



COMMUNITY CIRCLE

Keeping the Lodi Community in the Loop

Reach Out Lodi, Inc. is committed to being diverse, equitable, and inclusive

"The smallest act of kindness is worth more than the grandest intention."

- Oscar Wilde



Community Center &
Community Store

601 Clark Street
Lodi, WI 53555

Mailing Address: PO Box 316
Lodi, WI 53555

ReachOutLodi@gmail.com
ReachOutLodi.org
608.592.4592

FIND US   

Visit our website for
Community Store & Center
hours <https://reachoutlodi.org>



Reach Our Lodi, Inc., is a
501(c)(3) nonprofit
organization supported by
donations and grants.
We charge no fee to our
Community Store customers.

New Faces, Fresh Perspectives: Welcoming Debbie and Stacey to the ROL Family

We are thrilled to introduce two remarkable additions to our team at ROL: Debra Thoeny as Managing Director, and Stacey Brandenburg as Assistant Director. It's a pleasure to welcome both to the ROL family, and we invite everyone to share in our excitement and extend a heartfelt welcome to them.



Debra Thoeny

Debra Thoeny, affectionately known as Debbie, is stepping into the role of Managing Director with an impressive background in healthcare. As a registered nurse with extensive experience, most notably as an RN Clinic Manager at Unity Point Health Meriter, Debbie's dedication to community wellness and patient care is unparalleled. Debbie's commitment to community service is inspiring, and we are eager to see the positive changes her leadership will bring to ROL.

Stacey Brandenburg is no stranger to the ROL community, having volunteered her time and expertise here for the past three years. Her transition to the role of Assistant Director is fueled by a genuine passion for service. Also a registered nurse, Stacey's part-time clinical work equips her with valuable insights that are sure to enhance our operations. We are fortunate to have her step into this role and are confident in the dedication and enthusiasm she brings to our team.



Stacey Brandenburg

As we welcome Debbie and Stacey, we're not just celebrating their professional achievements but also embracing their unique qualities and interests that make them invaluable members of the ROL family. Their combined expertise in healthcare, leadership skills, and dedication to service positions ROL for an exciting future. The next time you cross paths with Debbie and Stacey, please join us in congratulating them. Together, we look forward to achieving great things and making a significant impact in our community.

Lunch with...

Paradise Playhouse Presents

LUCY!

APRIL
2ND

1:00 pm

Cost: \$10

Join us for lunch followed by an original solo musical based on the life of Lucille Ball.

Written directed, & starring:
Jillann Gabrielle

RSVP: 608.592.4592



Dinner With at ROL



Shekinah King

MAY 14
5:00 PM

Craig Siemsen

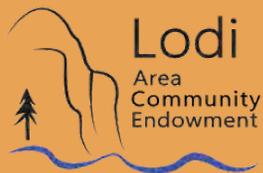
JUNE 4
5:00 PM



Join us for a delightful evening
of dinner and entertainment!
Tickets are available for \$10 per concert

★ RSVP today: 608.592.4592 ★

Lunch with
Sponsors:



Location: 601 Clark St.
Lodi, WI

RSVP: 608-592-4592

608.592.4592

ReachOutLodi@gmail.com

601 Clark Street, Lodi, WI 53555

Upcoming Events at Reach Out Lodi

MAH JONGG CLUB

Every Thursday



9:30am - 12pm

Join our Mah Jongg Club for engaging and strategic gameplay every Thursday at 9:30 am. Whether you're a seasoned player or new to the game, all are welcome to join the fun – no experience necessary and we'll even teach you how to play!



Every Thursday

1 - 3 pm

Join our friendly Euchre Club for a fun-filled card-playing afternoon every Thursday at 1pm. Enjoy a light snack and beverages. No experience is necessary – just a desire to have a good time!

SENIOR YOGA with Tess Carr



Tuesday
2 pm - 2:45 pm
See the Calendar for Dates

HEALTHY FOR LIFE



SENIOR MOVEMENT with Stephanie Caves

Wednesday
2 pm - 2:45 pm

See the Calendar for Dates

WELLNESS ON WEDNESDAY

1:00 - 1:45pm

April 24th

May 29th

June 26th

ROL Scholarships



Three \$1,000 scholarships will be awarded to graduating Lodi High School seniors at the Senior Class Awards Night in May. To be eligible a graduating student must be entering a trades apprenticeship program, a technical college or a four-year college. They must have a good work ethic and an interest in bettering themselves and their community. Applications available at LHS.

