Community Circle Keeping the Lodi Community in the Loop

June/July 2021

Quote of the Month

"Never lose an opportunity of seeing anything beautiful for beauty is God's handwriting." -Ralph Waldo Emerson



Community Center and Community Store

601 Clark Street Lodi, WI 53555 Mailing address: P.O. Box 316 Lodi, WI 53555 reachoutlodi@gmail.com reachoutlodi.org 608-592-4592

Find us on **f**

Community Store Hours:

Monday - Friday 8:30am-3:30pm Saturday 8:30am-11am By appointment

Community Center Hours:

Monday - Friday 8:30am-3:30pm Saturday 8:30am-11am

Reach Out Lodi Community Store is a 501(c) (3) nonprofit agency supported by donations and some grants. We charge no fees for our customers.

This Is Who We Are

ur Board of Directors are deeply grateful to so many who have helped make Reach Out Lodi, Inc. (ROL) what it is today. We are humbled and blessed by your prayers, steadfast expressions of support, volunteerism, generosity, and shared vision. Albert Einstein expressed it like this: "Every day I remind



myself that my inner and outer life are based on the labors of others, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving." So it is with ROL. It could not have happened without the help and passion of many people for whom we are so thankful.

ROL is committed to maintaining and enhancing the quality of life for people of all ages and extenuating circumstances. We have experienced first-hand that when a community works together for the common good, incredible things can be accomplished for present and future generations. That is what is happening in Lodi. —James P. Schmiedlin Reach Out Lodi

Our Mission:

Reach Out Lodi will provide a safe and welcoming Community Center where people can gather and a Community Store that supports individuals and families struggling to provide for their basic living needs.

Our Vision:

The greater Lodi area and beyond will be a generous place where respect and caring for one another prevails and everyone focuses on equality.... the common good of all.

Our Core Values:

<u>Trust</u> – We create confidence by acting with transparency, openness, and accountability.

Generosity – We inspire giving directed at helping others and improving our community.

Connectivity – We listen to our supporters and foster partnerships. Effectiveness – We identify resources, align our actions, and produce results.

Acceptance – We serve everyone with respect and dignity.

What's Happening at Reach Out Lodi

June/July 2021 Calendar of Events

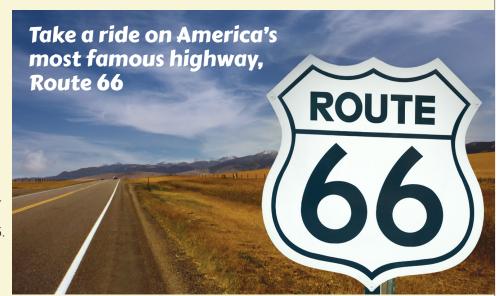
Reach Out Lodi's COVID-19 Policy as of May 31, 2021:

We encourage you to continue wearing a mask if you are not yet immunized. If you do not feel comfortable around other people, please wait a month or two before returning to the events listed here.

Picnic with... **Craig Siemsen**

Tuesday June 8th 5:30 pm

Reach Out Lodi will offer a Picnic Style meal. Our picnic will be followed at 6:00 pm outdoors with entertainment by Craig Siemsen. Folk singer and humorist Craig Siemsen will explore songs, stories, legends and humor of Route 66. Please bring a folding chair If you like.



Reservations required by June 7th. Call ROL at 592-4592.

Rain date: Wednesday June 9, same time and place.

Senior Yoga — With Tess Carr

Tess has a gentle, peaceful nature as she helps us with range of motion, balance and strength. This class is for EVERYONE, come and give it a try.

JUNE SESSION:

Tuesdays June 1-22nd

NO CLASS JUNE 29

3:00-3:45 pm

Cost: \$10 for 4 weeks.

JULY SESSION:

Tuesdays July 6-27th

3:00-3:45 pm

Cost: \$10 for 4 weeks.

Call: 592-4592 to reserve a spot



Senior Movement — With Stephanie Caves

Stephanie will guide you through movement, strength, balance, and posture exercises. She provides individualized modifications as needed and ensures success for EVERYONE. Exercises are completed in standing and/or seated position. Move Well. Feel Well. Be Well.



JUNE SESSION: Thurdays June 3-July 1st

NO CLASS JUNE 10 12:00-12:45 pm

Cost: \$10 for 4 weeks.

JULY SESSION: Thursdays July 8-29th

12:00-12:45 pm Cost: \$10 for 4 weeks.

Call: 592-4592 to reserve a spot



Jayne began her watercolor calendar in 2020 just before the pandemic started. She continued to show her mood and her activities during that time and has continued it into 2021.



