



All students are now entitled to one free breakfast and one free lunch daily.

A meal **MUST** be complete to be **FREE**

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

- 1% Milk
- Skim Milk

PLEASE NOTE

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult—\$2.95

Food Provided by:

Whitson's Culinary Group



MON	TUE	WED	THU	FRI
				1 Cinnamon Crisp Bar Fresh Banana 100% Grape Juice Milk
4 Cocoa Puffs Cereal Graham Crackers Raisins 100% Very Berry Juice Milk	5 Vanilla Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	6 Cinnamon Raisin Bagel Butter Diced Peaches 100% Fruit Juice Milk	7 Honey Cheerios Graham Crackers Applesauce 100% Orange Juice Milk	8 Blueberry Muffin Fresh Banana 100% Grape Juice Milk
11 Corn Flakes Cereal Graham Crackers Diced Peaches 100% Grape Juice Milk	12 Honey Bagel Cream Cheese Applesauce 100% Orange Juice Milk	13 Apple Cinnamon Muffin Raisins 100% Grape Juice Milk	14 Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Grape Juice Milk	15 Apple Cinnamon Cheerios Graham Crackers Fresh Pear 100% Very Berry Juice Milk
18 Multi-Grain Cheerios Graham Crackers Raisins 100% Fruit Juice Milk	19 Vanilla Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	20 Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	21 Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	22 Cherry Cocoa Bar Fresh Banana 100% Very Berry Juice Milk
25 MEMORIAL DAY SCHOOL CLOSED	26 Trix Cereal Graham Crackers Diced Peaches 100% Fruit Juice Milk	27 EID AL-ADHA SCHOOL CLOSED	28 Strawberry Banana Yogurt Graham Crackers Fruit Cup Mix 100% Apple Juice Milk	29 Cinnamon Crisp Bar Fresh Banana 100% Grape Juice Milk