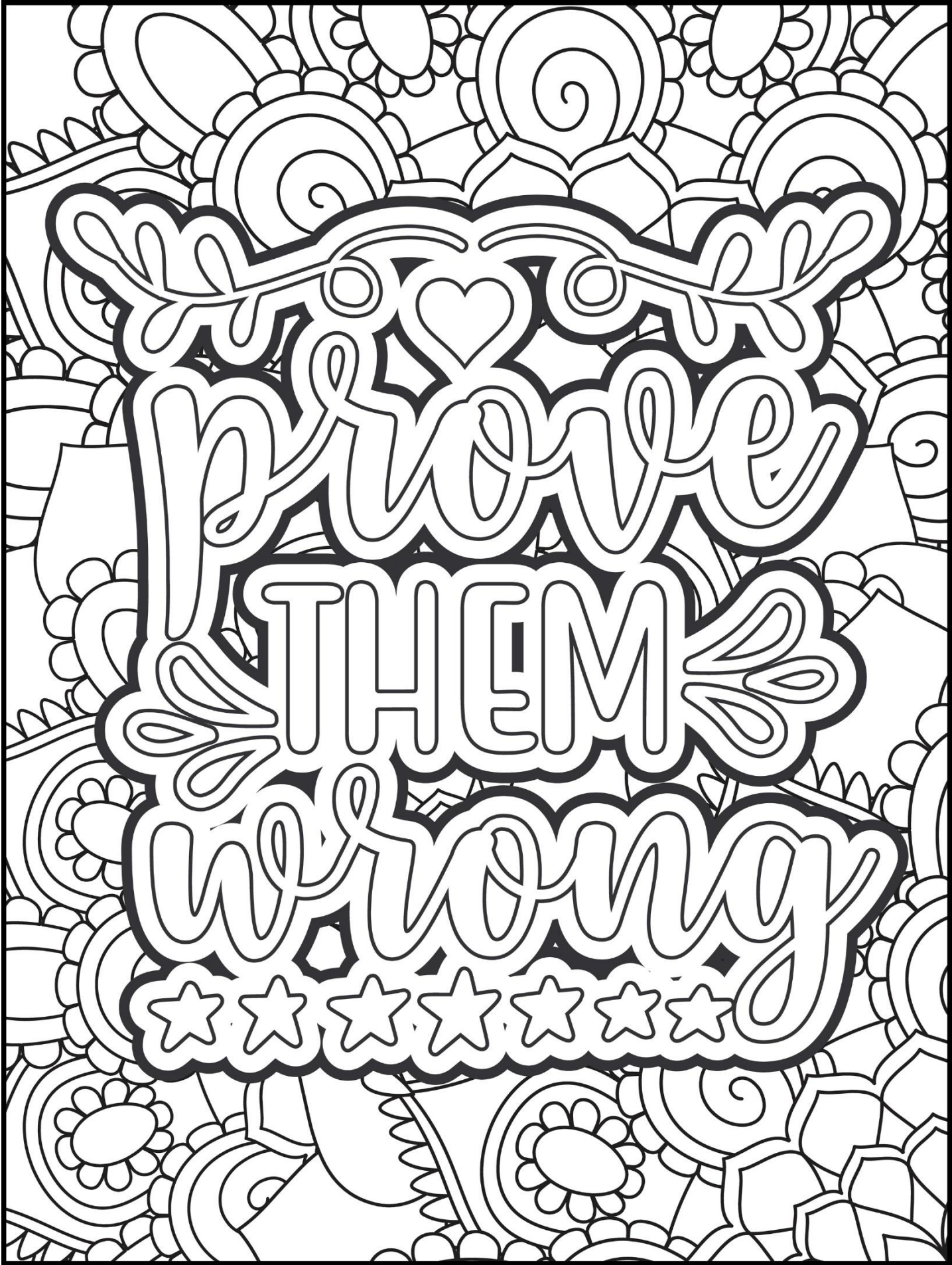


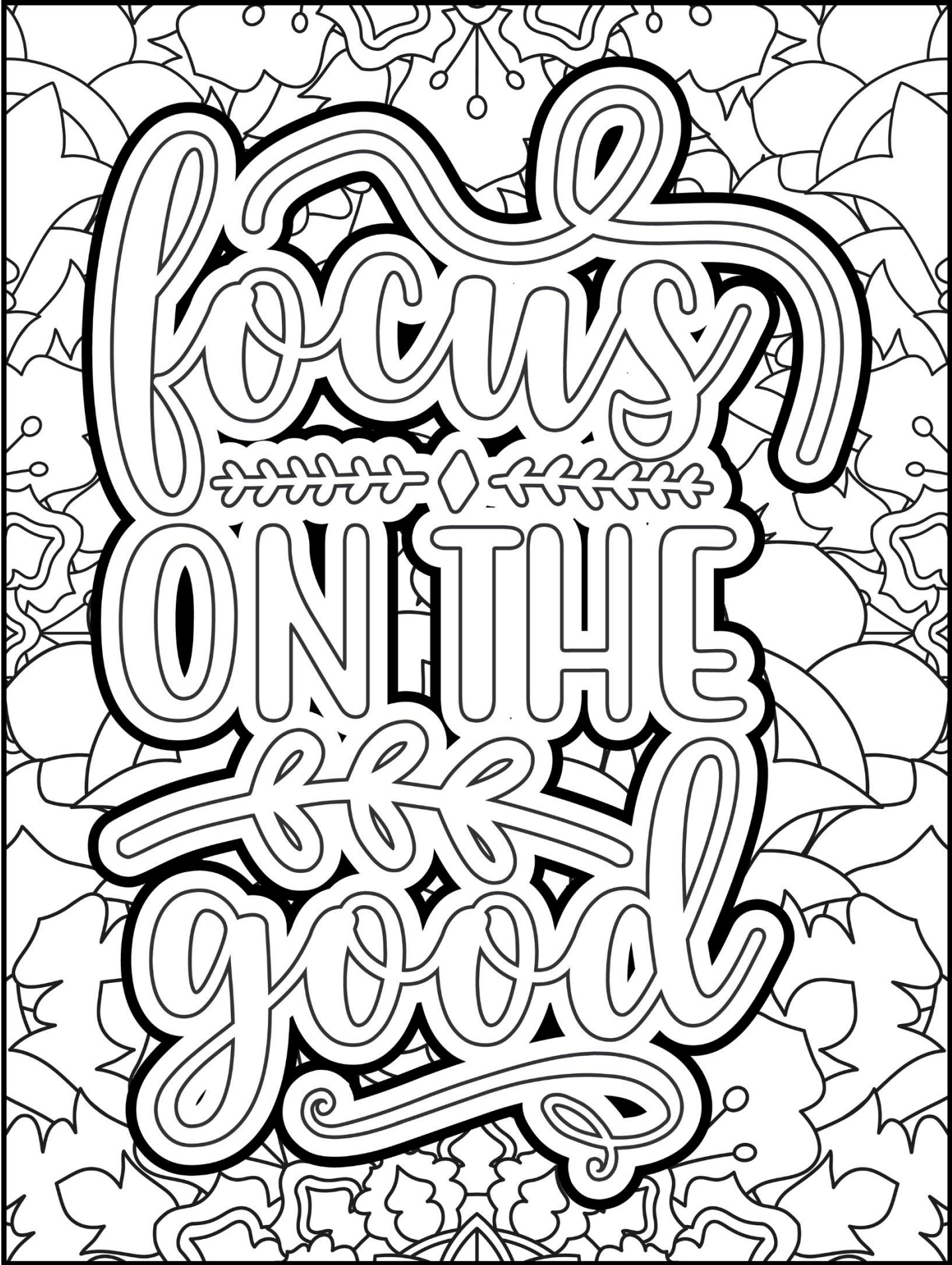
