

**Virginia Sex Offender Treatment  
Association (VSOTA)**

Presents

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***Introducing The PROFESOR (Protective + Risk  
Observations For Eliminating Sexual Offense  
Recidivism)***

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**The PROFESOR is a structured checklist to assist professionals to identify and summarize protective and risk factors for adolescents and emerging adults (individuals aged 12 to 25) who have offended sexually;**

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**The PROFESOR is intended to assist with planning interventions that can help individuals to enhance their capacity for sexual and relationship health and, thus, eliminate sexual recidivism.**

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The PROFESOR contains 20 bipolar factors (i.e., both protective and risk characteristics) that were chosen based on a review of the available literature and on clinical experience with adolescents and emerging adults who have offended sexually.

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### Coding Guidelines



Ratings should be based on the individual's *current* functioning (i.e., the individual's functioning throughout the past 2 months).

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## PROFESOR



For some clients who are in controlled and supervised residential settings, current ratings on the PROFESOR may not be representative of the individual's functioning if they were to be in a less restrictive environment. Commentary regarding anticipated differences with a change in the level of supervision and/or external control may be warranted.

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Wherever possible, multiple sources of information should be utilized to form coding judgments for each factor.

This would include information such as

- interviews with the individual
- interviews with parents/caregivers and/or other significant adult supports/ informants
- review of relevant collateral information
- information from relevant tests/measures.

**PROTECTIVE + RISK  
OBSERVATIONS FOR ELIMINATING  
SEXUAL OFFENSE RECIDIVISM**

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It is also critical to be sensitive to developmental differences and expectations when coding the PROFESOR.

Although the PROFESOR is intended for a relatively restricted age range, spanning just 14 years, there are going to be differences on most factors that will require sensitivity to developmental norms.

For example, what constitutes an emotionally intimate friendship at age 13 will likely look different from what constitutes an emotionally intimate friendship at age 22.

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Factor		
<input type="checkbox"/> Protective	<input type="checkbox"/> Neutral	<input type="checkbox"/> Risk
<b>Protective</b>	neither clearly <i>Protective</i> nor clearly <i>Risk</i>	<b>Risk</b>

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**1. Hope Regarding Healthy Sexual Future**

a) A 15-year-old female offended sexually against an 8-year-old cousin when she was 14. During the past 5 months, she has consistently expressed that everything is going to work out regarding her sexual future. She described how she is never going to reoffend because she just knows it will never happen again.

**1. Hope Regarding Healthy Sexual Future**

b) A 22-year-old male was convicted 6 months ago as a result of sibling sexual abuse that occurred when he was ages 14 through 16. During his counseling over the past 3 and a half months, he has demonstrated that he has good self-control and a developing appreciation for the harm that sexual abuse can cause. He also described how he has had 2 consensual, long-term sexual relationships since he was 17, and he stressed that this is evidence that he will never reoffend. The client also noted that he will wait until his probation order is done to start dating again.

**1. Hope Regarding Healthy Sexual Future**

c) An 18-year-old male was cautioned by police 4 months ago as a result of downloading 3 child abuse images onto his tablet at school. Ever since that time, he has described how he never wants to be involved with the police again for such a behavior. Three weeks ago, he informed his therapist that he is struggling with his sexual interest in younger children, and he is worried that he is unable to change it. He also said that he has long struggled to have positive conversations with peers when he has tried to show romantic interest in them.

**1. Hope Regarding Healthy Sexual Future**

d) A 13-year-old male was expelled from school last year following a sexual offense against a younger child at the school. The client reported that he does not plan to engage in sexual behavior with others until he is 16 or 17, and he described a number of things that he can do if he were ever to feel that he was at an increased risk of reoffending. The client's parents and therapist explained that the client has demonstrated that he is very keen to avoid getting into any further trouble as a result of his sexual behavior and that he has several prosocial and age-typical procedures for coping with sexual thoughts and urges.

## 2. Sexual Environment

a) An 11-year-old male was convicted 2 months ago following repeated sexually abusive behavior towards a 6-year-old child at school. Parents and teachers have described and demonstrated healthy and nurturant attitudes towards relationships, personal boundaries, and sexuality. Parents have also outlined how they have talked with their son about the inappropriateness of any sexual behavior or sexual discussions with younger children.

## 2. Sexual Environment

b.) A 19-year-old male was recently arrested as a result of secretly videotaping a young boy who was changing in a public pool change room. He was caught after he shared the video with a peer through social media. The 19-year-old male's older sibling described a respectful sexual environment in the home where it is made explicit that sexual violence and abuse-supportive beliefs are not tolerated. The 19-year-old also described the home environment in this manner, and he also noted that most male peers at his full-time workplace are quite crude in their interactions with women and that they talk about how women invite sexual abuse as a result of their behavior or the way they dress.

## 2. Sexual Environment

c) A 15-year-old female was cautioned by police following a disclosure of sexual abuse by a neighborhood child. The assessment revealed that her mother and stepfather talk about and demonstrate the need for respectful and compassionate relationships—including age-appropriate sexual relationships. To provide some respite care, the 15-year-old client and her younger siblings spend the weekend at the home of her paternal grandparents once or twice a month, and paternal grandparents are blaming the neighborhood child for initiating the sexual contact.

