Volume 5: 2022 November/December

Community Circle Keeping the Lodi Community in the Loop

November/December 2022

Ouote of the Month

"There is nothing better than a friend, unless it is a friend with chocolate." —Linda Grayson



Community Center and Community Store

601 Clark Street Lodi. WI 53555 Mailing address: P.O. Box 316 Lodi, WI 53555 reachoutlodi@gmail.com reachoutlodi.org 608-592-4592

Find us on **F**



Community Store Hours:

Monday - Friday 8:30am-3:30pm Saturday 8:30am-11am By appointment

Community Center Hours:

Monday - Friday 8:30am-3:30pm Saturday 8:30am-11am

Reach Out Lodi Community Store is a 501(c) (3) nonprofit agency supported by donations and some grants. We charge no fees for our customers.



Breakfast with Our Veterans

n Veteran's Day, November 11th, ROL is hosting a free breakfast and short program for our vets and their spouses. The public is invited to attend and honor them with us. A free will donation is encouraged from non-veterans. Please join us to show our appreciation for those who served our country. Our space is limited so reservations are necessary.

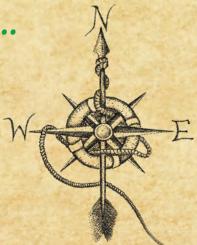
Breakfast: 8:30 am with program at 9:00 am For reservations please call 608-592-4592 on or before Nov. 8th

What's Happening at Reach Out Lodi November/December 2022 Calendar of Events



Finding North
Anchors & Arrows





Finding North is an Americana singer/songwriter duo from Sun Prairie, Wisconsin. Paul and Sussanah Herrick bring each audience along with them on a heartfelt journey of life's highs and lows through catchy melodies and beautiful vocal harmonies with piano and guitar for instrumentation.

Tuesday November 1st, 5:00pm

Reach Out Lodi will offer a meal followed with entertainment by Finding North.

Please make reservations by October 31st. Call: 608-592-4592 to make reservations. Cost: \$10

Dinner with... Craig Siemsen

This is a beautiful program celebrating Christmas and the winter season. Join Craig as he sings and reflects on the history and traditions of this most wonderful time of the year.

Tuesday December 6th, 5:00 pm

Reach Out Lodi will offer a meal followed with entertainment by Craig Siemsen.

Please make reservations by **December 5th**. **Call: 608-592-4592** to make reservations. **Cost:** \$10



Senior Yoga — with Tess Carr

Tess has a gentle, peaceful nature as she helps you with range of motion, balance and strength. This class is for EVERYONE. We invite you to come and give it a try.

NOVEMBER SESSION:

Tuesdays November 1st-29th 2:00-2:45 pm

Cost: \$5 for 3 weeks.

NO CLASS ON NOVEMBER 8th & 15th.

DECEMBER SESSION:

Tuesdays December 6th-20th

2:00-2:45 pm

Cost: \$5 for 3 weeks.

NO CLASS ON DECEMBER 27th.



Senior Movement — with Stephanie Caves

Stephanie will guide you through movement, strength, balance and posture exercises. She provides individualized modifications as needed and ensures success for EVERYONE.



NOVEMBER SESSION:

Wednesdays November 2nd-30th

2:00-2:45 pm

Cost: \$5 for 3 weeks.

NO CLASS ON NOVEMBER 16th and 23rd.

DECEMBER SESSION:

Wednesdays December 14th-21st

2:00-2:45 pm

Cost: \$5 for 2 weeks.

NO CLASS ON DECEMBER 7th and 28th.

What's Happening at Reach Out Lodi November/December 2022 Calendar of Events



DEMENTIA JOURNEY SUPPORT GROUP

3rd Thursday of each month 1:00 - 2:30 pm November 17th and December 15th

This is a support group for caregivers of people with dementia. Participants learn new information, share their experience and support each other. We learn from each other while caring for our loved one and taking care of ourselves to stay healthy through the journey.

Contact: Janet Wiegel, 608-697-2838, for more information.



For people with special needs 14 & older

Nov. 5th & 19th, Dec. 3rd & 17th

November 5th

Dinner at 5:00 followed by board games.

November 19th, BINGO in your PJ's. Wear your PJ's if you wish or come as you are to play BINGO.



December 3rd

Dinner at 5:00 followed by board games.

December 17th, Christmas Party with Games. Dinner at 5:00 followed by board games.

Call: 608-592-4592 to make reservations.





What's Happening at Reach Out Lodi November/December 2022 Calendar of Events

Annual Community Thanksgiving Day Meal



November 24th 11:30 am-2:00 pm

Reach Out Lodi is once again offering a FREE Thanksgiving day community meal. Everyone is welcome to attend. Dine in, take out or delivery is available. Reservations are required.

