Volume 4: 2024 October/November/December



COMMUNITY CIRCLE

Keeping the Lodi Community in the Loop

Reach Out Lodi, Inc. is committed to being diverse, equitable, and inclusive

"Small acts, when multiplied by millions of people, can transform the world" *- Howard Zinn*



Community Center & Community Store

601 Clark Street Lodi, WI 53555 Mailing Address: PO Box 316 Lodi, WI 53555 ReachOutLodi@gmail.com ReachOutLodi.org 608.592.4592



Visit our website for Community Store & Center hours https://reachoutlodi.org



Reach Our Lodi, Inc., is a 501(c)(3) nonprofit organization supported by donations and grants. We charge no fee to our Community Store customers.

Engage, Support, and Connect: What's Happening This Season

As we enter the final quarter of 2024, we're thrilled to offer a wide range of events and opportunities designed to engage, support, and bring joy to our entire community. Whether you're looking to relax with yoga, enjoy a fun game of euchre, or get help with Medicare sign-ups, there's something for everyone to enjoy. These events are more than just activities —they're a chance to connect, learn, and be part of something bigger. Here are just a few highlights we're excited to share with you:

- Coffee & Conversation Every Friday, 9:00 AM - 10:30 AM
- Veterans Day Breakfast & Program November 11th, 8:30 AM - 9:30 AM
- Thanksgiving Day Meal November 28th, 11:30 AM - 2:00 PM
- Holiday Hike for Hunger December 7th

We invite you to attend, bring family and friends, and help us make these events even more special. Have ideas for new programs? Debbie would love to hear from you! Reach out to her to bring your event ideas to life.

Finally, we encourage you to make a meaningful impact by volunteering with us or by inviting friends and family to get involved. Volunteering is a wonderful way to give back, build connections, and support those in need. Whether it's a few hours or a regular commitment, every bit helps. Together, we can continue to strengthen our community, uplift our neighbors, and make lasting, positive changes. Your time and effort can truly make a difference!

Thank you for your support, and we look forward to seeing you at our events!

Make an Impact in Your Community **NOLUNTERS**

Are you ready to make an impact in your community? Reach Out Lodi invites you to become part of our dedicated team of volunteers. Here's why you should get involved:



Transform Lives

Whether it's offering support to those in need, helping with community events, or sharing your skills, every volunteer makes a meaningful difference.



Volunteering can be incredibly rewarding for you & your family. It's a win-win for both personal growth & community support.



A great way to connect with others who share your passion for giving back. Make new friends, strengthen community ties, & build a network of support.

608-592-4592

Call

Today!

Join us in making a meaningful difference.

OBLEGAR STREET, Lodi, WI
Www.ReachOutLodi.org
Www.ReachOutLodi.org
OBLEGAR STREET, VALUE CONTRACTION





October 8th, 5:00pm John G. Hamilton

& Special Guest Jeanne Waters

Join us for a delightful dining experience, perfectly paired with the enchanting melodies of countrywestern singer John G. Hamilton and local talent Jeanne Waters. Cost \$10



November 5th, 5:00pm Remember with Randy 50's & 60's Music

A fun, nostalgic journey through the 50's and 60's, featuring Retro Randy singing the timeless songs that took us through love, loss, and everything in between! Cost \$10



December 3rd, 5:00pm Shekinah King Christmas Show

Join us for a special performance by Shekinah King, a gifted pianist with a passion for crafting beautiful melodies. She'll be showcasing her enchanting Christmas show, filled with holiday magic and musical joy. Cost \$10





Join our Mah Jongg Club for engaging and strategic gameplay every Thursday at 9:30 am. Whether you're a seasoned player or new to the game, all are welcome to join the fun – no experience necessary and we'll even teach you how to play!



Join our friendly Euchre Club for a fun-filled card-playing afternoon every Thursday at 1pm. Enjoy a light snack and beverages. No experience is necessary – just a desire to have a good time!