## 2. Sexual Environment

d) A 17-year-old male has been in a foster home for 1 year following sexual offending that occurred with 2 of his younger siblings. According to the therapist and the client, foster parents have very positive and inclusive sexual values, and they encourage youth to be compassionate and respectful. The client has been having supervised monthly visits with his parents at the local child protection agency, and he is planning to move home in 8 months. The therapist voiced concerns with this plan, however, as the client's parents do not believe that the sexual offending took place, and they maintain that their younger 2 children are not being honest about what really happened.

### **3. Sexual Beliefs and Attitudes**

a) A 13-year-old male was referred for an assessment after it was discovered that he had exhibited himself sexually many times to his foster parent. During the assessment, the youth described respectful sexual attitudes and beliefs, including the belief that younger children would be harmed by sexually abusive behavior by a teen. The youth's parents similarly described how their son always demonstrates prosocial sexual attitudes. The youth's responses to an experimental survey suggest, on the other hand, that he believes that women would enjoy forced sexual interactions.

### **3. Sexual Beliefs and Attitudes**

b) A 23-year-old male was referred for an assessment following 8 months of active participation in sexual offense-specific treatment at a residential treatment center. At the point of admission, the client indicated that he believes that his 12-year-old cousin initiated the sexual contact that resulted in the criminal charges and that his cousin would not be negatively affected. Staff at the treatment center said that the client has described prosocial attitudes towards peer-age dating partners throughout treatment. It was also noted by treatment providers that, during the past 4 months, the client has described how young teens and children would be harmed by sexual activity with an adult.

### **3. Sexual Beliefs and Attitudes**

c) A 19-year-old female who was recently convicted of distributing child abuse images participated in an assessment focused on her functioning during the past 6 months. During the assessment, her parents described that she values honesty and compassion in her relationships with friends, family, and her current partner. Interview and test data indicate that the client understands that young children would not seek sexual activity with a significantly older partner and that they would be harmed if that were to occur. She also explained how her redistribution of a sexualized image of a classmate last year was harmful to the classmate.

### **3. Sexual Beliefs and Attitudes**

d) A 15-year-old male was cautioned by police following sexually abusive behavior that occurred at school. During interviews, the client described how he does not believe that peers invite sexually abusive behavior because of their behavior and that peers would never lie about being sexually abused. He also described how he does not believe that young children could ever be sexual partners. Parents stated during interviews that their son has always described very prosocial sexual attitudes. Teachers and the school social worker commented that, throughout the current school year, the youth has often been heard talking with male classmates about how female peers are "asking" to be raped when they show off their skin.

#### **4. Sexual Interests - Focus**

a) A 12-year-old male is in a resident in a treatment facility for youth who have offended sexually. During the assessment, he described how he is most sexually interested in consenting sexual activities with young teens (ages 13-16). He also added that, during the past few months, he has only very rarely engaged in masturbatory behavior whereby he thinks about his 8-year-old cousin whom he offended against sexually. Staff stated that they have not noticed any evidence of sexual interest in younger children or sexual violence.

#### **4. Sexual Interests - Focus**

b) A 14-year-old male is nearing the end of an 8-month treatment program for youth who have committed sexual offenses. Staff at the program and parents describe how the client's sexual interests seem limited to consensual sexual activities with age-appropriate sexual partners. The client has also described and demonstrated that he is interested only in consenting activities with individuals aged 13 to 16. The client's responses to an experimental questionnaire also suggest that he is maximally sexually interested in mature partners (i.e., age 12 and above) and that there may be some sexual interest in prepubescent females.

#### **4. Sexual Interests - Focus**

c) A 17-year-old male with Autism Spectrum Disorder is being assessed as a result of sexual offending behaviors towards 3 female peers at his school. Teachers and parents stated that the client has only ever demonstrated sexual interest in consensual interactions with female peers. During the assessment, the client explained that he is not at all interested in sexual activity with anyone under 16. The results of a viewing-time measure also point to an exclusive sexual interest in adolescent and adult females. When asked about any sexual interest in forced sexual contact, the client explained that he is somewhat sexually aroused by the use of force, which he defined as asking girls a second time if they say "No".

#### **4. Sexual Interests - Focus**

d) A 24-year-old male who was living on his own has been charged for downloading and distributing child abuse images. According to police, there were 5 images on the client's laptop last month depicting teens who appeared to be about 13 or 14. Test results indicate that the client is solely sexually interested in partners aged 18 to 40. When asked about sexual media, the client noted that he typically watches videos of consensual adult sexual activity. He added that he only rarely watches Hentai and that just a few of the animated videos that he has watched have depicted scenes of forced sex. He said that he does not purposely seek such material and that he does not find it sexually arousing.

#### **5. Sexual Interests - Frequency**

a) A 24-year-old male who offended sexually against his younger sibling over the course of 2 years (from the age of 13 to 15) is currently involved in an assessment following the recent disclosure. The client's current partner of 12 months described how the client rarely views sexualized media and that the client does not frequently talk about sexual behaviors or issues. The client also did not describe frequent access to sexualized media, and he mentioned his dedication to his full-time work and his partner and his current involvement in pottery classes, cycling, and fly fishing.

#### **5. Sexual Interests - Frequency**

b) An 11-year-old male is completing treatment following sexually abusive behavior with 2 younger children in the neighborhood. During the course of the interview, the client revealed that he is engaged in masturbatory behaviors at least 5 times a day, on average. His parents have also disclosed their concerns given the many sexual and aggressive comments that he makes towards his younger brother and sister—despite their attempts at correction.