Please call: 608-592-4592 to make a reservation. Free will offering and donations accepted.

HELP WANTED

If you would like to prepare a dish at home to donate or assist in serving our Thanksgiving meal please call us at 608-592-4592.

Soup'r **Supper**

Community Meal

Will Return in January 2023

5:00-6:30 pm

Come for dinner. Stay to get to know your neighbors, play cards, or just relax.



Painting for Pleasure with Gladys Grieger

Gladys Grieger is taking a break from her Painting for Pleasure class for the winter season.

She will be offering more classes in a few months. For more information call Gladys at 608-445-0589

Mah Jongg

Every Thursday throughout the year. 9:30-12:00 pm

24TH

NOT **NOVEMBER**

This interesting and challenging game is played with small tiles. Don't know how to play? We will teach you!. No reservation needed.

Cards — Euchre

Every Thursday throughout the year.

1:00-3:00 pm

Make new friends, have fun and share a snack before you leave. No reservation needed.

NOT NOVEMBER 24TH

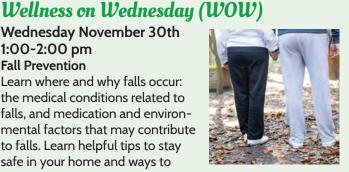


Wednesday November 30th 1:00-2:00 pm

Fall Prevention

Learn where and why falls occur: the medical conditions related to falls, and medication and environmental factors that may contribute to falls. Learn helpful tips to stay safe in your home and ways to prevent falls.

Presented by: Corrina McVay, Care Transition Coordinator. St. Croix Hospice.



WELLNESS

Wednesday December 7th 1:00-2:00 pm Grief During the Holidays

Holidays can bring about many emotions for someone grieving. In this presentation you will receive helpful tips for coping and managing your grief during the holiday season.

Presented by: Corrina McVay, Care Transition Coordinator, St. Croix Hospice.



Getting To Know Ken

One of our most enthusiastic and engaging patrons at Reach Out Lodi is Ken Becker. He is a die-hard Badger fan, wearing his Bucky gear religiously. Ken awards fresh bananas to the first Euchre lone hand and to some of ROL's volunteers for the bargain price of one hug. Ken also attends our Dinner With gatherings on a regular basis. It is a joy to be in Ken's company; he has lived an exciting and interesting life. You are certainly missing out if you don't corner Ken sometime to hear about some of his many adventures!

Ken hails from Johnson Creek, Wisconsin. He was born in 1923 into, according to him, the poorest family in town. His childhood was one of hard work and scarce resources. The Depression was a hard time for his family, but Ken endured and graduated from High School in 1941. With limited options for follow-on schooling, Ken joined a sheet metal apprenticeship program in Milwaukee where he worked full-time on the factory floor while attending vocational school, earning 40 cents an hour.

Having a strong desire to further his education and after saving up some money, Ken enrolled at Northwestern University. He was blessed to have a sister living nearby the campus and was invited to stay with her. Ken chuckled as he told me he was able to save the 7-cent daily bus fare by walking the almost 2 miles to classes.

With the US's entry into World War II in 1941, Ken left his apprenticeship and enlisted into the Army Air Force as an Aviation Cadet. Ken was trained as an Aviation Gunner and Flight Navigator. His first assignment was with the 15th Air Force, where he served as Navigator on a B-17 Bomber. Stationed in Foggia, in Southern Italy, Ken ran 17 bombing missions over Northern Italy, Austria, and Germany throughout his tour. Ken returned to the US in 1943 and completed his service shortly after the war ended in 1945.

Back in the United States Ken enrolled at UW Madison to pursue a degree in Business, graduating with a bachelor's degree in Finance.

Shortly after Ken's college graduation, tensions in the Far East flared up, ushering in the Korean war. Despite having just started to establish himself in the Banking and Insurance industries, Ken proudly answered his country's call to military service. He was deployed to Guam, where he served as Navigator on a B-29 Bomber. During this tour, Ken flew air-sea rescue missions, and conducted hundreds of flight hours recording various meteorological readings to assist in the government's study of the jet stream.

After a year on Guam, the Army discharged Ken and he returned home where he met and married the love of his life, Marjean. They settled in Illinois and started a family while Ken reestablished himself in the Finance industry. During his accomplished 35-year career, Ken founded the Bank of Mundelein and served as President of Mundelein Savings and Loan, all while raising 5 children.