SENIOR

YOGA with Tess Carr

Wednesday 2 pm - 2:45 pm MOVEMENT with Stephanie Caves

See the Calendar for Dates

Tuesday

2 pm - 2:45 pm

SENIOR

See the Calendar for Dates





1:00 - 1:45pm

October 30th Grief thru the Holidays presented by St. Croix Hospice

December 18th Winter Blues presented by St. Croix Hospice Followed by Remember with Randy Holiday Sing Along 2-3pm October 12th October 26th November 9th November 23rd

December 14th



608.592.4592

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Community Circle Oct/Nov/Dec 2024

Confused about ADRC of Columbia **Medicare sign-up?** County is here to help!

November 22nd 9am - 3pm

ADRC of Columbia County will be at ROL to assist with Medicare sign ups. Schedule an appointment with a knowledgeable specialist by calling 608-742-9210



601 Clark St Lodi, WI ReachOutLodi.org





3rd Thursday of each month 1:00 - 2:30pm Oct. 17th - Nov. 21st - Dec. 19th

This is a support group for caregivers. Participants learn new information, share their experiences, and support each other. Learn from each other while caring for our loved one and taking care of ourselves to stay healthy through the journey. **Questions:** Contact Nellie Mueller at 608.742.9233



We have a variety of medical equipment available for community members to borrow, including crutches, walkers, shower chairs, wheelchairs, and other miscellaneous items. Simply borrow what you need and return it when you no longer need it.

The Community Circle is published by Reach Out Lodi. Editor Debra Thoeny; Writer & Graphic Designer Heidi Ness

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ROL Ride Assist



ROL's Ride Assist provides vital rides for those who have no other means of transportation. Our services primarily cater to medical-related appointments in Lodi, Portage, Baraboo, Sauk City, and Madison, ensuring everyone can access the care they need.

Costs: Lodi \$10, Sauk \$15, Baraboo \$15, Portage \$15, Madison, \$25. If you are unable to pay, please talk to a ROL staff member.

Join us in a safe and comfortable space where someone living with dementia and their care partner can socialize, listen to music, play games, and enjoy other activities.

1 - 2:30 PM

October 25th

COMMUNITY Thanksgiving Day Meal

November 28th 11:30am - 2:00pm

Join ROL in the spirit of community and togetherness at our **FREE** Thanksgiving Day Community Meal

Dine-in - Delivery - Carry-out Reservations Required 608-592-4592

> Donations to the Community Store appreciated

ROL Giving Tree Program

Celebrate the spirit of giving this Christmas by donating to our Giving Tree. Families in need can select gifts for their children and themselves. We're accepting new items such as toys, books, clothing, kitchen essentials, and gift cards. Donations can be dropped off from Thanksgiving until December 20, 2024. Financial contributions are also welcome to help us purchase additional gifts.



608.592.4592

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WITH GLADYS

GRIEGER

608-445-0589

Call Gladys

for information

PLEASUR

MONDAY: 12:30-3PM

OCT 11, 14, 18, 21, 25, 28

NOV 1, 8, 15, 22, 25

DEC 2, 6, 9, 13

FRIDAY: 10AM-12:30PM

ALL SKILL LEVELS WELCOME

CAREGIVER SUPPORT GROUP

Join us for a place to share, connect, and find support on your caregiving journey.

When: 1st Monday of every month Time: 2:00pm - 3:30pm Where: Reach Out Lodi

Caregiver support group led by Family Caregiving Consultants and facilitated by Donna Reimer, RN

ETERANS DAY

★ REMEMBER AND HONOR ★

Honor our veterans with a free breakfast followed by a short program.

NOVEMBER II, 2024

8:30 AM BREAKFAST 9:00 AM PROGRAM

Space is limited. RSVP to 608.592.4592 by Nov. 7th.

608.592.4592

PAINTING

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Rotary Pancake Breakfast with Santa Saturday, November 30th, from 8 AM to 12 PM Sunday, December 1st, from 9 AM to 12 PM

Enjoy a delicious breakfast and festive fun. Don't miss your chance to meet Santa and kick off the holiday season with family & friends!



ReachOutLodi.org



HOLIDAY HIKE FOR HUNGER



Mark your calendars for December 7, 2024, and join us at Gibralter Rock for the next Holiday Hike for Hunger. Let's come together once again to support those in need during the holiday season.

Stay tuned for more details, and get ready to lace up your hiking boots for a great cause!

Host your next special event at our welcoming Community Center!

