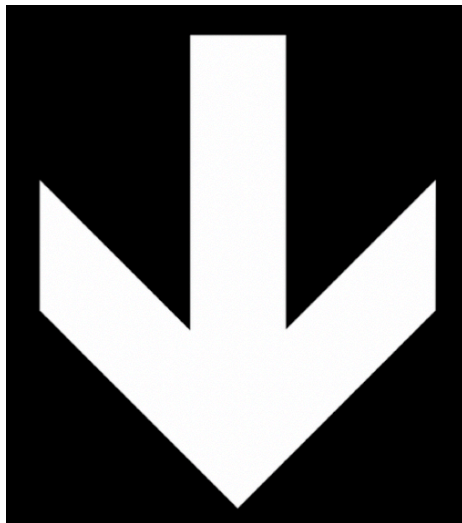


KEEP SCROLLING



BOSTON CITY COUNCILOR AT-LARGE

ERIN
MURPHY



Happy 4th from Old Ironsides ☐☐⚓



It was great to join Commander Farrell and crew, as well as lucky winners of the lottery for the annual **USS Constitution** Turnaround sail. It was a great day to spend time in the sunshine with everyone. Hope you all had a very happy Fourth!

Bunker Hill Community College and Eversource Partnership





Honored today to join a fellow educator, our inspiring First Lady, Dr. Jill Biden Senator Ed Markey, Congresswomen Ayanna Pressley, and old friend and former Mayor of Boston, Labor Secretary Marty Walsh at Eversource Station 99. We met with Bunker Hill Community College students who just completed the 1st year of the Electric Power Utility Technology program and are interning with Eversource this summer. Such a great example of private and public partners coming together to create career pathways. As I have said so many times in the past, I believe by working together, we can build Boston better!

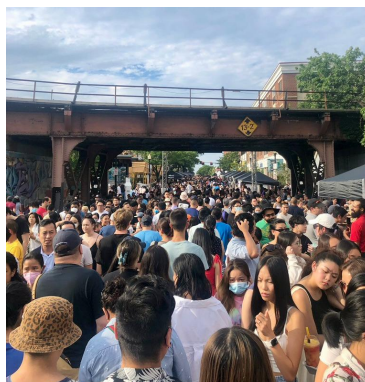


McConnell Park Ribbon Cutting

McConnell Park in Savin Hill is officially open! Investments include \$7.1 million towards park upgrades and features to further climate resilience. Make sure to visit the new play lot and fields.

Read More: <https://bit.ly/3aw2qEZ>

Boston Little Saigon Night Market *CHO DEM* □□



AMAZING time at Boston Little Saigon Night Market. Congratulations to the committee for such a successful event. Over 20,000 people came to celebrate together! I love my Vietnamese neighbors and so proud to live in this community.

Senior Pride at Veronica B. Smith Senior Center



Thank you to everyone who came out to support our first ever Senior Pride Celebration! What a truly beautiful afternoon of love, friendship and community! Thank you to our amazing drag performers, Kris Knievil and Melinda Wilson. Thank you to **Daniel's Bakery** for the cake, **Basil Tree Catering** for the veggies and fruit, Rep. Kevin Honan, **Age Strong** Commissioner Emily Shea, **Brighton Main Streets**, all our amazing volunteers but most important to the incredible seniors in the **VBS Community!!!**



Catie's Closet

A **#PrimeDay** surprise! Amazon made a visit to Joseph Lee K-8 with Catie's Closet today to fill the bus for kids in need! The Amazon team made a generous \$50,000 donation to Catie's Closet to help them open a new closet full of clothes and supplies for students. Thanks for all the important work you do!

Frog Pond Opening Day ☐



As of June 28th, the Boston Common Frog Pond is officially OPEN! It was a perfect

day to take in the beautiful sunshine, wade in the pond with the skyline in view and fraternize with the frogs. If you're looking for a relaxing activity in Boston that will get you outside in the heart of our city, take a stroll over to the Frog Pond! Bring a friend, your family or a good book and don't forget the sunscreen. See you there!



