

24/05/2022 6:11 PM, Metropolitan Remand Centre, [REDACTED], Mental Health Nurse, Short term review

POST RRT f/u

seen in cambridge via trap

warm and friendly

expressing his views on the way SASH risk is managed at MRC- finds it distressing to be constantly asked if he has SI states he was having suicidal thoughts but since commencing lisdexamfetamine these thoughts have subsided and his mood has improved future orientated- most likely be released this week coping okay in quarantine

mse- nil psychotic sx, nil FTD, speech NAD, well groomed, orientated to TPP, thoughts logical and linear, judgment and insight- good

PLAN

jacob to self refer as needed

19/05/2022 2:02 PM, Metropolitan Remand Centre, [REDACTED], Associate Health Care Manager, Non Direct Clinical Contact

Partnering in healthcare framework

The author managed to call to [REDACTED] S38 [REDACTED] and updated [REDACTED] on the following [REDACTED]

- Jacob was seen by Consultant Psychiatrist today
- He has been prescribed Lisdexamfetamine oral capsule 70 mg for treating Attention Deficit Hyperactivity Disorder (ADHD)
- Medication has been ordered and should be available tomorrow Friday 20/05/22

19/05/2022 10:34 AM, Metropolitan Remand Centre, [REDACTED], Psych Nurse, Short term review

Risk review S1

From 17/5/22:

Received 911 call from Cambridge @ 1330

The At Risk referral states that "Prisoner was very upset and distressed and stated he wanted to die continuously. He was escorted by SPO [REDACTED] to medical as per instructions from the psych nurse"

Seen at 1340 in medical centre

Prisoner commenced S1 obs

Consultant appt 19/5/22

19/05/2022 10:32 AM, Metropolitan Remand Centre, S38 [REDACTED], Psychiatrist, Short term review

I was asked to see Mr Farrara for consideration of whether we could prescribe his usual lisdexamfetamine whilst in prison. History noted. P351.

Mr Farrara is also listed under an alias - Reece Storme.

Currently prescribed his usual desvenlafaxine 100mg mane.

Mr Farrara is a 38 year old first time prisoner who was remanded on 29/04/22 to prison from the community on charges of property destruction. He was initially incarcerated at MAP in U13 prior to transferring to MRC on 03/05/22. He is the S38 [REDACTED]. Prior to this, Mr Farrara was residing in a private rental in South Morang.

Was seen in med MH
States " for last four to five days I have been thinking about dying"
When questioned why stated " because I want to die "
" I dream about cutting my head off "
When asked about protective factors, and close family members stated " i do have, but it just doesn't work, and I just want to die"
Prisoner then laid on bed and wouldn't engage further"

Appears stated age
Canvas gown
Minimal eye contact
Poorly engaging
Flat and sad presentation

Discussion terminated by prisoner

1140 hrs requested and given 10mg Olanzapine

TODAY'S ASSESSMENT:

Received 911 call from Cambridge @ 1330

The At Risk referral states that "Prisoner was very upset and distressed and stated he wanted to die continuously. He was escorted by SPO [REDACTED] to medical as per instructions from the psych nurse"

Seen at 1340 in medical centre

Jacob known to writer from previous encounters

Jacob presenting as highly agitated, clearly distressed

Asked about his issues of concern Jacob reporting that "I am losing my fucking mind and nobody cares"

Asked about why he felt like this, he stated "I dream about being decapitated, I want to peel my face off, I want to rip off my own head"

Asked why he was feeling like that, he stated "I WANT TO FUCKING DIE"

Asked to explain the cause for his suicidal ideation, he responded "FUCK OFF CUNT"

Jacob then commenced rapidly punching himself in the face in a vicious manner - likely punched self in the face a minimum of 20 times

Jacob order to stop be writer, provided with firm limits, CVOs called into the room and Jacob was restrained

Mood "losing my fucking mind" and affect agitated and distressed++ - issues of concern consistent with recent presentation

No formal thought disorder evident.

Thought content - intense hopeless/helpless themes, suicidal ideations

No overt evidence of any perceptible disturbances.

