

# Community Circle

August/September 2021

Keeping the Lodi  
Community in the Loop

## Quote of the Month

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."

—James Dean



### Community Center and Community Store

601 Clark Street  
Lodi, WI 53555  
Mailing address: P.O. Box 316  
Lodi, WI 53555  
reachoutlodi@gmail.com  
reachoutlodi.org  
608-592-4592

Find us on 

### Community Store Hours:

Monday - Friday  
8:30am-3:30pm  
Saturday 8:30am-11am  
By appointment

### Community Center Hours:

Monday - Friday  
8:30am-3:30pm  
Saturday 8:30am-11am

Reach Out Lodi Community Store is a 501(c) (3) nonprofit agency supported by donations and some grants. We charge no fees for our customers.



Spread the word, gather up your family and friends, bring your spending money and be ready for a fun night. Reach Out Lodi is providing BINGO at the Lodi Agricultural Fair Thursday, September 2nd 6:00 pm - 8:00 pm and Friday September 3rd 6:00 pm - 8:00 pm under the tent near gate #2 and across from concessions.



There are prizes at the end of each game with the grand prize awarded to the winner(s) of game 15. Mark your calendars, we look forward to seeing everyone at the Lodi Agricultural Fair.

# What's Happening at Reach Out Lodi

## August/September 2021 Calendar of Events

### Picnic with... Tom Roselchul

Tom's songs are a mix of originals and standards, some of which he delivers with a strong voice and guitar accompaniment.



Free will offering

#### Tuesday August 10th

Reach Out Lodi will offer a picnic followed by entertainment by Tom Roselchul.

Please make reservations by **August 7th**.  
Call: 592-4592 to make reservations.

### Dinner with... The Trippers Lite Band

The band offers a large variety of music including gospel, old country, bluegrass and folk.



#### Tuesday Sept. 14th, 5:30pm

Reach Out Lodi will offer dinner followed with entertainment by The Trippers Lite Band.

Please make reservations by **September 13th**.  
Cost: \$10  
Call: 592-4592 to make reservations.

### NEW DAYS AND TIMES

#### Senior Movement — With Stephanie Caves

Stephanie will guide you through movement, strength, balance, and posture exercises. She provides individualized modifications as needed and ensures success for EVERYONE. Move Well. Feel Well. Be Well.



**AUGUST SESSION: Wednesdays August 11-25th**  
**NO CLASS ON AUGUST 4**  
2:00-2:45 pm  
Cost: \$5 for 3 weeks.

**SEPTEMBER SESSION: Wednesdays Sept. 1-29th**  
2:00-2:45 pm  
Cost: \$10 for 5 weeks.  
Call: 592-4592 to reserve a spot.

#### Painting for Pleasure — with Gladys Grieger

Gladys will teach you the wonderful art of painting with acrylics.

#### AUGUST

Mondays August 2, 9, 16, 23, 30  
Wednesdays August 4, 11, 18, 25, 31 10:30am-12:30pm

#### SEPTEMBER

Mondays September 6, 13, 20, 27 10:30am-12:30pm  
Wednesdays September 8, 15, 22, 29 10:30am-12:30pm

Cost: \$5 for each 4 week session. Limited to 12 students.

FOR INFORMATION: Call Gladys at (608) 445-0589

### NEW DAYS AND TIMES

#### Senior Yoga — With Tess Carr

Tess has a gentle, peaceful nature as she helps you with range of motion, balance and strength. This class is for EVERYONE, come and give it a try.



**SEPTEMBER SESSION:**  
Mondays September 13-27th  
2:00-2:45 pm  
Cost: \$5 for 3 weeks.  
Call: 592-4592 to reserve a spot.

**NO SENIOR YOGA IN AUGUST**



**Aug. 28th, Sept. 25th**  
5:00-7:00 pm

Dinner, games and socializing designed for our special needs young people, high school age and older. RSVP required.  
Call: 592-4592

# What's Happening at Reach Out Lodi

## August/September 2021 Calendar of Events

### Soup'r Supper

Community Meal

**Tues., Sept. 28th**

**5:00-7:00 pm**

Come for dinner. Stay to get to know your neighbors, play cards, or just relax.



### DEMENTIA JOURNEY SUPPORT GROUPS

#### 2 NEW SUPPORT GROUPS AT REACH OUT LODI

Reach Out Lodi is partnering with Alzheimer's & Dementia Alliance of Wisconsin (ADAW) to create a comfortable, safe space for care partners and people with an early stage diagnosis to join Dementia Outreach Specialists in two groups that meet monthly.

Ask questions • Share tips • Learn problem-solving techniques • Collect resources • Discover you are not alone

**Third Thursday of each month 1:00 - 2:30 p.m.**  
**Start Date: September 16, 2021**

**Contact: Janet Wiegel, (608) 697-2838, for more information.**

### Cards — Euchre

Every Thursday throughout the year.