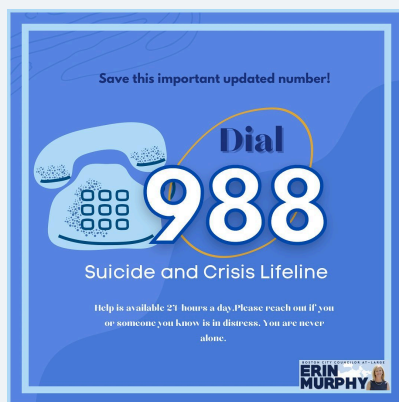
City Council Central Staff

I am so fortunate to work with the best staff on the City Council. Ron Cobb, our City Messenger, is one of the best around! Thank you for all you do to help support my office, and help us do the best we can for the City of Boston

Youth Sports



This is why I will continue to advocate for more youth sports across the City. Our children deserve it and we owe it to them!



Suicide and Crisis Lifeline

988 is the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing National Suicide Prevention Lifeline network. Help is a phone call away. Please reach out, you are never alone.

Senior Resource Fair with Rep. Hunt



Pleasure to join State Representative Dan Hunt, and seniors, to share more about local and state programs and resources that many seniors may qualify for. Connecting our seniors with the resources they earned and deserve is important to our office.



Youth Enrichment Services

I toured YES and met with Bryan Van Dorpe, Executive Director. At YES, Boston young people get year-round opportunities to get outside, build confidence, connect with positive role models, and develop into young leaders. You can join them for their track for their Summer Track and Field on Monday and Thursday nights at Moakley Park from 6:00-7:30pm.

Mattapan Coffee Hour



The team and I had the best time at The Mattapan Coffee Hour! So great to see the community come out and share a beautiful day with City Officials and a ribbon-cutting for the newly improved Walker Playground.

Neighborhood Concert Series □□□



Murphy and I had a blast at the first concert of the summer. The Boston Parks Department is hosting the Neighborhood Concert Series again and the lineup is great. [Check out here](#) to see where the next concert will be.

Mayor's Art Mural Crew



I always have fun painting with the Mural Crew! □□□ The [Mayor's Mural Crew](#) is a **Parks and Recreation** program. The program started in 1991 as a summer initiative to cover graffiti with murals painted and designed by high school students. Over the course of the program, they have engaged with hundreds of young people. Their current mission is to create neighborhood landmarks within Boston's parks and playgrounds.

Hula Hooping





I am having so much fun hula hooping my way around the City this summer!

Youth Mental Health



As the chair of Public Health, I am excited that Mayor Wu has announced that Dr. Kevin Simon has been appointed as the first Chief Behavioral Health Officer. Dr. Simon will guide public health strategy to support Bostonians' growing mental and behavioral health needs at the Boston Public Health Commission. Together, we will strive to move swiftly towards ensuring that every child has access to high-quality, affordable, and culturally competent mental health care.

Mayor Wu's Inauguration



Congratulations, Mayor! Though Mayor Wu has been supporting our community for months now, we were finally able to celebrate her historic victory and inauguration. We had a blast with our City Hall workers, community advocates and neighbors on City Hall Plaza.

Food Insecurity Discussion



Proud to have been part of a panel for Congresswoman Ayanna Pressley's listening and learning session with Project Bread! As the Public Health chair, a mom and a teacher, I am a fierce advocate for fighting food insecurity in MA and beyond. Let's bring our voice to DC, and back to the people.

No Books No Ball ☐ ☐



For 30 years, No Books No Ball has used academics, basketball, and community engagement to motivate urban youth and empower families, individuals, and communities. Founder Tony Richards Sr. created the No Books No Ball program because he wanted a place for his son to play, learn, and grow in a safe environment. It continues to be such an amazing organization our City!



JP Open Streets

The team and I spent last Sunday in Jamaica Plain for Open Streets Boston! We want to thank Mayor Wu, the City of Boston and **#OpenStreetsBoston** for a tremendous success. A Beautiful day and carnival of positive energy. Let's find the common denominators that can bring this City together.

Impact Melanoma



Connected with the [Impact Melanoma Team](#) at the Frog Pond where they outfitted the pond with touchless sunscreen dispensers! Our office continues to find locations for the dispensers across the City. [#PracticeSafeSkin](#) [#SPFisYourBFF](#)

iBlossom



IBlossom Girls Programs Double Dutch and Hula Hoop Tournament and Community Cookout was success. Thank you Lisa for all you do for our community!



Office of Veteran Services

I joined the [Boston Vets](#) team, and Cmdr. Farrell during the USS Constitution's Independence Day underway- and it's safe to say we had a blast bigger than the 21 gun salute. We're grateful for all the brave servicemembers who earned and continue to fight for our freedom!