Behaviourally disturbed - punching self in the face++

Reporting ongoing SASH ideation and intent demonstrated with punching self in the face

09/05/2022

TODAYS ASSESSMENT

Reviewed in Cambridge ; seen in interview room

On review Jacob presented to be quite and responding to clinician's questions.

Noted to be looking at the wall in the interview room.

Jacob reported he is "fine" and requested to leave the interview room as what he says get used the wrong way and he ends up in solitary confinement.

"I dont want you to put me in the fucking cell"

Reassurance provided by writer to Jacob. Writer advised that his purpose of the visit is not related to putting him in solitary as he has indicated Jacob described being placed on Observation as a form of torture which has made his mental state worse. he has been traumatised by that event and feels depressed

Reports he has had insomnia since the 27th April and has since not been able to sleep.

indicated that he has no appetite for food.

Jacob expressed his frustrations regarding not being medicated well. " i have ADHD and i cant get my medication"

Reports to be struggling mentally. Stated " i wish somebody would execute me because i cannot do it myself"; " i wish VicPol would do that as they have messed me up"

Jacob reported he is not suicidal or at risk to himself.

Expressed hopeless and helpless themes regarding his damaged reputation, loss of his Job, cancellation of his registration by AHPRA.

" I will never be a paramedic again"

Expressed his frustration regarding Australian System and the injustices done to him re domestic violence.

16/05/2022 9:36 AM, Metropolitan Remand Centre, [REDACTED], Radiographer, Short term review

Radiology; Perform chest x-ray as requested.

11/05/2022 4:09 PM, Metropolitan Remand Centre, [REDACTED], FMH Clinical Coordinator, Non Direct Clinical Contact

Referred by CCA following 911;

having significant issues with affective instability and impulsive behaviourally outbursts on background of PTSD

Also c/o of worsening depression and anxiety and insomnia

Seen in Chartwell

Knows writer from previous encounters

Jacob was initially quiet and spoke in short responses. Remained calm throughout the encounter, although clearly frustrated.

When asked about how he felt he replied "OK", when pressed further about this, his response was "I'm not allowed to be depressed".

Jacob was given time to vent his frustrations re: experiences in prison, "emotional torture" by the Australian gov.

He denied any thoughts or plans of SASH "I'm not a danger, don't have to worry". When asked what had changed he just stated "I want to go home".

Jacob talked about his plans get justice against the state of VIC for emotional torture. However he states he has financial troubles and may have to give up his house. Became teary when MHN talked about trying to be realistic when making plans for when he is released.

Has a psychiatrist for support when released.

He also talked about [REDACTED] being a driving force for him.

Mood "ok" affect teary, frustrated

No formal thought disorder evident. Logical and coherent.

Though content mostly appropriate to topic, some persecutory themes, future focused

No overt evidence of any perceptual disturbances. Denies same.

Behaviourally settled - nil agitation or distress evident

Denies any Current Suicidal Ideation Plan or intent - protective/supportive factors and future focus presents

SASH hx of suicidal ideation and ligaturing attempt in custody, denies any SASH ideations or plans, guarantees safety

RISKS psych Hx, SASH Hx, low tolerance for frustration/distress

PROTECTIVE/SUPPORTIVE [REDACTED], compliant with medication, future focussed

At Risk Referral @ 1645 from PO [REDACTED]

Referral states that "prisoner contacted the ombudsman during the course of this he refused to guarantee his safety"

Prisoner was "complaining of being held unlawfully in QT unit and refusing to cooperate with staff requests"

Didn't get RAT today so wasn't cleared from quarantine, highly agitated re: same

TODAY'S ASSESSMENT:

Seen in presence of ERG

Writer attempted to introduce self, Jacob begun screaming abuse

Refused to engage

Screaming about being held illegally

Screaming about suing the prison

Screaming about his rights to change the system

Kicking the door

Demanding ERG "come in and bash the fuck out of me!"

s30(1)

Refusing to guarantee his safety

When writer pointed out that he was angry re: tq, but refusing to quarantine would mean obs cell he became mute and refused to engage

Mood "fucking pissed off" and affect s30(1) [REDACTED] - issues of concern consistent with current circumstances

No formal thought disorder evident.

No overt evidence of any perceptive disturbances.

