

# **COMMUNITY CIRCLE**

# Keeping the Lodi Community in the Loop

#### Reach Out Lodi, Inc. is committed to being diverse, equitable, and inclusive

"Volunteers do not necessarily have the time; they have the heart." - Elizabeth Andrew



Community Center & Community Store

601 Clark Street Lodi, WI 53555 Mailing Address: PO Box 316 Lodi, WI 53555 ReachOutLodi@gmail.com ReachOutLodi.org 608.592.4592



Visit our website for Community Store & Center hours https://reachoutlodi.org



Reach Our Lodi, Inc., is a 501(c)(3) nonprofit organization supported by donations and grants. We charge no fee to our Community Store customers.

#### Join Us for Another Exciting BINGO! Event

We are thrilled to announce our upcoming BINGO event at the Lodi Agricultural Fair, and we invite you to be a part of the fun and excitement! Last year's BINGO was a tremendous success, with over \$4,750 awarded to lucky winners. Thanks to the incredible support of our community, we raised \$6,950 for ROL.

This year, we're gearing up for an even more exhilarating event.



#### Thursday, July 11th Friday, July 12th 6:00pm Start

Lodi Agricultural Fairgrounds

Volunteers from last year's BINGO! event.

Here's why you should mark your calendars and join us:

- Thrilling Prizes: With every game, you have a chance to win amazing cash prizes.
- Community Spirit: BINGO night is not just about winning; it's about coming together as a community. Enjoy a night out with friends, family, and neighbors.
- Supporting a Worthy Cause: Every dollar raised from the event goes directly to supporting ROL's initiatives.

Don't miss out on the fun! Spread the word, bring your friends and family, and let's make this year's BINGO event unforgettable. We can't wait to see you there!

Stay tuned for more exciting announcements and updates as we get closer to the event. Let's do it again, and make this year's BINGO night a remarkable success!



# **DINNERWITH**

PERFORMERS



AUGUST 13TH

GREAT AMERICAN SONGBOOK Enjoy music of legendary songwriter Irving Berlin from his first hit song, "Alexander's Ragtime Band," through his years working on Broadway and in Hollywood, to his time touring to support troop morale during WWII. Cost \$10



JUILIE THOMPSON

Julie Thompson presents High Standards. Featuring songs you'll love from the 40's and 50's. Julie has a unique blend of folk purity, jazz sensitivity, and classical polish. Cost: \$10

START TIME • 5:00PM







Location: <sup>601</sup> Clark Street Lodi, WI

608.592.4592

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# UNELLNESS ON WEDNESDAY JULY 31ST (1PM TO 3:30PM



**Presenter: Ann Groves Lloyd** Get Help with Your Cell Phone and Electronics Questions

Followed by:

# KG & THE RANGER 2:00 - 3:30PM SADDLE UP FOR A MUSICAL JOURNEY

Join us for an unforgettable performance by award-winning cowboy entertainers KG & The Ranger. Enjoy harmony yodeling, classic cowboy songs, and rope tricks that will transport you back to the days of the Silver Screen stars like Roy Rogers and Gene Autry. Western entertainment guaranteed fun for all ages! Snacks included.

> 601 Clark Street Lodi, WI ReachOutLodi.org

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ROPE TR

HARMONY YODELING

LOWBOY SONGS

🔁 ReachOutLodi@gmail.com

💿 601 Clark Street, Lodi, WI 53555

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1:00 - 1:45PM

SENIOR

YOGA with Tess Carr



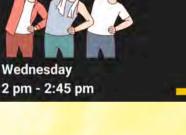
**Everv** Thursday

12pm

Join our Mah Jongg Club for engaging and strategic gameplay every Thursday at 9:30 am. Whether you're a seasoned player or new to the game, all are welcome to join the fun - no experience necessary and we'll even teach you how to play!



Join our friendly Euchre Club for a fun-filled card-playing afternoon every Thursday at 1pm. Enjoy a light snack and beverages. No experience is necessary - just a desire to have a good time!