#### **5. Sexual Interests - Frequency**

c) A 14-year-old female is currently in counseling following sexual offenses against a 6-year-old cousin. Eight months ago, she was caught by parents sending many semi-nude photos of herself to several classmates. At that time, the principal of the school reported that the client had been sending highly sexualized text messages and photos almost daily, and police confirmed that this had been going on for a period of 2 months before it stopped. The assessment revealed that, although the client does not make sexual comments, she currently reads sexualized fan fiction several evenings a week for a few minutes at a time, and parents voiced their concern that their daughter spends many evenings alone in her room.

#### **5. Sexual Interests - Frequency**

d) A 17-year-old male is presently in a residential treatment facility as a result of charges for possession of child abuse images. During a room search last month, staff discovered that the memory card for his portable game system was filled with sexualized, anime videos. Staff also described how this particular client has been removed from the program on multiple occasions during the past month as a result of sexually propositioning 2 of the youth worker placement students. During the interview, the client acknowledged using the sexualized video clips for masturbatory purposes 3 or 4 times a day, and he described how he struggles to stop thinking about being sexual with several of the staff.



**6. Knowledge of Laws and Procedures for Sexual Relationships**

a) A 13-year-old male was recently cautioned by police as a result of re-distributing nude images of a classmate. During the current assessment with the client, he explained that he thinks that sexualized images of children are probably only illegal if they show an adult being sexual with the child. When asked about the age of consent or other legal issues regarding consent for sexual interactions, the client reported that people must be married before they can be in a sexual relationship.

**6. Knowledge of Laws and Procedures for Sexual Relationships**

b) An 18-year-old male with an intellectual disability is being assessed following a conviction for offending sexually against an adult stranger in the neighborhood. Parents and treatment providers described how the client can describe and demonstrate how he is well able to initiate and negotiate a consensual sexual relationship with a peer. When asked about local laws, the client can describe a few sexual behaviors that are illegal. He also stressed that sexual contact with someone who is much younger than himself is illegal, but he cannot recall the age of consent or the applicable close-in-age exceptions.

**6. Knowledge of Laws and Procedures for Sexual Relationships**

c) During an interview with a 19-year-old female who offended sexually against her younger sibling, she demonstrated that she is aware of the age of consent regarding sexual contact, and she also demonstrated that she is aware of other legal aspects of consent, such as mental capacity and the potential abuse of a position of trust or authority. She also outlined how it can be awkward but that it is important to talk openly with a partner about one's intentions to be sexual with one another.

**6. Knowledge of Laws and Procedures for Sexual Relationships**

d) A 15-year-old boy has been in treatment for 3 months following convictions for sexual offenses against 2 female peers. Although he is continuing to deny any involvement in the sexual offenses, he is now able to describe the differences between legal and illegal sexual behaviors in his jurisdiction, and he is very much aware of the legal age of consent. In recent discussions regarding sexual behavior, he has explained that you know when it's okay to be sexual with a partner when they "make the first move".

### **7. Knowledge of Consequences of Sexual Offending**

a) A 21-year old male was cautioned by police at age 17 and then again at age 18 as a result of stealing women's undergarments in the neighborhood. He was recently convicted following a sexual offense against a peer at his college. He has described how any additional sexual offending behavior on his part will have a significant impact on his future (i.e., employment, education, family relationships, etc.). When asked in interviews and questionnaires about the impact of sexually abusive behavior on others, he described how people who are sexually abused may be upset and sad, and they may blame themselves. Otherwise, he was unsure.

### **7. Knowledge of Consequences of Sexual Offending**

b) A 15-year old female was referred for counseling by child protection services following reports of sexually abusive behavior that she engaged in on several occasions with a preschooler at a community pool. Information from child protection includes witness statements regarding the sexual offending that took place; however, police decided not to proceed with criminal charges. During the assessment, the client described how she knows that any sexually abusive behavior on her part would result in many personal difficulties. She also described how preschoolers would not be affected by sexually abusive behavior because they are too young to remember.

### **7. Knowledge of Consequences of Sexual Offending**

c) From age 15 to 17, a client committed sexual offenses against 3 younger cousins. The offenses typically occurred during family get-togethers in the summer and during holidays. The sexual offending stopped 10 years ago when the client's family moved away, and it was only just disclosed by one of the cousins 2 months ago. During the assessment for the courts, the client was able to describe in detail how sexual abuse could lead to many difficulties for people who have been abused, and he was also easily able to describe how his life would be negatively impacted should he engage in this behavior again.

### **7. Knowledge of Consequences of Sexual Offending**

d) A 16-year-old male is being assessed following recent charges for possession and distribution of child abuse images. Parents and his therapist noted that the client has consistently demonstrated that he knows that sexually abusive behavior can impact others in many ways, and he has also consistently described how accessing child abuse images contributes to creating a demand for more child abuse images and, therefore, more child abuse. The client has also informed parents and others about how any further sexual offending behavior will lead to many personal difficulties for himself.

### **8. Strategies to Prevent Sexual Offending**

a) A 14-year-old male is a resident in a secure custody facility following repeated sexual offenses against several younger children in his housing complex in the city. He also has prior convictions, from age 12 and 13, for similar sexual offenses in the community. When asked about the past 2 months, staff on the unit have described how the client has occasionally targeted some of the younger residents and has attempted to force them to engage in sexual behavior. Staff also explained, however, that , during the past 2 to 3 weeks, the client has been able to use his mindful breathing techniques on some occasions instead.

