



**WEST ISLAND  
CATERING**

## Plated Dinner Menu

To construct your custom set menu, please choose **one** starter, **one** mid-course (if selecting a four-course menu), **two** mains, and **one** dessert for your guests to choose from.

Assorted breads with butter on each individual guest table

### Starters

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**Whole Leaf Caesar Salad** Parmesan, focaccia croutons, bacon bits

**Summer Fruits and Feta Salad** arugula, toasted almonds, balsamic

**Heirloom Tomato Salad** burrata, bitter greens, puffed grains, balsamic dressing

**Duck Confit Salad** fennel, parsnip, hearty greens – *premium† +10*

**Albacore Tuna Tataki** asparagus, spicy greens, smoked onion aioli – *premium† +10*

*Mid-course– please select **one** of the following if you are selecting a 4-course menu*

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**Chilled Asparagus Soup** caramelized scallop, mint

**Beef Carpaccio** spicy greens, gherkins, smoked onion

**Sweet Pea Risotto** pickled morel, parmesan

### Mains

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**Roasted Pork Loin** miso glazed

**Chicken Roulade** chicken jus

**Salmon** chimichurri

**Parmesan and Herb Gnocchi** roasted vegetables, arugula, tomato confit

**Duck Breast** blackberry jus – *premium† +5*

**Roasted Beef Striploin** red wine braising jus, garlic scape– *premium† +10*

**Teriyaki Glazed Cod** sesame, cilantro– *premium† +10*

**Slow Braised Beef** red wine and pepper sauce – *premium† +15*

**Filet Mignon** peppercorn sauce – *premium† +20*

*All protein dishes come with a choice of pomme puree or potato pave and seasonal vegetables directly from our farmers at les Jardins Carya.*

### Desserts

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**Lemon tart** almond meringue

**Dark Chocolate Cremeux** fresh berries, cocoa nib

**Cheesecake** strawberry

**Salted Caramel Budino** espresso in chocolate

**\$65.00/guest 3-Course Menu**      **\$79.00/guest 4-Course Menu**

*† Premium proteins charged at an increased menu price, applied to the cost of all guest menus.*

*These menus are subject to change without notice due to seasonality and availability. **Final guest count is mandatory 14 days before the event.***

*A silent vegetarian option will be available, and we will accommodate allergies and dietary restrictions.*