

Community Circle

Oct./Nov./Dec. 2021

Keeping the Lodi
Community in the Loop

Quote of the Month

“Yesterday is history.
Tomorrow is a mystery.
Today is a gift.
That’s why they call it
‘The Present.’”
—Bill Keane



Community Center and Community Store

601 Clark Street
Lodi, WI 53555
Mailing address: P.O. Box 316
Lodi, WI 53555
reachoutlodi@gmail.com
reachoutlodi.org
608-592-4592

Find us on f

Community Store Hours:

Monday - Friday
8:30am-3:30pm
Saturday 8:30am-11am
By appointment

Community Center Hours:

Monday - Friday
8:30am-3:30pm
Saturday 8:30am-11am

Reach Out Lodi Community Store is a 501(c) (3) nonprofit agency supported by donations and some grants. We charge no fees for our customers.



Afghan Family Resettlement

Reach Out Lodi (ROL), the Lodi American Legion Post 216, and Dane American Legion Post 503 are partnering with Team Rubicon USA to offer support for Afghan families that worked shoulder-to-shoulder with United States troops during the twenty year conflict in Afghanistan. 70% of Team Rubicon's volunteers are veterans, many of whom served in Afghanistan and they are asking for our support by donating directly to families that are temporarily living at Fort McCoy, here in Wisconsin, before being resettled to other communities throughout the country.

You Can Help by donating NEW items (not gently used) that include: clothing for men, women, and children; baby care items; and personal hygiene supplies. Drop them off or have them sent to Reach Out Lodi, 601 Clark St. ROL will be transporting donated items to a Sparta, WI drop-off site for distribution. Our first Sparta drop-off was on Friday, September 24. Future drop-offs will be scheduled. If you have any questions you can call us at 608-592-4592 or email reachoutlodi@gmail.com. Thank you very much for helping Afghan families acclimate to their new home. Your support and kindness is very much appreciated.

What's Happening at Reach Out Lodi

October/November/December 2021 Calendar of Events

Senior Movement — With Stephanie Caves

Stephanie will guide you through movement, strength, balance, and posture exercises. She provides individualized modifications as needed and ensures success for EVERYONE. Move Well. Feel Well. Be Well.



OCTOBER SESSION: Wednesdays October 6-27th
2:00-2:45 pm
Cost: \$10 for 4 weeks.

NOVEMBER SESSION: Wednesdays November 3-17th
2:00-2:45 pm
Cost: \$5 for 3 weeks.

DECEMBER SESSION: Wednesdays December 1-15th
2:00-2:45 pm
Cost: \$5 for 3 weeks.
Call: 592-4592 to reserve a spot

Senior Yoga — With Tess Carr

Tess has a gentle, peaceful nature as she helps you with range of motion, balance and strength. This class is for EVERYONE, come and give it a try.



OCTOBER SESSION:
Mondays October 4-25th
2:00-2:45 pm
Cost: \$10 for 4 weeks.

NOVEMBER SESSION: Mondays November 1-15, & 29th
2:00-2:45 pm
Cost: \$10 for 4 weeks.

DECEMBER SESSION: Mondays December 6-13th
2:00-2:45 pm
Cost: \$5 for 2 weeks.
Call: 592-4592 to reserve a spot

Dinner with... Sou-Pare PLUS

Sou-Pare PLUS features rock, pop, country, oldies, blues, originals and jazz.

Tuesday October 12th, 5:30 pm

Reach Out Lodi will offer a meal followed with entertainment by Sou-Pare PLUS.

Please make reservations by **October 11th.**

Call: 592-4592 to make reservations
Cost: \$10



Dinner with... David Drake

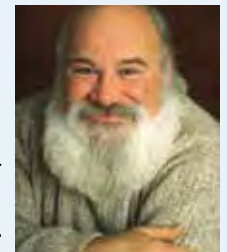
The "Blowing in the Wind" program is presented with over 150 Powerpoint images of the 1960s folk era with sing-along slides.

Tuesday November 2nd, 5:30 pm

Reach Out Lodi will offer a meal followed with entertainment by David Drake.

Please make reservations by **November 1st.**

Call: 592-4592 to make reservations
Cost: \$10



Dinner with... Craig Siemsen

"Silent Night." This is a beautiful program celebrating Christmas and the winter season. Join Craig as he sings and reflects on the history and traditions of this most wonderful time of the year.