New Leadership in Boston





Excited to welcome Police Commissioner Michael Cox, Fire Commissioner Paul Burke and Superintendent Mary Skipper. Thank you Mayor Wu for selecting such experienced leaders. Boston is in good hands. I look forward to working with all of you to keep moving Boston forward.

Boston Public Health Family Day



Thank you to all who made the [B Healthy Summer Fun Day](#) last weekend a great success! Proud to chair such an important committee with great people who know how to celebrate summer in Boston. The community had a fun day!



Supporting Small Businesses

[224 Boston](#), located in Dorchester, is a local favorite and, according to @thrillist, has one of the BEST burgers in Boston! With plant-based options and excellent service, you will want to return as a regular. Supporting local restaurants is crucial to driving the restaurant industry back onto its feet. I can't wait for my next visit! ☐
Check out there menu!

Summer Art Healing



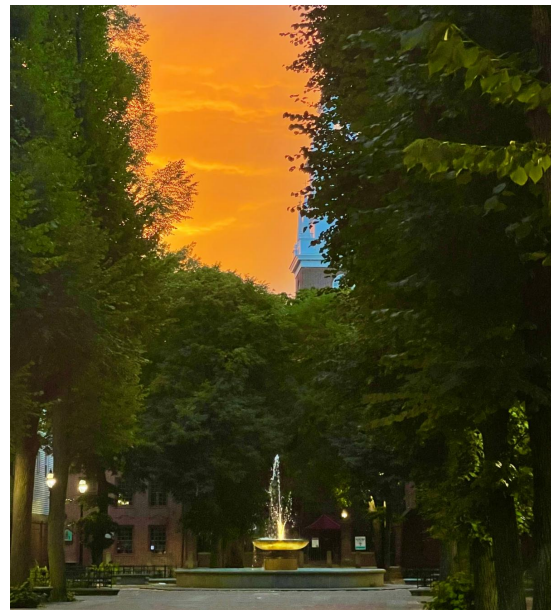
We visited Jamaica Plain for Summer Art Healing! Thank you to Councilor Mejia for putting this together and building community! As Chair of Public Health, a strong Community is our best defense for health and wellness.



Coffee with a Cop ☕☐☐♂

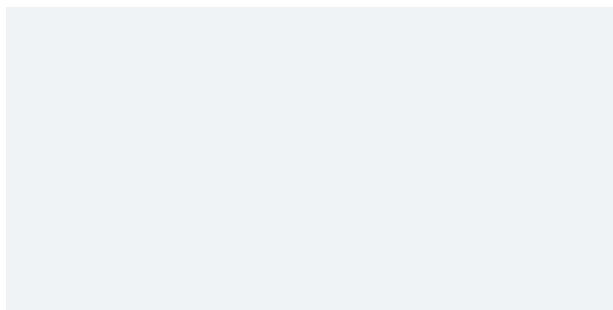
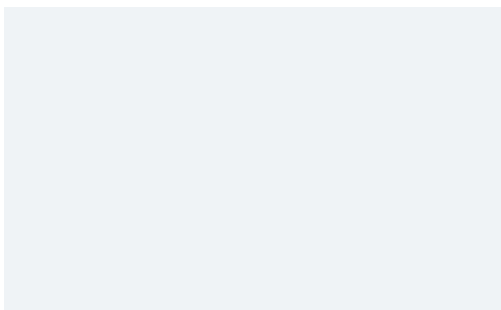
Thank you Dunkin for hosting Coffee with a Cop! Great to meet people where they are enjoying conversation and good coffee!

North End Sunsets



Just a beautiful reminder that we live in the best City in the country.

Good Bye and Hello to our BFD Commissioners





Our office is thrilled to welcome longtime Boston firefighter Paul F. Burke as Boston's new Fire Commissioner! Commissioner Burke has been with Boston FD for thirty-two years, and assumes the role officially on Friday, July 1st. Boston is lucky to have your leadership, Commissioner Burke.

We also celebrate former Commissioner Jack Dempsey's thirty-five years with the BFD. We are grateful for and thank you for your incredible lifetime of service, Commissioner. Wishing you the best!