LITACIS

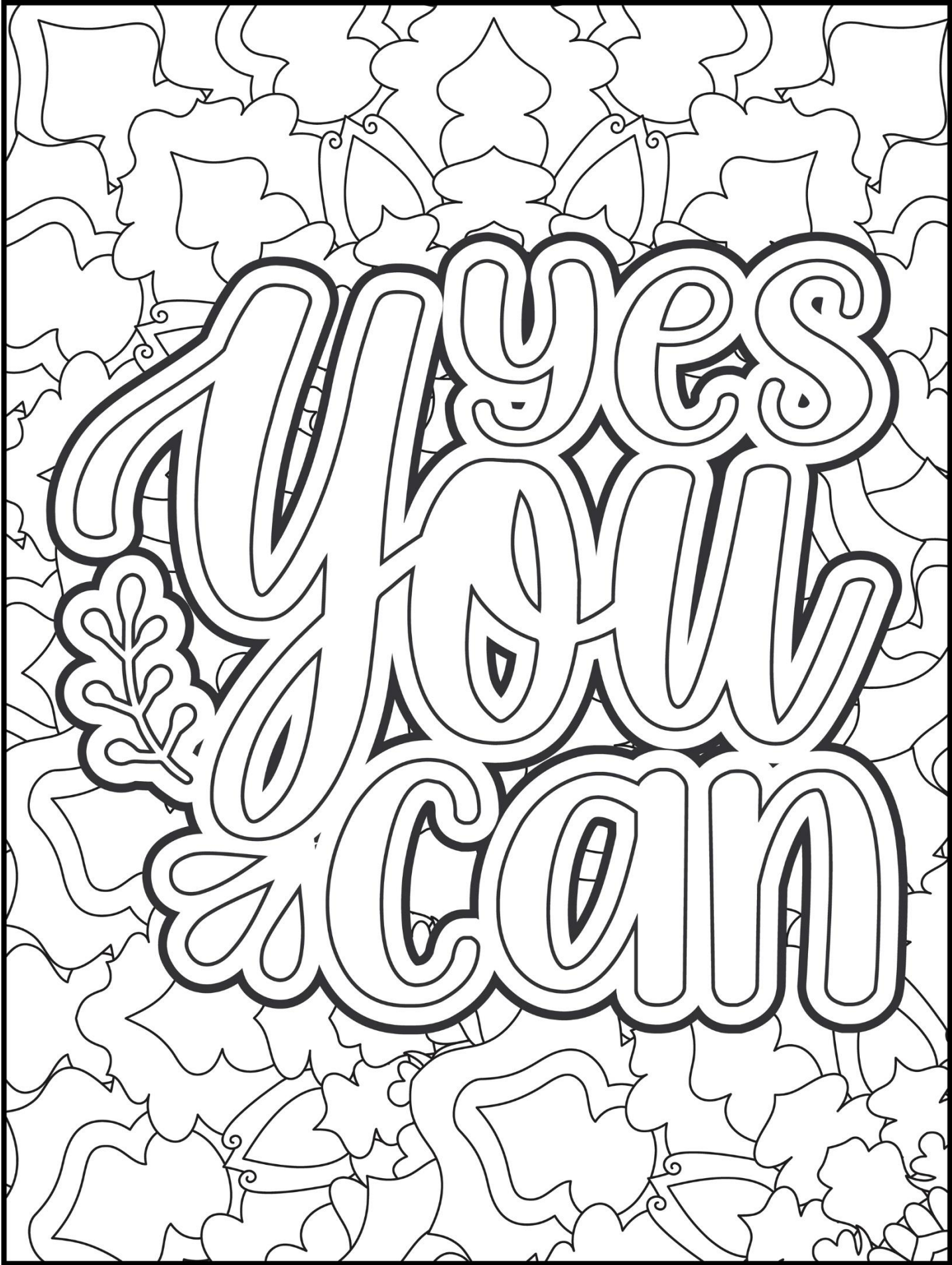