Watch for details on this fun, new event.

What's Happening at Reach Out Lodi

June/July Calendar of Events

Painting for Pleasure with Gladys Grieger

Gladys will teach the wonderful art of painting with acrylics.

JUNE SESSIONS:

Mondays June 7-28, 12:30-3:00pm Wednesdays June 2-23, 10:00-12:30pm

JULY SESSIONS:

Mondays July 12-Aug. 2, 12:30-3:00pm Wednesdays July 7-28, 12:30-3:00pm

Cost: \$45.00 for each 4 week session.

FOR INFORMATION: Call Gladys at

(608) 445-0589

Restrictions:

- Class is restricted to 9 participants who have received their Covid-19 injections.
- Masks are optional.
- Each student will have their own table which will be sanitized before and after class.



July 24th 5:30-7:30 pm

Dinner, games and socializing designed for our special needs voung people, high school through age 25. RSVP required.

Call: 592-4592

Cards — Euchre

Every Thursday throughout the year. 1:00-3:00 pm

Make new friends, have fun and share a snack before you leave. If you do not feel comfortable playing cards at this time please wait a month or two. We will be here for you when you feel comfortable coming back.



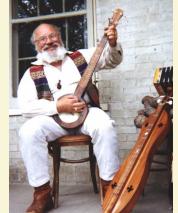
Picnic with... **David Drake**

American Songbag

Tuesday July 13th 5:30 pm

Reach Out Lodi will offer a Picnic Style meal. Our picnic will be followed at 6:00pm outdoors with entertainment by David Drake.

American Songbag features folk and patriotic songs with a grass roots portrait of America. David plays banjo, dulcimer, concertina, Native American flute and guitar.



Reservations required, by July 12th.

Call ROL at 592-4592.

Rain date: Wednesday July 14th, same time and place.

Room Rentals

The ROL Community Center has three rooms available for use. These can be reserved for families, special occasions, educational opportunities, celebration of life luncheons, community groups and meetings.

Call 592-4592 and ask for Mary or Jim to learn more.

Advertise with Us!

The Community Circle is now offering advertising space to local area businesses and churches. Wouldn't you like to see your business ad in our publication?

For more information, contact us at rolnewsletter20@gmail.com.

The Community Circle is published by Reach Out Lodi @2021, 601 Clark Street, Lodi WI 53555, 608-592-4592, reachoutlodi@gmail.com Managing Editor, Maribeth Fleischmann. Contributing writers; Penny Schmiedlin, Events Coordinator, Jim Schmiedlin, President, and Mary Wilkes, Managing Director.

What's Happening in the Community Store



Numbers of weekly family visits for food, personal essentials, and clothing to our Community Store ranged between 18 and 26 the first three months of 2020. Because the pandemic caused job losses and social isolation, we modified our food distribution system. To make it more accessible ROL developed a drive thru pick-up every Friday, April thru December, at the Lodi Elementary School. Results from this food distribution change were very significant. It increased the number of families, in need of food, to an average of 320 weekly for several weeks.

This was all made possible because of the partnership of the Lodi Public Schools, Second Harvest Foodbank of Southern Wisconsin, and 34 dedicated Reach Out Lodi volunteers and staff.





ROL's first "Picnic with" was so much fun with good food, good friends, and great music by the Tripper's Lite Band!

Join us Tuesday, June 8, July 13, and August 10 at 5:30 pm. We would love to picnic with you!

ROL Scholarships 2021

We believe strong public education is essential to maintaining our American democracy. With that in mind, we are proud to fund two \$1,000 scholarship impact grants to two outstanding Lodi H.S. students in the class of 2021, Nathan Schilling (top photo) and Cayden Coddington (bottom photo). Best of luck to all graduating Lodi High School Seniors.







Watch for us on Facebook!

Each week we take inventory of our food, personal essentials and clothing items. When we are running short on something we will post it on our facebook page. Our followers respond, bringing in much needed items for our customers. Can you do us a favor and look for our posts? Then, help out when you can. Thank you so much!

—The ROL Staff

Reach Out Lodi Now Accepting Credit Card Donations

Reach Out Lodi has a new option for donations. Go to our website: reachoutlodi.org, click on "donate now" and fill in the required information on the secure site. Please remember to fill in your name and address. We will then send a tax acknowlegment/ thank you letter. Or come into ROL with your credit card and ask for Mary or Maribeth.

We greatly appreciate your support of Reach Out Lodi!

