

WHAT IS DEMENTIA

Dementia is an umbrella term used to describe a group of symptoms that affect how well our brains work.

Dementia can affect anyone, and as people get older the chances of developing dementia increase.

The most common form of dementia is Alzheimer's disease – which around two-thirds of people with dementia have. The symptoms each person experiences depends on the parts of the brain that are affected. However, the most common dementia symptoms include changes in memory, thinking, behaviour, personality and emotions. These changes affect a person's ability to perform everyday tasks and interfere with their everyday lives.

Dementia is progressive, which means that for most people the changes gradually spread through the brain and lead to the symptoms getting worse. Dementia is different for everyone – what people experience, and how quickly they are affected is unique to them. What they can do, remember and understand may change from day to day.



CONTACT US

Main Office

642 Featherston Street, Palmerston North 4414

Phone:

06 357 9539

Email:

manawatu@alz-man.org.nz

Website:

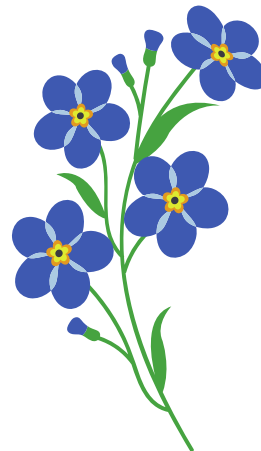
www.alzheimersmanawatu.org



@alzheimersmanawatu



Alzheimers Manawatu



Manawatu

Marion Kennedy Centre

Supporting people affected by dementia throughout Manawatu, Horowhenua and Tararua districts



Alzheimers Society Manawatu is committed to supporting our community with a range of services for people living with dementia, their carers and their family/whanau

Alzheimers Manawatu

Marion Kennedy Centre

WHO WE ARE

Alzheimers Society Manawatu (ASM) covers the Manawatu, Horowhenua, Tararua and Otaki regions.

ASM seeks to destigmatize dementia, reconnect those who have become socially isolated and empower people through education, advice and guidance to take ownership of their own health and wellbeing.

We're committed to:

- Providing support to people with dementia, their families/whanau, friends and carers
- Education and informing the public and associated professionals about dementia
- Raising government awareness and encouraging action by highlighting the needs of people affected by dementia

HOW CAN YOU HELP?

Encourage those with memory issues to contact us - everyone's needs are different. We can help people access the help/support that suits their needs.

It may be the family or carers that need information and not just the person affected. We can help.

Volunteer
Help make life better for those living with dementia while supporting a cause you believe in.

Get in touch for more info.

SERVICES WE PROVIDE

Dementia Advisors:

- Provide support for all forms of dementia
- Assessment visits
- Support spouses, carers and families/whanau through their journey with this disease
- Provide information and strategies to support individuals
- Crisis advice



Carer Support Groups

A place to come and relax and spend time with others who understand what you're going through. Have a cuppa and a chat for an hour or two with others who are experiencing similar behaviours and actions from their loved ones with dementia.

Memory Cafes

Memory Cafes are an option for carers/families and loved ones to continue to enjoy the ongoing support of others after their loved one has gone into residential care or passed away. Just as we need to transition our loved ones with dementia through the stages of care, carers also need to work through their own experiences and grief in order for them to move forward.

MARION KENNEDY CLUB

Marion Kennedy Club provides social and cognitive stimulation for the person with dementia whilst also giving the carer respite.

MKC club days are available in Palmerston North, Feilding, Levin, & Dannevirke.

Referrals can be made by the carer or families, Supportlinks, Health Professionals, Support Agencies or by self referral.

MKC LOCATIONS

PALMERSTON NORTH

Operates Monday, Tuesday, Wednesday, Thursday and Friday
10-3pm
3 Elliot Street, Palmerston North

FEILDING

Operates Monday and Friday
10-3pm
14 Bowen Street, Feilding

LEVIN

Operates Monday, Wednesday, Thursday and Friday
10-3pm
Cnr of Power & Parker Street, Levin

DANNEVIRKE

Operates Thursday
10-3pm
Allardice Street, Dannevirke

Meals and refreshments are provided.