# Community Publis Bimor Community in the Loop

November/December 2019

#### In this issue...

Holiday Activities Events for Nov/Dec 2020 Capital Fundraising Campaign Super Hero Walk Calendar of Events for Nov. & Dec.

**Customer Comments** 

#### **Ouote of the Month**

"Kindness is a language which blind people see and deaf people hear."

—Special needs teachers, Kenya Africa



Community Center and Community Store

> 601 Clark Street Lodi, WI 53555 ReachOutLodi.org 608-592-4592

Find us on f



#### Holiday time at Reach Out Lodi



Please join us for Lunch with...Jan Price, Mike Ashworth and a special guest appearance Wednesday, December 11th 11:30am. It is our 4th annual Christmas Carole Sing Along. \$10.00 RSVP required (608)592-4592.



Annual Community Thanksgiving Day Meal at Reach Out Lodi. Thursday 11/28/19 serving 11:30am - 3:00pm. Dine in or delivery available. Everyone welcome, Reservations required. This is a Free Meal. Donations for the Community Store appreciated.

#### What's Happening at Reach Out Lodi

Holiday 2019 Calendar of Events

#### Soup'r Supper

Tuesdays, Nov. 5 & Dec. 3 Serving from 4:30-6:30 pm.

A Community meal for everyone. Come for supper, stay to meet your neighbors, play cards or just relax. Free-will offering accepted.

#### Mason's Spaghetti Dinner

Tuesday Nov. 19.

#### Serving from 5-7:00pm

Enjoy a spaghetti dinner at the Masonic Lodge at 114 First St. Lodi. All proceeds donated to ROL's Community Store.

Cost: \$10.



#### 4th Annual Cookies for Santa

Saturday, November 23rd **9-11 am** 

Kids can get into the holiday fun by decorating Christmas cookies at ROL. We'll supply the cookies, frosting and sprinkles. You supply the creativity. Make cookies for you, your parents, or save them for the big guy, SANTA! This event is free. Kids of all ages are welcome.



#### Lunch With...

Jessica Michna as Margaret Cummings

Wednesday, November 13th 11:30 am luncheon

Join the Christmas festivities at Balmoral Castle. Meet Margaret Cummins, head housekeeper of Balmoral during the reign

of Queen Victoria, as she prepares for the arrival of the royal couple and their nine children. Learn about the traditions and history of the season. **Cost:** \$10; RSVP 608.592.4592

#### Jan Price & Mike Ashworth Wednesday, December 11th 11:30 am luncheon

Join us for lunch followed by our 4th Annual Christmas Sing Along and a special guest appearance. **Cost:** \$10; RSVP 608.592.4592



#### **Turkey Centerpiece**

Thursday, Nov. 21, 3:30-5:00pm Grades 3-5

Make a turkey centerpiece to take home and decorate your family's table for Thanksgiving.

No cost. Registration is required: **Call** 608.592.4592

#### **Gingerbread Houses**

Thursday, December 12, 3:30-5:00 **Grades 3-5** 

Decorate your own gingerbread house with frosting and candies. **Cost:** \$10 Registration is required: **Call** 608.592.4592



#### Beginning Tai Chi

Tues. & Thurs. Nov. 5-21, and Dec. 3-12. NO CLASSES Thanksgiving Week.

**10:00-10:30 am Cost:** \$25.00 for 5 weeks

#### Winning your next job—Tips and advice

Saturday, Nov. 9th and Dec 14th, 9-10 AM

Join Jeff Joutras for this one hour session to help guide you in your job search. It's FREE! He will cover interviewing skills, resume writing, job search strategies, and what employers look for. Individual attention, confidential. RSVP 608.592.4592

#### **Continuing Tai Chi**

Tues. & Thurs. Nov. 5-21, and Dec. 3-12. NO CLASSES Thanksgiving Week.

9:00-9:45 am

Cost: \$25.00 for 5 weeks.

#### Painting for Pleasure — with Gladys

SHEDULE: Monday, Oct. 21, 28, Nov. 4 & 11 12:30-3:00pm. Cost: \$45.00 for 4 weeks. INFORMATION: Call Gladys at 445-0589

#### Men's Group

Every Wednesday throughout the year. **7-8:00** am

Faith based bible study group. Light breakfast.

#### Artists of the Month

November-December

Gladys Grieger's Painting for Pleasure Students.

#### What's Happening at Reach Out Lodi

Holiday 2019 Calendar of Events

#### Annual Community Thanksgiving Day Meal

November 28, 11:30 am–3:00 pm Everyone is welcome. Dine in or delivery is available. Reservations



required, please **call**, 592-4592. This is a free meal. Donations accepted.