Strong

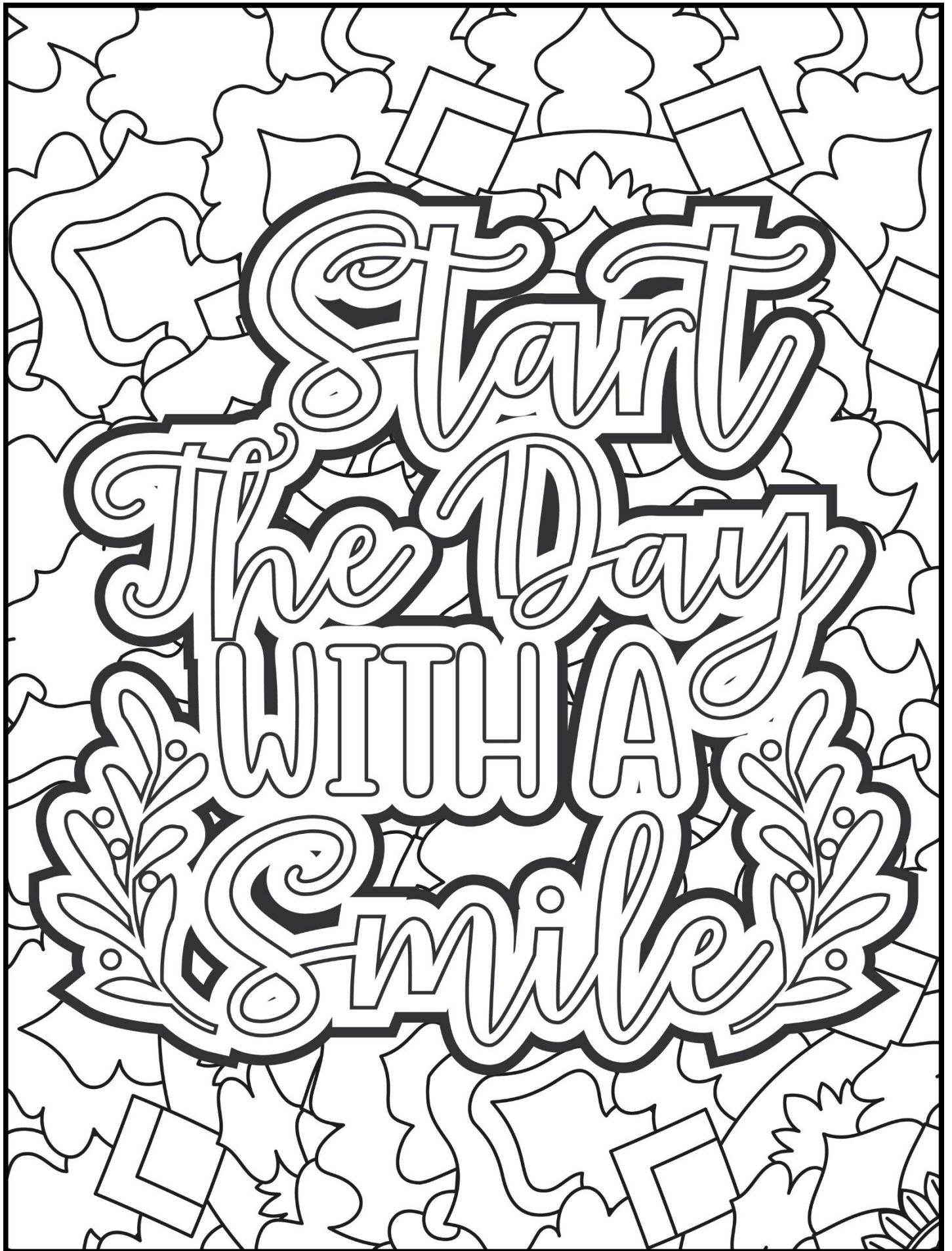
BUT SO ARE

of you

