

Inquiry for Assistance and potential options for accessing treatment

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Date Wednesday, September 14th, 2022 at 17:28

Forum of Australian Services for Survivors of Torture and Trauma
Contact the Forum of Australian Services for Survivors of
Torture and Trauma to find specialised support near you.
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SUBJECT: Allegations of Torture or Inhuman, Degrading Treatment or Punishment

DURATION: Began January 2016 to Present

TYPE: Psychological

Afternoon,

My name is Reece Ferrara, and I am writing to you after prolonged exposure to inconsistencies with what is written in laws, policies and procedures and what I have experienced. I live with ICD-11 PTSD and ADHD. PTSD is a direct cause of exposure to prolonged family violence then several years now of what I can only describe as an arbitrary application of law and regulation. My Paramedic registration has been unilaterally suspended against expert opinion, and I have been psychologically broken several times now. I am in survival mode, spending upwards of 16 hours per day outside of caring for my nine yo son, teaching myself law and Government processes to clear my name.

I learned what torture was only in October 2021 and had a severe trigger of PTSD when I felt it described what had been occurring. Before this, I was very distressed because I was confused about actions and responses that didn't make sense to the rules I was reading. I am not writing about these issues. However, I am making contact because I have been reduced from a Working Paramedic to living in a storage unit and socially isolated from almost everyone I knew. I am typically blamed when people are aware of negative events that don't make sense. The agony for me is that if

only they would read the facts that form the foundation of my relentless research, perhaps they might understand. For others, it is just too emotionally draining to watch someone go through such adversity and be powerless to do anything about it. Hence, I am mostly alone and defending myself alone.

The stigma attached to mental health leads people to assume and take others' statements as facts without checking them for truth nor considering what I have to say as I couldn't possibly be telling the truth. My belief systems and view of the world has been completely shattered, and I had never thought it was humanly possible for people to so easily do what they are with relentless malice that increases in tandem with increased efforts to defend myself. There has been no fair hearing, nor has there been impartiality. I genuinely did not think this kind of inconsistency was possible, but here I am.

I need help. I'm not asking for legal advice or assistance, I just need psychological support and health support. Unfortunately, the reprisals have left me on Centrelink benefits, and I cannot afford my treatment as the mental Health Care Plans have run their course.

What has been killing me over the years is that trying to reach out for help generally is met with inconvenience and contempt for making them aware of such adversity, and [I perceive] it is an unwelcome call out for assistance. Or to reinforce that I am no longer part of humankind.... Silence. No reply. Like I don't even exist or am worth a response. Thank you so much for your time, and at the very least, please respond. If you cannot help me, that's ok, but please do not ignore me.

Thank you

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