## Presented by Alzheimer's & Dementia Alliance of Wisconsin

**Boost Your Brain** 

Thurs., November 7th, 1:00-2:00 pm Come to this free program to learn tips to reduce your risk of Alzheimer's and dementia.



#### **Understanding Alzheimer's and Dementia** Thurs., November 14th, 1:00-2:00 pm

Learn the difference between Alzheimer's & dementia, what causes dementia and more. Alzheimer's & Dementia Alliance. No fee.



Saturday, Nov. 2 & 16 5-7PM

Come for dinner, games and socializing designed for our special needs young people, high school through age 25.

#### Wellness on Wednesday (WOW)

Which Comes First, Happiness or Gratitude? November 27th

1:00-2:00 pm

Presented by: Curt Hossman, LPC. An Interactive workshop to explore the relationship between happiness, gratitude and your health.



#### Friday, November 15 **7:00-10:00 pm**

Calling all Bingo fans! Reach Out Lodi is hosting its first Bingo in our halls! We enjoyed Bingo at Lodi Fair so much, we can't wait until summer to do it again. So, come on in, cozy down and enjoy a fun evening of Bingo @ROL! Come early, seating is limited.

#### Cards — Euchre

Every Thursday throughout the year. 1:00-3:00 pm

Make new friends, have fun and share a snack.

#### **Mah Jongg**

Every Friday throughout the year 10:00 am-12:30 pm

This interesting and challenging game is played with small tiles. Don't know how to play? We will teach you!

#### **Room Rentals**

The ROL Community Center has three rooms available for use. These can be reserved for families, special occasions, educational opportunities, celebration of life luncheons, community groups and meetings.

Call 592-4592 and ask for Mary or Jim to learn more.

**INCLEMENT WEATHER:** Listen for Lodi school closings on inclement weather days. When the Lodi school district is closed, or has a late start, *all* classes at ROL are canceled too. For other activities or questions, just give us a call at (608) 592-4592. Your safety is our main concern. Please be careful out there.

The Community Circle is published by Reach Out Lodi ©2019, 601 Clark Street, Lodi WI 53555, 608-592-4592, reachoutlodi@gmail.com Managing Editor, Maribeth Fleischmann. Contributing writers; Penny Schmiedlin, Events Coordinator, Jim Schmiedlin, President, and Mary Wilkes, Managing Director.

## What's Happening in the Community Store



t Reach Out Lodi we are proud At Keach Out 200...

Of the many ways we have engaged and helped those in our community who are the most vulnerable among us, those who are temporarily or permanently unable to provide for their shortand-long range future. We are doing our very best to end hunger, provide personal essentials, clothing, and school supplies for children, at no cost, to needy families and individuals. In addition we provide or direct people to other services, i.e., energy, utility, rental, car repair, gas vouchers, and transportation assistance.

As the number of people we reach out to continue to grow we also need to grow. In 2020 we are planning to build an addition (54' X 28') to the Community Store. The estimated cost of the proposed addition is \$155,000. ROL's Board of Directors approved moving forward with the addition at its August 2019 meeting. We have selected the General Engineering Co. out of Portage to advise and guide us through the planning and building process.

#### WHAT IS NEEDED?

- 1. Increased storage capacity for both the Community Store and Community Center.
- 2. Expansion of the refrigeration area to reduce congestion

- and keep more perishable foods fresh.
- 3. Expanding square footage will allow us to organize and manage our inventory more efficiently.
- 4. Replacement of old/ inefficient ceiling furnaces and cooling systems that will reduce energy costs and be more easily maintained.
- 5. Wider aisles throughout the Community Store will improve safety and reduce congestion.
- 6. More space to display and store the clothing part of the operation.

#### **FUNDING OPORTUNITIES**

Reach Out Lodi's funding comes from a wide range of primarily local community support. We have started a 2020 Capital Fundraising Campaign for the approved addition and thus far have \$45,000 committed to the project and are seeking additional support. The project will be managed by Jim Krinke, retired general contractor, and will be built by skilled volunteers.

Cash gifts, monthly, semi-annual, or yearly pledges are welcome (see the back cover for donation information). Thank you for any help you can provide. If you have any questions, comments, advice, or would like to join our volunteer workers don't hesitate to contact us or just stop by to see us. Our hours are 8:30am-3:30pm M-F, Sat. 8:30-11:00am. Together we are making a huge difference in our community and helping our neighbors. From all of us at Reach Out Lodi, have a Wonderful Thanksgiving, a Merry Christmas, and a Happy New Year!