Tuesday December 7th, 5:30 pm

Reach Out Lodi will offer a meal followed with entertainment by Craig Siemsen.

Please make reservations by **October 11th.**

Call: 592-4592 to make reservations
Cost: \$10



Oct. 16, 30, Nov. 6, 20, & Dec. 11th

5:00-7:00 pm

Dinner, games and socializing designed for our special needs young people, high school age and older. RSVP required.

Call: 592-4592

What's Happening at Reach Out Lodi

October/November/December 2021 Calendar of Events

Wellness on Wednesday (WOW)

Wednesday October 27

1:00 pm

We All Forget: Is It Normal Aging or Should I Be Concerned? For persons concerned about their own memory or those of friends and loved ones. Learn how our memory works and what's normal for our brains as we age.

Presented by: Janet Wiegel, Dementia Specialist



freepik.com

Wednesday November 17

1:00 pm

Identity Theft. The Bureau of Consumer Protection will present information on Identity Theft.

Presented by: Jeff Kersten



freepik.com



DEMENTIA JOURNEY SUPPORT GROUPS

This is a support group for people with dementia and a support group for care givers.

One or both are free to participate in this group and there is no charge. We meet once a month.

Thursday, Oct. 21, 3:00-4:30 pm

Thursday, Nov. 18, 1:00-2:30 pm

Contact: Janet Wiegel, (608) 697-2838, for more information.

Painting for Pleasure — with Gladys Grieger

Classes will resume after the 1st of the year.

Cards — Euchre

Every Thursday throughout the year.

1:00-3:00 pm

Make new friends, have fun and share a snack before you leave. If you don't know how to play, we'll show you the ropes.

Lodi Shares

How Carver Mentored One of His Boys

Monday Oct. 18th, 10:00 am

John Pickle has become an authority on the life of George W. Carver and has authored a book 'One of His Boys', The Letters of Johnnie Pickle and His Mentor George W. Carver.

George W. Carver was an African American scientist known as the "Wizard of Tuskegee". This book and John's discussion centers on how Carver mentored his boys and John's father was "One of Carver's Boys".

Annual Community Thanksgiving Day Meal

November 25th

11:30 am-3:00 pm

Everyone is welcome. Dine in or delivery is available. Reservations required, please call 592-4592.

This is a free meal.

Donations accepted.



Soup'r Supper Community Meal

October 26th

November 30th

5:00-7:00 pm

Come for dinner. Stay to get to know your neighbors, play cards, or just relax.



Artist of the Month:

October features Ryan Gobeli and Ryan's Artastic Art. November & December will feature Gladys Grieger's Painting Classes.

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Managing Editor, Maribeth Fleischmann. Contributing writers; Penny Schmiedlin, Events Coordinator, Jim Schmiedlin, President, and Mary Wilkes, Managing Director.

UPCOMING EVENTS IN THE COMMUNITY STORE

- **THANKSGIVING MEAL** - Community Store customers schedule an appointment to shop for food to prepare at home for a Thanksgiving meal.
- **PRESENTS UNDER THE CHRISTMAS TREE** - Community Store customers facing financial hardship can choose presents from under the ROL Christmas tree for their families.
- **ADOPT A FAMILY PROGRAM** - Families in need provide a list of family members, ages, gender and a wishlist of a few items to ROL staff. Individuals and/or businesses in the community adopt the family by obtaining the list, purchasing gifts and bringing them into ROL. The customer comes in to pick up the gifts for the entire family. All of this is done confidentially, no names are revealed.
If you are interested in adopting a family, please call ROL and give your name and phone number and indicate you would like to help with this important project.
- **CHRISTMAS MEAL** - Community Store customers schedule an appointment to shop for food to prepare at home for a Christmas meal.



ROL Bingo at the Fair



Reach Out Lodi hosted Bingo at the Lodi Fair on Thursday 9/2/21 & Friday 9/3/21. On behalf of the Board of Directors and Staff of ROL, we are very grateful to all the volunteers who generously gave of their time to help create the much needed family friendly and fun evenings. Also, thank you to the Lodi Fair Board for allowing us to host.

