

Community Circle

Aug./Sept./Oct. 2022

Keeping the Lodi
Community in the Loop

Reach Out Lodi, Inc. is committed to being diverse, equitable and inclusive.

Quote of the Month

“Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom.”

—Marcel Proust



Community Center and Community Store

601 Clark Street
Lodi, WI 53555

Mailing address: P.O. Box 316
Lodi, WI 53555

reachoutlodi@gmail.com

reachoutlodi.org
608-592-4592

Find us on  

Community Store Hours:

Monday - Friday

8:30am-3:30pm

Saturday 8:30am-11am

By appointment

Community Center Hours:

Monday - Friday

8:30am-3:30pm

Saturday 8:30am-11am

Reach Out Lodi Community Store is a 501(c) (3) nonprofit agency supported by donations and some grants. We charge no fees for our customers.



WELLNESS ON WEDNESDAY



Wellness on Wednesday (WOW) offers a series of speakers from different professions with a desire to help us stay as healthy as possible as we age. You will learn new skills or reinforce some of the good habits you are already practicing. The focus is on wellness, not sickness. WOW is a free series scheduled on the 4th Wednesday of the month. Please join us. (See page 2 for details on the next WOW.)

What's Happening at Reach Out Lodi

August/September/October 2022 Calendar of Events

Dinner with... **Tom Waselchuk**

Tuesday, August 9th, 5:30 pm

Tom's songs range from sing-alongs and standards to humorous and off-beat numbers, all of which he delivers with a strong voice and guitar virtuosity.

Please make reservations by **August 8th**.

Call: 608-592-4592 to make reservations.

Cost: \$10



New Time
5 pm

Dinner with... **The Trippers Lite Band**

Tuesday, September 13th, 5:00 pm

The band offers a large variety of music including gospel, old country, bluegrass and folk.

Please make reservations by **September 12th**.

Call: 608-592-4592 to make reservations.

Cost: \$10

Dinner with... **Julie Thompson**

New Time
5 pm

October 11th, 5:00 pm

Julie Thompson presents:

High Standards

High Standards features songs you'll love from the 40's and 50's. Julie has a unique blend of folk purity, jazz sensitivity, and classical polish.

Please make reservations by **October 10th**.

Call: 608-592-4592 to make reservations.

Cost: \$10



Wellness on Wednesday (WOW)

Wednesday September 28

1:00-2:00 pm

"I'm okay, you're okay!" Please join us for a discussion on how to cope with stress and burnout. We will be sharing tips on ways to stay happy and healthy during these stressful times.

Presented by: Corrina McVay, Care Transition Coordinator, St. Croix Hospice.



Wednesday October 26

1:00-2:30 pm

Wellness in Lodi

Speakers will share different activities available in Lodi to help you stay well.

Presented by: Stephanie Caves, Tess Carr and Friends.



Cards — Euchre

Every Thursday throughout the year.

1:00-3:00 pm

Make new friends, have fun and share a snack before you leave. No reservation needed.

What's Happening at Reach Out Lodi

August/September/October 2022 Calendar of Events



DEMENTIA JOURNEY SUPPORT GROUP

3rd Thursday of each month 1:00 - 2:30 pm
Aug. 18th, Sept. 15th, and Oct. 20th

This is a support group for caregivers of people with dementia. Participants learn new information, share their experience and support each other. We learn from each other while caring for our loved one and taking care of ourselves to stay healthy through the journey.

Contact: Janet Wiegel, 608-697-2838, for more information.

Memory Café

Friday, August 26th
1:00 - 2:30 pm

Monarchs

Join us as we learn about the monarch migration with trivia, stories and music!

Memory Cafés are a safe and comfortable space where someone living with dementia and their care partner can socialize, listen to music, play games, and enjoy other activities.

Contact: Rose Kearney, 608-232-3400 ext. 115, for more info.

Memory Café

Friday, September
23rd 1:00 - 2:30 pm

Ukelele

Join us as we listen to ukelele music with guest musicians!

Memory Cafés are a safe and comfortable space where someone living with dementia and their care partner can socialize, listen to music, play games, and enjoy other activities.