Read more here: <https://bit.ly/3yaHV8J>

Highland Park Historic District





I was proud of our unanimous vote on the Boston City Council to designate Highland Park as an Architectural Conservation District. This park is now Boston's first protected historic district in over a decade. We were joined by Byron Rushing, Chief Rev. Mariama White-Hammond, Mayor Wu and many community leaders for the dedication.



Food Access All Summer

Out of school for the summer? Youth 18 and under can enjoy free meals all summer long! Visit <http://boston.gov/summer-eats> or call 617-635-3717 to learn more about Boston's Summer Eats program and find a site near you.

IBEW Local 103 Swearing In!



This year, over 350 students were selected for the IBEW 5-year apprentice program. This class is the largest and most diverse class of all time and even included a mother-daughter duo who are starting the program together! We are so proud of each and every one of the students starting the program. Congratulations!

Chinatown Summer Festival



We saw the fabulous Lion Dance and visited vendors at the Chinatown Summer Festival. So happy that Chinatown is hosting these festivals again. □

Festival Betances □ □



Festival Betances returned to the South End to celebrate Puerto Rican music and culture. It was such a joyous occasion uplifting the culture and celebrating in community.



Cape Verdean □ □

It was very special to celebrate Cabo Verdean Independence Day at City Hall! Thank you to the organizers that made this day possible, and to the [#capeverdeanassociation](#) ! □

GBLC Breakfast



Wonderful morning joining labor union leaders at the Greater Boston Labor Council breakfast. Our city is stronger when we support our unions! #unionstrong



City Council Central Staff

I am so fortunate to work with the best staff on the City Council. Ron Cobb, our City Messenger, is one of the best around! Thank you for all you do to help support my office, and help us do the best we can for the City of Boston

Allston Civic Association



We had the best time at the [Allston Civic Association](#) year end party. Congratulations on your 60th Anniversary. These folks know how to throw a party! Thank you to Harvard for their contribution to the celebration and for the warm welcome! We can make Boston better together!



Cristo Rey High School

It was a special night to join the seniors at Cristo Rey as they were recognized for their amazing college acceptances. Congratulations on your hard work and good luck at college!



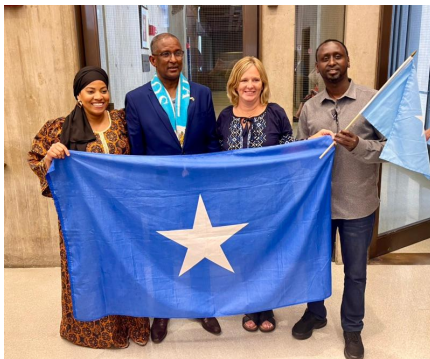
I stood once again strongly against hate in our city. The despicable words that were spray painted across The Pryde in Hyde Park will not drive out the spirit of this neighborhood and what is to become a wonderful and LGBTQ-friendly place for our seniors to live. #nohate #love



K9 Friends

Don't tell Murphy, but I had fun with Oscar and Lobo in Charlestown. Love when I see pets on my stops across the city. ☐☐☐

Somalian Independence Day ☐☐

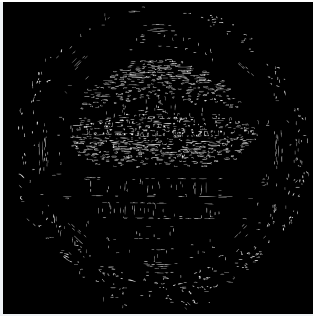


Happy Somali Independence Day! The Council adopted a resolution that makes July 1st, 2022 as Somali Independence Day. We are truly happy to recognize this special day.



Allison is a Commonwealth Heroine!

Councilor Flaherty and Flynn both agree with me that **State Representative David Biele** made a great choice when he recommended Allison Baker for the 2022 Commonwealth Heroine! Thank you David for recognizing Allison for her dedication to the children and families of South Boston.