Whether it's a family gathering like a birthday party, holiday celebration, baby shower, baptism, graduation, or a commemoration of life's milestones, our versatile space is here for you. We offer two room options: the Lodi Room, accommodates up to 30 people with tables, and the spacious Welcome Room, with room for up to 60 guests at tables.

For detailed information on rental rates and availability, feel free to contact Deb at 608.592.4592, visit our website, or drop by during office hours.

Make your next event a memorable one at Reach Out Lodi's Community Center!

Please note that our Community Center strictly prohibits the use of tobacco products, alcohol, weapons, and drugs.

608.592.4592

🖻 ReachOutLodi@gmail.com

CALLING ALL ARTISTS!

Our walls are yearning for vibrant, inspiring artwork, and we need your talent to fill them!



We welcome all styles and mediums and would be honored to display your artwork in our community space for one month.

Many Thanks!



We are incredibly grateful to the Vollrath Company for their generous \$10,000 donation, along with much-needed kitchen supplies and utensils. Your support makes a significant impact on our efforts, and we truly appreciate your generosity!



We are grateful to the talented chefs at Coddiwomple Coffee for preparing amazing meals for many of our programs.

NOURISHING NEIGHBORS

Thanks to Nourishing Neighbors for their \$2,000 monetary donation!



Thanks to Ness Family Sweet Corn for their generous donation of sweet corn for our customers!

07/01/24

We would like to extend our heartfelt thanks to Asta Blanchar for her hard work and dedication. Asta has been an integral part of Reach Out Lodi since the very beginning, and her contributions have made a lasting impact on our community. As she and her husband prepare to move away, we want to express how much she will be missed. Best wishes to Asta in this new chapter!

We want to extend a heartfelt thank you to Thea Jesse, Len Hendricks, and Vicki Henn for their many years of dedicated service cooking for our events. We look forward to seeing them relax and enjoy themselves at our upcoming events—this time as guests instead of in the kitchen!



Hi Jim,

thank you so much for helping me out Friday. It was good to see you again.

Shell fixed my fuel lines and I stopped back in for Ice.

Thanks again for everything the food, the use of the Shower, the use of the washer and dyer and running me from shell and back.

Even though I declined the gift of the hotel for the weekend, I still appreciate your generousity.

608.592.4592

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💿 601 Clark Street, Lodi, WI 53555

Sincerely

Community Store

WISH LIST

Food

- 1. Flour
- 2. Sugar
- 3. Ketchup
- 4. Cereal
- 5. Mayonnaise
- 6. Salt/Pepper
- 7. Vegetable Oil
- 8. Canned Fruit

Personal Essentials

- 1. Toilet Paper
- 2. Dish Detergent
- 3. Shampoo/Conditioner
- 4. Kleenex
- 5. Laundry Detergent
- 6. Bleach
- 7. Toilet Bowl Cleaner
- 8. Household Cleaner
- 9. Bath & Hand Towels
- 10. Washcloths
- 11. New Pillows

Clothing Items

- 1. New Underwear for men, women, children
- 2. New Socks for men, women, children
- 3. Shirts, mens small & medium

VOLUNTEER

Mary grew up in Rhinelander and pursued a career as a dental hygienist, working in La Crosse and later Madison. It was in Madison that Mary met her husband, and in 1998, they moved to Lodi. Mary was fortunate to stay home and raise her two children, Matt and Emily.

In her free time, Mary enjoys reading, doing

jigsaw puzzles, staying active by going for walks, and spending time with her two beloved golden retrievers. Mary first volunteered at Reach Out Lodi in 2019, prior to the pandemic, and happily returned to volunteering in 2024. Always eager to lend a hand, Mary helps with answering phones, assisting clients in the store, and supporting various events.

We deeply appreciate all that you do, Mary! Thank you for your dedication and service!

MARY POPP

At Reach Out Lodi, we value our volunteers, foster an inclusive work environment, and are committed to making a positive impact in our community. We encourage everyone to explore the fulfilling volunteer opportunities we offer and become part of our dedicated team. Together, we can make a difference in the lives of those we serve. Join us in building a stronger, more compassionate community.

608.592.4592

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Past Events

Chalk the Walk!

We had an amazing time at this year's Chalk the Walk event, where artists wowed us with their incredible talent! The face painting and balloon art added extra fun, making it a fantastic day for all. A huge thank you to our volunteers, participants, and everyone who helped make this event a success! Your creativity and support brought the sidewalks to life!