Contact: Rose Kearney, 608-232-3400 ext. 115, for more info.



Memory Café

Friday, October 28th
1:00 - 2:30 pm

Memory Cafés are a safe and comfortable space where someone living with dementia and their care partner can socialize, listen to music, play games, and enjoy other activities.

Contact: Rose Kearney, 608-232-3400 ext. 115, for more info.

Artist of the season

ROL's own, Penny Schmiedlin, water colorist, is the artist of the season.

What's Happening at Reach Out Lodi

August/September/October 2022 Calendar of Events

Senior Yoga — with Tess Carr

Tess has a gentle, peaceful nature as she helps you with range of motion, balance and strength. This class is for EVERYONE. We invite you to come and give it a try.



AUGUST SESSION:
Tuesdays August 2nd-30th
2:00-2:45 pm
Cost: \$10 for 5 weeks.

SEPTEMBER SESSION: Tuesdays September 6th-27th
2:00-2:45 pm
Cost: \$10 for 4 weeks.

OCTOBER SESSION: Tuesdays October 4th-25th
2:00-2:45 pm
Cost: \$10 for 4 weeks

Senior Movement — with Stephanie Caves

Stephanie will guide you through movement, strength, balance and posture exercises. She provides individualized modifications as needed and ensures success for EVERYONE.



AUGUST SESSION: Wednesdays August 3rd-31st
2:00-2:45 pm
Cost: \$10 for 4 weeks.
NO CLASS ON AUGUST 17th.

SEPTEMBER SESSION: Wednesdays September 7th-28th
2:00-2:45 pm
Cost: \$10 for 4 weeks.

OCTOBER SESSION: Wednesdays October 5th-19th
2:00-2:45 pm
Cost: \$5 for 3 weeks.
NO CLASS ON OCTOBER 26th.



For people
with special
needs 14 &
older

Sept. 24th, Oct. 8th & 29th

No Game Night in August.
Enjoy the summer!

Saturday September 24th, 5:00-7:00pm
Dinner at 5:00 followed by board games.

Saturday October 8th, 5:00-7:00 pm
Dinner at 5:00 followed by board games.

Saturday October 29th, 5:00-7:00pm
Happy Halloween
Dinner at 5:00. Wear costumes if you wish or come as you are.
Call: 608-592-4592 to make reservations.

Free School Supplies for Those in Need

Our school supply program provides items to fill new back packs. Please call Reach Out Lodi at 608-592-4592 to put in a request. We will need some basic information, such as grade level and gender of each child. Families are then contacted when the order has been fulfilled. Call today.

Painting for Pleasure — with Gladys Grieger

Gladys will teach the wonderful art of painting with acrylics.

AUGUST SCHEDULE:
Fridays August 5th-September 2nd
NO CLASS ON AUGUST 19th
10:00 am-12:30 pm

SEPTEMBER SCHEDULE:
Mondays September 12th-October 3rd
12:30-3:00 pm

FOR INFORMATION:
Call Gladys at 608-445-0589
Cost: \$45.00 for 4 weeks.



freepik.com

Soup'r Supper

Community Meal

Tuesday, September 27th
Tuesday, October 25th

5:00-6:30 pm

Come for dinner. Stay to get to know your neighbors, play cards, or just relax.



Getting To Know Chuck

What do you do when all the activities you've enjoyed in your life such as running, biking, and hiking are things you are no longer physically able to do? If you're Chuck Possin, one of the gardeners at the Reach Out Lodi Community Garden, you go back to your roots — literally — and nurture your passion for gardening. But this story is getting ahead of itself so let's go back to the beginning.

Chuck was born and raised on a dairy farm in Dodge County, Wisconsin. He learned all the important things in life from his parents, such as the value of hard work, honesty and respect for others. Chuck also learned how to milk cows (40 of them) and helped with the family's 1 ½-acre garden, which was where his love of gardening began.

Chuck's dad wanted him to take over the farm but Chuck had other ideas. He worked his way through college and took a position as a pharmacist for eight years; he then went back to school and earned a Master's degree in Health Care Administration. Chuck helped accomplish the merger of two hospitals in Madison that became what is now Meriter Hospital and worked there as a hospital administrator for twenty-six years. He was the president of Meriter Retirement Services for eleven years.