Game Night



5pm - 7pm

April 6th

Stone Painting, cards and board games.

April 20th

Cards and board games.

May 4th

Mother's Day Cards, cards and board games.

May 18th

Cards and board games.

June 1st

Summer Fun, cards and board games.

June 15th

Cards and board games.



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Upcoming Events at Reach Out Lodi

Dementia Journey Support Group



3rd Thursday of each month 1:00 - 2:30pm
April 18th - May 16th - June 20th

This is a support group for caregivers of people with dementia. Participants learn new information, share their experiences, and support each other. Learn from each other while caring for our loved one and taking care of ourselves to stay healthy through the journey.

Questions: Contact Nellie Mueller, 608.742.9233

LEGAL AND FINANCIAL PLANNING



Speaker:
Attorney John Haslam

Learn more about key legal and financial planning issues for older adults with this free event.

8 April
 1pm - 2pm

Reach Out Lodi
601 Clark St.
Lodi, WI 53555

RSVPs are not required but appreciated.

adrc@columbiacountywi.gov | 608-742-9233

Wilson Law Group, LLC
 Your Life Your Legacy Your Way™



DIY Greeting Card Workshop

JUNE 6, 2024
10:00 am - 12:00 pm

Cost: FREE
RSVP: 608-592-4592
by June 4th
 Come craft and make all occasion cards with us!

Take steps to prevent or improve your bladder and bowel health

In just one month, you can learn strategies to prevent or improve symptoms, so you can focus on doing the things that matter to you.

March 27, 2024
 April 10, 2024
 April 24, 2024
 10:00am - Noon

Call to Register, space is limited
 ADRC of Columbia County
 608-742-9233 or 888-742-9233



601 Clark Street
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ReachOutLodi.org

Mind Over Matter

Healthy Bowels, Healthy Bladder



I want to extend my gratitude to everyone for the overwhelming support during my recent medical challenge. The flood of cards, the countless prayers, and the endless

stream of encouraging words are greatly appreciated.

Your kindness has not only comforted me but also reminded me of the incredible community we have at ROL. I am truly touched by the outpouring of support.

Jim Schmiedlin

The Community Circle is published by Reach Out Lodi. Editor Debra Thoeny; Writer & Graphic Designer Heidi Ness

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Upcoming Events at Reach Out Lodi

PAINTING FOR PLEASURE

WITH **GLADYS GRIEGER**
608-445-0589
Call Gladys for information

MONDAY: 12:30-3PM
FRIDAY: 10AM-12:30PM

\$45 / 4 WEEKS

ALL SKILL LEVELS WELCOME

reach out Lodi 601 CLARK STREET Lodi, WI REACHOUTLODI.ORG

FREE WILL OFFERING

COMMUNITY MEAL

SOUP'R SUPPER

SEE YOU THERE!

April 23rd

5:00 - 6:30pm

Come for soup, stay & get to know your neighbors!

reach out Lodi 601 Clark Street Lodi, WI 608.592.4592 reachoutlodi.org

Memory Café

Join us in a safe and comfortable space where someone living with dementia and their care partner can socialize, listen to music, play games, and enjoy other activities.

1 - 2:30 PM

April 26th
May 24th
June 28th

MEMORY SCREENING

APRIL 4TH, 2024

Lodi, WI
9:00AM-12:00PM
Reach Out Lodi
601 Clark Street

Registration is required, call 608-742-9726

Screens take 15 minutes to complete!

ADRC
Alzheimer's Disease Resource Center of a Columbia Community

A Memory Screen is a wellness tool that helps identify possible changes in memory and cognition; it creates a baseline to track changes in memory over time.

WHY SHOULD I GET A MEMORY SCREENING?
Screening for dementia, much like screening for other diseases or chronic conditions, is a good way to detect the changes that can be signs of the onset of disease or other changes in cognition. Early detection is important. Stay in control of your own life!

Stepping On

Fall Prevention

Pharmacist, Physical Therapist, community Safety and Vision expert available

Every Wednesday
10am - 12pm
Reach Out Lodi
601 Clark St Lodi, WI 53555
May 1st - June 12th, 2024

Strength & Balance Exercises

Fall prevention information and Strategies

For seniors 60+ that have fallen, have a fear of falling or want to avoid falling.