A big thank you to everyone who joined us for BINGO, sponsored by ROL at the Lodi Ag Fair! Both events were a fantastic success, and we had such a great time connecting with you. A special shoutout to our amazing volunteers who made it all possible—your dedication and hard work are truly appreciated. We couldn't have done it without you!



C 608.592.4592

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INFINITY ..

OCT 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1 NO Senior Yoga	2 Senior Movement 2 - 2:45pm Lodi Youth Baseball 7 - 10pm	3 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	4 Coffee & Conversation 9 - 10:30am	5
6 Common Gr. Church 9 – 11am ^{Lodi 4H} 6 – 8pm	7 Caregiver Support Group 2 - 3:30pm	8 Senior Yoga 2 - 2:45pm Dinner with John G Hamilton & Jeanne Waters 5pm	9 Senior Movement 2 - 2:45pm Lodi Art Club 7 - 9pm		11 Coffee & Conversation 9 - 10:30am Painting for Pleasure 10am - 12:30pm	12 ^{Game Night} 5 – 7pm
13 Common Gr. Church 9 – 11am Scout Troop 113 6 – 8pm	14 Painting for Pleasure 12:30 – 3pm Indigenous Peoples Day	15 ^{Senior Yoga} 2 - 2:45pm	16 Senior Movement 2 – 2:45pm		18 Coffee & Conversation 9 - 10:30am Painting for Pleasure 10am - 12:30pm	19
20 Common Gr. Church 9 - 11am	21 Painting for Pleasure 12:30 - 3pm	22 Senior Yoga 2 - 2:45pm Soup'r Supper 4-6pm	23 Senior Movement 2 - 2:45pm		25 Coffee/Conversation 9 – 10:30am Painting for Pleasure 10am – 12:30pm Memory Café 1 – 2:30pm	
27 Common Gr. Church 9 - 11am Scout Troop 113 6 - 8pm	28 Painting for Pleasure 12:30 - 3pm	29 ^{Senior Yoga} 2 - 2:45pm	30 Wellness on Wednesday: Grief thru the Holidays 1:00 – 1:45pm Senior Movement 2 – 2:45pm	31 Mah Jongg 9:30am - 12pm Blood Pressure Screening 11:30am - 12:30pm Euchre 1 - 3pm	Notes items in Bold are Reach Out Lodi events. Please check our website for the current event listing using the QR code or at ReachOutLodi.org/events	

NOV 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	ach Out Lodi events. ebsite for the current he QR code or at events				1 Coffee & Conversation 9 - 10:30am	2
3 Common Gr. Church 9 - 11am Lodi 4H 6 - 8pm	4 Caregiver Support Group 2 - 3:30pm	5 NO Sr. Yoga Dinner with Remember Randy 50s & 60s Music 5pm	6 senior Movement 2 - 2:45pm Lodi Youth Baseball 7 - 10pm	7 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	8 Coffee & Conversation 9 - 10:30am Painting for Pleasure 10am - 12:30pm	9 ^{Game Night} 5 - 7pm
10 Common Gr. Church 9 - 11am Scout Troop 113 6 - 8pm	11 Veterans Day Program 8:30 - 9:30am	12 ^{Senior Yoga} 2 - 2:45pm	13 Senior Movement 2 - 2:45pm Lodi Art Club 7 - 9pm		15 Coffee & Conversation 9 - 10:30am Painting for Pleasure 10am - 12:30pm	16 ROL Board MEeting 9 - 10am
17 Common Gr. Church 9 - 11am	18	19 ^{Senior Yoga} 2 – 2:45pm	20 Senior Movement 2 - 2:45pm	21 Mah Jongg 21 9:30am - 12pm Blood Pressure Clinic 11:30am - 12:30pm Caregiver Support Grp 1 - 2:30pm Euchre 1 - 3pm	Medicare Info by appt.	Game Night
24 Common Gr. Church 9 - 11am	25 Painting for Pleasure 12:30 - 3pm	26 ^{Senior Yoga} 2 - 2:45pm	27 NO Sr. Movement	28, Happy hanksgiving Meal 11:30am - 2pm	29 ROL Closed	30 Rotary Breakfast with Santa 8am - 12pm