Chuck retired at the age of 59 to pursue other interests. He and his wife, Michelle, traveled to 33 different countries and explored the U.S. in their camper. Chuck and Michelle also served as Peace Corps volunteers for 2 ½ years in a small village in South Africa.

Chuck came to the sport of running later in his life and embraced it. He participated in 83 marathons around the country as well as some fifty-mile runs and three Iron Man competitions. Chuck hiked the entire Appalachian Trail, did some mountain climbing in New Zealand, and climbed Mount Kilimanjaro, where he raced his Sherpa guides to the top! He was named Wisconsin Athlete of the Year based on his participation in the Badger State Games.

Life changed for Chuck seven years ago. He was biking



as part of his training for his fourth Iron Man competition when he crashed his bike and flew over the handlebars, landing on his head. (He was wearing a helmet.) Emergency responders said the LifeFlight helicopter ride to Madison saved his life. Chuck was unconscious for 3 ½ weeks and when he gained consciousness he was unable to walk or talk. The first year-and-a-half after his injury was taken up with multiple therapies. Chuck stressed that he couldn't have done it without the support from Michelle.

Chuck and Michelle, who have two children from a previous marriage and two grandchildren, moved from Madison to Lodi two years ago. Their goal was to buy a home that would provide space for Chuck to garden, a passion to which he wanted to return. However, the home they bought proved unsuitable for gardening because the yard was mostly shaded. Fortunately, Chuck learned about the Community Garden at Reach Out Lodi and signed up for a plot. Chuck wishes he had gotten his plants in a bit earlier but the garden is coming along and promises to yield a good bounty. Michelle said Chuck "is happiest when he is in his garden." He is already talking about adding another plot for next year so he can expand his garden. Chuck expressed his appreciation for the Community Garden, stating that it is well organized and the people are very nice.

Thank you for sharing your story, Chuck. We look forward to seeing you in the garden. —By Patti Herman



A huge shout out to ALKAR for the very generous donation of \$2,400.00 presented on March 28th of this year. Pictured left to right: Gail Krause, (ALKAR) Mary Wilkes (ROL), Jim Schmiedlin (ROL President), Tom Betley (ALKAR President), Mary Jane Hansen (ALKAR), Brooke Denu (ALKAR), Karen Mielke (ALKAR) and Art Lyman (ALKAR). The money was raised during a company-wide fundraiser and matched 100% by ALKAR. We are so grateful for their partnership, it will help fund vital programs and services in both the Community Store and Community Center.

The Community Circle is published by Reach Out Lodi ©2022, 601 Clark Street, Lodi WI 53555, 608-592-4592, reachoutlodi@gmail.com
Editor Patti Herman; Graphic Designer Maribeth Fleischmann; Contributing Writers include Events Coordinator Penny Schmiedlin, and President Jim Schmiedlin.

WHAT'S HAPPENING IN THE COMMUNITY STORE

Reach Out Lodi, Inc. (ROL) is a community resource that fosters connections and helps individuals and families who are experiencing financial hardship.

Our Mission is to provide a safe and welcoming Community Center where individuals and families can gather and a Community Store that supports individuals and families struggling to provide for their basic living needs.

Our Core Values include:

TRUST: We create confidence by acting with transparency, openness, and accountability.

GENEROSITY: We inspire giving directed at helping others and improving the "quality of life" in our community.

CONNECTIVITY: We listen to our customers and supporters and we foster partnerships.

EFFECTIVENESS: We identify



resources, align our actions, and produce results.

ACCEPTANCE: We serve everyone with respect, dignity, confidentiality, and kindness.

ROL Community Store has been in operation for the past seven years. We primarily serve families and individuals living within the boundaries of the School District of Lodi. ROL is supported by a very generous, caring community, i.e., individuals, businesses, churches, schools, civic organizations, volunteers, and youth groups. We are open six days a week, 8:30AM-3:30PM Monday through Friday and Saturday 8:30- 11:00AM. Customers shop for their own groceries, personal essentials, and

clothing. Our shoppers pre-register with us and shop by appointment if possible. In addition our School Supply Program ensures that students have a place where they can obtain necessary school supplies to help them succeed in the classroom.