### **8. Strategies to Prevent Sexual Offending**

b) A 16-year-old female has been in treatment for the past 5 months following sexual offending that occurred against a 10-year-old neighbor last year. Parents and therapist reported that the client has participated well in therapy and has discussed a number of different prevention strategies (e.g., refusing babysitting positions, not being alone with younger children, using mindfulness to cope with sexually arousing memories of the offending). When asked about using these strategies in the past 2 months, the client stated that she has never had to use them. Parents also described how their daughter has not been with younger children.

### **8. Strategies to Prevent Sexual Offending**

c) A 15-year-old male was recently convicted following sexual offending behavior that occurred with a family pet over the course of two weeks when the client was 13. The offending behavior was detected only recently because the client made a video recording one day, and this was discovered when his uncle borrowed the client's video game system. The client has not yet participated in treatment, and he described how he now tells people that he is allergic to pets so that he is never in a home with an animal. Parents agreed that this is the case, and they added that their son is now able to tell them when he needs their support and that they have worked together to solve a number of issues.

### **8. Strategies to Prevent Sexual Offending**

d) A 17-year-old client is being assessed following sexual offenses against the son of a close friend of the family. During the assessment, he explained that he is well aware of how sexual abuse would harm a child, so he could think of this next time he gets a thought of reoffending. When asked about any possible “close calls”, he outlined how he has found himself becoming sexually aroused recently while at the shopping mall when he sees a young child. He described how he has usually coped by thinking about the harm that would result from a reoffense or he has left the mall altogether. He added that he has also sometimes thought about just talking with the child to see if the urge will go away.

### **9. Compassion for Others**

a) A 13-year-old male offended sexually against an elderly neighbor last year. When asked about his functioning during the past several months, parents and stepparents noted that he has a very difficult time showing his feelings, so it is very difficult to know how much he cares for others. They did stress, on the other hand, that he is not usually mean to others and that he shares readily with his siblings. During interviews, the client denied aggressive behavior towards others, and there were no reports of aggression in the file materials aside from the sexual offending. He also reported that he tries hard not to hurt people's feelings.

### **9. Compassion for Others**

b) A 25-year-old male has just been sentenced following sexual offending that occurred at a house party. According to the police file, the client was once cautioned by police at age 17 following suspicion that he was engaged in voyeurism at a community center. Test responses from both the client and his parent indicate that he is very concerned about the thoughts and feelings of others, he expresses his feelings openly, and he tries to do things that make others feel good. He also expressed considerable remorse regarding the sexual offending, and he would like to find a way to make restitution.

### **9. Compassion for Others**

c) A 14-year-old female has been in community-based treatment for 6 months. She was referred as a result of a significant history of childhood sexual victimization, in addition to sexual offending behavior with 2 younger children at age 13. According to information from the client and her therapist, the client has been suspended 3 times from school in the past month as a result of extensive bullying of more vulnerable peers. She has also recently posted insulting comments about teachers and peers through social media, and she described how these individuals deserve to be punished because of how they have acted.

### **9. Compassion for Others**

d) An 18-year-old male is a resident in a specialized treatment center for youth who have sexually offended. During an assessment focused on the first several months of his residency, it was noted by some staff that he is very much focused on getting his own needs met at any cost and that he struggles to negotiate with his peers. The client's father described how, when the client was very young, he would be incredibly mean to his siblings and cousins, and he would harm the family pet. The client's therapist outlined that the client has done a lot of work on perspective taking and social skills and that the client often shows concern for others.

#### **10. General Values and Attitudes**

a) A 19-year-old male was convicted 8 months ago as a result of sexual offences against 2 peers. According to police documents, client interview, and parent interview, the client was involved in frequent shoplifting and fire setting behavior with peers from age 12 to 15. Report cards from that time also speak to the client's rude behavior towards teachers and school officials. Interview and testing data focused on the past 6 months indicate that the client is careful to follow rules and that he values the direction and support of parents and his gymnastics coach. Parents have also explained that their son is very respectful with others and that he has not engaged in criminal or violent behavior since age 15.

#### **10. General Values and Attitudes**

b) A 13-year-old male who offended against a sibling last year was just moved 2 weeks ago to a new foster home following repeated underwear theft behavior. His former foster parent explained that the client was sneaking into her bedroom and stealing her underwear for the past 4 months. She also described how, ever since he moved in last year, she would often find that he had taken food without permission and hidden it in his room. The former foster parent explained that, when confronted, the client would consistently deny the behavior, and he would blame another child in the home. During the assessment with the client, he denied ever engaging in these behaviors—in addition to the sexual offending.

#### **10. General Values and Attitudes**

c) A 16-year-old male is being assessed for the courts following exhibitionism offenses that occurred against adult strangers over the past 24 months. Information from parents, teachers, and psychological testing indicate that, aside from drinking, the client has never engaged in nonsexual illegal behavior and that he believes that it is important to obey laws and rules. The client was also described as one who is kind towards others and who respects teachers and parents. The client struggles with anxiety and perfectionistic standards and, as a result, he is often not truthful with teachers about his school work. He has also recently gotten into conflict with parents for sneaking alcohol from home on 2 weekends.

#### **10. General Values and Attitudes**

d) A 14-year-old male who offended sexually against a teaching assistant 4 months ago is participating in an assessment prior to treatment. It was noted that, during the past 3 months, the client has stolen cigarettes and marijuana from his uncle on numerous occasions, and he has been suspended from school on 4 occasions as a result of issues such as swearing at teachers, accessing sexual media in the school library, and truancy. The client was also in a fight last month with his former best friend after secretly dating his friend's partner. Psychological test results were inconclusive regarding the client's attitudes as a result of socially desirable responses.