—Jim Schmiedlin, President, ROL

## COMMUNITY STORE TOP 10 WISH LISTS

#### Top 10 Food

- 1. Cereal
- 2. Green Beans
- 3. Spaghetti Sauce
- 4. Chili Beans
- 5. Juice (Large bottle)
- 6. Hamburger Helper
- 7. Baked Beans
- 8. Sugar
- 9. Flour
- 10. Cream of Mushroom Soup

#### Top 10 Personal Essentials

- 1. Laundry Soap
- 2. Dryer Sheets
- 3. Shampoo
- 4. Conditioner
- 5. Dish Soap
- 6. Cleaning Supplies
- 7. Feminine Hygiene Products
- 8. Diapers (sizes 4 & 6)
- 9. Paper Towels
- 10. Large Toothpaste

#### Watch for us on Facebook!



Each week we take inventory of our food, personal essentials and clothing items. When we are running short

on something we will post it on our facebook page. Our followers respond, bringing in much needed items for our customers. Can you do us a favor and look for our posts? Then, help out when you can. Thank you so much!

—The ROL Staff









## A Heroic THANK YOU to our Business Sponsors & Volunteers Of the 2019 Super Hero Walk







annual Super Hero walk/fundraiser had a very good time and raised \$8,000. With a few quick adjustments due to the weather, we brought the super hero challenges inside. The challenges were organized and run by Zach & Mira Potter and 8 of their high school friends. Some examples included Spiderman crawl. A-mazing Iron man maze & Incredible hulk endurance. Once the kids completed their challenges they received a medal. There were plenty of snacks as we sat for the Prairie Valley Christian Center's Puppet Show. The theme of the show was everybody can be a super hero by looking for a way to help others. You don't have to have a cape or super powers to make a difference. We had many super hero volunteers that day!



There was participation from all ages for the cake walk, with the wonderful selection of desserts, no one turned down the chance to win something delicious. We had photographers, face painting, and an abundant raffle which all made for a fun day. Hope to see you next year.

**Boardman & Clark** Kearney Associates Inc. Lucy's Family Restaurant Koltes Do it Best A New Home Lodi Valley Dental Treinen Farm Subway Lodi Canning Company Lodi Sausage Company **Buttercream Bakery** Lodi Chiropractic Clinic **Elysian Therapeutic** Massage of Lodi Nature's Health & Wellness, **Edward Jones** Wisconsin River Bank Vern's Appliance Harmony Grove/Lodi BP Gunderson Funeral and **Cremation Care** Plumer Karate America Stranders Sanitary Service **Moxon Insurance Services** Scott & Heidi Ness **Enterprises Country Clipper** Lodi Hometown Pharmacy Geoffrey Lorenz, Attorney Rasmussen Mortgage Fitz's On The Lake Hillestad Refrigeration Strander Roofing and **Seamless Gutters** K&M Tree & Landscaping

Kobussen Buses







	Saturday	Game Night 5:00-7:00 pm	Self Defense with Amy Pieroquet 10:00 am-1:00 pm	16 Game Night 5:00-7:00 pm	23 4th Annual Cookies for Santa 9am-11 am	30
	Friday	Mah Jongg 10:00 am-12:30 pm	<b>8</b> Mah Jongg  10:00 am-12:30 pm	TS BTNGO at Reach Out Lodi 7-10 pm Mah Jongg 10:00 am-12:30 pm	<b>22</b> Mah Jongg  10:00 am-12:30 pm	29
	Thursday		Continuing Tai Chi 9-9:45 am Beginning Tai Chi 10-10:30 am Boost Your Brain 1-2:00 pm CARDS 1-3:00 pm	Continuing Tai Chi 14 9-9:45 am Beginning Tai Chi 10-10:30 am Alzheimer's & Dementia 1-2:00 pm CARDS 1-3:00 pm	Continuing Tai Chi 21 9-9:45 am Beginning Tai Chi 10-10:30 am CARDS 1-3:00 pm Kids Activity 3:30-5:00 pm	Thanksgiving Day Thanksgivng Day Meal 11:30 am-3:00 pm
November	Wednesday		Men's Faith Group 6 7-8 am Women's Christian Bible Study 2:30-3:30 pm Neighborhood Watch 7 pm	Men's Faith Group 7-8 am Lunch With Jessica Michna 11:30 am	Men's Faith Group 7-8 am Women's Christian Bible Study 2:30-3:30 pm	Men's Faith Group 7-8 am WOW Happiness & Gratitude 1-2 pm
	Tuesday		NEW SESSION Cont. Tai Chi 9-9:45 Beginning Tai Chi 10-10:30 am Soup'r Supper 4:30-6:30 pm	Cont. Tai Chi 9-9:45 Beginning Tai Chi 10-10:30 am	Cont. Tai Chi 9-9:45 Beginning Tai Chi 10-10:30 am Spaghetti Dinner at Masonic Temple 5-7 pm	26
	Monday		Painting for Pleasure	Painting for Pleasure	18	25
	Sunday		m	10	17	www.reachoutlodi.ora