COMMUNITY STORE TOP 10 WISH LISTS

Top 10 Food

- 1. Cooking Oil
- 2. Ketchup
- 3. Mustard
- 4. Sugar
- 5. Crackers (variety)
- 6. Large juice
- 7. Ramen Noodles
- 8. Produce (variety)
- 9. Salad Dressing
- 10. Black beans

Top 10 Personal Essentials

- 1. Diapers size 6
- 2. Paper Towels
- 3. Garbage Bags 13 & 30 gallon
- 4. Laundry Detergent
- 5. Body Lotion
- 6. Shampoo/Conditioner
- 7. Deodorant
- 8. Toilet Bowl Cleaner
- 9. Dish Soap
- 10. Mouthwash

Top 5 Clothing Items

- 1. New Socks (adult & children)
- 2. Clothing Boys sizes O-2T
- 3. Womens Tops (small, medium)
- 4. Womens Shorts Sizes O-12
- 5. New Underwear (Girls sizes: 2, 4, 12, 14, 16, Boys sizes: 2, 10, 12, 14, 16, 18, Womens sizes: Sm. M. La.

Volunteer Corner



ohn and I are life-long residents **J** of Lodi and have been supportive of Reach Out Lodi since it began. We procrastinated for a few years about getting involved as volunteers, until one day when I was dropping off some clothing donations, Jim approached me to see if we would be interested in helping with some of the remodeling. Since we had settled in to retirement and were restricted with activities because of Covid-19, we offered to help with some socially-distanced construction

projects! We have been involved with painting doors, cupboards, walls, working on siding, installing windows, etc.

One thing led to another and I was soon volunteering in the Community Store one afternoon a week. I enjoyed delivering Tasty Tuesday meals throughout the winter to a few homebound residents. What a gift that program was to the community! John is available on an as-needed basis to help with all things related to building maintenance. When the Second Harvest Food drives began. we became involved with the drive-up distribution. We have since learned what an amazing place Reach Out Lodi continues to be. The staff and group of volunteers are a pleasure to work with. I think what impresses me the most about it, is how they have created an environment that makes all people feel welcome and embraced by a community of caring. We are proud to be a part of the many services and social opportunities that Reach Out Lodi offers to our community!

—John & Patty Meade

The hardest thing I have had to do is to ask for help. When the pandemic hit, over a year ago, I lost my job working at an exercise center as a receptionist. It was my only source of income for myself and my two kids. It has been very hard on my family, I felt guilty and lost. Finally, I got the courage to call Reach Out Lodi for help... for food... personal products... and clothing... even gas cards. The volunteers and staff are so kind and helpful. They even take groceries

Customer Comments

out to my car. Unable to get support from my dad or friends. Right now,

ROL is my family's safety net. I'm looking forward to returning to work, I'm anxiously waiting for that call to come soon. I'm ever so thankful that help like this exists.

—Anonymous

			June			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		NEW SESSION	NEW 2 SESSION	NEW 3	4	7.
	ROL Closed for Memorial Day	Senior Yoga 3:00-3:45 pm	Painting for Pleasure 10:00-12:30 pm	Senior Movement 12:00-12:45 pm CARDS 1-3 pm		
9	7	∞	6	10	11	12
	NEW SESSION	Senior Yoga 3:00-3:45 pm		NO CLASS		
	Painting for Pleasure 12:30-3:00 pm	Picnic With Craig Siemsen 5:30 pm	Painting for Pleasure 10:00-12:30 pm	CARDS 1-3:00 pm		
13	14	15	16	17	18	19
	Painting for Pleasure	Senior Yoga 3:00-3:45 pm	Painting for Pleasure	Senior Movement 12:00-12:45pm CARDS 1-3:00 pm		
20	21	22	23	24	25	26
	Painting for Pleasure	Senior Yoga 3:00-3:45 pm	Painting for Pleasure 10:00-12:30 pm	Senior Movement 12:00-12:45 pm CARDS 1-3 pm		Game Night 5:30-7:30 pm
27	28	29	30			
	Painting for Pleasure 12:30-3:00 pm	NO CLASS	NO PAINTING CLASS			