### **11. Self-Regulation**

a) A 15-year-old male has been in counseling for the past 5 months following sexual offending that occurred 2 years ago. Testing and interview data reveal that the client has average executive functioning skills and that he has the ability to initiate, plan, and complete tasks, monitor his progress, and cope with potential distractions. It was also apparent from the assessment with the client and his parents that he is often able to express his feelings appropriately and control his behavior at school and at home. The client also explained that he has been struggling for the past 6 or 7 months regarding his efforts to stop accessing sexual imagery online at night, and he said that nothing much seems to help.

### **11. Self-Regulation**

b) A 21-year-old male who offended sexually against a peer at college last year has been in counseling for 4 months. According to file documents, the client was diagnosed with ADHD at ages 8, 13, and 18. During the assessment, the client's probation officer described how the client is very rarely impulsive in his actions and that he values honesty and respect. Interviews with the client and his parent reveal that the client is well able to identify and express his feelings appropriately. It was also found that the client is not easily led by his peers and that he puts a lot of effort into school and his part-time job. The client's parent said that the client is quite careful and thoughtful in his approach to most activities.

### **11. Self-Regulation**

c) During the assessment of a 13-year-old female who had offended sexually against a cousin, she had difficulty sitting still in her seat, and she frequently touched the assessment materials—even after being asked not to. The client's grandparents explained that she has had 2 or 3 “meltdowns” every week over the past 2 years since she moved in with them and that she has regularly been stealing money in the home and getting into physical altercations with her younger brother.

### **11. Self-Regulation**

d) An 18-year-old male has been in treatment for 1 month as a result of a recent conviction for downloading and distributing child abuse images. Interviews with parents, the therapist, and the client indicate that the client is very prosocial in his orientation with others and that he very often expresses his emotions openly with close family members and friends. It was also pointed out that he often makes good decisions after weighing the consequences, but parents expressed concerns regarding their son's frequent binge drinking over the past several months. Testing and interview data suggest average levels of impulsivity, overall, relative to the normative population.

### **12. Problem Solving**

a) A 12-year-old male was just convicted following a sexual offense against a younger child in the neighborhood. Parents described their son as one who is very careful with his actions and who quickly recognizes difficult situations. They added that he is very patient when he is playing video games or building complex models with Lego. The client agreed that he is good at recognizing when things are not going well at home and at school and that he always thinks before he acts. The client's classroom teacher stated that the client does very well academically but that he struggles when peers occasionally tease him. The teacher added that the client typically reacts by hitting himself, throwing his books, and crying.

### **12. Problem Solving**

b) During the assessment of a 17-year-old male who offended sexually several months ago, it was found that he has struggled with inhalant abuse since the age of 14. Parents described how the substance use behavior has been improving markedly during the last half a year. They also pointed out that their son typically engages in prosocial behaviors, that he is compassionate with others, readily learns from consequences, and thinks carefully about his actions. During the assessment with the client, it was identified that he is very thoughtful and careful in his actions and that he is well aware of the consequences of continued inhalant abuse and sexual offending behavior.

### **12. Problem Solving**

c) Child protection authorities have questions about the risks posed by a 23-year-old male who offended sexually when he was 15. In an assessment of his recent functioning, it was found that he tends repeatedly to get into arguments at his workplace with his co-workers. The client described during interviews how people at work just won't listen when he is telling them how they could do their jobs better. The client's partner explained that the client can be quite stubborn and that, when they have disagreements, he typically just walks away in anger.

### **12. Problem Solving**

d) An 18-year-old female has been in counseling for 8 months following sexual offenses that occurred at age 16. A psychoeducational report completed when the client was 15 indicated that her intellectual functioning was at the 29<sup>th</sup> percentile. The client's caregiver (maternal aunt) and therapist both described how she has learned and practiced emotional regulation and decision-making strategies and that she can put these in place at school and with her friends. The client described that she still has difficulty recognizing when others are trying to take advantage of her, and maternal aunt agreed that this has been a concern a few times this year.

### 13. Responsivity to Guidance and Support

a) A 23-year-old male is denying that he offended sexually, and the client's therapist explained that he will not complete his offence cycle; although he has made many positive changes in therapy regarding his emotional control, sexual attitudes, and sexual media habits. Interviews with the client's partner and employer indicate that the client has made a number of positive changes in his life during the past 6 months. The client's employer outlined how the client has learned many new skills from his supervisor, and the client's partner explained that the client has worked closely with his spiritual leader for the past 4 months to eliminate problematic substance use.

### 13. Responsivity to Guidance and Support

b) A 19-year-old male who offended sexually against an adult stranger is being assessed for sentencing purposes. Test results indicate that the client is emotionally overcontrolled and prides himself on being independent. Parents explained that their son used to be a good listener and that he was very cooperative when he was younger but that, ever since the family moved 3 years ago, he now gets into frequent arguments regarding even the smallest chores in the home. Parents described how they have tried many positive ways to help their son with his anger and depression, including a brief course of individual therapy. They added that their son is also refusing to speak with them about the sexual offending.

### 13. Responsivity to Guidance and Support

c) A 12-year-old male is in counseling as a result of sexual offenses that occurred at a community park 3 months ago. Teachers described the client as socially isolated; however, they added that he is a respectful and hardworking student who carefully follows instruction and direction. Parents agreed that their son is typically very cooperative and that he follows their expectations, but they have recently raised concerns regarding the number of hours that their son plays video games at home by himself. They added that, during the past few months, he has gotten into several arguments with them about the limits that they have placed on this activity.