ROL receives \$4,344.77 from Focus on Energy "Save To Give Pilot Program"

Focus on Energy, partnering with Wisconsin Utilities raised \$10,018.00 for three Lodi area non-profits with their "Save to Give Challenge."

Along with the money raised from Focus on Energy by the participating residents, Lodi Utilities partnering with WPPI Energy also donated \$2,100 divided between the three nonprofits.

This was an excellent way to promote awareness to save energy and at the same time raise award money. Brady Steighaf reported 12% of the City of Lodi Residents eligible signed up which was among the highest community participation he has

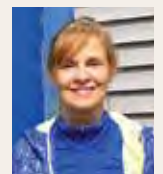


seen. ROL commends all who participated saving energy and encourages everyone to continue doing their part.

Reach Out Lodi is honored to be a recipient of the award money, which will go towards people experiencing financial hardship.

Volunteer Corner

Our ROL Game Night for young adults was held on September 25th from 5-7p.m. It was filled with food, fellowship and fun!



After a light meal and socializing, we gathered in the Community Center for games and laughter. What a wonderful night! That was my first time volunteering for ROL. Words don't come close to describing the acts of kindness, friendships that were formed, and relationships that were strengthened. I will long remember the gentleness, acceptance and especially the support given to those that needed it. I feel so very blessed to be a part of ROL —Beth Sokol

COMMUNITY STORE TOP 10 WISH LISTS

Top 10 Food

1. Cooking Oil
2. Baking Products; Sugar, Brown Sugar, Evaporated Milk & Condensed Milk
3. Kidney & Black Beans
4. Fruit & Vegetable Juices
5. Canned Peas
6. Stuffing Mixes
7. Crackers
8. Condiments
9. Assorted Cheeses/Yogurt
10. Butter/Margarine

Top 10 Personal Essentials

1. Household Cleaners
2. Dish Soap
3. Quart, Gallon Storage Bags
4. Body Wash
5. Shampoo/Conditioner
6. Baby Products
7. Dental Products
8. Feminine Hygiene Products
9. 13 & 30 Gallon Garbage Bags
10. Laundry Detergent

Top 7 Clothing Items

1. New Socks - All Sizes
2. New Underwear -All Sizes
3. Bras (new or gently used)
4. Kids Pajamas
5. Womens Pajamas
6. Boys Jeans
7. Work Out Clothes

Customer Comments

Not knowing anyone when I moved here 5 years ago, Reachout connected me with the resources I needed to get assistance as well as made me feel like a welcomed member of the neighborhood. The store is always there to help when your food budget is tight. They're friendly and helpful and always make you feel like part of the family." —Anonymous

Thank you



Ben Schultz's Eagle Scout project consisted of collecting money to pay for a gazebo. Ben also assisted Brian Lane Construction build the gazebo located next to the ROL Community Garden.

CHALK
THE
WALK



Reach Out Lodi's 1st annual Chalk the Walk, located in beautiful Goeres Park on August 13th was a successful family event. Chalk artist Peter Davidson, balloon artist Dawn Ferengo and musician Casey Olson all skillfully entertained those who attended. Sixty individuals and/or families created their own work of art with chalk. Ouisconsing Charter School (OSC) provided snacks & beverages. There were people out for a walk who stopped to listen to the music and admire the sidewalk squares. Participants and their families stayed to visit, and children displayed their unique balloon art while watching the chalk artist's duckling (Susie The Duck) come to completion. It was a perfect summer evening.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			† = NEW SESSION		Mah Jongg 9:30 am-12:00 pm	2
3	4	5	6	7	8	9
	† Senior Yoga 2:00-2:45 pm	Mah Jongg 9:30 am-12:00 pm	† Senior Movement 2:00-2:45 pm	CARDS 1-3 pm		
10	11	12	13	14	15	16
	Senior Yoga 2:00-2:45 pm	Dinner With... Sou-Pare PLUS 5:30 pm Mah Jongg 9:30 am-12:00 pm	Senior Movement 2:00-2:45 pm	CARDS 1-3 pm		Game Night 5:00-7:00 pm
17	18	19	20	21	22	23
	Senior Yoga 2:00-2:45 pm Lodi Shares "One of His Boys" 10:00 am	Mah Jongg 9:30 am-12:00 pm	Senior Movement 2:00-2:45 pm	CARDS 1-3 pm Dementia Journey Support Groups *3:00-4:30 pm (*Note different time)		
24	25	26	27	28	29	30
	Senior Yoga 2:00-2:45 pm	Soup'r Supper 5:00-7:00 pm	Senior Movement 2:00-2:45 pm WOW (Wellness on Wed.) 1:00 pm	CARDS 1-3 pm	Mah Jongg 9:30 am-12:00 pm	Game Night 5:00-7:00 pm
31						