DEC 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Rotary Breakfast with Santa 9 – 12pm Common Gr. Church 9 – 11am Lodi 4H 6 – 8pm	2 Painting for Pleasure 12:30 - 3pm Caregiver Support Group 2 - 3:30pm	3 NO Sr. Yoga Dinner with Shikinah King 5pm	4 Senior Movement 2 - 2:45pm Lodi Youth Baseball 7 - 10pm	5 Mah Jongg 9:30am - 12pm Euchre 1 - 3pm	Conversation	7 Holiday Hike for Hunger 10:30am - 12:30pm
8 Common Gr. Church 9 – 11am Scout Troop 113 6 – 8pm	9 Painting for Pleasure 12:30 - 3pm	10 ^{Senior Yoga} 2 - 2:45pm	11 Senior Movement 2 - 2:45pm Lodi Art Club 7 - 10pm	12 ^{Mah Jongg} 9:30am - 12pm Euchre 1 - 3pm	13 Coffee & Conversation 9 - 10:30am Painting for Pleasure 10am - 12:30pm	14 ^{Game Night} 5 – 7pm
15 Common Gr. Church 9 – 11am	16	17 Senior Yoga 2 - 2:45pm Soup'r Supper 4 - 6pm	18 _{No} Sr. Movement Wellness on Wednesday: Winter Blues 1 - 1:45pm Holiday Sing-Along 2 - 3pm	Clinic 11:30am - 12:30pm Caregiver Support Grp	Cottee & Conversation	21
22 Common Gr. Church 9 – 11am	23	24 Chistmas ROL Closed LVC	25 ROL Closed	26 ^{Euchre} 1 - 3pm	27 coffee/Conversation 9 - 10:30am	28
29 Common Gr. Church 9 - 11am	30	31 New Yean's Sie ROL Closed	Notes items in Bold are Reach Out Lodi events. Please check our website for the current event listing using the QR code or at ReachOutLodi.org/events			

Supporting Your Community

At Reach Out Lodi, we are deeply grateful for the unwavering support we receive from our incredible community. It's your kindness and generosity that enable us to create a haven of warmth and inclusivity at our Community Center, where people from all walks of life come together for special events and meaningful activities. Our Community Store plays a pivotal role in assisting families and individuals during challenging times, providing them with the essential resources they need to sustain their daily lives. What we achieve together, as a community, significantly contributes to the overall "quality of life" for everyone in the Lodi Valley area.

If you're wondering how you can play a part in sustaining these vital programs and services there are



- several meaningful avenues to explore: **Consistent Giving:** Consider making regular contributions, whether it's monthly, quarterly, semi-annually, annually.
 - Wall of Honor: Leave a lasting legacy by purchasing an 8"x8" or 4"x8" engraved tile on our Wall of Honor. This is a beautiful way to commemorate your name, a loved one, your family, or your business while supporting our mission.
 - Estate Planning: Include ROL in your estate planning.
 - **Stocks & Bonds:** If you have stocks or bonds that you'd like to donate, we welcome these valuable contributions.
 - Online Donations: Making a donation is just a click away. Visit our website at ReachOutLodi.org to contribute via credit card and make an immediate impact.
 - **Become a Volunteer:** Your time and skills are invaluable to us. Consider becoming a volunteer and directly engage with our community initiatives.

To explore these opportunities further or discuss how you can support Reach Out Lodi, please reach out to DebThoeny at 608.592.4592. Alternatively, you can visit our Community Center in person and we'd be delighted to chat with you. Together, we can continue to nurture and uplift our community, ensuring that no one faces life's challenges alone. Thank you for being a vital part of the Reach Out Lodi family, where compassion knows no bounds.

Together we give.

DEC 3, 2024

GI VING TUESDAY

Every year on Giving Tuesday millions of people across the globe give back and make positive change in their communities. This year, consider donating to Reach Out Lodi on Giving Tuesday. Look for more information on ROL's website and social media.





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0 601 Clark Street, Lodi, WI 53555

M https://amzn.to/3rxkUgV M

thankeyou

ReachOutLodi.org

ROL WISH LIST!

Our entire list is now on

Amazon!

C 608.592.4592