



Unlocking Potential with Energy Leadership: Energy Leadership Is a Powerful Investment for Corporate Teams

What Is Energy Leadership?

Energy Leadership is a transformative framework founded on the 7 Levels of Energy developed by iPEC. It assists individuals and organizations in understanding how both conscious and unconscious energy affect mindset, performance, communication, and leadership effectiveness. Leaders and teams can unlock greater purpose, productivity, and resilience by learning to recognize and shift this energy.

Why It Matters for Organizations

Revenue and mission-driven work requires deep commitment, collaboration, and compassion. But in today's environment of increasing needs, limited resources, and evolving expectations, even the most passionate teams face burnout, disconnection, and operational strain. Energy Leadership offers professionals the tools to:

- Reignite individual and team motivation
- Build resilient, emotionally intelligent leaders at all levels
- Improve communication and collaboration
- Create a culture of trust, ownership, and impact
- Navigate stress and change with greater clarity and confidence



What Participants Will Walk Away With

- ✓ A clear understanding of how personal energy affects workplace dynamics and outcomes
- ✓ Tools to shift from catabolic (draining) to anabolic (empowering) energy
- ✓ Practical strategies to reduce burnout and boost engagement
- ✓ A shared language for healthier conversations and team interactions
- ✓ A fresh perspective on leading with intention—regardless of title or role

Why Now?

Organizations face unprecedented challenges—including tightening funding streams, greater community needs, and a rapidly shifting workforce. Investing in staff development isn't a luxury—it's a strategic move toward sustainability, innovation, and long-term impact.





Introducing the Energy Leadership Mastermind 7-Week Mastermind Series

A 7-Week Group Coaching Experience for High-Performing Leaders

Ready to turn insight into action?

This mastermind series implements the foundational principles of Energy Leadership. Designed for growth-minded professionals, it offers the tools, support, and strategy to lead with clarity, confidence, and resilience—no matter what challenges come your way.

What's Included:

- ✓ Energy Leadership Index™ (ELI) Assessment (\$500 value)
 - A Forbes-recommended, research-backed tool that measures how you show up under stress and in your everyday leadership
- ✓ 1:1 Debrief Coaching Session
 - A private session to interpret your results and set personalized goals
- ✓ 7 Weekly Group Sessions
 - Live, interactive sessions guided by a certified professional coach
- ✓ Hot-Seat Coaching Opportunities
 - Each week, one or more participants receive focused coaching on real-time challenges while others learn through observation and discussion
- ✓ Energy Leadership Workbook
 - Practical tools, exercises, and strategies to support transformation between sessions
- ✓ Cohort of Committed Leaders



Engage in meaningful dialogue with peers who share your drive for purpose, growth, and leadership impact.

Who's It For?

- Leaders navigating high-stakes roles or organizational change
- High performers seeking greater self-awareness and influence
- Professionals experiencing stress, burnout, or stagnation
- Anyone ready to expand their leadership impact and energy