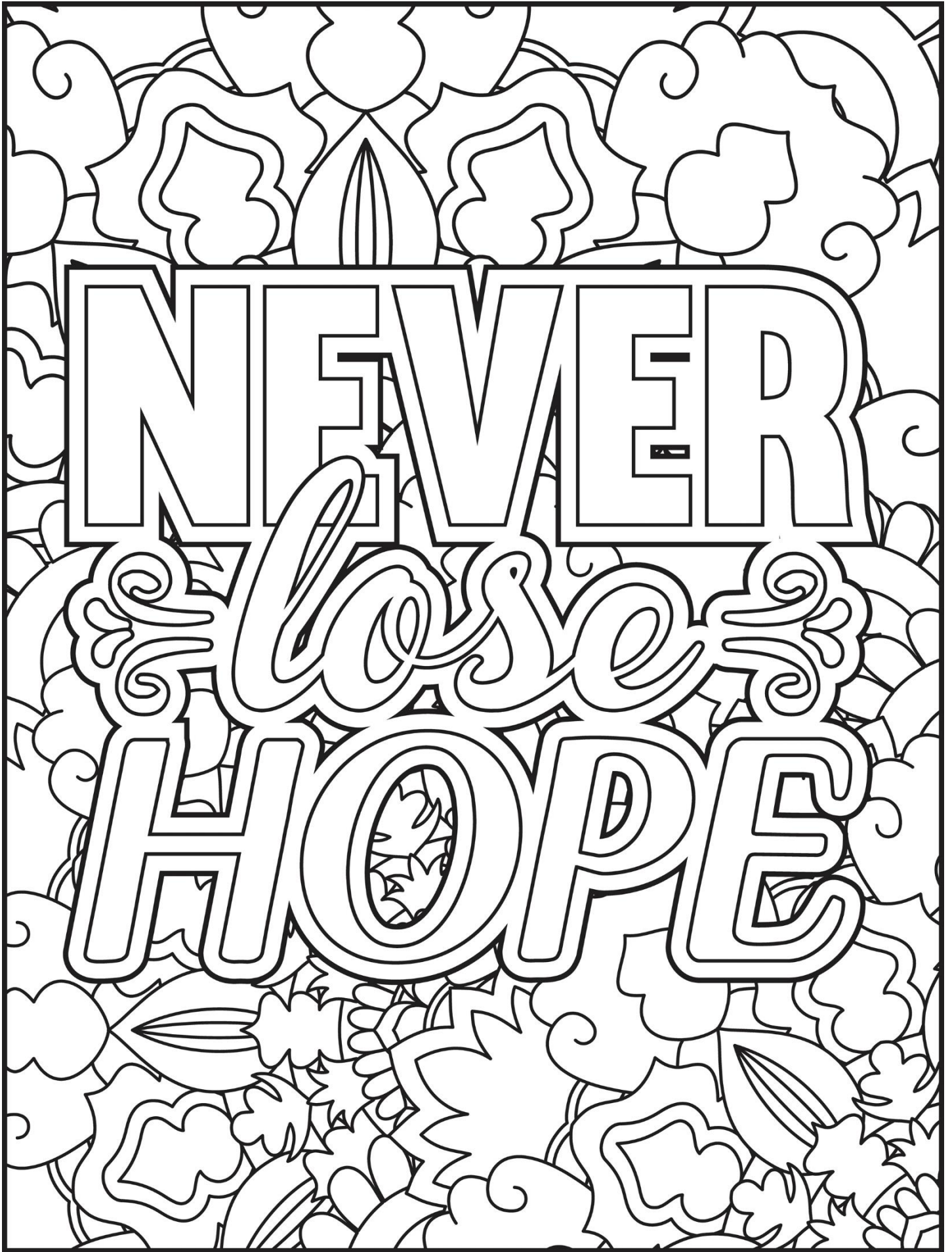


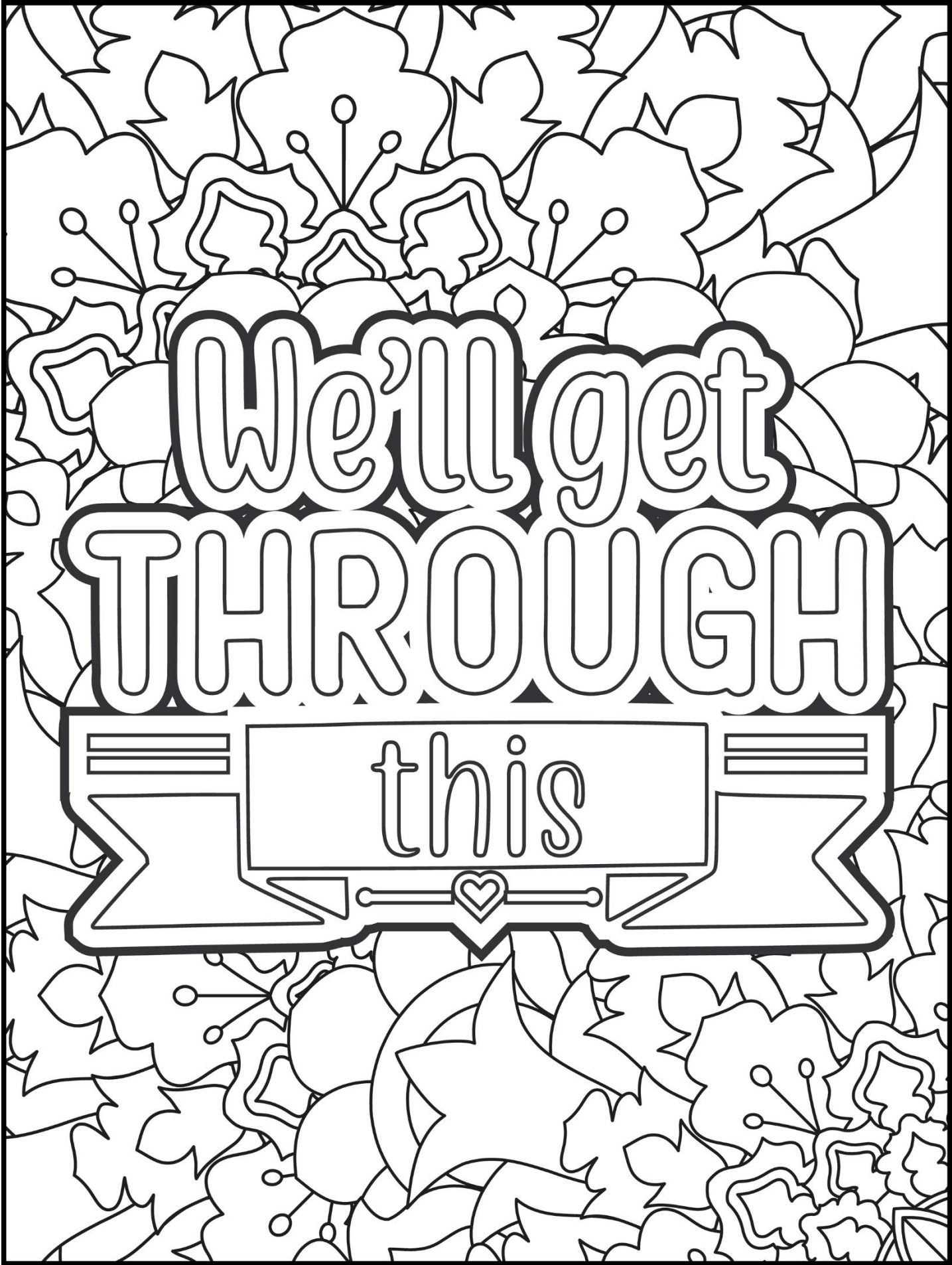