Ken and Marjean traveled extensively throughout their almost 50-year marriage, visiting 74 countries on 7 continents and all 50



states. Ken's fondest memory was traveling with the UW Alumni club to the North Pole on a Russian Ice Breaker, where he not only swam in the waters of the Arctic but also chilled his daily Manhattan with ice from one of the glaciers.

One of their favorite places to visit was the Lodi area. After Ken's retirement in 1983, Ken and Marjean moved to their own little piece of heaven located on Lake Wisconsin. Ken spent the next 20 years volunteering at the Good Samaritan Center here in Lodi. Additionally, Ken was active with the UW Alumni Association, where he's earned several honors over the years.

These days, when he's not at Reach Out you can find Ken on the lake, a big fish on his line, Manhattan in hand, and a story to tell!

−By Kimberly Miller

Room Rentals The ROL Community Center has two rooms available for rental. Call 608-592-4592 to learn more.

The Community Circle is published by Reach Out Lodi ©2022, 601 Clark Street, Lodi WI 53555, 608-592-4592, reachoutlodi@gmail.com Editor Patti Herman; Graphic Designer Maribeth Fleischmann; Contributing Writers include Events Coordinator Penny Schmiedlin, and President Jim Schmiedlin and Managing Director Kim Miller.

What's Happening in the Community Store

Reach Out Lodi has recently completed infrastructure improvements that will have a longterm impact on vital programs and services that we provide. In 2020 a much needed 28'x54' addition, including a basement, was added to the Community Store that has a clothing storage area, workstation for volunteers, and a display area for men's, women's, and children's clothing. This has allowed us to have additional space for food and personal essentials for families experiencing financial hardship.

This past summer a 24'x36' utility building was constructed that houses our transportation van, lawn care equipment, snowblower, gardening tools, rototiller, and outdoor furniture. The building was constructed by Brian Lane Construction and Meade Concrete. In addition, we replaced a very deteriorated and unsafe parking lot and a section of damaged sidewalk. Excavation work was done by S&L Underground, Inc. The new parking lot is four feet wider and includes 36 parking stalls. We really appreciate the consultation provided to us throughout the construction project by Ben Larrabee, Brian Lane, and James Lincoln, Lodi Utilities.





THANKSGIVING MEAL — Community Store customers schedule an appointment to shop for food to prepare at home for a Thanksgiving meal.



CHRISTMAS MEAL — Community Store customers schedule an appointment to shop for food to prepare at home for a Christmas

Consider donating ingredients for these holiday meals. Call us at 608-592-4592.

Customer Comments

don't take things lightly what other people have done for me. That is what ROL has done for me and meant to me. Many, many thank yous! They have delivered groceries to me because of my illness. They also have a wonderful place to shop for food and personal essentials. The people that work there are really nice and very helpful. Everything is free. There is also a great shop for clothes, coats, shoes, and boots for men, women and children. They also have purses, jewelry and a num-

ber of other articles. So if you are in need of food, clothes, etc. stop by and have a delightful shopping experience at ROL!

-Anonymous

ROL GIVING TREE PROGRAM



his Christmas season moms and dads that need gifts for their kids and themselves are welcome to select them from under the ROL Giving Tree. Donations are needed of new items in the following categories: toys, books, games, clothing for adults and children, kitchen items, towels, bedding and gift cards for teens and families. Visits will start shortly after the Thanksgiving Day holiday up to Friday, December 23, 2022. For more information about how you can support this program give us a call at 608-592-4592. We also welcome financial donations that will allow us to shop for gifts that will be placed under the tree.

COMMUNITY STORE TOP 10 WISH LISTS

Top 10 Food

- 1. Sugar
- 2. Mayonnaise
- 3. Pasta (variety)
- 4. Kidney Beans (canned)
- 5. Black Beans (canned)
- 6. Progresso Soups
- 7. Jelly (grape & strawberry)
- 8. Main Dish Meals
- 9. Baking Supplies
- 10. Cereal (variety)

Top 10 Personal Essentials

- 1. Kitchen Storage Bags (Gal., Qt.)
- 2. Garbage Bags (Size 13 & 30)
- 3. Shampoo & Conditioner
- 4. Body Wash
- 5. Laundry Detergent/Dryer Sheets
- 6. Deodorant (M & W)
- 7. Paper Towels
- 8. Tissue
- 9. Toothpaste (large)
- 10. Baby Wipes