Over the past seven years the Community Store has served 1801 people (1066 adults/735 children) from 76-125 households monthly. We also provide home delivery services for customers unable to leave their home for whatever reason.

ROL is blessed with many dedicated volunteers, the backbone of our operation, and the equivalent of 1.5 full-time staff at the present time. We focus on providing quality vital programs and services and serving all our neighbors with kindness, respect and love.

—James P. Schmiedlin, President,
ROL Board of Directors

NUTRITIOUS FOOD FOR ALL

Reach Out Lodi takes great pride in the food assortment offered to our clients. Good nutrition is essential in keeping people healthy. People with healthy eating patterns live longer and are at lower risk for serious health problems such as obesity, diabetes, and heart disease. A well-balanced diet that consists of fruits, vegetables, and low-fat foods will keep your immune system strong and healthy. Proper nutrition provides you with more energy, helps with your physical and mental health, and adds years to your life.

People from different cultural backgrounds eat different foods. At ROL we take great pride in our volunteers who make sure our shelves are stocked with food options that meet the needs of not only native Wisconsinites but

also our clients who come from other countries and cultures. Our volunteers make food recommendations to help us stock our shelves with nutritious foods for everyone. Thank you, volunteers, for caring enough to understand each client's needs. Your dedication to meeting everyone's nutritional needs is helping keep our community healthy.

—Heidi Ness

ROL Board of Directors



COMMUNITY STORE TOP 10 WISH LISTS

Top 10 Food

1. Sugar
2. Salt
3. Mayonnaise
4. Peas (canned)
5. Black Beans (canned)
6. Diced Tomatoes
7. Chicken (canned)
8. Main Dish Meals
9. Suddenly Salad
10. Progresso Soups

Top 10 Personal Essentials

1. Kitchen Storage Bags (Gal., Qt.)
2. Garbage Bags (Size 13 & 30)
3. Razors (M & W)
4. Paper Towels
5. Laundry Detergent/Dryer Sheets
6. Household Cleaning Products
7. Deodorant (M & W)
8. Tissue
9. Feminine Hygiene Products
10. Baby Wipes

Top Clothing Items

1. New underwear and socks
Girls' 2-10, 14, 16
Boys' 2, 4, 10-18
Women's Sm, Med, Lg, XLg
& Men's Sm, Med
2. Boys' and Men's shoes
(all sizes)
3. Men's shirts sizes Sm & Med
4. Sheet Sets (all sizes)
5. Bath Towels/Washcloths

Volunteer Corner

After retiring from the Boston Store Ginny Clark decided she wanted to give back to the community and she joined ROL as a volunteer. Ginny was one of our first volunteers when ROL opened in 2015. She works in the store with clothing. She enjoys helping clients find just the right outfit to put a smile on their face and feel good about themselves and how they look. Ginny finds working with other volunteers and making clients happy is a very rewarding way to spend her time.



Reach Out Lodi is in need of more volunteers in the Community Store and the Community Center. If you feel this might be a rewarding job for you please stop in and fill out an application. We will train you in your area of interest.

Thank you ROL for Game Night and Friends

My daughter is blind (disabled). She went to a public school, but just didn't get the opportunity to really make many friends. She had friends with vision impairments and one sighted friend. Through the Patchwork program in Lodi my daughter met some more great friends. The Patchwork program had her volunteer at Reach Out Lodi.

Reach Out Lodi took it upon themselves to create a Game Night. Volunteers make participants dinner and a treat, then off to play a variety of games. The small group who started has now tripled. Everyone is disabled to some degree but they all get along so well. My daughter now has made a ton of new friends. They have many volunteers who are fantastic and so

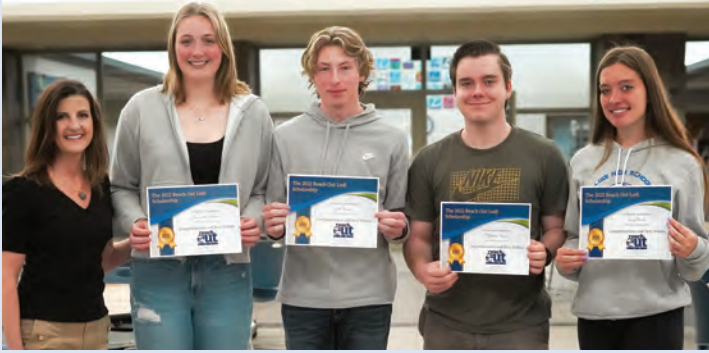
helpful. My daughter counts down the days until the next Game Night so she can hang out with her friends and have fun somewhere she feels comfortable and safe.

