# ORCAS FOOD ACCESS RESOURCE GUIDE

### **CHILDREN**

Weekend Packs for Kids
In conjunction with the Orcas
Island Food Bank, available
October-June to all public school
students K-12. Food for the
weekends delivered to school on
Friday. Contact 360-376-1590
or msabine@oisd.org

Orcas Island School District Reduced cost or free to income qualifying families—breakfast & lunch for school age children. Contact 360-376-1552 Orcas Island Food Bank Teen Snack Tent Teens age 18 or under M, T, Th. & F from 12:40-1:20 during the school year inquire for summer hours 360-376-4445 orcasislandfoodbank.org

## **FAMILIES**

#### WIC

A nutrition program to help access healthy foods and other support services for young families.

Pregnant, breastfeeding women, infants and children under age 5
360-378-4474

Farmers Market Nutrition Program
Use your monthly fruit and vegetable benefits and FMNP benefits at authorized farmers markets and farm stores.
Women & children enrolled in WIC 360-378-4474

## **SENIORS**

Meals on Wheels delivered M-W-F Homebound seniors age 60+ by donation 360-376-3677

Senior Community Meals
Lunch served 11:30am-12:30pm on Mondays
and Wednesdays at the Orcas Senior Center
Seniors age 60+ by donation
360-376-2677

Senior Farmers Market Nutrition Program
A seasonal program providing a debit card
for healthy food at the Farmers Market.
Seasonal 360-378-4474

## **ALL AGES**

Community Lunch
Tuesdays from 12-1:30, Orcas Island Community Church
176 Madrona St., Eastsound, WA–free and open to all! No sign
up is required. Meals are cooked and served by volunteers. If
you are interested in volunteering, please sign up through the
link found on our Food Access page at orcascrc.org.

American Legion Veterans Meals
Each month, the American Legion Auxiliary prepares a
delicious home-cooked meal for veterans—served with
gratitude for their service. Veterans can pick up their
meals at The Legion or arrange free delivery through
Island Rides. For more information or to sign up, please
email Unit93Auxiliary@gmail.com.

Farmers Market Seasonal

Accepts Market Match (\$40 EBT match for produce) and FMNP. Saturdays May to September 10am-2pm. Open to the public. EBT cardholders eligible orcasislandfarmersmarket.org

Orcas Island Food Bank
Regular hours: Tuesday 11-12pm
gn for customers 65+ years.
12-6:30pm: all customers
e Friday 11-6:30pm: all customers
Home delivery available on Thursdays
360-376-4445~orcasislandfoodbank.org

Orcas Island Food Co-op
Accepts Fresh Bucks (provides up to a \$20
benefit each purchase to buy locally grown
fruits, vegetables, and produce basics),
FLOWER Program (10% off every visit), and
Produce Match (buy at least \$10 of fresh,
frozen, or canned fruits and vegetables with
your EBT card and you'll get a \$5 coupon or
discount). Open to the public
360-376-2009~orcasfood.coop

Supplemental Nutrition Assistance Program (SNAP)
Monthly benefits to purchase food
Eligibility based on income & household size
877-501-2233~washingtonconnection.org/home