### 13. Responsivity to Guidance and Support

d) During an assessment of a 16-year-old male who offended sexually last year, it was noted by the client's teacher and therapist that the client has demonstrated that he is easily able to learn new affective-expression and social skills and then apply them with peers and adults. The client's mother and stepfather agreed that this has been the case for at least the past 6 months, and they said that they are very proud of his accomplishments. The client spends alternate weekends with his father, and his father explained that, although he is reasonably happy with the recent changes in his son's behavior, the client refuses to comply with the direction to join him in his karate classes on Saturdays.



#### **14. Self-Esteem**

a) During an assessment, the client described how he feels quite positive about himself, overall, and that he is proud of his grades, his singing, and his recent promotion at work. He is presently 18 years old, and he offended sexually within the extended family last year. He also stated that he does not think of himself as a “sex offender”. Parents agreed that their son is reasonably confident and has a positive self-image. Parents also expressed their concern regarding their son’s reluctance to discuss the sexual offending. The client’s responses on an experimental questionnaire suggest that he feels that he is a disgusting person because of the sexual offending and that he is often worried what others think of him.

#### **14. Self-Esteem**

b) A 16-year-old male is presently in secure custody as a result of arson-related charges and sexual offenses against several peers. He has only been in the facility for 2 weeks, and staff describe how he has adjusted well to the structure of the setting. Interviews with the client’s former foster parents indicate that the client has struggled socially for the past several years, because he thinks that he is superior to everyone else. During interviews with the client, he explained that there is nothing about himself that he wants to change and that he likes that he is intelligent, attractive, athletic, strong, and that he can beat any video game that he plays.

#### **14. Self-Esteem**

c) A 14-year-old male was recently cautioned (but not charged) by police and child protection authorities after reports from grandparents that he touched his infant step-sibling sexually during a visit. During interviews, parents explained that they are unsure whether or not the sexual offending happened, and the client said that he cannot remember ever touching the child. Test results point to a positive self-esteem, overall, and the client described that he likes his hair, eyes, height, and the fact that he has many friends. He would, however, like to eliminate his acne. The client’s mother and stepfather added that he is a reasonably confident and social teen who is proud of his several talents and abilities.

#### **14. Self-Esteem**

d) A 25-year-old male is soon to complete a probation order following sexual offending that occurred at his previous workplace. He will also soon be transitioning into a semi-independent group home. Test results indicate that the client feels quite uncertain about his future, and he described how it is difficult for him to hold a job as a result of his temper. The client described how he feels positive about his physical appearance, his family relationships, and his personality, and test results indicate that his self-esteem is in the average range relative to the normative population. Although the client did not report extreme levels of shame, he stated that he works hard to never talk about or think about the sexual offending.

### **15. Intimacy and Friendship**

a) A 17-year-old female has recently been charged following sexual offending that occurred at the family's trailer. The client is denying that the offending happened, and her parents are also adamant that this could have never happened, as they were always present. During the assessment, parents and the client all described that the client has had two close friends since the 5<sup>th</sup> grade. The client noted that, during the past month, one of these friends moved away, so she feels that they have drifted apart. She also described how she and her remaining friend will do anything for one another and that they trust each other with the most sensitive information, including the recent criminal charge.

### **15. Intimacy and Friendship**

b) An 18-year-old male who offended sexually against 3 younger children is soon to be moving home following 12 months in specialized residential treatment. Staff at the treatment center described how the client is quite immature socially and emotionally and that he struggles to maintain any positive relationships with his age mates. The client initially described how he has 20 close friends. Upon further discussion, he said that he is close to one of the other residents because they are on the same unit, they both enjoy anime, and they are both bullied by the other residents. The client added that he and this other resident never share personal information and that they sometimes avoid one another on the unit.

### **15. Intimacy and Friendship**

c) During an assessment, the client's aunt and the aunt's partner (with whom the client has been living since age 4) explained that the client plays road hockey and baseball on the street almost every night with his 4 friends. The client is presently 13 and a half, and he was charged last year following sexual offenses at school. According to the caregivers, the client's neighborhood friends are all aged 8 and 9, and they outlined that the client has a very warm and close connection with these friends. During the assessment, the client also described how he talks often with these friends about sports, school, and family struggles. He added that he would trust these friends with his life.

### **15. Intimacy and Friendship**

d) One month ago, a 14-year-old male transitioned out of a residential treatment facility after a year and a half. Staff at the facility described the client as cooperative and friendly, and they said that he had close connections with 4 or 5 of the other same-age residents. The client stated that he hopes to keep in touch with 2 of these peers in the future. The client moved back home with his grandparents last month, and grandparents outlined how the client is spending some time at the local skateboard park and that he has begun to develop a friendship with a 15-year-old who goes there regularly. The client agreed that he has met a new friend and that they are mostly just talking about skateboarding at this point.

#### **16. Relationship with Parent/Caregiver**

a) A male aged 16 exposed himself sexually to several peer-aged strangers over the course of 1 year. He is living at home with his mother, and he explained that he regularly enjoys watching TV with her. The client's mother agreed that she and her son have a very positive relationship and that her son is able to share many of his thoughts and feelings with her. She added that the client's father has failed to show up for the last 3 scheduled visits during the past half year, and she is worried about the impact of this on her son. The client described that he loves both of his parents and that they are both there for him. He also stated that his mother has helped him tremendously with school and court.