Erin J. Murphy
Boston City Councilor At-Large
Erin.Murphy@Boston.gov
617-635-3115

Visit our
Website

DONATE

Committee to Elect Erin Murphy | 138 Msgr. Lydon Way, Boston, MA 02124

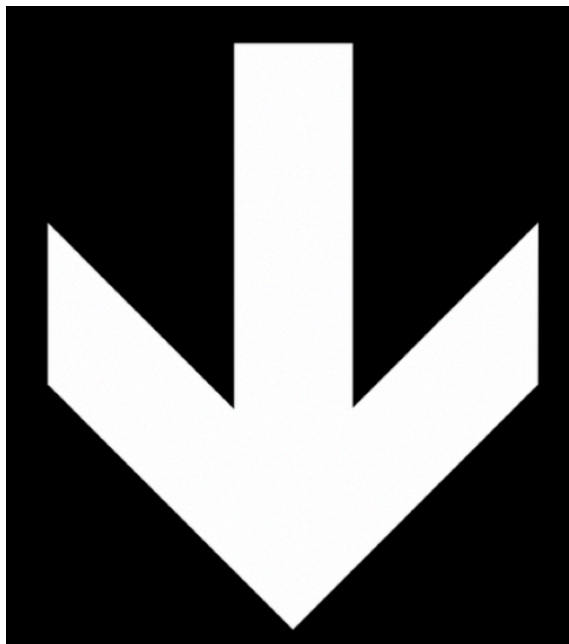
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From the Iannella Chamber



Highlights from the \$349.5 million ARPA funding the City Council unanimously passed

- **\$45 million** to build affordable housing in the City
- **\$20 million** for Boston's arts & culture sector, including placemaking murals and cultural anchors in BIPOC Communities
- **\$15 million** to create permanent supportive housing for homeless individuals
- **\$12 million** for a new Center for Behavioral Health & Wellness to combat the mental health crisis
- **\$6 million** for a youth green jobs program
- **\$4 million** for a new life sciences workforce and early college pathway
- **\$3 million** to expand tuition-free community college
- **\$750,000** to support childcare programs serving our families
- **\$500,000** to support constructing a new playground at the O'Donnell School in East Boston
- **\$100,000** to fund active engagement for seniors

Councilor Murphy's Specific ARPA Initiatives:

- Accelerating our economic recovery by investing in workforce development programs:
 - **\$350,000** for YouthBuild Boston
 - **\$100,000** for Newmarket Business Association
- Ensuring an equitable response to the ongoing pandemic through operational grants in support of mental health, homelessness, and recovery organizations:
 - **\$400,000** for The Phoneix: National Active Sober Community
 - **\$200,000** for St. Mary's Center for Women & Children
 - **\$200,000** for NamaStay Sober
 - **\$200,000** for The Gavin Foundation

Total Funding: \$1,450,000



NamaStay Sober



The Gavin Foundation



Newmarket Business Association



The Pheonix



YouthBuild



St. Mary's Center for Women & Children

Policy Update

A Hearing to Ensure a Safe Environment in our Boston Public Schools



CITY OF BOSTON IN CITY COUNCIL

ORDER FOR A HEARING TO ENSURE THAT ALL INCIDENTS OF BULLYING AND VIOLENCE ARE PROPERLY REPORTED TO ENSURE A SAFE ENVIRONMENT FOR ALL STUDENTS AND STAFF IN THE BOSTON PUBLIC SCHOOLS

WHEREAS, A recent audit of Boston Public Schools by the state Department of Elementary and Secondary Education reported that the Boston Public School system does not support the physical, social, and emotional well-being of all students and does not ensure a safe environment for all students; *and*

WHEREAS, That audit also found that the district's system for managing, responding to, and resolving complaints is not responsive to parent and guardian concerns. This has led to some parents not believing that the district schools prioritize the physical, social, and emotional well-being and safety of all students: *and*

WHEREAS, Acts of violence in Boston Public Schools, including physical assaults, bullying, and sexual assaults, are much to blame for this report; *and*

WHEREAS, District data shows more than an 80% increase in bullying complaints to 440 this year, compared to the 243 complaints in 2018-2019, the last full year of in-person learning. The rise in bullying prompted a student-led protest at the Boston Arts Academy in Dorchester and parental criticism of behavior in a third-grade class at the Manning School in Jamaica Plain; *and*

WHEREAS, The recent report on the Mission Hill School makes painfully clear that unabated sexual and mental abuse of students took place there for nearly a decade to countless students as young as 4 and 5; *and*

WHEREAS, With all the recent, tragic incidents in schools nationally, it's clear that sensible, timely communication regarding dangerous school situations is more important than ever. Now is the time for law enforcement and Boston Public Schools to cooperate, rather than alienate; *and*

WHEREAS, Due to a 2020 school policy to protect students' privacy, schools now provide less information to law enforcement than ever before, which in some cases, adversely impacts the safety of students. The policy requires law enforcement officials to get approval from Boston Public School lawyers or obtain a subpoena or court

order for information about students except in extreme emergencies, such as an active shooter situation; *and*

