

Mindful Massage of Camden's Cleaning Protocol

After I complete your session I remove my apron and place it in a dirty linen bin. I wash my hands and arms with an antibacterial soap. I remove all sheets, blankets and towels from the treatment room and store in a bin designated for dirty linens only. These linens are washed at the end of the day and placed in a bin designated for clean linens only. I use a hospital grade disinfectant to wipe down the massage table, the chair I use, and all surfaces and items touched by myself or the client. All trash is removed after each session, door knobs disinfected and area is vacuumed. The bathroom is wiped down with Clorox wipes (sink faucet, toilet seat, toilet handle, door knobs, light switches and soap dispenser), and trash is removed after each session.

I use disposable covers for IPAD transactions. Pens are wiped down after each use. Front and back door knobs are disinfected after each client leaves.

The waiting area is disinfected and vacuumed.

Other precautions:

- A hepa air filter purifier is used during each session (filter changed each month)
- I wear a mask during treatment and gloves upon request
- I've limited my hours which means less traffic in and out of building
- I check each clients temperature before treatment and on myself before I work each day
- Hand sanitizer is available for use in the restroom and the waiting area
- I use a no touch oil and lotion dispenser or use disposable single serving cups for oil and lotion for each client

*I take my health and your health very seriously. If you see something that concerns you or you see something I can do better please let me know. Thank you for choosing me to help you with your needs. I appreciate your business.