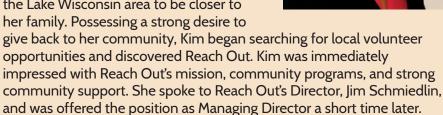
Top Clothing Items

- 1. New underwear and socks Girls' 2, 6, 10, 16 Boys' 2, 4, 18, 20 Women's Sm, Med, Lg, XLg & Men's Sm, Med
- 2. Boys' Jeans 10-16, 20
- 3. Men's jackets, Sm & Med
- 4. Kid's Winter coats, snowpants and boots (all sizes)
- 5. Blankets

Reach Out Lodi Is Pleased To Introduce Our New Managing Director, Kimberly Miller

Kim is originally from Lodi and graduated from Lodi High School in 1985. She enlisted in the US Navy in 1989 and served primarily in the Human Resources arena, and has extensive experience in leadership, teaching, resource management, strategic planning, budgeting, finance, and training. Kim retired in 2019 at the rank of Commander.

In January of 2021 Kim moved back to the Lake Wisconsin area to be closer to



The staff and volunteers of Reach Out Lodi welcome Kim to the team and look forward to getting to know her!

Volunteer Corner

indy and Greg Abresch retired to the Lodi area in May of 2021 and enjoy activities on the Wisconsin river with their three children and nine grandchildren.

Their first visit to Reach Out Lodi was a walk-in donation of clothing. Interested in getting involved, they took a tour of the entire facility. Cindy and Greg were so impressed with ROL's mission of providing a safe and welcoming center for people of all ages, along with providing food and clothing for those less fortunate, that they decided to join the team of volunteers.

Their first event was bingo/game night ...they had a blast and found it rewarding to see the young adults enjoying time with friends.

Since then they volunteer

weekly in the Community Store and witness first-hand how individuals, businesses and farmers make an impact on ROL's success. So happy to be part of ROL,

— Cindy & Greg Abresch



Many Thanks!







Lodi High School students know how to get things done with Lodi Pride! Our shelves were cleaned and our deck was stained in no time. Thank you Lodi Schools for including ROL in your Day of Service!

Powder Puff

The Lodi High School class of 2023 raised \$1,407.50 from the Powder Puff game and gifted it to ROL. Pictured left to right: Kaitlyn Meier, Jim Schmiedlin, Abby Haas, Trinity Tompkins, Kim Miller, and Rachel Winters.





Tamale Sale

Oh baby...that was one "hot tamale" of a fundraiser! Over 1,000 tamales were sold and \$1,495 raised on Sunday, September 25th. Thank you Adela and Main Street Market Piggly Wiggly for your support. We are planning another tamale sale for early next year. Pictured above: Adela Orozco and Dotty Sutfin.

4imprint-

Helpful Neighbors

Thank you to the folks at 4Imprint, Oshkosh, for their generous donation of clothing and accessory items that didn't have a home. Our customers will be warm and well dressed once they stop in and shop at our Community Store.





Fortune Cookies

Lu Ronnie Dudovitz

a short play about memory loss



Mona has a great idea! This vibrant octogenerian is determined to be the first to know if her recall is slipping beyond what can be considered normal, age-related memory loss. An unexpected visit from her son David reveals that she has cooked up a way to help herself and others be on the lookout for the early stages of dementia.

- JOIN US! LIVE EVENT! FREE! -

Wednesday, November 16, 2022

Doors Open / Meal 5:00 — 6:00 pm Play & Community Conversation 6:00 — 7:30 pm

Northwoods Inc. of Wisconsin N6510 US Hwy 51, Portage

Reserve tickets at https://columbia-fortune2022.eventbrite.com or call (608) 742-9726 • ADRC of Columbia County

Reservations required, attendance is limited









Lodi Police Step Up!

We are so thankful for the support of the Lodi Police Department for their efforts in the Stuff the Squad project. Three squad cars and a truck were filled with food and personal essentials for families experiencing financial



hardship. Collection was conducted at our local Main Street Market Piggly Wiggly. It turned out to be a huge success because of the generosity of shoppers that participated in this project while "Shopping the Pig" and presenting their gifts to the police in the store parking lot. Many "thanks" are extended to all.

Watch for us on Facebook & Instagram!

Each week we take inventory of our food, personal essentials and clothing items. When we are running short on something we will post it on our Facebook and Instagram pages. Our followers respond, bringing in much needed items for our customers. Can

you do us a favor and look for our posts? Then, help out when you can. Thank you so much! —The ROL Staff



Paying it Forward

Students from the Lodi Middle School pooled together their Lodi Ag Fair proceeds and presented a check for \$238.75 to Reach Out Lodi. Thank you students!





Community Garage Sale

We had a successful Garage Sale and Silent Auction with American Girl dolls, raising over \$1,000. Thank you to all who helped with these events and to those who purchased items. All proceeds go towards vital programs and services at ROL.