WHEREAS, There is frustration with the lack of action and accountability by Boston Public Schools. *The Boston Globe* reported on three assaults this spring where one student beat another with a Chromebook laptop, leaving one child bloodied and another with a concussion. In all three cases, the parents, rather than the schools, contacted the police; *and*

WHEREAS, Crimes happening outside school grounds are also a growing worry. The May 11th stabbing at Nubian Square Station is one recent incident. Both victim and attacker were students of Boston Public Schools. In another incident, earlier this spring, a teacher and student were shot just outside of TechBoston Academy in Dorchester; *and*

WHEREAS, Concerned parents and guardians are removing their children from Boston Public Schools. Enrollment has steadily dropped for over ten years and has only accelerated in the last two years; *and*

WHEREAS, Boston Public Schools is responsible for over 46,000 students and 10,000 school staff. The mental and physical safety of these students and school employees is of most importance; *and*

WHEREAS, The recent acts of violence - assaults, bullying, and sexual harassment - must be investigated and appropriately addressed with the help of the Boston Police Department to ensure the public safety of all students and staff in Boston Public Schools; ***NOW, THEREFORE BE IT***

ORDERED: That the appropriate committee of the Boston City Council holds a hearing to examine how the Boston Public School Administration handles all types of assaults and misconduct with law enforcement and to discuss much-needed transparency and solutions for such incidents in the upcoming school year. Representatives from the City of Boston, Boston Public Schools, Boston Police Department, MBTA Transit Police Department, the Office of Safety Services in Boston Public Schools, the Office of Equity in Boston Public Schools, youth leaders, members of the public, and any other interested parties shall be invited and are encouraged to attend.

Filed on: July 13, 2022

City of Boston's 3.99 Billion Budget

Key Wins from the FY23 Budget Meetings



- Increased investment in athletics for our BPS students
- Expanded mental and emotional health services for seniors and veterans
- Additional recovery services in every neighborhood
- Investment in workforce development
- Expansions of programming for seniors and youth at our BCYF Centers
- More accessible and equitable public waterfront spaces
- Plans to build out public performance and art spaces in parks and public squares
- Additional wellness benefits, including equipment, programming and wellness opportunities for seniors at BHA housing

Additional Wins from the FY23 Budget Meetings



FY23 budget proposed a 5.8% increase from FY22 to the following key areas:

- **Housing affordability:** Including creating and acquiring new affordable housing units, housing stability services and an expanded voucher program
- **Green Initiatives:** Including a greener city vehicle fleet, city-wide compost program, investments in the tree canopy and open space
- **Public Safety:** Additional public safety measures, rooted in Public Health, including a Behavioral Health center and a coordinated crisis response program
- **Additional funds** for the **Office of Black Male Advancement** and **Office of Returning Citizens**
- **Increased funding for Inspection Services** to address rodents and pests across the city

WATERGOAT CLEANUP



Join Muddy Water Initiative on Sunday, July 31st from 10-11:30 am for their WATERGOAT cleanup! Our Team had a lot of fun last time! Don't forget to wear your closed toed shoes, and clothes you don't mind getting dirty! Get ready to **#getmuddy** with us again!

Eileen's House



Wonderful day for the ribbon cutting festivities for Eileen's House in Dorchester with the Gavin Foundation, Governor Baker, Secretary Walsh, Councilor Baker, Councilor Flynn and State Representative Fluker-Oakley! It's their first substance abuse treatment facility exclusively for women. We need more organizations like The Gavin Foundation to battle the opioid crisis. We are in this together!

City Cleanups



Team Murphy shows up at cleanups in neighborhoods all across the City. It is a great way to meet new neighbors and make our City beautiful. We were recently at Brighton Main Streets and Moakley Park cleanups.

Asian Community Development Corporation

- SAVE THE DATE -

FILMS AT THE GATE (FATG)

FRIDAY - SUNDAY
AUGUST 26TH - 28TH

COME ENJOY SPECIAL PERFORMANCES AND
CHINESE MARTIAL ARTS FILMS AT OUR 17TH ANNUAL
FESTIVAL!

CHIN PARK ON THE GREENWAY

 Asian Community
Development Corporation
亞美社區發展協會
Building Homes. Empowering Families. Strengthening Communities.

