

Rules of Use

By commencing your booking, you and your fellow players agree to abide by these basic guidelines to ensure you and those around you have a safe net session.

It is a condition of hire and those not adhering to this agreement may have their booking terminated.

General Rules

- Only appropriate rubber-soled, non-marking cricket shoes should be worn—no spikes, heels, or street shoes
- Ensure the lane does not become congested with balls and take time to clear previously bowled balls in between deliveries
- All rubbish and equipment must be cleared after use; nets must be left as found, including stumps placed correctly
- Players under 16 must be supervised
- No more than 6 players per lane

Entering the Nets

- Only players and coaches are allowed in the playing area. Spectators please use the viewing gallery.
- Pad up in the padding up area provided - NOT in the lane
- Be aware of the ball at all times- make sure any players in the nets are finished before you enter
- Do not enter the nets until your booking starts – a loud bell will sound on every hour to indicate the start/end of a net session
- Do not take your kit bags etc into the nets they can cause obstructions and a distraction which prevent people taking evasive action.

Batting

- Be aware that the indoor nets provide a much faster batting surface than natural grass.
- Players must wear the correct protective equipment at all times:
 - Pads ◦ Helmet
 - Thigh Pad ◦ Box - if appropriate
 - Gloves ◦ Plus any extra padding depending on experience, speed of bowler etc.
- Please do not wear jewellery or watches and ensure pockets are empty
- When preparing to bat players must stand at the back of the net and keep eyes on the ball at all times
- Be aware of what is happening in the adjacent nets; please wait for a safe moment to retrieve the ball

Bowling

- Only one player shall bowl in any one net at any one time.
- Those waiting to bowl must stand in a sensible position and watch the ball to avoid being stuck

First Aid

- **There is NO first aider on site**
- The first aid kit is by the entrance of the centre and includes instant ice packs
- In the event of an accident please contact Alice on: 07970491784