

Revolution Dance

Guidelines for Competition

The Competition program is a journey. It is not a destination. The most successful outcome is to achieve a personal best performance while supporting your teammates to achieve their personal best through continuous improvement and sincere effort. The purpose of the competition program is to instill a higher level of leadership, self-confidence and self-reliance.

The goal of competition is to instill a passion for performing rather than merely the desire to win awards. With the right focus, the experience gained in competition can be a positive influence in all aspects of a dancer's life.

It is the dancer's responsibility to arrive on time for all performances fully prepared and equipped with all the necessary shoes, props, costumes, tights, make-up, and hair styled as indicated for your first routine. Failure to adhere to the above may result in the dancer being unable to perform with their class. The spirit of teamwork and the lesson of dedication are a big part of a successful performance. * Parents please supervise your dancer and make sure they are ready to go on stage before leaving them. Dancers under 12 years of age should not be left unsupervised at the theater or hotel.

COMPETITION ATTENDANCE

When a competition runs over the entire weekend, we encourage our dancers to attend as much of the event as possible in an effort to support their fellow dancers.

Competitions charge a small viewing fee and do not take debit or credit cards so please make sure you have cash on hand.

Revolution will ensure a teacher is at all competitions to rehearse and put all numbers including solos and duets on stage. However, this may not be your child's teacher. Not all of our teachers are required to attend all competitions.

Deportment

Dancers:

- * Attitude, punctuality, behavior, attendance, grooming and general deportment must be exemplary at all times. You are representing yourself, your class and the studio.
- * Be ready to rehearse and perform both mentally and physically.
- * Be sure you are properly warmed up.
- * Be organized – know what pieces you are doing in what order and be ready for each one.
- * No food or drinks other than water in the change rooms or rehearsal hall
- * Be respectful of all dancers and show support for all dancers even your competition!
- * Be ready to dance both physically and emotionally. Go out there and show the audience how much you love to dance.
- * When out of town and staying in a hotel no more than a half hour in the pool before competing.
- * Remember at competitions and hotels you are representatives of the studio
- * No extreme haircuts or hair color.

Parents:

- Do not go into the rehearsal hall or back stage unless you are helping put a dance on stage. This means props not your dancer.
- Teachers are present at competition to help your dancers prepare to go on stage. It is OK to ask for help with hair and makeup just not to expect it.
- If you don't agree with the choices the Judges make DO NOT VOICE IT!
- Do not approach any judge or event organizer for any reason [even if you think you should]. Direct all concerns to Ms. Tracy.
- If you have any problems that you aren't sure what to do about talk to Ms. Tracy.
- Exchange phone numbers with classmate's parents.
- No food or drinks except water should be taken into the change rooms or theater
- Do not Videotape or take pictures of any group on stage [even your own]. This could result in the studio being disqualified from the competition.

Competitions begin End of March and ends Mid May. The studio will provide a schedule two weeks prior to each competition. Competition dates and times may involve weekday as well as weekend participation. Do not contact the Competition about schedules.

As choreographing is in full swing by January dancers are not permitted to take personal holidays after classes begin in January. We do not break for Spring Break or Easter weekend

Costumes: Bins / Suitcase, there are no replacement costumes if you lose or destroy a costume you will not be able to dance with your group. No eating in costume. Remember Red Lip Stick stains! If you damage another dancer's costume you will be responsible to replace their costume or prop. Do not touch Props that do not belong to you.

All dancers should ensure their costumes and tights are clean and steamed (wrinkle Free) prior to each performance. Dancers with soild or damaged costumes will not be allowed on stage.

Cover-ups: Costumes must always be covered when dancers are in the audience and if the dancer is eating. Cover up on stage if in a costume that has not yet performed

Make up: Stage by Daniela and Dermablend Professional Intense Powder Camo Mattifying Foundation

Dermablend Professional Intense Powder Camo Mattifying Foundation,
Revlon Super Lustrous Lipstick Crème 745 Love is On
Revlon Ultra Soft Pink Blush
Revlon Maverick Palette – Moonlit (555)

All dancers must have their own make-up kit.

No Nail polish [fingers and toes] and no jewelry

Hair: As needed per dance. Standard studio hair is Two Dutch Braids into a Low Bun. Hair must be under control, no fly away ends. Hairspray is your friend!