\$10 Suggested donation
For more information or to register please call (608) 742-9233.

Stepping On

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Upcoming Events at Reach Out Lodi

CALLING ALL ARTISTS!

Our walls are yearning for vibrant, inspiring artwork, and we need your talent to fill them! ✨



We welcome all styles and mediums and would be honored to display your artwork in our community space for one month.

Volunteer Appreciation

Join us for an event to express our gratitude to our dedicated volunteers.

Friday
April 26, 2024
10:00 am - 11:00 am



Community



Secure your spot in the ROL Community Garden today! Plots are filling up fast, so don't miss out on the opportunity to cultivate your own green haven. Reserve your plot now by calling 608-592-4592.



CAREGIVER SUPPORT GROUP

Join us for a place to share, connect, and find support on your caregiving journey.

When: 1st Monday of every month

Time: 2:00pm - 3:30pm

Where: Reach Out Lodi

Caregiver support group led by Family Caregiving Consultants and facilitated by Donna Reimer, RN



Garage & Bake Sale

Thursday, April 18th

Friday, April 19th

8:00am - 3:00pm



Discover bargains on household goods, antiques, clothing, toys, furniture, and more at our garage sale! Don't miss out on our selection of freshly baked treats also available for purchase.

All proceeds will benefit Reach Out Lodi

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Many Thanks!



A huge shoutout to our talented chefs behind the scenes of the Soup'r Supper events, Bill Harkins and Frank Turner! Thank you both for whipping up the most delicious soups. Your culinary skills and dedication are truly appreciated! Join us for the next Soup'r Supper on April 23rd from 5-6:30pm at ROL!



Anastasia Etlicher and Anna Stratton from Mr. Fassbender's class at Lodi Rotary Interact Club! These amazing students stopped by with not one, not two, but THREE carts full of food, non-perishables, and personal hygiene products!



The "Pack the Box @ Pack the Gym" event in Poynette was a success! A whopping 405 items were collected, all benefiting ROL and the Poynette Food Pantry. Poynette won the competition with an incredible 287 donated items! Lodi did an amazing job too, with 118 items contributed. Huge gratitude to the Poynette Booster Club for sponsoring this event.



Julian Beld delivered a generous \$500 check to ROL, courtesy of the Lodi Optimist Club's BINGO event. We're incredibly grateful to Jonathan Bilse for his kind-hearted decision to donate the winnings from his winning card to us.



Lodi CREW organized an incredible Swim-a-thon! With 95 dedicated swimmers, laps were swum, and sponsorships were collected Half of the proceeds supported the Lodi Swim Team, and the other half is benefiting ROL. Jerica Robinson and some swimmers presented Heidi Ness with a check for \$1,076! Our heartfelt thanks to the swimmers, and everyone involved in this wonderful initiative.



Big Hearts, Little Helpers! Our local Girl Scouts have truly outdone themselves. They not only brought an enormous donation of food and personal essentials, but they also rolled up their sleeves and joined us in stocking the shelves.



We are grateful to everyone at New Life Christian Church for their donation of food and personal essentials.



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Community Store



Food

1. Flour
2. Sugar
3. Ketchup
4. Cereal
5. Mayonnaise
6. Salt/Pepper
7. Vegetable Oil
8. Canned Fruit

Personal Essentials

1. Toilet Paper
2. Dish Detergent
3. Shampoo/Conditioner
4. Kleenex
5. Laundry Detergent
6. Bleach
7. Toilet Bowl Cleaner
8. Household Cleaner
9. Bath & Hand Towels
10. Washcloths
11. New Pillows

Clothing Items

1. New Underwear for men, women, children (men, small & medium)
2. Shirts, mens small & medium

National Cereal Day!

In celebration of National Cereal Day, Lodi Middle School students and staff rallied together for a good cause! They collected 325 boxes of cereal for Reach Out Lodi, demonstrating that kindness truly has a domino effect.



Students creatively assembled a cereal domino wall along the hallways, adding an extra layer of fun and community spirit to their generous act. Let's spread the kindness!



