



## What are Star Activations / Attunements and why are they so popular?

A star attunement is where I connect the recipient to a group of Star Beings or the spiritual energy or consciousness of a Star or group of Stars. This provides a high level healing or activation. The Star Beings that I choose to work with are extremely evolved and even more so than Ascended Masters on Earth. Whilst this may surprise some, this reality has been acknowledged in such teachings as Theosophy where the Master Djwhal Khul refers to "The Path to Sirius" as being a higher form of spiritual knowledge than is available on Earth. The evolved Star beings have a more expanded and "Galactic" style of consciousness. The energies from Stars are amazing and powerful. Stars are vast spiritual beings that directly influence the life, experiences and spiritual growth of all physical beings including humans. Past civilizations on Earth have called them Gods in recognition of their importance and ability to help us. Many myths and fables exist describing the Gods (stars) and their history of interaction with humanity. For those who are sensitive to spiritual energies, the experience of the Star energies is most enjoyable. This is above all a high level spiritual experience. Many Star Seeds recognise specific star energies from their lives in the Stars and so it is a "coming home" experience during the attunement. Each Star has its own energy, influence and spiritual agenda and all are good. As such attunements can be given with all of the billions of stars! However to be practical we must focus on those Stars whose gift to us is in alignment with our needs and spiritual agenda. This why I have chosen the most relevant and useful stars to work with in my attunements and this "panel" is on my website..

## Additional Information

### Star Attunements

I channel energies from the Star Masters and Stars directly to individuals who are ready to accept these gifts. We call these attunements and they work on many different levels to help you. They essentially **provide extremely high levels of healing and activations** leading to potential spiritual growth, the awakening of spiritual abilities memories of our Star heritage and the implementation of our Life Missions. Each Star Attunement is "tailored Made" for the individual receiving it so that it gives them exactly what they require at this moment in time. The Attunements carry the "flavour" of the specific Star(s) that it connects you to as well as the unique and skilful assistance of the beings that are connected to that Star (s). If you wish to receive a Star Attunement then you may choose one from below.

### ***Sirian Attunement***

This attunement connects us to the ancient energies of Sirius that eternally assists earth and humanity. This deep connection with earth and the strong connection with the Goddess that Sirius provides is experienced by many Star Seeds as a loving return to "Home". The Sirian Attunement reconnects us to the deep sense of meaning and well being that we crave as higher consciousness beings, it heals the feelings of separation and motivates us to engage with our life missions. It brings about an expanded awareness of the great cycles of ascension, time and the Goddess. Often there is a connection made to one of the Temples of Sirius that offers specific gifts for us. Here we receive healing and activations and receive initiations when we reach important points in our spiritual journey.

### ***Andromeda Attunement***

The energies of Andromeda are extremely expansive and connect us to Light. They allow our energetic bodies to become more fluid and they help us to be less rigid in our consciousness. They also accelerate our spiritual growth through an expanded awareness of light that connects everything. At this level of understanding it is more difficult to maintain the illusion of separation that our egos present to us.

### ***Pleiadian Attunements***

Here the Pleiadian Masters work with us to help us to anchor the energies and consciousness of the Pleiades such as unconditional love into our daily lives. They help us to ground this higher consciousness by finding ways to express this in the physical world. They help us to connect to creative energies and help us to be light and to find beauty / the divine in the world around us. The energies of the Pleiades are ideal for artists, musicians and dancers or anyone wishing to develop these aspects of themselves. The Pleiadian Masters help us to find harmony and co-operation amongst ourselves and with the planet earth herself.

### ***Vega Attunements***

The Masters from the Vega Star System help us to connect to universal compassion and divine love from the heart of God / source. These are profound energies and levels of consciousness that transcend normal human behavior and experience. To embody these is to be like the Saints and Buddhas. The Masters of Vega introduce these divine experiences to us and help us grow our consciousness in these directions. There is also the experience of self love as an awareness that we can develop. This is a gentle yet profound gift from the Masters of Vega.

### ***Arcturian Attunements***

The Arcturians from Arcturus are well known for their healing abilities. They also are experts at managing our energy systems so that we are balanced and aligned across all dimensions. Arcturians work in very direct and deliberate ways often using sophisticated technologies and with a deep understanding of spiritual energies and how they interact with physical and energetic beings.

### ***Orion***

This is an attunement with the energies and masters of the constellation of Orion. The focus is to help you to embody the highest level of personal power. The highest expression of this is to express your power and gifts in service to God/Goddess. This powerful attunement is much needed now as starseeds step into their power and discover that their life missions are greater than they first realised! The attunement may also help those who have difficulties with the subject of personal power resulting from past life difficulties. It also helps to focus our energy fields so that we are less vulnerable to the effect of other peoples energies.

### ***Rigel (Orion) Attunement***

This Rigel star Gate connects us to spirit in a very direct and powerful way. The energies of Rigel help with the integration of spirit within matter / the human experience. This is an incredible attunement that may suit those seeking to understand Diamond consciousness and to experience spirit more.

### ***Betelgeuse (Orion) Attunement***

This beautiful Betelgeuse attunement helps us to integrate more soul energy into our human experience. This is essential part of ascension. It also helps us to feel more alive, sensual and aware of the divine all around us.

### ***Cygnus Attunement***

This is an attunement with the energies and masters of the constellation of Cygnus. The focus is to help you to connect to the beauty and perfection of spirit. This is not only a hugely enjoyable experience but it is useful for when we want to remind ourselves that we are not alone and that we are a part of the magnificent Universe. This is a good attunement for those planning new projects as it helps us to think of the big picture and realise we are supported in the oneness of the Universe.

\* ***Star Bellatrix (Orion) Attunement*** - This attunement works with the most beautiful love energy - the love of other beings

\* ***Star Alnitak (Orion) Attunement*** - This attunement works with creating new things in life, manifestation of physical creation and elementals.

\* ***Star Saiph Attunement (Orion)*** - Connecting the inner worlds with the outer worlds in a conscious way, working with other dimensions and bringing these into the 3D awareness. Mastery of dimensions.