**1:00-3:00 pm**

Make new friends, have fun and share a snack before you leave.



### COMING IN OCTOBER

Watch for WOW,  
*Wellness on Wednesday*

New Program:  
*Lodi Speaks*

### Artist of the Month:

August-September  
Ryan Gobeli  
Ryan's Artastic Art



**August 13th**

**4-7 pm at Goeres Park**

**Please see the back page of this newsletter to find out more about this FUN, FAMILY event.**

### Room Rentals

The ROL Community Center has two rooms available for use. These can be reserved for families, special occasions, educational opportunities, celebration of life luncheons, community groups and meetings. Call 592-4592 and ask for Mary or Jim to learn more.

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Managing Editor, Maribeth Fleischmann. Contributing writers; Penny Schmiedlin, Events Coordinator, Jim Schmiedlin, President, and Mary Wilkes, Managing Director.



# WHAT'S HAPPENING IN THE COMMUNITY STORE



This past April Reach Out Lodi submitted a grant request to the Lodi United Methodist Church for the purchase of a multi-purpose vehicle. Low and behold we received sufficient funding to purchase the Chrysler Town and Country van you see here from their Dolly Fund. It will be used for a variety of essential transportation services that will allow us to have an even greater impact in our community, i.e., home pick-ups and deliveries for shut-ins, taking people to medical and other essential appointments, etc.

This incredible gift of support is a blessing and a wonderful gift for the community of Lodi.



## The Reach Out Community Garden is Popping!

All the hard work gardeners put in weeding, planting, watering, and weeding some more, now starts to pay off. Gardeners are harvesting zucchini, beans, broccoli, eggplant, tomatoes, beans, dill, basil, beets, and more to come as summer continues. Later on the portions of the garden that have been planted to supply our Community Store will provide peppers, tomatoes, and potatoes. Even with the hot, dry weather the gardens are growing well. —Bill Welch

## Winds of Change

As I read our quote of the month, "I can't change the direction of the wind, but I can adjust my sails to always reach my destination," I thought of all of you who have been so faithful and patient as we reschedule our programs and add new programs. The winds of 2020 have blown you from one direction to another and back again. Many of you were isolated and lonely, some are still suffering the effects of

Covid19 and many are grieving the loss of a close and dear friend. We want you to know we understand and this is a safe place for you. We are so anxious to have you back with us. Thank you for your patience as we reschedule and add four new programs to our busy schedule. In faith and hope we have prepared this newsletter knowing some dates and times have changed and there is no certainty that we may need to

close some or all of them if the virus worsens. We just want you to know, we are here for you in good times and in the most difficult of times. Thank you again for your patience as we get back up on our feet again to serve this community in any way we can. It is our sincere hope that you will adjust your sails and fair winds will bring you back to Reach Out many, many times this year.

—Penny Schmedlin

# Customer Comments

The Lodi Community Store has been a pillar of the community. They have set a standard that negates the concept that even when you have reliable income you can still be in need. The modesty of the volunteers and the diligence shows with their kindness and willingness to help the disproportionate. And that is why I'm grateful. Lodi Community Store has been there to help with holidays and when I had some car issues as well, to assist and help me in any way that they could. I know if I have any type of issue or need, Reach Out Lodi is always there to lend a helping hand in any way they possibly can. Thank you to all the volunteers that make Reach Out Lodi what it is.

—Anonymous

## Watch for us on Facebook!



Each week we take inventory of our food, personal essentials and clothing items. When we are running short on something we will post it on our facebook page. Our followers respond, bringing in much needed items for our customers. Can you do us a favor and look for our posts? Then, help out when you can. Thank you so much!

—The ROL Staff



## Volunteer Corner

We began volunteering at ROL in February of this year. It has been a rewarding experience, to say the least. Having deep roots in the area, and both still living in Lodi, there could not be a better place to help those in need and give back to our community. From the connections, meals, and many conversations with all the people that make up the organization, it really is a great place to volunteer your time, donations, and money. We are looking forward to seeing more of you all in the weeks, months, and years to come. What a wonderful place we live!

—Chris Sokol and Eva Riedesel

## COMMUNITY STORE TOP 10 WISH LISTS

### Top 10 Food

1. Fresh Produce
2. Whole Kernel Corn
3. Cooking Oil
4. Sugar
5. Beverages; coffee, tea, water, soda, juice
6. Dried Black Beans
7. Canned Pineapple
8. Strawberry Jelly
9. Ramen Noodles
10. Diced Tomatoes

### Top 10 Personal Essentials

1. Bleach
2. Large Tooth Paste/Tooth Brushes
3. Deodorant
4. Denture Cleanser
5. Feminine Supplies
6. Shampoo/Conditioner
7. Diapers (size 6)
8. Garbage Bags 13 & 30 Gallon
9. Laundry Detergent
10. Household Cleaning products