#### **16. Relationship with Parent/Caregiver**

b) The mother of a 15-year-old girl who offended sexually against a peer 4 months ago while at a summer camp described a highly conflictual and unrewarding relationship with her daughter. The mother's partner also outlined how they, too, have had almost daily arguments with the client since the girl turned 12 and that the client is now on a waiting list for residential treatment. The client agreed that she has a difficult and conflictual relationship with her mother. She described how her mother's partner has been in her life for 5 years now and that she gets along a bit better with her mother's partner than she does with her mother. She also said that her mother's partner occasionally helps her with schoolwork.

#### **16. Relationship with Parent/Caregiver**

c) A 20-year-old male was recently convicted as a result of engaging in sexualized video chatting with 2 pre-teens (ages 10 and 12). He is presently in a detention center awaiting sentencing, and he described how he has generally gotten along well with his mother and stepfather during the past year; although he is wondering about their commitment to him, as they have not visited him in 3 weeks now. He added that he loves them very much, but he is worried that they are very ashamed of him.

#### **16. Relationship with Parent/Caregiver**

d) A 15-year-old male is close to completing specialized treatment following sexual offending that occurred at a religious institution 8 months ago. The client was adopted at age 8 by his maternal aunt and her partner, and he outlined how, during the past year, he has started to trust them more and that he now feels that he belongs in the home. Adoptive parents stated that the client continually acts out to test their commitment to him by running away, lighting fires, and stealing money. The client also mentioned that, after 13 years, he finally had a visit with his biological father. However, he stated that it did not go well and that he never wants to see his biological father again.

### **17. Parent/Caregiver Practices**

a) A 15-year-old client is being assessed prior to court-mandated treatment following sexual offending that occurred 7 months ago. The client resides with his mother and father, and they were described by the client (and presented) as kind and loving. The client's parents are not involved in antisocial behavior, and they provide the client with clear expectations regarding school attendance and chores at home. The client's parents reported that they want the client to develop greater independence, so they do not always require to know where he goes in the evenings when he leaves the house, and they are not always sure of whom he is going with.

### **17. Parent/Caregiver Practices**

b) A 14-year-old female who was cautioned by police following sexual offending that occurred at school resides with her mother and her mother's partner. Clinicians working with the family describe the mother and mother's partner as engaged in treatment, and they added that both parents are loving and supportive and that they provide good supervision in the home and community. The client described how she must follow a number of reasonable expectations in the home, and she added that she enjoys her visits with her biological father. According to the client and the client's mother, the father rarely speaks with the client, and he occasionally fails to show up for scheduled visits, which are planned 4 times a year.

### **17. Parent/Caregiver Practices**

c) A 25-year-old male who offended sexually against a sibling 10 years ago is working full time and living with his partner. The abuse was just recently disclosed, and an assessment has been ordered by the court. The client's mother and father have often provided the client with money to help with expenses, and the client and his partner would frequently spend time with his parents at his family home. Parents are prosocial and caring, and the client described how he has felt loved and supported by his parents. Following the disclosure 4 weeks ago, the client's parents stopped visits with their son, they described how very angry and disgusted they are with their son, and they feel hopeless about his future.

### **17. Parent/Caregiver Practices**

d) A 17-year-old male was recently charged as a result of making a recording on his phone of a sexual offense against a peer at a party. The client is denying this, and he pled guilty to an assault charge on the advice of his lawyer. His parents separated when he was 7, and he alternated between the two homes until his arrest 3 months ago. The client's mother and her current partner were described as very caring, and they have helped the client through many struggles over the years. The client's father also clearly loves his son very much, and the client said that his father has always been there for him. The father's partner indicated that it is now hard to trust the client and that the client is not welcome to return to their home.

**18. Engagement in School/Work**

a) A 14-year-old male was recently convicted as a result of sexual offenses against 2 peers. He reported that he has typically done well at school in courses that he enjoys. Reports from parents and his current teacher indicate that he has obtained above-average grades in several courses during the past 6 months and that he enjoys several of his courses. The client indicated that he is not involved in any clubs or teams at his school, and he described how he most often prefers to come home after school on his own and play video games. Parents explained that their son struggles to make it on time for his first class a couple times a month and that he occasionally fails to complete his assignments.

**18. Engagement in School/Work**

b) A 17-year-old client is soon to be completing high school. He is also soon to begin counseling following sexual offending that occurred against a younger sibling. Parents remarked that the client has coasted through school for most of his years and that he is reluctant to do homework or study for tests. They have noticed, however, that he has been trying harder since this school year began a month ago. During the interviews, the client explained that he has long struggled to pay attention in class unless he really likes the teacher. He also said that he would rather be almost anywhere other than school and that he is not involved in any of the teams or clubs.

**18. Engagement in School/Work**

c) A 25-year-old male is completing treatment following charges related to downloading and distributing child abuse images. The client's therapist explained that the client has done exceptionally well in therapy and that he has demonstrated tremendous insight. The client lives with his uncle, and his uncle also described significant positive changes during the past half year regarding emotional regulation and maturity. The client has been working in a restaurant for the past 4 weeks, and a report from his supervisor is quite positive. The client described how this job is just a means to an end and that he is actively seeking something better.

**18. Engagement in School/Work**

d) For the past 3 months, a 15-year-old male has been a resident in a large residential treatment facility for youth who have offended sexually. The client described how he plans to attend college in the future and then work as an auto mechanic. Parents reported that, last year, the client failed 2 courses and was often absent from school as a result of extensive marijuana use. Teachers in the treatment facility noted that the client is very successful and positive in their school program and that he has obtained excellent grades in all courses. Staff and teachers also indicated that the client has volunteered regularly at the school's auto shop to assist the teacher.

