



2025 SEHA Rules

ALL VEHICLES MUST BE STOCK AND UNALTERED AS DELIVERED FROM FACTORY UNLESS OTHERWISE STATED.

1. 1980 OR newer front wheel drive, 4-cylinder passenger cars only. No all-wheel drive or all wheel steering allowed. No vans or pickup trucks.
2. Body must maintain original dimensions, standard as from the manufacturer. Sheet metal body OK. Aftermarket nose and tail may be used. Rear may be open. Aftermarket wing/spoiler OK on rear of car.
3. Front fire wall must have all holes closed off. Fabricated dash and sheet metal interior OK. (Must have two access holes for inspection.) Floor pan, front and rear wheel wells must remain stock. If stock fuel tank is used trunk pan must be in place, if fuel cell is used must have rear fire wall in place. (If stock tank is behind rear axle, it must be replaced with fuel cell enclosed in a steel can mounted securely in center of trunk.)
4. All glass and interior trim must be removed. All flammable material must be removed.
5. Hood must be held shut with at least two hood pins.

6. All vehicles must have seamless tubing 4-point roll cage with X braced hoop behind driver and a minimum of three door bars with vertical bracing from top to bottom. Where bars connect to frame must be a minimum 1/4-inch steel plate welded to frame in a secure and safe manner.

Front and rear bars OK but cannot protrude beyond bodywork. Main components of 4-point cage and driver's door bars must be at minimum 1.5"x .095" tubing. Must add 3 crash bars in front of driver.

Weight:

- 2.0 engine and up 2200lbs
- 1.9 and under 2100lbs

Engine

7. NO PERFORMANCE ENGINES. Stock 4-cylinder engine only. Maximum displacement of 2.2 Liters. No variable valve timing engines. Engines must remain stock as delivered by the factory and remain in stock location. No Cosworth or rotary engines. No turbocharged or supercharged engines. ABSOLUTELY NO NITROUS. All engines must be for the make/brand of car for which they were manufactured. All internal and external parts must be for engine being claimed. No engine components can be lightened, altered, or modified in any way. ARP rod bolts, head studs, reusable gaskets OK, but must be stock thickness. No performance gaskets or spacers. No high-performance components or aftermarket will be allowed in the engine or drive train. Stock carburetor or fuel injection system for the engine being competed only. Engine Components must match the engine you're claiming, for example Ecotec single coil later year model engines must use their internals and heads and same for early year models also. NO EXCEPTIONS
8. Any air piping allowed. Filter cannot come through hood or firewall. Cone filter may be attached directly to throttle body. (K&N OK) Exhaust manifold must remain stock with pipe extending beyond the driver's seat, parallel to the ground. Headers are allowed only as delivered from factory for make/brand of car.
9. Cam Shafts- STOCK.
2.2 Ecotec- cam shaft base circle check 1.171 IN. to 1.185 IN.
Honda B18/B20- cam shaft base circle check 1.101 IN. to 1.116 IN.
10. All flywheels must be stock as delivered from factory.

Saturn with 1.9L engine may lighten factory flywheel to 13lbs.
Honda B18/B20 flywheel weight 16lbs minimum
Chevy 2.2 Ecotec flywheel weight 19lbs minimum

*** May Bore engines up to .40 over.

*** Pump Gas Only! No racing Fuel, Methanol, Alcohol, ETC...

Transmissions

11. All transmissions must have all working gears including reverse. No lightening, altering or removal of gears or transmission components. Open differentials may be welded.
No aftermarket LSD.

Suspension

12. Only stock suspension parts allowed, suspension part must match make of vehicle not model (GM for GM, Honda for Honda, ETC..). Drilling or notching of the stock suspension parts for camber is OK, everything must be performed in a manner deemed safe by tech officials. Safety hubs OK.
No cutting or heating of springs. No performance or aftermarket shocks/struts, O.E. replacement or equivalent only. No adjustable coil overs. Stock shock location only.
Only one factory bump stops per strut assembly.
Wheelbase stock with 1in max tolerance.

13. Rear suspension- May reinforce rear axle with 1 piece of tubing from side to side, can plate bottom to strengthen.

Brakes

14. Must have functional OEM front brakes. Rear brakes may be removed.
No bias adjusters or shut offs allowed.

Wheels and Tires

15. 7-inch wide maximum. Racing wheels okay. May run racing wheel with bead-lock on right front only if stock wheels on other 3. No excessive offset from stock wheels.
16. Tires must have DOT stamp and legal for highway use. 400 tread wear min, no cutting of tires. No performance, trick, gumball, fancy or exotic tires of any kind allowed. Track or series officials reserve the right to disallow any tire from use in competition in this class.

Safety

17. SFI or FIA approved racing seat with minimum 5-point harness required. Harnesses must be SFI or FIA certified and must be in date. Fire extinguisher with gauge, mounted in quick release harness in reach of driver is mandatory. Racing helmet with SA2015 rating required. No motorcycle helmets.
18. There are no longer any weight breaks for safety equipment. Strongly recommend a Full Containment seat, Head & Neck restraint. Fire extinguisher is required!
19. Anything to promote safety may be added with approval from tech man.

PROTEST

Any item tech man deems altered or not approved will be disqualified if not covered in rules.

20. Transmission protest, \$250. Acceptance \$100, Track/Series retains \$100.
21. Suspension Front and Rear protest, \$300. Acceptance \$100, Track/Series retains \$100. Strut and spring assembly Buy Rule \$125 per corner \$25 acceptance.

22. 3 item protest, \$300. Acceptance \$100, Track/Series retains \$100, All items must be outside of engine.

23. Complete engine protest, \$500. Acceptance \$200, Track/Series retains \$200

24. Fuel Protest, \$125 Only car behind can protest. Fuel Sample will be sent to Blue Ridge Labs, \$125 Acceptance. The winner of protest retains money.

Fuel will be checked visually and for ethanol % at track.

25. ECU buy rule \$300 must finish directly behind the car buying and must finish Top 5.

26. Visual protest \$25 must be presented to the tech man 30 minutes before the main event.

27. Top five cars will be visual inspected directly after the main event each race. All cars may be subject to random inspection at any time.

28. Looking for small or unimportant errors or faults will not be tolerated or allowed. We are aware that this rule book may not cover every situation or issue. Officials have final say on ALL protested or claimed item issues.

ALL RULES SUBJECT TO CHANGE OR CLARIFICATION A MINIMUM OF 2 WEEKS BEFORE NEXT EVENT
AT THE DISCRETION OF THE TECH MAN. TECH MAN HAS FINAL SAY.