HEALTHY FOR LIFE



See the Calendar for Dates

See the Calendar for Dates

Tuesday

2 pm - 2:45 pm

WELLNESS J WEDNESDAY

#### 1:00 - 1:45pm

**July 31st Ann Groves Lloyd Cell Phones & Electronics Followed by KG and the Ranger** 

September 25th **Company Seques** Help with downsizing, moving, settling-in, and clearing out

### 5pm - 7pm

For individuals with disabilities age 14+

July 27th Cards and board games. September 14th Cards and board games. September 28th Cards and board games.



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#### 3rd Thursday of each month 1:00 - 2:30pm July 18th - August 15th - September 19th

This is a support group for caregivers. Participants learn new information, share their experiences, and support each other. Learn from each other while caring for our loved one and taking care of ourselves to stay healthy through the journey. **Questions:** Contact Nellie Mueller at 608.742.9233



We have a variety of medical equipment available for community members to borrow, including crutches, walkers, shower chairs, wheelchairs, and other miscellaneous items. Simply borrow what you need and return it when you're done.



Join us in a safe and comfortable space where someone living with dementia and their care partner can socialize, listen to music, play games, and enjoy other activities.

#### 1 - 2:30 PM

July 26th August 23rd September 26th

#### **ROL Ride Assist**



ROL's Ride Assist has provides vital rides for those who have no other means of transportation. Our services primarily cater to medical-related appointments in Lodi, Portage, Baraboo, Sauk City, and Madison, ensuring everyone can access the care they need.

Costs: Lodi \$10, Sauk \$15, Baraboo \$15, Portage \$15, Madison, \$25. If you are unable to pay, please talk to a ROL staff member.

The Community Circle is published by Reach Out Lodi. Editor Debra Thoeny; Writer & Graphic Designer Heidi Ness

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# In The Garden

by Matthew Widman, The MemoryCare Plays Anthology



Arthur Monsetin's adult children have come together to decide a course of action for their beloved father who is struggling with Alzheimer's disease. Long ingrained familial tensions come to the surface as Peter, Karen and Jamie wrestle with how best to treasure their father as they also come to terms with his limitations.

# JOIN US FOR A FREE EVENT! In-person viewing site OR via your own computer!

Reach Out Lodi 601 Clark Street, Lodi

# Wednesday, July 17, 2024

Doors Open & Meal: 4:30 pm Virtual Preshow: 5:15 pm Play & Community Conversation: 5:30-7:30 pm

Reserve tickets and get additional details:

https://columbia-garden2024.eventbrite.com OR call (608) 742-9233

Reservations required, attendance is limited.





#### CAREGIVER SUPPORT GROUP

Join us for a place to share, connect, and find support on your caregiving journey.

When: 1st Monday of every month Time: 2:00pm - 3:30pm Where: Reach Out Lodi

Caregiver support group led by Family Caregiving Consultants and facilitated by Donna Reimer, RN





# **Many Thanks!**



Reading about being prepared after a natural disaster, Mrs. Husnick's 3rd grade class collected personal essentials for ROL. They received a tour and learned of all the wonderful resources available at ROL!



We are grateful for the contribution from Common Ground Church.





Becky's Blessing Bakery baked delicious items and sold them at the Lodi Spring Creek Market with proceeds going to ROL. Thank you for baking a difference and showing your community support!



Log Tavern Pizza celebrated their grand opening and donated proceeds from their events to ROL. Thank you!





We had the pleasure of hosting the youth from Dane 4H at ROL. Their curiosity and enthusiasm were infectious as they toured and learned about what we do. These young community champions came bearing gifts of kindness, bringing food donations to support our cause. They were so eager to help that they jumped right into action, stocking the shelves themselves. A big thank you to Dane 4H for your generosity and for spending your day with us. You are truly making a difference!

