



FREE

# Calling All Teens!

If you are between the ages of 13-18, join us for a **FREE** full day, interactive workshop to learn about mental wellness, healthy, responsible relationships, sexual health, protecting yourself from HIV/AIDS and other STDs. Participants will receive **8 hours** of community service and will also have the opportunity to win raffle prizes throughout the event. This event is hosted by the South Palm Beach Alphas, KOP Mentoring Network and Omicron Delta Zeta Chapter of Zeta Phi Beta Sorority, Inc.

Presentations by the Healthier Delray Beach, Palm Beach County Health Department, Genesis Community Health, and mental health professionals.

**\*\*\*Pre-registration and written parental consent required to attend this workshop\*\*\***

**Breakfast, lunch and snacks provided.**

# 2024 MAKING BETTER CHOICES TEEN SUMMIT

A Project Alpha, KOP Mentoring Network, and Z-HOPE Workshop

Greater Delray Beach Chamber of Commerce  
140 NE 1st Street  
Delray Beach, FL 33444

**SAT  
MAY 11,  
2024**

**8:00AM to  
2:30PM**



South Palm Beach Alphas  
Oul1906@gmail.com  
www.oulalphas.com



KOP Mentoring Network  
info@kopmn.org  
https://www.kopmn.org/



Omicron Delta Zeta Chapter  
ODZDelray@gmail.com  
www.OutstandingODZ.com

Registration



Thank you to our community partners:





## 2024 MAKING BETTER CHOICES TEEN SUMMIT CONSENT FORM

Dear Parents/Guardians:

The 2024 Making Better Choices Teen Summit is a full day interactive workshop for teens between the ages of 13-18 hosted by Alpha Phi Alpha Fraternity, Inc., Omicron Delta Zeta Chapter of Zeta Phi Beta Sorority Inc., and KOP Mentoring Network.

The goal of this workshop is to educate teens about the possible consequences of high risk behaviors that could result in poor health, HIV/AIDS, sexually transmitted diseases and infections, and/or pregnancy. The workshop is designed to provide an environment that will have a positive effect on the attitudes and behaviors of the participants, build good character traits such as honesty, respect, and self-control, foster self-esteem, and help develop better problem solving, communication, and relationships skills. Participants will receive guidance, information, education, and gender specific breakout sessions to share their experiences.

By signing below, you, the named Parent/Guardian, acknowledge that your child is between the ages of 13-18 and has your permission to attend the workshop identified above, which will cover topics such as sexual health, mental wellness, responsible relationships, and sexually transmitted infections & diseases. You further acknowledge that you understand the purpose of this workshop is to provide education, awareness, and resources relating to these topics.

By signing below, you acknowledge your full understanding that the information provided during the workshop may include discussions, presentations and materials that are sensitive and mature in nature such as sexuality and relationships, HIV/AIDS, other sexually transmitted infections and diseases, teen pregnancy, abstinence/virginity and condom use.

By signing below, you acknowledge that you have the authority to and hereby grant full permission for your child to participate in the workshop identified above. You further agree to release and to hold harmless all representatives of Alpha Phi Alpha Fraternity, Inc., Omicron Delta Zeta Chapter of Zeta Phi Beta Sorority Inc., and KOP Mentoring Network for any and all claims or liability of any kind arising out of your child's participation in this workshop. If transportation is necessary, you agree to make arrangements or permit your child to be transported in vehicles owned or rented by the host organizations.

\_\_\_\_\_  
Child's Name (Print)

\_\_\_\_\_  
Parent/Guardian's Name (Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian's Signature