Thank you Penny and Reach Out Lodi for caring and creating Game Night where my daughter can have fun and enjoy an evening with friends. We're beyond grateful.

Thank you Reach Out Lodi for Game Night and Friends.



2022 ROL Scholarship Winners



Congratulations to our scholarship recipients Jack Kaiser, Lexy Karls, Matthew Popp, and Samantha Klann. The Reach Out Lodi scholarship is available to youth entering a vocational apprenticeship program, technical college, or a four-year college. The recipients must have a good work ethic and an interest in bettering themselves and their community. This year's scholarship recipients each received \$1,000. Best wishes to Jack, Lexy, Matthew and Samantha!

Jack Kaiser:

Jack's field of study will be finance. He has volunteered at the Lodi High School concession stands and at Reach Out Lodi.



Lexy Karls:

Lexy's field of study will be psychology. She has been involved with 4-H, volunteered at nursing homes, helped with horse-back riding lessons and dog training.



Matthew Popp:

Matthew's field of study will be business. He has been involved in his church, Soon to Be Famous Lodi Band, adopt-a-highway, and at Reach Out Lodi.



Samantha Klann:

Samantha will study elementary education. She has volunteered coaching youth volleyball, time keeping for basketball, My First Sport, and as a student aid for various classes.



BINGO

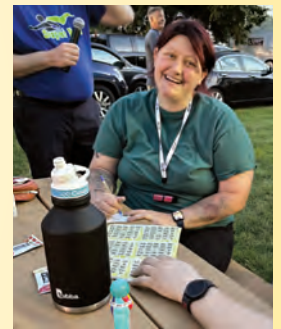
(& 50/50) was a BLAST!

Reach Out Lodi's 3rd Annual Bingo and 50/50 Raffle at the Lodi Ag Fair was "better than ever".

- Better turnout, with an estimated attendance of over 500 people over the two nights, July 7 and 8, 2022.
- Better payout with \$4,712 total awarded for Bingo. Fifty people received prize money. \$2,211.50 was awarded for the 50/50 Raffle during the two nights.
- Better organized each year. (Please bear with us, we are continuously striving to improve.)
- Better and more fun for ALL ages. There were many families, individuals and couples who participated. Several had such a blast they came back the second night!
- Last but not least, the Best volunteers (36 in total). Most of them helped both nights and created a very fun event for the Lodi Community, while having a good time themselves.

We are most grateful for whatever part you played in this Family-Friendly Fundraising Event. The proceeds will benefit ROL Community Store and Community Center. A huge thank you to the Lodi Fair Board for allowing ROL to hold Bingo at the Fair! See you next year at the Lodi Agricultural Fair.