FREE EVENT!

It's that time of the year! ☐☐ Don't miss out on our 17th annual Films at the Gate, at the Chin Park on the Greenway.

Downtown Boston Residents'

Association



We go to community meetings and events every night of the week. It was great to join the Downtown RA at their monthly meeting. We talked about neighborhood safety, supporting businesses, traffic and bike lanes.

Breathe Life Together Block Party



Thank you to the Greenway Conservancy and co-curators Chez Vous/Boston Swerve and AfroDesia City for organizing such a fun Block Party on the Greenway! This free event featured a pop-up roller rink, free skate rentals, live music, performances, DJs, painting, and food trucks to celebrate and activate Rob “ProBlak” Gibbs’ mural **Breathe Life Together**.

We Remember Frankie



BOSTON CITY COUNCILOR AT-LARGE
ERIN MURPHY

Rest in peace, sweet Frankie. Massachusetts State Police lost Frankie when he was fatally shot on the job in an attempt to capture a wanted fugitive. We are thinking of Frankie, and Frankie's handler today. Dogs are family. [#restinpeace](#) [#k9unit](#)

Fenway Gardens ☐☐



We joined gardeners at the Fenway Gardens to help weed and plant. Helping make our City beautiful one garden at a time!



The Pheonix

We had the pleasure of visiting our friends at The Pheonix. As a sober active community, they do incredible work and is supported by a fantastic volunteer system. They literally saves lives!

Local Graffiti Artists





Thank you Jeremy Harrison for organizing this event in Grove Hall to showcase local graffiti artists. The theme was "What is left?" meaning what am I leaving for my son or daughter on a land once ours?

Back-To-School Backpacks



Our Team helped out at the 11th Annual Back-to-School Distribution at the Salvation Army Boston Kroc Center.

Happy Birthday Simon Bolivar



We joined La Donna Musicale and RUMBARROCO to celebrate Simon Bolivar's birthday with music, Venezuelan treats, and the continuation of our humanitarian and educational campaign for Venezuela.

SuperTeens



Councilor Baker and I were honored to host the Leahy-Holloran Community Center SuperTeens for a field trip to City Hall. The BCYF SuperTeens Program is a six-week leadership program for 13 and 14 year olds. Youth gain a high-quality service learning and leadership experience during July and August.

The SuperTeens Program will have the opportunity to:

- be mentored by BCYF staff throughout the summer
- participate in webinars and professional development workshops that will highlight employment skills
- participate in weekly in-person social and recreational activities, including field trips to museums and challenges that include design activities
- earn a stipend at the conclusion of the program, and
- engage in activities that encourage civic engagement and physical health and wellness.



Fun day at the Independence Day Celebration at Columbus Park in the North End.

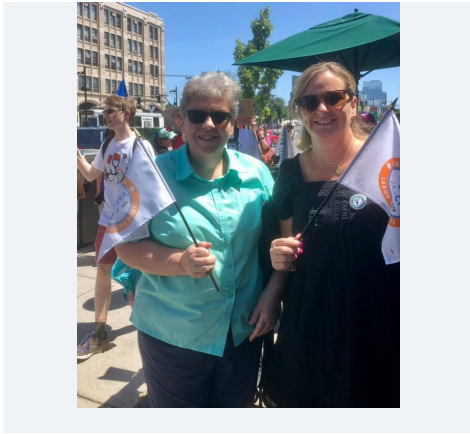


Supporting Small Businesses

Smitty's Barbershop in Lower Mills is always friendly, and a neighborhood favorite! Smitty's is legendary and their service is incredible. Give them a visit the next time you need a trim!

#smallbusinesssaturday **#supportlocal**
#actionnotjustwords

Supporting Starbucks Workers



Joined Starbucks workers striking for better wages and benefits. I always stand with workers and join their picket lines. #unionstrong

Big Papi ☐



Our very own Lisa had the pleasure of having fun with Hall of Fame inductee, David Ortiz! A true class act who helped our city in more ways than one, when we needed him most. Welcome back, Big Papi!



Massachusetts Immigrant Collaborative

Happy to join Massachusetts Immigrant Collaborative (MIC) for their 2nd Anniversary. We celebrated the resiliency and solidarity of the immigrant community. They struggled through the pandemic, but came together to support each other and help their families survive. Very proud of MIC for all the families they supported over the last two years.