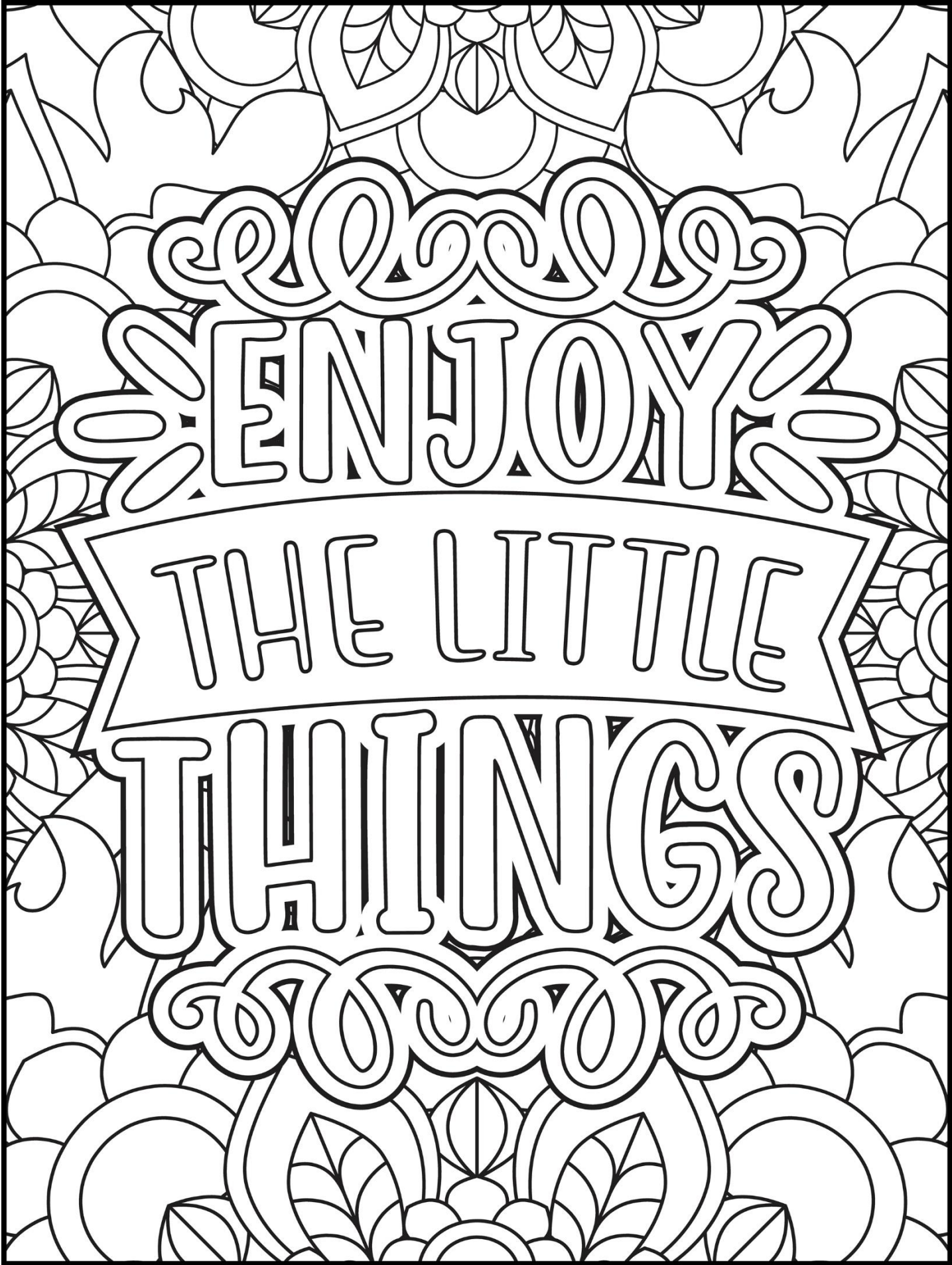