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>† = NEW SESSION</p>	<p>1</p> <p>† Senior Yoga 2:00-2:45 pm</p>	<p>2</p> <p>Dinner With... David Drake "Blowing in the Wind" 5:30 pm</p>	<p>3</p> <p>† Senior Movement 2:00-2:45 pm</p>	<p>4</p> <p>CARDS 1-3 pm</p>	<p>5</p> <p>Mah Jongg 9:30 am-12:00 pm</p>	<p>6</p> <p>Game Night 5:00-7:00 pm</p>
<p>7</p>	<p>8</p> <p>Senior Yoga 2:00-2:45 pm</p>	<p>9</p> <p>Mah Jongg 9:30 am-12:00 pm</p>	<p>10</p> <p>Senior Movement 2:00-2:45 pm</p>	<p>11</p> <p>CARDS 1-3 pm</p>	<p>12</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>Senior Yoga 2:00-2:45 pm</p>	<p>16</p> <p>Mah Jongg 9:30 am-12:00 pm</p>	<p>17</p> <p>Senior Movement 2:00-2:45 pm</p>	<p>18</p> <p>CARDS 1-3 pm Dementia Journey Support Groups 1:00-2:30 pm</p>	<p>19</p>	<p>20</p> <p>Game Night 5:00-7:00 pm</p>
<p>21</p>	<p>22</p>	<p>23</p> <p>Mah Jongg 9:30 am-12:00 pm</p>	<p>24</p>	<p>25</p> <p>Thanksgiving Day Thanksgiving Day Community Meal 11:30-3:00 pm No Cards</p>	<p>26</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>Senior Yoga 2:00-2:45 pm</p>	<p>30</p> <p>Soup'r Supper 5:00-7:00 pm</p>				

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Senior Movement 2:00-2:45 pm	2 CARDS 1-3 pm	3 Mah Jongg 9:30 am-12:00 pm	4
5	6 Senior Yoga 2:00-2:45 pm	7 Dinner With... Craig Siemsen "Silent Night" 5:30 pm Mah Jongg 9:30 am-12:00 pm	8 Senior Movement 2:00-2:45 pm	9 CARDS 1-3 pm	10	11 Game Night 5:00-7:00 pm
12	13 Senior Yoga 2:00-2:45 pm	14 Mah Jongg 9:30 am-12:00 pm	15 Senior Movement 2:00-2:45 pm	16 CARDS 1-3 pm	17	18
19	20	21 Mah Jongg 9:30 am-12:00 pm	22	23 CARDS 1-3 pm	24 Christmas Eve	25 Christmas Day
26	27	28 Mah Jongg 9:30 am-12:00 pm	29	30 CARDS 1-3 pm	31 New Year's Eve	

Supporting Your Community

Reach Out Lodi (ROL) has been blessed with generous support from all corners of our community. Gifts from people like you allow us to provide a safe and welcoming Community Center where youth and adults gather for a variety of special events and activities. The Community Store helps families and individuals who experience difficulties provide for their basic living needs. What we do collectively is very important in sustaining our overall community "quality of life."

There are several ways that you can help sustain programs and services at ROL, they include:

- Consider giving on a consistent ongoing basis, i.e., monthly, quarterly, semi-annually, or annually.
- Purchase an (8"x 8") or (4" x 8") engraved tile to be placed on our Wall of Honor with your name, name of a loved one, family or business.
- Include ROL in your estate planning.
- Donate stocks or bonds.
- Utilize ROL website for credit card donation, reachoutlodi.org.
- Apply to become a volunteer.

For more information contact Mary Wilkes or Jim Schmiedlin at 608-592-4592, or stop at the Community Center and discuss how you would like to help support Reach Out Lodi.