—Mary Wilkes, Lead Volunteer/Bingo



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		† Senior Yoga 2:00-2:45 pm	Optimists 12:00 pm † Senior Movement 2:00-2:45 pm	Order School Supplies from Reach Out Lodi CARDS — Euchre 1:00-3:00 pm	† Painting for Pleasure 10:00 am-12:30 pm	
7	8	9	10	11	12	13
Common Ground Church 9:00-11:00 am Boy & Girl Scouts 5:00-8:00 pm	Senior Yoga 2:00-2:45 pm Dinner With... Tom Waselchuk 5:30 pm	Senior Yoga 2:00-2:45 pm Senior Movement 2:00-2:45 pm NO Senior Movement	Senior Movement 2:00-2:45 pm	CARDS — Euchre 1:00-3:00 pm CARDS — Euchre 1:00-3:00 pm Dementia Journey Support Group 1:00-2:30 pm Ice Age Trail 7:00 pm	CHALK THE WALK 4-7 pm Goeres Park Painting for Pleasure 10:00 am-12:30 pm	Norwegian Genealogy Lag Group Meeting 9:00 am-5:30 pm NO Painting Class
14	15	16	17	18	19	20
Common Ground Church 9:00-11:00 am	Senior Yoga 2:00-2:45 pm	Senior Yoga 2:00-2:45 pm Senior Movement 2:00-2:45 pm	Senior Movement 2:00-2:45 pm	CARDS — Euchre 1:00-3:00 pm Dementia Journey Support Group 1:00-2:30 pm Ice Age Trail 7:00 pm	Norwegian Genealogy Lag Group Meeting 9:00 am-5:30 pm NO Painting Class	Norwegian Genealogy Lag Group Meeting 9:00 am-5:30 pm
21	22	23	24	25	26	27
Common Ground Church 9:00-11:00 am Private Birthday Party	Senior Yoga 2:00-2:45 pm	Senior Movement 2:00-2:45 pm	Senior Movement 2:00-2:45 pm	CARDS — Euchre 1:00-3:00 pm	Painting for Pleasure 10:00 am-12:30 pm Memory Café 1:00-2:30 pm	
28	29	30	31	† = NEW SESSION ● = ROL Event ● = Other		
Common Ground Church 9:00-11:00 am Boy & Girl Scouts 12:00-8:00 pm	Senior Yoga 2:00-2:45 pm	Senior Movement 2:00-2:45 pm	Senior Movement 2:00-2:45 pm			

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>NEW SESSION</p> <p>† = ROL Event</p> <p>● = Other</p>			<p>1</p> <p>CARDS—Euchre 1:00-3:00 pm</p>	<p>2</p> <p>Painting for Pleasure 10:00 am-12:30 pm</p>	<p>3</p>
<p>4</p> <p>Common Ground Church 9:00-11:00 am</p>	<p>5</p> <p>Labor Day CLOSED</p>	<p>6</p> <p>† Senior Yoga 2:00-2:45 pm</p>	<p>7</p> <p>Optimists 12:00 pm</p> <p>† Senior Movement 2:00-2:45 pm</p>	<p>8</p> <p>CARDS—Euchre 1:00-3:00 pm</p>	<p>GARAGE SALE 8-3 pm</p>	
<p>11</p> <p>Common Ground Church 9:00-11:00 am</p>	<p>12</p> <p>† Painting for Pleasure 12:30-3:00 pm</p>	<p>13</p> <p>Senior Yoga 2:00-2:45 pm</p> <p>Dinner With... The Trippers Lite Band New Time 5:00 pm</p>	<p>14</p> <p>Senior Movement 2:00-2:45 pm</p> <p>Art Club 7:00 pm</p>	<p>15</p> <p>Transition Program 9:00-10:00 am</p> <p>CARDS—Euchre 1:00-3:00 pm</p> <p>Dementia Journey Support Group 1:00-2:30 pm</p> <p>Ice Age Trail 7:00 pm</p>	<p>16</p>	<p>17</p>
<p>18</p> <p>Common Ground Church 9:00-11:00 am</p>	<p>19</p> <p>Painting for Pleasure 12:30-3:00 pm</p>	<p>20</p> <p>Senior Yoga 2:00-2:45 pm</p>	<p>21</p> <p>Optimists 12:00 pm</p> <p>Senior Movement 2:00-2:45 pm</p>	<p>22</p> <p>Transition Program 9:00-10:00 am</p> <p>CARDS—Euchre 1:00-3:00 pm</p>	<p>23</p> <p>Memory Café 1:00-2:30 pm</p>	<p>24</p> <p>Game Night 5:00-7:00 pm</p>
<p>25</p> <p>Common Ground Church 9:00-11:00 am</p>	<p>26</p> <p>Painting for Pleasure 12:30-3:00 pm</p>	<p>27</p> <p>Senior Yoga 2:00-2:45 pm</p> <p>Soup'r Supper First of the season 5:00-6:30 pm</p>	<p>28</p> <p>WOW I'm okay, you're okay! 1:00-2:00 pm</p> <p>Senior Movement 2:00-2:45 pm</p>	<p>29</p> <p>Transition Program 9:00-10:00 am</p> <p>CARDS—Euchre 1:00-3:00 pm</p>	<p>30</p>	