We'll get
THROUGH

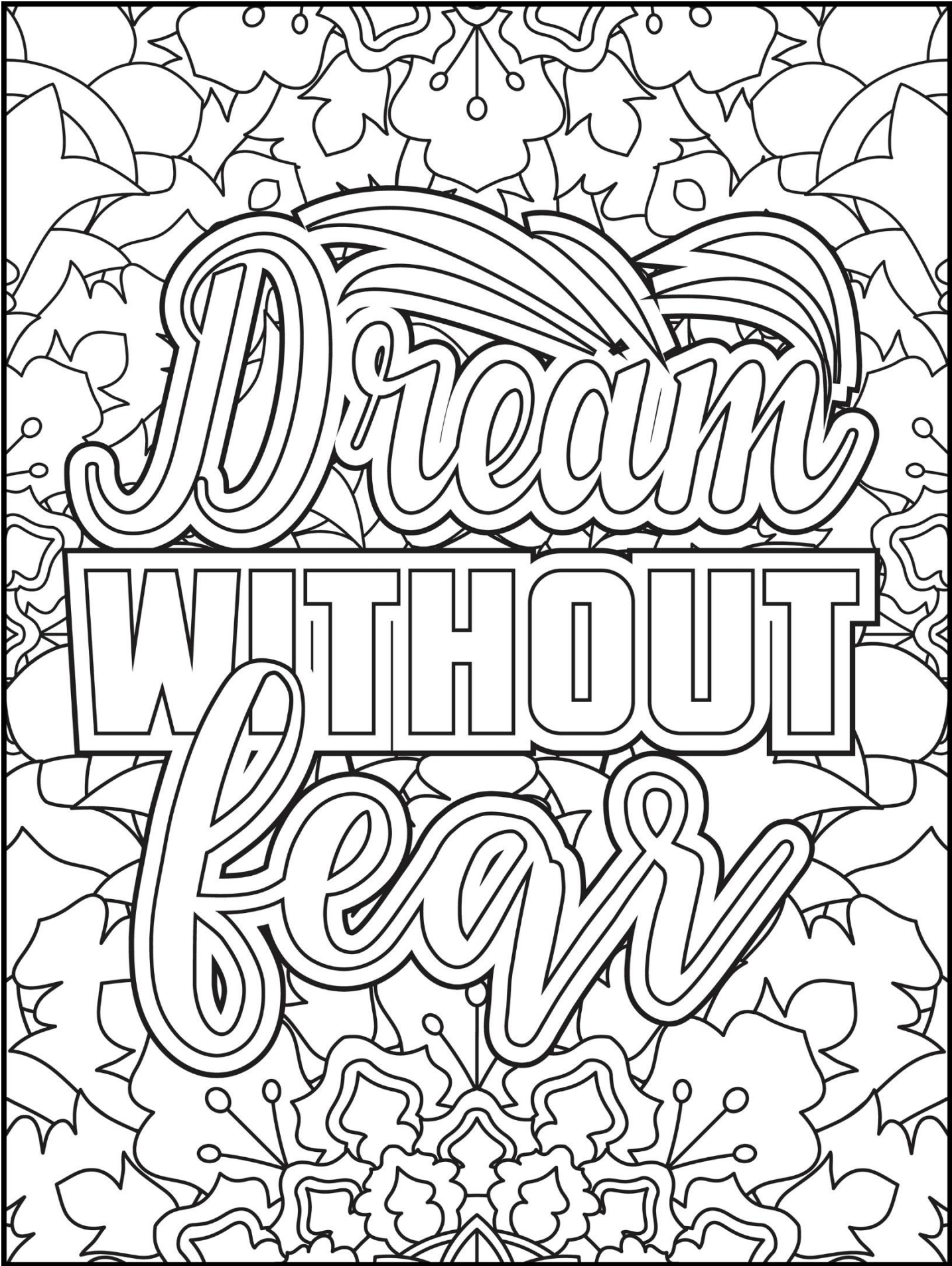
this



ENJOY

THE LITTLE

THINGS



About this Free Printable Resource:

