

The FDA

The US Food & Drug (FDA)'s website has a whole section about raw/fresh pet food. Our pet food is FDA approved and should be handled according to FDA standards (don't thaw on the counter, instead use the fridge or microwave, handle food with CLEAN hands and on DISINFECTED surfaces, etc.) The FDA is a great resource for any novice or veteran fresh dog food users, since it is updated accordingly.

The CDC Flyer

The Centers for Disease Control and Prevention (CDC) created a very helpful and informative flyer on trying out fresh/raw pet food. Although as of now the fresh pet food is not recommended by the CDC, they still provide useful tips and suggestions for owners looking into the practice. For instance, they recommend first talking to your veterinarian and making the choice together.

CDC Article

More in-depth than the flyer above, this article goes into much of the same details. However, at the end it includes several important questions to ask both us and your vet while making this decision! We're here to help and make sure you feel confident in what you are feeding your pet!

NLM Study

This study, published by the National Library of Medicine (NLM), examines the digestibility of gently cooked dog food compared to kibble. While more detailed than the previous resources, it provides valuable insights into the benefits of fresh dog food.



Cook or Keep Raw

Since completely raw dog food carries the same amount of bacterias that are harmful to us, its a good idea to gently cook our dog food to protect against it. The FDA and CDC both recommended gently cooking raw food. Neither organizations have posted an explicit "recipe" for cooking dog food, so this was developed using various online resources.

1. Heat slowly. Keep a low heat and cook until it reaches 145°F for beef, pork, and lamb, or 165°F for poultry
2. Add water or broth. This is optional, but a good way to maintain the moisture of the pet food

3. Wait to serve. Once finished, let the food rest for a little bit so that it is not too hot for your pet!

If you have any further concerns about a raw diet being right for your pet, please consult your veterinarian!