<u> </u>
(2)
<b>31</b>
(-)
<b>S</b>

		7		14	21		28			
	Saturday									
	Friday	9	<b>Mah Jongg</b> 10:00 am-12:30 pm	13 Mah Jongg 10:00 am-12:30 pm	20	<b>Mah Jongg</b> 10:00 am-12:30 pm	27			
	Thursday	5	Continuing Tai Chi 9-9:45 am Beginning Tai Chi 10-10:30 am CARDS 1-3:00 pm	Continuing Tai Chi 12 9-9:45 am Beginning Tai Chi 10-10:30 am CARDS 1-3:00 pm Kids Activity 3:30-5:00 pm	19	<b>CARDS</b> 1-3:00 pm	26			
	Wednesday	4	Men's Faith Group 7-8 am	Men's Faith Group 7-8 am Lunch With Christmas sing along 11:30 am	18	<b>Men's Faith Group</b> 7-8 am	25	Christmas Day		New Year's Day
	Tuesday	m	Cont. Tai Chi 9-9:45 Beginning Tai Chi 10-10:30 am Soup'r Supper 4:30-6:30 pm	Cont. Tai Chi 9-9:45 Beginning Tai Chi 10-10:30 am	17		24	Christmas Eve	31	New Year's Eve
	Monday	2		6	16		23		30	
	Sunday	_		<b>∞</b>	15		22		29	
ach	achoutladi ora November/December 2019 - Community Circle 7									

### Customer Comments

Dear Reach Out Lodi,

In February of 2018 our family received quite the shock when my husband, Jason, was diagnosed with Acute Lymphoblastic Leukemia at 39 years old. Overnight, we lost a contributing member of our family and an income because for the next month he was in and out of hospitals constantly. Prior to being diagnosed, Jason had been a nurse for a decade which meant he couldn't continue to work or risk. literally, death from being around his former patients. He was now the patient. I had to stop working for 3 months to care for him and our 3 young children. The strain of this was almost unbearable at first. We depended on the kindness of family and friends to help us through some of those months. It

took almost a complete year before he was back on his feet.

We reached out to several public assistance venues but were turned down because while my income looked good on paper, they never take into consideration that the majority of my income was now going to medical bills, medications, etc. It's really tough in today's society to get the help you need sometimes. That's when we discovered Reach Out Lodi. Reach out Lodi has been a godsend when there isn't enough money left to stretch to the end of the month. They have helped us with staples like food, school supplies for our children, winter coats. In turn, because we have 3 growing kids, when they grow out of those clothes we also donate back! We are confident once we get back on

our feet again, once Jason is out of treatment in another 2 years that we will be prime to help out with the organization ourselves. At least that is the goal. The care, the non-judgemental ways the Reach Out Lodi staff has been with us has been humbling and gentle. This is such a great resource for those of us that are struggling to make ends meet and keep a family member alive. Thank you Reach Out Lodi for being a resource.

Since we only moved to the community a few years ago, we don't have family in the area and our local network of support is tiny. So having this resource to depend on, when we have nowhere else to turn, is truly a blessing.

Best Regards,

—Aliya Chaplin, M.A., M.B.A

#### Supporting Your Community

Reach Out Lodi (ROL) has been blessed with generous support from all corners of our community. Gifts from people like you allow us to provide a safe and welcoming Community Center where youth and adults gather for a variety of special events and activities. The Community Store helps families and individuals who experience difficulties provide for their basic living needs. What we do collectively, as ROL supporters, is very important in sustaining our overall community "quality of life."

There are several ways that you can help sustain programs and services at ROL, they include:



- Consider giving on a consistent ongoing basis, i.e., monthly, quarterly, semi-annually, or annually.
- Purchase a (8"x 8") or (4" x 8") engraved tile to be placed on our Wall of Honor with your name, name of a loved one, family or business.
- Include ROL in your estate planning.
- Donating stocks or bonds.
- Apply to become a volunteer.

For more information contact Mary Wilkes, Managing Director, or Jim Schmiedlin, Board President at 592-4592, or stop at the Community Center and discuss how you would like to help support ROL.

Community Center hours: 8:30-3:30 pm M-F 8:30-11 am on Saturday