Area B Senior Group



I joined chair yoga with Officer Carina Shepard from B2 and the fun seniors. ☐☐♀ I look forward to joining this Senior Group more often!

Four Corners



Great community event at the the Ripley Playground Family Day in Four Corners.

Ronan Park Kite Festival☐

We joined neighbors in Ronan Park for the annual Kite Festival! They provided the kites and had food on



the grill, food trucks, kids art by Dot Art, the BPL Bibliocycle, and kids sports by ADSL.

Gold Star Wives ☐



As the Chair of Veterans, Military Families and Military Affairs I was proud to attend the 77th Annual Gold Star Wives National Convention and present them with a City Council Citation. The Keynote address was by Michael "Rod" Rodriquez, President and CEO of the Global War on Terrorism Memorial Foundation.

Neponset Bowl ☐



As a Boston Public School teacher for over twenty years, I am proud of all my students! It is my great pleasure to highlight the kindness and charitable spirit of my former student, Aidan Devlin, along with Thomas Donahue, who are the organizer for the Neponset Bowl. They just held their fourth-annual flag football game in honor of local families experiencing hardship.

This year, the game was played in honor of Deb and Conor Olsen, a mother and son diagnosed with Hodgkins Lymphoma and breast cancer within weeks of each other this year. Conor recently completed chemotherapy, a huge victory for the family. Thank you Aidan and Thomas

Follow me to stay updated!



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[Erin for Boston](https://www.linkedin.com/company/erin-for-boston)



[@erinforboston](https://www.instagram.com/erinforboston)



[@erinforboston](https://www.tiktok.com/@erinforboston)



[erinforboston.com](https://www.erinforboston.com)

Monkey Pox



What to Know About the Monkey Pox Virus

Symptoms

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion
- Sore throat, nasal congestion, and/or cough
- A rash that can look like pimples or blisters that appears on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus.
- The rash goes through stages before the infected is healed entirely
- Monkeypox typically lasts between 2-4 weeks



What to Know About the Monkey Pox Virus

Spread

Monkeypox is **RARE**. However, according to the CDC, the virus is spread by:

- Direct contact with the infectious rash, scabs, or body fluids
- Respiratory secretions during prolonged, face-to-face contact, or during intimate physical contact, such as kissing, cuddling, or sex
- Touching items (such as clothing or linens) that previously touched the infectious rash or body fluids
- Pregnant people can spread the virus to their fetus through the placenta
- Being scratched or bitten by the animal or by preparing or eating meat or using products from an infected animal
- Monkeypox can spread from the time symptoms start until the rash has fully healed and a fresh layer of skin has formed.
- People who do not have monkeypox symptoms cannot spread the virus to others



What to Know About the Monkey Pox Virus

Prevention

To prevent infection and spreading the virus, the CDC recommends:

- Avoiding skin-to-skin contact with people who have a rash that looks like monkeypox.
 - Do not touch the rash or scabs of a person with monkeypox
 - Do not kiss, hug, cuddle or have sex with someone with monkeypox
 - Do not share eating utensils or cups with a person with monkeypox
- Do not handle or touch the bedding, towels, or clothing of a person with monkeypox
- Wash your hands often with soap and water or use an alcohol-based hand sanitizer



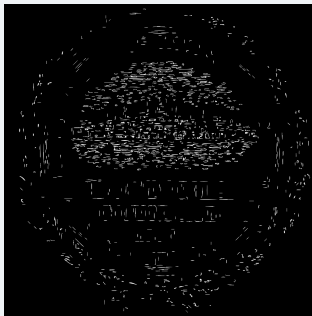


What to Know About the Monkey Pox Virus

Boston Vaccination Sites

Get vaccinated to protect yourself! Vaccinations are available at these Boston-area sites:

- Fenway Health (Boston): Appointments can be made by calling 617-927-6060 Monday through Friday between 9 AM and 5 PM
- Massachusetts General Hospital Sexual Health Clinic (Boston): Appointments can be made by calling 617-726-2748 Monday through Friday between 8 AM and 4:30 PM
- Boston Medical Center (Boston): Appointments can be made by calling 617-414-2803 Monday through Friday between 9 AM and 5 PM
- East Boston Neighborhood Health Center (Boston): Appointments can be made by calling 617-568-4500 Monday through Friday between 8 AM and 5 PM



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