July	Saturday	M	10	17		24	Game Night 5:30-7:30 pm	31	
	Friday	2	6	16		23		30	
	Thursday	Senior Movement 12:00-12:45 pm CARDS 1-3 pm	NEW SESSION Senior Movement 12:00-12:45 pm CARDS 1-3 pm	15	Senior Movement 12:00-12:45 pm CARDS 1-3 pm	22	Senior Movement 12:00-12:45 pm CARDS 1-3 pm	29	Senior Movement 12:00-12:45 pm CARDS 1-3 pm
	Wednesday		NEW SESSION Painting for Pleasure 10:00-12:30 pm	14	Painting for Pleasure 10:00-12:30 pm	21	Painting for Pleasure 10:00-12:30 pm	28	Painting for Pleasure 10:00-12:30 pm
	Tuesday		NEW SESSION Senior Yoga 3:00-3:45 pm	13	Senior Yoga 3:00-3:45 pm Picnic With David Drake 5:30 pm	20	Senior Yoga 3:00-3:45 pm	72	Senior Yoga 3:00-3:45 pm
	Monday		5 NO PAINTING CLASS	12	NEW SESSION Painting for Pleasure 12:30-3:00 pm	19	Painting for Pleasure 12:30-3:00 pm	26	Painting for Pleasure 12:30-3:00 pm
	Sunday		4	1		18		25	

Will you Save to Give for Lodi?

It's not too late to support your community!

This summer, Lodi needs 350 City of Lodi households — just 234 more — to be eligible for the full \$19,000 donation from FOCUS ON ENERGY for our three local non-profits. (If you participated last winter there is no need to sign up again. Just start recording your energy saving activities.)

It's easy. It's FREE. Three local non-profits (including Reach Out Lodi) will receive a great donation. All while you save energy and money at home!

Sign up is easy and available today:

- 1. Grab your utility bill and scan the QR code below, OR go to *MyAccount.LodiUtilities.org* with info from your Lodi Utilities electric bill.
- 2. Choose Reach Out Lodi as your non-profit to support.
- 3. Starting June 14 August 9th, record what you're doing to save energy each week to earn donation points for Reach Out Lodi.

Questions?

Call: 1.833.729.0023 Email: savetogive@ focusonenergy.com

Lodi Save to Give Bingo!

Everyone's a winner when you save energy! Energy conservation can lower your monthly bills, make your home more comfortable, and — with the Save to Give Challenge — raise money for Lodi nonprofits

During the week of June 14th-August 9th, fill out your bingo card with the actions you what taken to save energy. If you get a bingo, post a picture of your card on Facebook with "#SavetoGiveBINGO" — and we'll share your post on our Facebook page: @LodiSavetoGive

There are three ways to win: Diagonal (5 squares); Vertical (5 squares); Horizontal (5 squares)

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Open windows at night instead of using AC	Wash laundry on "cold" setting only	Turn off unused electronics	Ordered a Free Energy Saving Pack from Focus on Energy	Set thermostat up by 5–10 degrees or off when you're out of the house	
Unplug unused electronics from the wall	Replace all lights with LED bulbs	Enable power saver mode on computers or TVs	Turn up refrigerator temp to medium (37°F–40°F)	Use power strips for electronics and turn strips off when not in use	
Use lids on pots when cooking (to avoid heat loss)	Turn off lights in empty rooms	FREE SPACE if you participate in Lodi's Save to Give Challenge!	Unplug unused electronics from the wall	Turn off lights in empty rooms Turn off unused electronics	
Set thermostat up by 5–10 degrees or off when you're out of the house	Take short showers (7 mins or less)	Replace all lights with LED bulbs	Enable power saver mode on computers or TVs		
Turn up refrigerator temp to medium (37°F–40°F)	Install smart thermostat from Focus on Energy	Use power strips for electronics and turn strips off when not in use	Open windows at night instead of using AC	Ordered a Free Energy Saving Pack from Focus on Energy	

If you already do some of these things, get credit for them with the Save to Give Challenge! Every time you record what you do at www.wisavetogive.com you raise money for local nonprofits.

Supporting Your Community

Reach Out Lodi (ROL) has been blessed with generous support from all corners of our community. Gifts from people like you allow us to provide a safe and welcoming Community Center where youth and adults gather for a variety of special events and activities. The Community Store helps families and individuals who experience difficulties provide for their basic living needs. What we do collectively is very important in sustaining our overall community "quality of life."

There are several ways that you can help sustain programs and services at ROL, they include:



- Consider giving on a consistent ongoing basis, i.e., monthly, quarterly, semiannually, or annually.
- Purchase an (8"x 8") or (4" x 8") engraved tile to be placed on our Wall of Honor with your name, name of a loved one, family or business.
- Include ROL in your estate planning.
- Donate stocks or bonds.
- Utilize ROL website for credit card donation, reachoutlodi.org.
- Apply to become a volunteer.

For more information contact Mary Wilkes or Jim Schmiedlin at 608-592-4592, or stop at the Community Center and discuss how you would like to help support ROL.