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# **Many Thanks!**



A heartfelt thank you to Jazzy Jerseys for donating hamburger to our cause. Your generosity helps us provide for those in need and strengthens our community.



A huge shoutout to Vern's Appliance for fixing our freezer pro bono! Your generous support helps us continue serving our community without interruption. We appreciate your kindness and expertise!



# Scholarship Winners

Congratulations to our scholarship recipients Gianna McMahon, Elaine Hatley, and Miranda Risher. The ROL scholarship is available to youth entering a vocational apprenticeship program, technical college, or a four-year college. The recipients must have a good work ethic and an interest in serving their community. This year's scholarship recipients each received \$1,000. Best wishes to Gianna, Elaine, and Miranda.

# STEPPING ON

#### FALL PREVENTION CLASS



#### Join our Stepping On workshop to avoid falls and stay active. In just 7 weeks you'll learn to remove fall hazards, understand how different factors affect your risk, practice strength and balance exercises, and learn to recover safely if you fall.



### Host your next special event at our welcoming Community Center!

Whether it's a family gathering like a birthday party, holiday celebration, baby shower, baptism, graduation, or a commemoration of life's milestones, our versatile space is here for you. We offer two room options: the Lodi Room, accommodating up to 30 people with tables, and the spacious Welcome Room, with room for up to 60 guests at tables. Please note that our Community Center strictly prohibits the use of tobacco products, alcohol, weapons, and drugs.

For detailed information on rental rates and availability, feel free to contact us at 608.592.4592, visit our website, or drop by during office hours.

Make your next event a memorable one at Reach Out Lodi's Community Center!

OutLodi@gmail.com 🛛 💿

💿 601 Clark Street, Lodi, W<u>I 53555</u>

### **Community Store**

WISH LIST

#### Food

- 1. Flour
- 2. Sugar
- 3. Ketchup
- 4. Cereal
- 5. Mayonnaise
- 6. Salt/Pepper
- 7. Vegetable Oil
- 8. Canned Fruit

#### **Personal Essentials**

- 1. Toilet Paper
- 2. Dish Detergent
- 3. Shampoo/Conditioner
- 4. Kleenex
- 5. Laundry Detergent
- 6. Bleach
- 7. Toilet Bowl Cleaner
- 8. Household Cleaner
- 9. Bath & Hand Towels
- 10. Washcloths
- 11. New Pillows

#### **Clothing Items**

- 1. New Underwear for men, women, children
- 2. New Socks for men, women, children
- 3. Shirts, mens small & medium

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Our Blue Devils are making a difference! The final exam for unified phy-ed involved giving back to the community at Reach Out Lodi. We are proud of their kindness and compassion.





# CALLING ALL ARTISTS!

Our walls are yearning for vibrant, inspiring artwork, and we need your talent to fill them! 🌟



We welcome all styles and mediums and would be honored to display your artwork in our community space for one month.

Community Circle Jul/Aug/Sep 2024

ReachOutLodi.org

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# SPOTLIGHT on pompassion

Just three weeks following the devastating fire in Hawaii, our incredible volunteer, Rosemary Robinson, embarked on a heartfelt journey to Hawaii. With generosity and love, she delivered brand new clothing for both men and women, a gesture of support from the ROL community. ROL also donated shirts to a local church in Hawaii. From the grateful hearts in Maui, we've received a warm message: "Mahalo Nui Loa". This Hawaiian phrase means "Thank you very much from Maui." Let's continue to spread love and support where it's needed most.



### Honoring Our Heroes: Quilt of Valor Awarded

During a heartfelt awards ceremony at ROL, Dave Buchanan was presented with a Quilt of Valor®!

A Quilt of Valor<sup>®</sup> is a meticulously crafted and lovingly stitched quilt, symbolizing appreciation and remembrance. Each quilt is a powerful symbol that conveys our heartfelt message: "Thank you for your service and sacrifice in serving our nation." Let us continue to support and honor all those who have served, remembering that their dedication has helped shape the freedoms we cherish today.