Behaviourally agitated - aggressive, threatening, yelling abuse, demanding to be assaulted, kicking door, has trashed cell

Refuses to discuss SASH risk, refusing to guarantee his safety

s30(1)

T/F MAP 3/5/2022 on S3 OBS

911 Referral 5/5/2022 placed on S1 OBS

MSE:

Dressed in Prison Greens

Also complains of right sided rib pain ongoing since he was restrained a few days ago when he tried hanging himself

appears teary

nil breathing related issues

nil fever

nil chestpain/sob

nil diarrhea/constipation

nil urinary tract symptoms

O/E afebrile Temperature: 36.7 oC, Blood Pressure: 138/75 mmHg, HR 84, O2 saturation 98% on RA

plan

commence nexium 20mg daily

continue with regular medication- desvenlafaxine 100mg daily

apply deep heat to right sided ribs

paracetamol prn

xray of right sided ribs

liaise with psych team for management of ongoing insomnia and mood related issues

CT chest ordered by mistake- kindly book for a chest xray and not CT chest

Risk Assessment:

- SASH: Denied any plans or intent to self-harm or to others. Nil suicidal ideation. Nil visual hallucinations. Denied any experience of paranoia, intrusive/bizarre thoughts. Denied any fleeting ideation
Mild Agitation and anxiousness observed today.
Seems upset from prison system in terms of his demands not met.
Nil BOC.

He said he will never hurt anyone but cannot guarantee his safety.

TODAY'S ASSESSMENT:

Seen in Bellbridge

Writer introduced self and explained RRT process

Presents as polite, pleasant and easily engaged

Asked about his mental health needs Jacob reporting that he is "in a state of despair" - Jacob repeated this line throughout the encounter

Jacob reports that primary concerns is "around not getting my medications, i mean, I've got ADHD and i'm not getting my vyvanse and it's just making me despair"

Jacob also reporting that "Insomnia is already an issue for me, then being here and not getting the right meds, the insomnia is just making everything worse"

Asked about SASH risk Jacob reports that "I definitely think about it and it's terrifying, I mean, I'm in a state of despair....but while I'm here, I won't be doing any self harm"

Jacob states "I'm going to make it to my court date, because I want to get out of here"

Jacob also reporting that "I'm not going to engage in self harm because it won't work and I don't want to get punished" - writer provide some reality feedback about DSH and restrictive management programs, encouraged Jacob to seek MHN support as required

Jacob agrees that if he "gets too sad or angry or like I'm feeling like doing something stupid, I will contact the psychs"

Given Opportunity to vent, offered some support and reassurance

Self-help strategies and various coping and management techniques discussed with Jacob - availability of MHNs, distraction, relaxation,

Mood "in a state of despair" and affect teary/anxious - issues of concern consistent with current circumstances

No formal thought disorder evident. Logical and coherent.

Thought content characterised by chronic hopeless/helpless themes

No overt evidence of any perceptible disturbances. Denies same.

General Information:

Observation request

Lab Order Number: 83.669828

Test ID

Type code: MRCXRAY

Type description: X-RAY

Time of lab test results is reported: 20/05/2022 9:47 AM

Observation date/time: 16/05/2022 10:10 AM

Ordering Provider: CENTRE METROPOLITAN REMAND (910030MR)

Diagnostic serv sect ID: RAD

Result status: F

Lab test results interpreted by

Family name: 242091 S38

Lab: SCMI

Personal details

Lab Patient ID: 83.213673

DOB: 21/07/1983

Sex: M

Family name: Farrara

First name: Jacob

Res address: CRN: 229122

Suburb: Metropolitan Remand Centre

City: RAVENHALL

Home Phone: 00

NW Mental Health both episodes this year has agreed I DO NOT have a personality disorder, yet it just so convenient to use to explain rational and understandable distress and effects reduced resilience from concurrent Corrupt events.

Dr Ingram found NO Evidence of personality disorder at this assessment

<https://drive.proton.me/urls/NB7DV7SYKC#kixSp0lbejtn>

4 Other Independent Medicolegal Psychiatrists found no evidence of personality disorder.

**DO NOT SEND VICPOL FOR WELFARE CHECK... VICPOL DONT COME NEAR ME PLEASE
UNLESS YOU ARE GOING TO SHOOT ME**