The Knights of Columbus generously donated \$500.00 to ROL. Pictured above from left to right: Len Hendricks, Kim Miller, Jim Schmiedlin, and Mike McGrath.

			November				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	+ NEW	1	2	3	4		2
a Novom	+ = SESSION • = ROL Event • = Other	‡ Senior Yoga 2:00-2:45 pm Dinner With	Optimists 12:00 pm	Mah Jongg 9:30 am-12:00 pm CARDS—Euchre		;	
		Finding North 5:00 pm	‡ Senior Movement 2:00-2:45 pm	1:00-3:00 pm Ice Age Trail 7:00 pm		Game Night 5:00-7:00 pm	
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				Mah Jongg 9:30 am-12:00 pm Transition Program	Veteran's Day Breakfast 8:30 am with program		
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13	41	15	16	Mah Jongg 9:30 am-12:00 pm 17	18		19
Common Ground Church			Ontimiete	CARDS—Euchre 1:00-3:00 pm Dementia Journey	Columbia County		
9:00-11:00 am Boy & Girl Scouts 5:00-8:00 pm		NO Senior Yoga	12:00 pm NO Senior Movement	Support Group 1:00-2:30 pm Ice Age Trail 7:00 pm	AURC Upen Enrollment Assistance 9:00 am-3:00 pm	Game Night 5:00-7:00 pm	
20	21	22	23	They wing 24.	25		26
					CLOSED		
Common Ground Church 9:00-11:00 am		Senior Yoga 2:00-2:45 pm	NO Senior Movement	ROL Thanksgiving Community Meal 11:30-2:00 pm	Open for Memory Café ONLY 1:00-2:30 pm		
27	28	29	30				
Common Ground Church		Senior Yoga 2:00-2:45 pm	WOW Fall Prevention 1:00-2:00 pm Senior Movement 2:00-2:45 pm				

Sunday Monday Tuesday Wednesday Thursday Friday	www.reach				December			
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Common Ground Church Ps:00-11:00 am Radio Club 7:00 pm Senior Yoga 2:00-2:45 pm Senior Yoga Senior Woga 2:00-2:45 pm Senior Woga 2:00-2:45 pm Senior Woga 1:00-3:00 pm Partial Program 1:00-3:00 pm Memory Café 1:00-2:30 pm Christmas Eve 1:00-2:30 pm New Year's Eve 1:00-3:00 pm	/Dec	18	19	20			23	24
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Christmas Day Family Christmas Party 11:00-3:00 pm Common Ground Church NO Senior Your Annual Church NO Senior Wayement 1:00-3:00 pm	mmu	25	26	27		29	30	31
		Christmas Party 3:00 pm in Ground Church		NO Senior Youa	NO Senior Movement	Mah Jongg 9:30 am-12:00 pm CARDS—Euchre 1:00-3:00 pm		New Year's Eve CLOSED

Together we give



Every year on Giving Tuesday millions of people across the globe give back and make positive change in their communities. This year, consider donating to Reach Out Lodi on Giving Tuesday. Look for more information on ROL's website and social media.



November 29, 2022





Trusted, unbiased, one-on-one insurance counseling and assistance to Medicare-eligible individuals, their families, and caregivers.

The Elder Benefit Specialist from the Columbia County ADRC will be available by appointment at Reach Out Lodi

Friday, November 18th from 9:00 am-3:00 pm.

Additional appointments are available at the ADRC in Portage.

Call: 608-742-9210 to schedule your appointment.



Our Board of Directors, volunteers, and staff wish you a very Merry Christmas and a Happy New Year!

Supporting Your Community

Reach Out Lodi (ROL) has been blessed with generous support from all corners of our community. Gifts from people like you allow us to provide a safe and welcoming Community Center where youth and adults gather for a variety of special events and activities. The Community Store helps families and individuals who are experiencing difficulties provide for their basic living needs. What we do collectively is very important in sustaining our overall community "quality of life."

There are several ways that you can help sustain programs and services at ROL, including:



- Consider giving on a consistent, ongoing basis, i.e., monthly, quarterly, semiannually or annually
- Purchase an 8"x 8" or 4" x 8" engraved tile to be placed on our Wall of Honor with your name, name of a loved one, family or business
- Include ROL in your estate planning
- Donate stocks or bonds
- Utilize ROL website for credit card donations, reachoutlodi.org
- Apply to become a volunteer

For more information contact Kim Miller or Jim Schmiedlin at 608-592-4592, or stop at the Community Center and discuss how you would like to help support Reach Out Lodi.