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### **Our Volunteers Shine Bright**

In 2023, our incredible volunteers poured 11,437 hours into serving our community through Reach Out Lodi. We had the honor of celebrating their hard work with a special volunteer breakfast. A heartfelt THANK YOU to each and every one of our amazing volunteers! Your selfless contributions are truly making a difference in the lives of others. Looking to join our volunteer team? We'd love to have you on board! Call us today 608-592-4592 to learn more about how you can get involved and make a positive impact in our community.



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Common Gr. Church 9 - 11am	Caregiver Support Group 2 - 3:30pm	senior Yoga 2 - 2:45pm	NO Sr. Movement	9:30am - 12pm Euchre 1 - 3pm BINGO! @Lodi Ag Fair 6:00pm	60 BINGO! @ Lodi Ag Fair 6:00pm	
	15	16	17	18	19	20
common Gr. Church 9 - 11am		NO Sr. Yoga	NO Sr. Movement In the Garden Play 4:30-7:30pm	Mah Jongg 9:30am - 12pm caregiver Support Grp 1 - 2:30pm Euchre 1 - 3pm	<u>e</u>	
21 Common Gr. Church	22	23	24	25 Mah Jongg 9:30am - 12pm	26 Grief Support Group 10 - 11am	27
=		NO Sr. Yoga	NO Sr. Movement	Euchre 1 - 3pm	Memory Café 1 - 2:30pm	Game Night 5 - 7pm
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9 - 11am		No Sr. Yoga	wednesday: Cell Phones/Electronics Music: KG & the Ranger <b>1:00 - 3:30pm</b>	Please check our website for the cur event listing using the QR code or at ReachOutLodi.org/events	Please check our website for the current event listing using the QR code or at ReachOutLodi.org/events	

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<b>11</b> Common Gr. Church 9 - 11am	12	13 Sr. Yoga 2 - 2:45pm Dinner with Great American Songbook 5 - 7pm	14 sr. Movement 2 - 2:45pm	15 Mah Jongg 9:30am - 12pm caregiver support Grp 1 - 2:30pm Euchre Euchre	6 <del>6</del>	17 RoL Board Meeting 9am
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### **Supporting Your Community**

At Reach Out Lodi, we are deeply grateful for the unwavering support we receive from our incredible community. It's your kindness and generosity that enable us to create a haven of warmth and inclusivity at our Community Center, where people from all walks of life come together for special events and meaningful activities. Our Community Store plays a pivotal role in assisting families and individuals during challenging times, providing them with the essential resources they need to sustain their daily lives. What we achieve together, as a community, significantly contributes to the overall "quality of life" for everyone in the Lodi Valley area.

If you're wondering how you can play a part in sustaining these vital programs and services there are



- several meaningful avenues to explore: **Consistent Giving:** Consider making regular contributions, whether it's monthly, quarterly, semi-annually, annually.
  - **Wall of Honor:** Leave a lasting legacy by purchasing an 8"x8" or 4"x8" engraved tile on our Wall of Honor. This is a beautiful way to commemorate your name, a loved one, your family, or your business while supporting our mission.
  - Estate Planning: Include ROL in your estate planning.
  - Stocks & Bonds: If you have stocks or bonds that you'd like to donate, we welcome these valuable contributions.
  - Online Donations: Making a donation is just a click away. Visit our website at ReachOutLodi.org to contribute via credit card and make an immediate impact.
  - **Become a Volunteer:** Your time and skills are invaluable to us. Consider becoming a volunteer and directly engage with our community initiatives.

To explore these opportunities further or discuss how you can support Reach Out Lodi, please reach out to DebThoeny at 608.592.4592. Alternatively, you can visit our Community Center in person and we'd be delighted to chat with you. Together, we can continue to nurture and uplift our community, ensuring that no one faces life's challenges alone. Thank you for being a vital part of the Reach Out Lodi family, where compassion knows no bounds.