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Supporting Your Community

At Reach Out Lodi, we are deeply grateful for the unwavering support we receive from our incredible community. It's your kindness and generosity that enable us to create a haven of warmth and inclusivity at our Community Center, where people from all walks of life come together for special events and meaningful activities. Our Community Store plays a pivotal role in assisting families and individuals during challenging times, providing them with the essential resources they need to sustain their daily lives. What we achieve together, as a community, significantly contributes to the overall "quality of life" for everyone in the Lodi Valley area.

If you're wondering how you can play a part in sustaining these vital programs and services there are several meaningful avenues to explore:



- **Consistent Giving:** Consider making regular contributions, whether it's monthly, quarterly, semi-annually, annually.
- **Wall of Honor:** Leave a lasting legacy by purchasing an 8"x8" or 4"x8" engraved tile on our Wall of Honor. This is a beautiful way to commemorate your name, a loved one, your family, or your business while supporting our mission.
- **Estate Planning:** Include ROL in your estate planning.
- **Stocks & Bonds:** If you have stocks or bonds that you'd like to donate, we welcome these valuable contributions.
- **Online Donations:** Making a donation is just a click away. Visit our website at ReachOutLodi.org to contribute via credit card and make an immediate impact.
- **Become a Volunteer:** Your time and skills are invaluable to us. Consider becoming a volunteer and directly engage with our community initiatives.

To explore these opportunities further or discuss how you can support Reach Out Lodi, please reach out to DebThoeny at 608.592.4592. Alternatively, you can visit our Community Center in person and we'd be delighted to chat with you. Together, we can continue to nurture and uplift our community, ensuring that no one faces life's challenges alone. Thank you for being a vital part of the Reach Out Lodi family, where compassion knows no bounds.

ROL Ride Assist

ROL's Ride Assist has been bustling, providing vital rides for those who have no other means of transportation. Our services primarily cater to medically-related appointments in Lodi, Portage, Baraboo, and Madison, ensuring everyone can access the care they need.



Additionally, our rides are available for general errands, offering convenience and support to our community members. If you require a lift, don't hesitate to reach out to us at 608-592-4592. We're here to help you get where you need to be.

ROL WISH LIST!
Our entire list is now on Amazon!

♥ <https://amzn.to/3rxkUgV> ♥

thank you
ReachOutLodi.org

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APRIL 2024

SUN	MON	TUE	WED	THU	FRI	SAT	
	1 Caregiver Support Group 2 - 3:30pm Painting for Pleasure 12:30 - 3pm	2 Lunch with LUCY! 1 - 3pm NO Senior Yoga	3 Sr. Movement 2 - 2:45pm	4 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm Memory Screening All Day	5 Painting for Pleasure 10am - 12:30pm	6 Game Night 5 - 7pm	
7 Common Gr. Church 9 - 11am	8 Painting for Pleasure 12:30 - 3pm Legal & Financial Planning 1 - 2pm	9 Senior Yoga 2 - 2:45pm	10 Mind Over Matter 10 - 12pm Sr. Movement 2 - 2:45pm	11 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	12 Painting for Pleasure 10am - 12:30pm	13	
14 Common Gr. Church 9 - 11am	15	16 Sr. Yoga 2 - 2:45pm	17 Sr. Movement 2 - 2:45pm	18 Garage & Bake Sale 8am - 3pm Mah Jongg 9:30am - 12pm Dementia Journey 1 - 2:30pm Euchre 1 - 3pm	19 Garage & Bake Sale 8am - 3pm	20 Game Night 5 - 7pm	
21 Common Gr. Church 9 - 11am	22	23 Sr. Yoga 2 - 2:45pm Soup'r Supper 5-6:30pm	24 Mind Over Matter 10 - 12pm Wellness on Wednesday 1:00 - 1:45pm Sr. Movement 2 - 2:45pm	25 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	26 Volunteer Appreciation 10 - 11am Memory Café 1 - 2:30pm	27	
28 Common Gr. Church 9 - 11am	29 Painting for Pleasure 12:30 - 3pm	30 Sr. Yoga 2 - 2:45pm	Notes items in Bold are Reach Out Lodi events. Please check our website for the current event listing using the QR code or at ReachOutLodi.org/events				

MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Notes</p> <p>items in bold are Reach Out Lodi events.</p> <p>Please check our website for the current event listing using the QR code or at ReachOutLodi.org/events.</p> 			<p>1</p> <p>Stepping On 10am - 12pm</p> <p>Sr. Movement 2 - 2:45pm</p>	<p>2</p> <p>Mah Jongg 9:30am - 12pm</p> <p>Euchre 1 - 3pm</p>	<p>3</p> <p>Painting for Pleasure 10am - 12:30pm</p>	<p>4</p> <p>Game Night 5 - 7pm</p>
<p>5</p> <p>Common Gr. Church 9 - 11am</p> 	<p>6</p> <p>Caregiver Support Group 2 - 3:30pm</p> <p>Painting for Pleasure 12:30 - 3pm</p>	<p>7</p> <p>NO Yoga</p>	<p>8</p> <p>Stepping On 10am - 12pm</p> <p>Sr. Movement 2 - 2:45pm</p>	<p>9</p> <p>Mah Jongg 9:30am - 12pm</p> <p>Euchre 1 - 3pm</p>	<p>10</p>	<p>11</p>
<p>12</p> <p>Common Gr. Church 9 - 11am</p> 	<p>13</p> <p>Painting for Pleasure 12:30 - 3pm</p>	<p>14</p> <p>Sr. Yoga 2 - 2:45pm</p> <p>Dinner with Shekinah King 5 - 7pm</p>	<p>15</p> <p>Stepping On 10am - 12pm</p> <p>Sr. Movement 2 - 2:45pm</p>	<p>16</p> <p>Mah Jongg 9:30am - 12pm</p> <p>Dementia Journey 1 - 2:30pm</p> <p>Euchre 1 - 3pm</p>	<p>17</p> <p>Painting for Pleasure 10am - 12:30pm</p>	<p>18</p> <p>ROL Board Meeting 9am</p> <p>Game Night 5 - 7pm</p>
<p>19</p> <p>Common Gr. Church 9 - 11am</p>	<p>20</p> <p>Painting for Pleasure 12:30 - 3pm</p>	<p>21</p> <p>Sr. Yoga 2 - 2:45pm</p>	<p>22</p> <p>Stepping On 10am - 12pm</p> <p>NO Sr. Movement</p>	<p>23</p> <p>Mah Jongg 9:30am - 12pm</p> <p>Euchre 1 - 3pm</p>	<p>24</p> <p>Painting for Pleasure 10am - 12pm</p> <p>Memory Café 1 - 2:30pm</p>	<p>25</p>
<p>26</p> <p>Common Gr. Church 9 - 11am</p>		<p>28</p> <p>Sr. Yoga 2 - 2:45pm</p>	<p>29</p> <p>Stepping On 10am - 12pm</p> <p>Wellness on Wednesday 1:00-1:45pm</p> <p>Sr. Movement 2 - 2:45pm</p>	<p>30</p> <p>Mah Jongg 9:30am - 12pm</p> <p>Euchre 1 - 3pm</p>	<p>31</p>	

JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Notes items in bold are Reach Out Lodi events. Please check our website for the current event listing using the QR code or at ReachOutLodi.org/events .						1 Game Night 5 - 7pm
2 Common Gr. Church 9 - 11am	3 Caregiver Support Group 2 - 3:30pm	4 Dinner with Craig Siemsen 5 - 7pm NO Senior Yoga	5 Stepping On 10am - 12pm Sr. Movement 2 - 2:45pm	6 Mah Jongg 9:30am - 12pm DIY Card Workshop 10am - 12pm Euchre 1 - 3pm	7	8
9 Common Gr. Church 9 - 11am	10	11 Sr. Yoga 2 - 2:45pm	12 Stepping On 10am - 12pm Sr. Movement 2 - 2:45pm	13 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	14	15 Game Night 5 - 7pm
16 Common Gr. Church 9 - 11am 	17	18 Sr. Yoga 2 - 2:45pm Soup'r Supper 5-6:30pm	19  NO Sr. Movement	20 Mah Jongg 9:30am - 12pm Dementia Journey 1 - 2:30pm Euchre 1 - 3pm	21	22
23 Common Gr. Church 9 - 11am	24 30	25 NO Senior Yoga	26 Wellness on Wednesday 1:00-1:45pm NO Sr. Movement	27 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	28 Memory Café 1 - 2:30pm	29