Schedules: Please be in the rehearsal hall ready to perform 1.5 hours before your first dance of the day. Be in the rehearsal room at least 1 hour before additional dances and available for 1 ½ hours before. Please arrive 1 hour before Solos

AWARDS AND SCHOLARSHIPS

Cash Scholarships for soloists, duets will receive a credit for the amount of any cash scholarship awarded paid to the studio. Cash Scholarship for groups will remain with the studio.

Trophies awarded to groups are kept at the studio, while trophies awarded to soloist and duets are the dancers to keep. If you are in charge of bringing a trophy back to the studio please mark it with the group's name.

ADDITIONAL

Please read all emails thoroughly and ask questions as needed to keep updated about all commitments.

Members of the dance team are expected to adhere to all policies that govern the studio population. These guidelines are subject to change at the discretion of Ms. Tracy.

No dancer may compete or perform any piece choreographed by Revolution Dance staff as an independent entry at a competition or other public event without the permission of the Choreographer and Ms. Tracy. Videos of dances are not to be posted on public Social Media pages. Please refrain from posting photos of other dancers on Facebook or Instagram.

Revolution Dance and competition facilities and organizers are not responsible for any valuables left unattended by the owner.

TIPS:

- Always have a second pair of tights available.
- Place costumes in a garment bag for travel.
- Carry hats in a hatbox or container to prevent them from damage.
- Hang and steam/press costumes before each performance.
- Place your name on all bags, racks, costumes and shoes.
- Print an information paper for each dance and put it in your child's dance bag as a reference.
- If you're wearing a hat and your hair is covered, fashion your hair under the hat for the next dance.
- Pre-bag costume for each number.
- Come dressed in costume, packing clothes for afterwards.
- Practice make-up and hair styling at home.
- If a change room is crowded do not hang out in the change room make room for dancers that need to get ready for their next number.

Dance Competition Checklist

	Make up
	Makeup Kit foundation, Blush, eye shadow, lip stick
	Lip gloss
	Eye Liner
	Mascara
	Brushes/make up sponges
	False eyelashes
	Eyelash glue
	Clear antiperspirant
	Q-tips
	Cotton Balls / pads
	Make up remover

	Make up wipes
	Hand towel/face cloth
	Tissues
	Wet wipes
	Nail clippers
	Nail file
	Nail polish remover
	Clear Nail Polish
	Vaseline
	Tooth Brush / Tooth Paste
	Mirror

Hair/Jewelry

	Hair brush
	Comb
	Hair elastics that match hair color
	Hair nets that match hair color
	Bobby pins
	Hairspray
	Mousse

	Gel
	Curling iron
	Hair straightener
	Spray bottle for water
	Hair accessories
	Earrings. (Studio issued)
	Costumes / Costume Care
	Costumes
	Costume Accessories (ie hair piece, jewelry)
	Tights – at least 2 pairs of each color Ballet Pink, Tap / Jazz Beige, Lyrical /Contemp beige Capri
	Dance Shoes
	Props
	Beige Bra or color required for costume
	Team Jacket and Pants or other cover-up
	Slippers or Flip Flops
	Double Sided Tape
	Elastic for Ballet Shoes

	Extra shoe laces for Tap and Jazz shoes
	Lint Brush
	Static Guard
	Sewing Kit and thread to match each costume
	Safety Pins
	Scissors
	Ziploc Bags
	Shoe Polish
	Straight Pins
	Super Glue and Glue Gun
	Tide to Go Pen
	Note Pad

First Aid	
	Clear Band Aids
	Tensor bandage
	Flesh tone first aid wrap
	Ice/heat pack
	Polysporin

	Blister treatment
	Tylenol/Advil
	Tweezers
	First aid Tape and scissors
	Antacid / Tums
	Feminine Hygiene Products
	Knee and Ankle Brace
	Voltaire (topical anti-inflammatory)
Clothing	
	Street Cloths to wear home if coming in costume
	Underwear (not to be worn under costumes)

Miscellaneous	
	Cash (all competitions charge an admittance fee)
	Book or Magazine
	Pen / Highlighter
	Black Sharpie
	Water

Snacks

Water

Clear juice

Dry cereal

Crackers

Rice cakes

Granola bars

Dried fruit/fruit leather

Hard boiled eggs

Cheese – strings, slices, Babybel, Laughing Cow

Pretzels

Raisins

Veggie chips

Fruit – grapes, pineapple, apples, bananas

Veggies – celery, carrots, cucumbers, snap peas

Pepperoni sticks

Lunch meat

Granola

Protein bars

Beef jerky