### Top 8 Clothing Items

1. New Underwear  
Girls - Sizes 2, 4, 8, 14  
Boys - Sizes 2, 10, 12, 14  
Womens - (sm, med, lg, xlg)  
Mens - (med)
2. Women's Workout Clothes - (all sizes)
3. Youth Sweatshirts & Lightweight Jackets (sm, med, lg, xlg)
4. Men's Sweatshirts - (all sizes)
5. Men's Short Sleeved Shirts (sm, med)
6. Womens Short Sleeved Tops (XS, sm)
7. Shoes - Mens, Womens & Kids (all sizes)
8. New Socks - Mens, Womens & Kids (all sizes)



# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Painting for Pleasure 12:30-3:00 pm	3	4 # Painting for Pleasure 10:00-12:30 pm	5 Crossing Bridges 1-3pm CARDS 1-3 pm	6 Vaccine Clinic for COVID-19 10:00 am-6:00 pm Mah Jongg 9:30 am-12:00 pm	7
8	9 # Painting for Pleasure 12:30-3:00 pm	10 Mah Jongg 9:30 am-12:00 pm Picnic With... Tom Waselchuk 5:30 pm	11 # Senior Movement 2:00-2:45 pm Painting for Pleasure 10:00-12:30 pm	12 Crossing Bridges 1-3pm CARDS 1-3 pm	13 <b>CHALK THE WALK</b> Chalk the Walk at Goeres Park 4:00-7:00 pm	14 Susie The Duck Parade
15	16 Painting for Pleasure 12:30-3:00 pm	17	18 Senior Movement 2:00-2:45 pm Painting for Pleasure 10:00-12:30 pm	19 Crossing Bridges 1-3pm CARDS 1-3 pm	20	21
22	23 Painting for Pleasure 12:30-3:00 pm	24	25 Senior Movement 2:00-2:45 pm Painting for Pleasure 10:00-12:30 pm	26	27 Mah Jongg 9:30 am-12:00 pm	28 Game Night 5:00-7:00 pm
29	30 Painting for Pleasure 12:30-3:00 pm	31				<b># = NEW SESSION</b>

# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	# = <b>NEW SESSION</b>		1 # Senior Movement 2:00-2:45 pm # Painting for Pleasure 10:00-12:30 pm	2 <b>BINGO</b> at Lodi Fair 6:00-8:00 pm CARDS 1-3 pm	3	4
5	6 Labor Day ROL Closed	7	8 Senior Movement 2:00-2:45 pm Painting for Pleasure 10:00-12:30 pm	9	10	11
12	13 # Senior Yoga 2:00-2:45 pm # Painting for Pleasure 12:30-3:00 pm	14 Dinner With... The Trippers Band 5:30 pm	15 Senior Movement 2:00-2:45 pm Painting for Pleasure 10:00-12:30 pm	16 Dementia Journey Support Group 1:00-2:30 CARDS 1-3 pm	17	18
19	20 Senior Yoga 2:00-2:45 pm Painting for Pleasure 12:30-3:00 pm	21	22 Senior Movement 2:00-2:45 pm Painting for Pleasure 10:00-12:30 pm	23	24	25 Game Night 5:00-7:00 pm
26	27 Senior Yoga 2:00-2:45 pm Painting for Pleasure 12:30-3:00 pm	28 1st Soup'r Supper 5:00-7:00 pm	29 Senior Movement 2:00-2:45 pm # Painting for Pleasure 10:00-12:30 pm	30		

# CHALK THE WALK

**August 13th**  
from 4-7 pm  
at Goeres Park

Meet chalk artist, Peter Davidson as he creates his own unique design. At 7:00pm Peter will judge the squares and announce the winners.

Side walk squares are available for "rent" for \$5.00 each.

To reserve a spot or get more information call us at Reach Out Lodi (608) 592-4592.



Snacks & Drinks available for purchase from the OSC

Pop Art - Entertaining with balloon designs

Enjoy live music by Casey Olson 5-7 pm



Chalk will be provided by Reach Out Lodi.

## Supporting Your Community

Reach Out Lodi (ROL) has been blessed with generous support from all corners of our community. Gifts from people like you allow us to provide a safe and welcoming Community Center where youth and adults gather for a variety of special events and activities. The Community Store helps families and individuals who experience difficulties provide for their basic living needs. What we do collectively is very important in sustaining our overall community "quality of life."

There are several ways that you can help sustain programs and services at ROL, they include:

- Consider giving on a consistent ongoing basis, i.e., monthly, quarterly, semi-annually, or annually.
- Purchase an (8"x 8") or (4" x 8") engraved tile to be placed on our Wall of Honor with your name, name of a loved one, family or business.
- Include ROL in your estate planning.
- Donate stocks or bonds.
- Utilize ROL website for credit card donation, [reachoutlodi.org](http://reachoutlodi.org).
- Apply to become a volunteer.

For more information contact Mary Wilkes or Jim Schmiedlin at 608-592-4592, or stop at the Community Center and discuss how you would like to help support ROL.

