



Himalayas Trek 2026

01 - 18 October 2026

Name _____

Date of birth _____ Age _____

Address _____

Town _____ Postcode _____

Telephone number _____

Emergency contact name _____

Emergency contact phone number _____

Flights details

Arrival in Delhi Date & Time _____

Departure in Delhi Date & Time _____

Dietary requirements

Vegetarian Yes / No _____

Vegan Yes / No _____

Pescatarian Yes / No _____

Gluten Free Yes / No _____

Lactose Free Yes / No _____

Nuts Allergy Yes / No _____

Any other food allergy / restrictions _____

Medical conditions, injuries or illnesses _____

Travel Insurance

Provider _____

Policy No _____ Valid from-to _____

Telephone number _____

Booking and payment Total fee £1,800 split in to a deposit £200 to be paid by 1st April 2026 and the remaining balance £1,600 by 30th June 2026 to:
Name: Maria Harbutova, Bank sort: 20-48-08, Account number: 63416194