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>NEW SESSION</p> <p>† = ROL Event</p> <p>● = Other</p>					1
Common Ground Church 9:00-11:00 am	Painting for Pleasure 12:30-3:00 pm	† Senior Yoga 2:00-2:45 pm	Optimists 12:00 pm † Senior Movement 2:00-2:45 pm	Transition Program 9:00-10:00 am CARDS—Euchre 1:00-3:00 pm		Game Night 5:00-7:00 pm
2	3	4	5	6	7	8
Common Ground Church 9:00-11:00 am	10	Senior Yoga 2:00-2:45 pm Dinner With... Julie Thompson New Time 5:00 pm	Senior Movement 2:00-2:45 pm Art Club 7:00 pm	Transition Program 9:00-10:00 am CARDS—Euchre 1:00-3:00 pm		15
9	11	12	13	14		
Common Ground Church 9:00-11:00 am	Senior Yoga 2:00-2:45 pm Dinner With... Julie Thompson New Time 5:00 pm	Senior Movement 2:00-2:45 pm Art Club 7:00 pm	Transition Program 9:00-10:00 am CARDS—Euchre 1:00-3:00 pm	Transition Program 9:00-10:00 am CARDS—Euchre 1:00-3:00 pm Dementia Journey Support Group 1:00-2:30 pm Ice Age Trail 7:00 pm		22
16	17	18	19	20	21	22
Common Ground Church 9:00-11:00 am	Senior Yoga 2:00-2:45 pm	Senior Yoga 2:00-2:45 pm	Optimists 6:00 pm Senior Movement 2:00-2:45 pm	Transition Program 9:00-10:00 am CARDS—Euchre 1:00-3:00 pm Dementia Journey Support Group 1:00-2:30 pm Ice Age Trail 7:00 pm		
23	24	25	26	27	28	29
Common Ground Church 9:00-11:00 am	Common Ground Church 9:00-11:00 am	Soup'r Supper 5:00-6:30 pm Senior Yoga 2:00-2:45 pm	WOW Wellness in Lodi 1:00-2:30 pm NO Senior Movement	Transition Program 9:00-10:00 am CARDS—Euchre 1:00-3:00 pm	Memory Café 1:00-2:30 pm	Game Night Halloween Party 5:00-7:00 pm
30	31	Halloween				
Common Ground Church 9:00-11:00 am						

CHALK THE WALK

August 12th
from 4-7 pm
at Goeres Park

Meet chalk artist, Peter Davidson as he creates his own unique design. At 6:00 pm Peter will judge the squares and announce the winners.

Sidewalk squares are available for "rent" for \$5.00 each.

Sign up for a sidewalk square at: reachoutlodi.org, the QR code or call Reach Out Lodi (608) 592-4592. You can also register at the event.



Picnic meal & beverages available for purchase from ROL

Pop Art - Entertaining with balloon designs

Lots of FREE activities for the kids!



Chalk will be provided by Reach Out Lodi.

Supporting Your Community

Reach Out Lodi (ROL) has been blessed with generous support from all corners of our community. Gifts from people like you allow us to provide a safe and welcoming Community Center where youth and adults gather for a variety of special events and activities. The Community Store helps families and individuals who are experiencing difficulties provide for their basic living needs. What we do collectively is very important in sustaining our overall community "quality of life."

There are several ways that you can help sustain programs and services at ROL, including:

- Consider giving on a consistent, ongoing basis, i.e., monthly, quarterly, semi-annually or annually
- Purchase an 8"x 8" or 4" x 8" engraved tile to be placed on our Wall of Honor with your name, name of a loved one, family or business
- Include ROL in your estate planning
- Donate stocks or bonds
- Utilize ROL website for credit card donations, reachoutlodi.org
- Apply to become a volunteer

For more information contact Jim Schmiedlin at 608-592-4592, or stop at the Community Center and discuss how you would like to help support Reach Out Lodi.