**19. Engagement in Organized Activity**

a) A 21-year-old male is being assessed for the court following sexual offending that occurred recently with a younger cousin over the course of 5 months. He lives at home with his mother and stepfather, and he is currently looking for employment after losing his job at a fast-food restaurant last month. During the assessment, the client described how he played soccer throughout high school, and his mother and stepfather concurred that he was very involved in both school and league soccer until age 18. The client described how he has participated in a weekly adult soccer league for the past 2 years. The client's stepfather and mother noted that the client has missed a few games in the past 6 months because of being hungover.

**19. Engagement in Organized Activity**

b) A 15-year-old male who offended sexually against 2 younger siblings at age 13 has recently returned home following a placement in foster care. During the assessment, he explained that he was elected to the student council at his high school 4 months ago and that he is very much enjoying the extra responsibilities at the school. Father and stepmother explained that the client puts a lot of effort into his role as school treasurer and that he started 2 fundraising initiatives at the school to raise funds for the class trip to Portugal at the end of the school year.

**19. Engagement in Organized Activity**

c) A 17-year-old male who exposed himself sexually to several adult female strangers at age 15 and 16 is soon to begin treatment. Parents explained that their son used to belong to Scouts when he was younger, and he also taught swimming lessons at the community pool until his arrest 3 months ago. The client was also actively involved in faith-based youth groups until his arrest. During the assessment, the client explained that he would really like to return to teaching swimming, and he would also very much like to return to his youth groups; however, he said that his probation conditions prevent these activities. In the meantime, he is looking into the possibility of joining an adult bowling league.

**19. Engagement in Organized Activity**

d) A 16-year-old male has been in three different foster homes since age 10, but he has been in his current foster home for the past year. At age 15, and while at his previous foster home, he offended sexually against one of the other foster children in the home. According to the foster parents in his current home, the client has been reluctant to join any extracurricular activities. Although he was involved in community theatre and lacrosse in the past, he is worried that everyone in his town knows about his past sexual offending. On the other hand, he does spend a lot of time practicing the trumpet at home.

#### **20. Living Arrangement**

a) A 23-year-old male has been a resident of a minimum security facility for the past year. During the assessment, it was discovered that he was homeless for 2 years and moved between several shelters prior to his arrest for offending sexually against a young child in a store. The client described how he is appreciative of having a bed and regular meals, and he also stated that he has a trusting relationship with his therapist. He also described that he would rather be living on his own and that he occasionally worries that others in the institution will find out about his sexual offense charge.

#### **20. Living Arrangement**

b) An 18-year-old female recently completed specialized treatment following sexual offenses that occurred against 2 younger cousins when she was 15. Her parents divorced when she was 13, and, since that time, she has moved between both parents' homes. Her parents both have new partners, and she said that she gets into constant conflict with her mother's new partner and that she's not sure she can last much longer. She added she often feels replaced by their new daughter and that she is now only living at that home on weekends as a result. The client also described how she enjoys living with her father and his new partner the rest of the week and that she believes that she is very welcome and respected there.

#### **20. Living Arrangement**

c) A 13-year-old male was recently cautioned by police as a result of downloading child abuse images via his video game system. He described how he was initially looking for sexual images of same-aged peers but that he then started to receive images of much younger children as well. The client has been living with maternal grandparents for the past 3 and a half years, and grandparents described how the client is generally very prosocial and compassionate with others. The client stated that he enjoys spending time with his grandparents and that he is well connected to the community school and recreation center. He said that he hopes to live there until he is an adult.

#### **20. Living Arrangement**

d) A 15-year-old male offended sexually against several younger children in the community. As a result, he was moved 4 months ago from his remote town to a specialized treatment facility in a large city. During the assessment, the client stated that he is very much enjoying the social opportunities and the wood shop classes at the junior high school and that he feels very close to many of the staff and residents. The client was informed that the funding for his placement may be ending in 3 months when he turns 16, and he said that he is not sure where he will end up. Staff at the group home also mentioned that the client sometimes complains that he can't sleep, as he can't get used to the traffic noise at night.

Example 1

Protective	Neutral	Risk
P	N	R
2	12	6

Example 2

Protective	Neutral	Risk
P	N	R
5	6	9

Example 3

Protective	Neutral	Risk
P	N	R
4	2	14

Example 4

Protective	Neutral	Risk
P	N	R
8	6	6

Example 5

Protective	Neutral	Risk
P	N	R
9	8	3

Example 6

Protective	Neutral	Risk
P	N	R
13	3	4

Example 7

Protective	Neutral	Risk
P	N	R
3	5	12

Example 8

Protective	Neutral	Risk
P	N	R
15	2	3



**Example 9**

<b>P</b> Protective	<b>N</b> Neutral	<b>R</b> Risk
<b>P</b>	<b>N</b>	<b>R</b>
5	9	6

**Example 10**

<b>P</b> Protective	<b>N</b> Neutral	<b>R</b> Risk
<b>P</b>	<b>N</b>	<b>R</b>
16	1	3

Category 1: Very low intensity, if any, of intervention required focused on future sexual health

Category 2: Low intensity of intervention required focused on future sexual health

Category 3: Moderate intensity of intervention required focused on future sexual health

Category 4: High intensity of intervention required focused on future sexual health

Category 5: Very high intensity of intervention required focused on future sexual health