Welcome to our collection of 34 Positive Affirmation & Motivational Coloring Sheets, designed to inspire and uplift your spirits! In today's fast-paced world, it's easy to feel overwhelmed by stress and anxiety. That's why we've curated this wonderful resource filled with affirming messages and motivational quotes to help you find inner peace, encouragement, and joy.

Our coloring sheets are not just ordinary pages; they're a pathway to mindfulness, relaxation, and self-discovery. Each design is carefully crafted to combine the therapeutic benefits of coloring with the power of positive thinking. Whether you're facing challenges, seeking motivation, or simply looking for a creative outlet, these coloring sheets are here to support you on your journey.

Coloring sheets description:

1. **I am enough:** Remind yourself of your worth and inner strength with this empowering affirmation.
2. **Be greater today:** Encouragement to strive for personal growth and improvement every day.
3. **You only live once:** Embrace life to the fullest and seize every opportunity with enthusiasm.
4. **This too shall pass, never lose hope:** A reminder that challenges are temporary, and hope prevails.
5. **Hard times like these make us stronger:** Find resilience in adversity and emerge stronger than ever before.
6. **You are never too old to learn:** Embrace a growth mindset and continue learning throughout life's journey.
7. **Good things take time:** Patience and perseverance lead to rewarding outcomes.
8. **After every storm, there is a rainbow:** Trust that brighter days are ahead, even in the darkest moments.
9. **Let your dreams be your wings:** Dare to dream big and pursue your aspirations fearlessly.
10. **Don't stop until you're proud:** Persist in your efforts until you achieve success and pride in your accomplishments.
11. **Stronger than the storm:** Discover your inner resilience and overcome life's challenges with courage.
12. **Let your dreams bloom:** Nurture your dreams and watch them flourish into reality.

13. **Your only limit is you:** Break free from self-imposed limitations and unlock your full potential.
14. **Begin each day with a grateful heart:** Cultivate a mindset of gratitude and appreciate the blessings in your life.
15. **Dreams don't work unless you do:** Take action towards your goals and turn your dreams into achievements.
16. **Life is tough, but so are you:** Find strength within yourself to navigate life's ups and downs.
17. **Live every moment:** Embrace the present moment and cherish the gift of life.
18. **Prove them wrong:** Let your success be the best response to doubters and naysayers.
19. **Always stay humble and kind:** Stay grounded and treat others with kindness and compassion.
20. **Decide, commit, succeed:** Make a decision, stay dedicated, and achieve your dreams.
21. **The future is mine:** Empower yourself with confidence and optimism for the future.
22. **Nothing easy is worth doing:** Embrace challenges as opportunities for growth and achievement.
23. **Always stay humble and kind 2:** A gentle reminder to remain humble and compassionate in all circumstances.
24. **Give yourself permission to rest:** Prioritize self-care and allow yourself the rest you deserve.
25. **Life is tough, but so are you 2:** Reinforcement of your inner strength and resilience.
26. **Prove them wrong 2:** Let your success silence the skeptics and doubters once again.
27. **Focus on the good:** Shift your perspective towards positivity and gratitude.
28. **Yes, you can:** Affirmation of your ability to overcome obstacles and achieve your goals.
29. **Start the day with a smile:** Set a positive tone for your day and spread joy to others.
30. **Every day is a fresh start:** Embrace each new day as an opportunity for growth and renewal.
31. **Never lose hope:** Maintain faith and optimism even in the face of adversity.
32. **We'll get through this:** Assurance that together, we can overcome challenges and emerge stronger.
33. **Enjoy the little things:** Find happiness and contentment in life's simple pleasures.

34. **Dream without fear:** Dare to dream boldly and fearlessly pursue your passions and ambitions.

Each colouring sheet is a canvas for your creativity and a reflection of your journey towards positivity and self-discovery. Let these affirmations and quotes inspire you to cultivate a mindset of resilience, gratitude, and joy. Happy colouring!

For more **free resources on anxiety** visit www.AnxietyHelpBox.com.



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